

## CONGRATULATIONS GLANMIRE LADIES FOOTBALL TEAM ALL IRELAND CHAMPIONS



Captain Amy Turpin



Back in the early part of 2018, Glanmire Junior captain, Amy, stood on the stage for a Rose of Tralee section in cork (on behalf of I.C.A) and spoke about her interest and love of playing football in Glanmire and how her goal was to win a all Ireland final.

Unfortunately Amy didn't get through to The Big stage in Tralee, instead throwing herself in to football and Amy was named as Glanmire Junior captain for 2018. A passionate and dedicated 20 year old was given a task of leading the team once again, and little did Amy know that her dream and words on that small stage was to become reality 8 months later and would put her on the biggest "stage" she or any other club player want to be on, An All Ireland Final.

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## Knockraha History & Heritage

### When Martin Corry T.D. Fell Foul of the Catholic Church



Martin Corry, TD, holding a grenade made in Knockraha during the War of Independence. In front of him are the moulds for making the grenades which were manufactured in the Ford foundry in the Marina in 1919.

In any discussion of the War of Independence in Cork the name of Martin Corry will invariably come up. But unfortunately many revisionist historians have a slanted view of his activities during the War of Independence, arising from the fact that none of them properly researched his activities, some even suggesting he was a psychopath. During the War of Independence Martin Corry was an uncompromising Irish Republican believing that military force was the only way to establish an Irish Republic. But once the War was over and Freedom had been attained he severed all his links with militarism and from being elected to the Dail in 1927 he got in in every election until he retired in 1969, topping the poll on many occasions. As a politician he devoted his life to bettering the lot of his constituents in North East Cork where he was a fearless fighter on their behalf. He was an extensive farmer and was a major beet grower. For many years he was chairman of the Irish Sugar Beet Growers Association. He was

much involved in the development of the Irish Sugar Industry and he was chairman for many years of Erin Foods in Middleton. When he died in 1979, even though there was a strict rule that only parishioners could be buried in Middleton cemetery, the PP Canon Rea waved the rule because Martin did so much for East Cork. So he was buried near the church in Middleton.

Martin was born in 1889. His family came from West Clare. His father was one of 13 who, to get employment joined the Royal Irish Constabulary and by 1903 had risen to the rank of District Inspector based in Tuckey Street in Cork City. Martin claimed that his Nationalism came from being with his grandfather in West Clare, a great Nationalist area. In 1903 King Edward VII came to view the Cork Exhibition in the Mardyke.

It was Martin's father who was overseeing the security of the King but in spite of that Martin, as a pupil of PBC Western Road, with a few of his friends, organised a protest against the King, much to the annoyance of his father who after that took him out of the City to Martin's mother's area in Mourne Abbey. But there he made the acquaintance of the future-to-be murdered Lord Mayor of Cork Tomas McCurtin. So his father again moved him down to Glounthaune where he said things were quieter.

When he came to Glounthaune he immediately set about forming a Company of the Volunteers and he called a meeting in an unused labourers house in Ballinbrittig. A Company was set up and Martin was elected Captain, a post he held up to the Truce in July 1921. That cottage in which the Company was formed became known as Liberty Hall, which is still intact. He started with 7 Volunteers but by 1919 it had grown to over 90 with 18 girls in Cumann na mBan.

It became known as E Company in the 4th battalion and was part of the Cork No. 1 Brigade. During the War the branch did normal Company activities such as assisting the Capturing of RIC Barracks in Car-rigtwohill Cloyne, the felling of trees to stop British re-enforcements, drilling mining roads, knocking bridges and was active as security for brigade officers when they were in the Knockraha area. But by orders of Sean Hegarty, O.C. of the Cork No. 1 Brigade, they ran 2 underground factories for the making of hand grenades in Knockraha.

All in all they made over 3,000 grenades which were distributed nationally. The grenades were an

important arsenal for the IRA and proved very effective. The molds for making the grenades were manufactured in the Ford Motor Company foundry in the Marina by IRA Volunteers. These were shown on TV this summer as National Treasures with John Creedon and were on display in the Museum of Country Life in Castlebar. In Kilquane graveyard in Knockraha is an ancient vault which was used as a prison by the Cork No. 1 Brigade and it became known as Sing Sing where up to 100 prisoners were held and up to 25 Black n' Tans auxiliaries and spies were executed out of.

**Continued Next Month**

### Bishop Buckley presents Bene Merenti Medal from Pope Francis to Pat O Leary



Pat O Leary and his family



l to r Rev Fr. Micheal Keohane PP, Irene O Leary, Pat O Leary and Bishop of Cork John Buckley

Bishop Buckley presented the Bene Merenti Medal from Pope Francis to Our Lady Crowned Church esteemed Sacristan Pat O Leary on Sunday 23rd December 2018.

The Bene Merenti is presented to people who have dedicated their talents and time to the church in an unconditional way. It's a special recognition of faith and devotion.

Congratulations to Pat, his wife and family on this special occasion.

# Leahy Christmas

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# Are You Living With Sciatica Or Back Pain... When There Is A Non-Invasive, Drugless Solution?

Having back and sciatic pain is a miserable – even crippling – condition.

You might not be able to play golf, work, or even sit in the car for a 30-minute drive. It's almost impossible for anyone around you to understand how you feel. You can't remember the last time you even had a restful night's sleep.

You may have a condition called "Sciatica" if you're suffering from any of these annoying conditions. Sciatica is a compression of the sciatic nerve, usually by an L4 or L5 disc herniations.

Nothing's worse than feeling great mentally, but physically feeling held back from life because your back or sciatica hurts and the pain just won't go away!

## Do You Have Any of the Following?

- Sharp pains in the back of the leg
- Lower Back Pain
- Herniated/bulging discs
- Numbness or soreness in your legs
- Shooting hip or thigh pain
- Muscle spasm, sprains & strains

Fortunately, if you are suffering from any of these problems, they may be relieved or eliminated with chiropractic adjustments.

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Chiropractic has been around for over a hundred years, and has been used to help everyone from tiny babies to the elderly. Even top sports stars and entertainers like Tiger Woods, Venus Williams, Pádraig Harrington, Bradley Wiggins, Gisele Bündchen and Madonna.

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## Here's what just one of our patients had to say:

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M.S.

This means in just a matter of weeks you could be back on the golf course, enjoying your love life, or traveling again.

## Feel the Improvement – and Say "Yes" to Life Again

With my "Back Pain And Sciatica Evaluation" we'll be able find the problem and then correct it.

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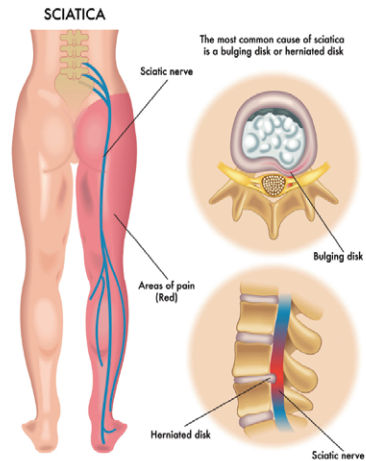
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- A complete neuromuscular examination.
- A thorough analysis of your exam and any MRI or X-ray imaging you may have so we can start mapping out your plan to being pain free.
- We will provide answers to your questions, like...

...which position, mattress, and pillow you should use for a good night's rest.

...how to exercise the right way so you aren't making your pain worse.

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Untreated, sciatica can lead to a loss of muscle strength and muscle size that may be irreversible. Eventually, there can be problems with gait.

Sciatica can be successfully treated. You can recover. Healthy, pain-free living should be yours.

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## "NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

### THE BICENTENARY



It is 2019 and what a significant year for our picturesque Village; Glounthaune.

When built in 1819 it was known as New Glanmire, which is engraved on the wall of the second house on the right, and Glounthaune became its official name circa 1878. In November 2011 local historian Paddy Twomey gave an excellent presentation at a function held at the Rising Tide to commemorate the bicentenary of the "Dry Bridge" and he also referenced the Village in his talk. Paddy provided an in-depth historical account and this is an opportune time to revisit and include much of his well-researched material.

Fr. Murrough Keane was appointed by Bishop Moylan to Caherlag Parish - Kilquane / Caherlag in 1791 and he was responsible for the building of a church at the Quay. The church was built in 1803, predating the Village by sixteen years and this was twenty six years prior to Catholic Emancipation. The cost involved was five to six hundred pounds and in 1853, valuation wise, it was the largest building in the village at twelve pounds.

The final mass at the Quay church was celebrated on Sunday April 24th. 1898. The 1811 Grand Jury map of the area, surveyed circa 1798, shows that there was a bridge at Dunkettle townland that commenced at the Rectory and passed east of Dunkettle House, emerged at Kilcoolishal and continued on in front of Rockgrove House. The roadway from Rockgrove proceeded along adjacent to the inlet which opened up the Quay area and fronted the church.

The subsequent opening of a draw-bridge over the Glashaboy River at Dunkettle greatly facilitated the new road arrangement, particularly the connection at the southern frontage of Dunkettle House to join up with the exit at Kilcoolishal, and a bypass at Glanmire for those destined east. Prior to this all eastbound traffic from the city travelled over Glanmire Bridge via the Old Youghal Road and

this would have resulted in a great deal more traffic, including the twice daily Cork-Waterford mail coach, passing through the Village.

The population of the Village in 1841 was reputed to be two hundred whereas in 1851 it was down to one hundred and sixty seven. The quality of the houses was considered to be superior and the valuation of even the smaller houses in the Village averaged about three pounds and ten shillings because most were two stories and slated. This means that the quality of those houses was on par with good farm-houses or town houses and had from five to nine rooms. Several of the larger houses averaged seven pounds valuation and those were obviously of the superior type and required the patronage of a benevolent landlord.

Fr. Keane died on February 23rd. 1823 and Fr. Samuel Lucey was appointed his successor. He built a school adjoining the Quay Church in the Village two years later at a cost of one hundred and fifty pounds and in 1837 there were two hundred and fifty children attending. In 1853 the building had a three pounds valuation which pertaining to schools at the time suggests that it was a fairly substantial building. Fr. Lucey, who served here for thirty nine years, died in 1862 at the age of seventy six and he is the longest serving parish priest at Glounthaune. In accordance with his last wishes he is interred in the churchyard at Knockraha which in fact is the only grave there. Interesting that the surname inscribed on his gravestone facing the church is "Lucy" whereas it is "Lucey" facing the roadside and the Diocesan records show "Lucey" as well. He was responsible for the building of the school at Knockraha and he was also involved in the reconstruction of the church.

In 1853, in addition to the church, school and houses in New Glanmire Village; there was also a small Mill, a butcher's shop and the following buildings of note: an RIC barracks, office, yard and small garden with a valuation of seven pounds and ten shillings. There was a dispensary with a valuation of two pounds which was in the occupancy of Bridget Daly. There was also a forge and in 1853 the blacksmith was Pat-

rick Colbert and in 1901 it was Daniel Long. In fact the Long family had several forges in the parish over the years including one adjacent to the crossroads north of the Dry Bridge; hence its local name "Forge Cross".

A licensed premises, known as "The Rising Tide" at time of writing! – an appropriate name would be; "The 1819", "The New Glanmire" or "The Bicentenary" – was located in the Village and the first licensee was Michael Aherne. It was originally a tied house of Beamish & Crawford and in circa 1885 the Donnelly family became licensees' and continued the business for plus one hundred years. The building incorporated a shop until the seventies and for a period during the early part of the twentieth century an upstairs room was utilised as a courtroom. This was also accessed from the exterior by a stone stairway which was located at the western end.

The stone wall in the immediate area of the Village is Redstone and that on the southern side is Limestone, which was almost certainly transported from Little Island, and the lands eastward plus the reclamation wall adjacent to the Parochial House is built of Redstone.

There were further major changes following a decision circa 1854 to construct the Cork – Youghal – Queenstown rail line. The railway company acquired land adjoining the Village and this necessitated the redesign of the New Glanmire Village roadway. Consequently the Village became a cul-de-sac therefore a bridge was constructed over the rail line for ingress and egress and how striking it is today one hundred and sixty years later. Incidentally the Dunkettle to Middleton section of the line opened on November 10th. 1859.

A road was built south of the bridge downwards to the Village, as is today, and the railway company also constructed two stone pedestrian step-ways which are still in place and are known as the "Back Steps", which is adjacent to "The Bridge", and the "Small Steps" which is further down. Additional ground became available in the Village following this re-alignment and in 1883 it was acquired from a member of the Falkiner family as a site for a Parochial House. The railway company

granted a small parcel of its land to the parish in order to facilitate a pedestrian walkway from the Parochial House to the "Back Steps". This was circa 1898 and the walkway still exists today.

A site for a new school, where the Quay Church and the Old School were located, was accepted by Cork County Council per letter dated July 20th. 1898. The new school, the present day Community Centre, was opened in 1901 and in time the church authorities built two dwellings in the Village which are in private ownership today. One was designated to the Principal and the other to the teacher whose duties also included that of organist at the church. The school closed in June 1981 and was replaced by the present-day Scoil An Chroí Naofa. The foregoing gives a flavour of the Village in bygone days and bear in mind that it predates the Great Famine by some twenty six years.

It is important to acknowledge the 2019 milestone and there are various ways of commemorating this remarkable occasion. For example; the flying of a bicentenary welcoming banner at the Village entrance; enhancing the Village with bunting and flags; fitting commemorative name plaques where the above referenced structures are, or were located; applying a bicentenary theme to the St. Patrick's Day Parade; arrange a celebration of an open-air mass at the "Small Field" as a remembrance of past residents who have gone to their eternal reward, and the mass would also act as a reminder that the Village was built around the Quay Church; Glounthaune N.S.

pupils should have an input in the celebrations as a recognition of the one hundred and fifty six years of education provided at the two schools in the Village; have a bicentenary themed fancy dress BBQ; arrange a Family Fun Day to include the planting of a commemorative tree and also engage in children games of the period. These are some suggestions but it is the Village residents, with support from the wider community, who should decide what is fitting. Let the celebrations begin!

**SLÁN ANOIS ©**



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# Gardening

## with Charlie Wilkins



Charlie Wilkins

### A DELIGHTFUL NEW YEAR SCENT

Winter can be very bleak and for many there's little in the garden to tempt them outside when it's cold and wet. Most have been sated by summer's generosity, so they allow themselves and their gardens a winter break while concentrating on other seasonal pleasures. And yet, anyone who abandons the garden altogether during winter can hardly be called a keen gardener. I'm not for a moment advocating a mad rush outdoors every time it stops raining and the biting winds moderate, but a half hour today, perhaps, and another during the week ahead would certainly work wonders for the gardener's constitution if not the general appearance of the garden.

In saying that, I look back in these blanched and pinched days to winters past. Then, fully active and in my 20's I was an all-weather gardener and nothing (but total darkness) drove me indoors. In my 30's I stopped gardening in the rain and in my late 40's drew the line at gardening in biting east winds. In my 50's I put off till the morrow what should have been done on the day, and now that I have reached an indeterminable age, the only gardening jobs I do in winter are the vital kind; keeping the driveway clear of leaves, ice and debris, covering tender plants, feeding the birds, putting out bait for possible vermin, and watching for the arrival of the first bulbs of the new season.

And yet this month and next are the very best for distributing fragrance around the garden! In summer, there is always too much competition from barbecues, suntan lotion, and new-mown grass, but the scents of winter-flowering shrubs so freely distilled and dispensed, seem to hang forever in the cold air. With these, there is little need to bury your nose in the flower.

Sarcococca, the Christmas box, is one of these, the most wonderful of the evergreen,

winter-flowering fragrant shrubs. Flowering in the dead of winter the blooms can be white or pink-tinged, yet tiny enough to go unnoticed among its three-inch long dark-green leaves. However, they work overtime producing vast quantities of perfume that will, on a calm day, catch your olfactory senses from 20 feet and more. It's a determined little plant, flourishing in sun or shade and in any kind of soil. Gradually it will attain a height of about two feet and in the process make a kind of thicket from which bits may be prised for propagation. It also suckers freely, and these may be dug and replanted at virtually any time of the year. The blooms are sometimes followed by red or black berries, another reason why this plant is gaining popularity with flower arrangers.

The variety most often offered for sale (also the most suited to small gardens) is the variety humilis-sometimes sold under its common name of Christmas Box. It is the smallest in the entire family. When planting, try to follow on with an under-planting of snowdrops in February. Then, the white of the snowdrops will not alone look handsome (set against the dark evergreen leaves of the Sarcococca) but when you draw near to inspect the snowdrop bulbs you'll get zapped with the delicious scent! Its only drawback? The shrub is nothing handsome to



A wasp's nest occupies the centre of Sarcococca bush and whilst you can't see any blossom (this illustration was taken in mid-summer) be assured that by now this same shrub is covered in bud and about to burst into scented bloom.



This is how neat and tidy the Christmas box can be but expect it to grow a little taller

look at and its best hidden (yes hidden!) behind other shrubs. For all that, keep it within range of the dwelling for you won't be disappointed.

### SNIPPETS

Nothing is more heartening in the cold months that to bring in snippets of flowering plants from the garden! Sprigs of Sarcococca (see article above) will perfume a whole room four up to a week, and a well-established daphne can easily spare a few stems, mixed perhaps with winter honeysuckle-though this will only last a couple of days. Prize picking must be the fabulous iris unguicularis-pick them while still tightly rolled and witness the amazing striped blossoms unfurl in a glass vase in your sitting room!

### CHRISTMAS AZALEAS

The big secret with these beautiful potted wonders is to put them into a cool place (such as a spare room, cold greenhouse or shady porch) until needed as decoration during the Christmas festivities. But remember to water them regularly otherwise they will up and die. They must never dry out, even for a single day! If you live in a hard-water area, be sure to use rainwater. Once late January arrives, they can be put outside to grow and enlarge during summer. Remove them from their pots before planting out and again, keep a constant check on their watering needs.

Cornus controversa variegata remain, filling not alone a deep bed with their searching roots, but airspace the size of two bedrooms and a kitchen! These are going to outlast the both of us and part of our kinship with them is the knowledge that they will do just that. May we always have them and value the sound of their leaves as they fill and live full lives in the high canopy.

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### THE JANUARY GARDEN

Behind the church spire across the road, and above the roar of traffic and smell of burning clutches I can hear the tearing sound of a chain saw in a distant garden. How the noise suits the hurt being imposed upon a living wonder! Is some ornamental tree being reduced to firewood and sawdust following those recent gales? Perhaps it is just a limb at the

very worst, but the noise goes on and on and I fear for yet another arboreal treasure. My trees, I hope, will never be cut down even though the advice of experts is to remove them whilst still manageable. A large Cherry to the front of the bungalow had to be removed some years ago and we have never quite recovered from the shock of seeing it go! A fine specimen of silver birch in the back garden alongside a tiered



## GLANMIRE LADIES FOOTBALL CLUB



Glanmire Ladies Football Team - All Ireland Champions

After playing and winning at County level and Munster level it was All Ireland Quarter final V Coventry, England and on to the semi-final V Trillick that brought us away from home.

Trillick Co Tyrone was a long trip to a country town, where the players, management and community were the kindest of people, it was nearly hard to want to beat them. But we did the business winning against Trillick it was well worth the travel, organising and a nights stay, and as if it was flash we were in a all Ireland Final, Something that every GAA club person in the country dreams about.



Abbie O'Mahoney

The 3weeks since the semi-final was interesting, football continued for our girls while the committee and parents put up the flags, signs, bunting and wrapped houses in anything they could find that was green and yellow. Business in Glanmire were like no other offering well wishes to the club, even holding green and yellow days for us. The support was unbelievable, a big thanks must go to everyone, but especially Supervalu who really stepped up to the mark and gave us a full set of Jerseys, and to McCarthy's sports where the jerseys were ordered at very short notice.

Our all Ireland final was set for Ballinasloe in Co Galway on Sunday 9th of December a date that will go down in our history. A 45 strong panel and mentors traveled to play the Sligo team of Tourlestrane. The game started with a Glanmire scored by Kate Hannon, Kate would go on to scoop player of the match scoring a total of 11 points, within the haze of 60 mins of play we played great football and a bond of support for each other

could be seen. Each and every player on and off the field played their part in the season that got us to the final, but on the day A young Niamh McAllen who ran the field for the full hour scored 1-7 each score as calculated as the last, while at the other end of the field the super keeper Ava Carey stopped at least 3 pointblank range shots on goal. And just as



Player of the Match Kate Hannon with parents Michael and Winifred Hannon

fast as it started the match was finished, a rush of Glanmire subs and mentors ran on the field, with tears of joy and screams of excitement, this was the first time any of the players would have experienced this at club level. As the team made their way to the presentation podium the large Glanmire crowd gathered on the field to see the Glanmire

girls be presented with our first ever All Ireland trophy and more incredibly it is the first ever adult all Ireland trophy to be brought back to Glanmire from any GAA club in the area. A unbelievable season with unbelievable people, it was a amazing to see history been made. Well done to all the players and mentors (Geraldine, Dave, Keith, Mary, Ger, Michael, Mark And Pysio Michelle)



Rachel Kelleher

### Half time score :

Glanmire 0-13

Tourlestrand 1-05

### End score :

Glanmire 1-22

Tourlestrand 3-11

### Scorers – Glanmire:

K Hannon 0-11 (0-5f)

N McAllen 1-7

A McCarthy 0-1

S Murphy 0-1

S O'Brien 0-1

A O'Mahony 0-1

Glanmire: A Carey; R Kelleher, A McNamara, A Turpin; A McCarthy, E Baker, L Cashman; R Crowley, A O'Mahony; N McAllen, S O'Brien, E Twomey; E Murphy, K Hannon, S Murphy. Subs: C Murphy for Turpin (38), K O'Connor for S Murphy (44).

## Garreth Fitzgerald CRASH REPAIRS

- Panel Beating • Spray Painting
- All Bodywork • Low Bake Oven
- Insurance Claims Handled
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Unit 2, Pat Dwyer's Ind. Estate,  
Glanmire, Co. Cork  
Contact Garreth Fitzgerald  
086 3787758

**Sponsoring this page on behalf of the Glanmire Ladies Football Club**



# Bliain Nua Faoi Mhaise

Micheál Ó Súilleabháin

Tá bliain eile imithe thart agus bliain nua ag tosú. Beidh geallúintí á ndéanamh ag daoine, a ligfear i ndearmad, gan mhoill, i mórán cásanna. Ach nuair a thosaíonn bliain nua, tugtar caoi do dhuine tosú as an nua agus iarracht a dhéanamh cúrsaí a fheabhsú.

Céad bliain ó shin, ar an 21 Eanáir, 1919, tháinig an Chéad Dáil le chéile agus d'fhógair sé saoirse. Bheimis in ann ár bpolasaí féin a chur i bhfeidhm i réimsí éagsúla. Bhí deacrachtaí móra roimh bhunaitheoirí an Stáit nua, dar ndóigh. Faoin am ar chríochnaigh an Cogadh Cathartha in 1923, d'fhéadfa a rá nach raibh pingin rua sa tír.

Bhí polaiteoirí na linne sin faoi thionchar Shinn Féin. Ba é Art Ó Gríofa, an bunaitheoir, a dúirt go mbeadh caoi againn rudaí a dhéanamh dúinn féin, nach mbeimis ag brath ar fhórsaí seachtracha chun rudaí a dhéanamh dúinn. Cé nár éirigh le polaiteoirí na linne sin gach rud a bhí ar intinn acu a bhaint amach, is féidir a rá go rabhadar dearfach agus sásta aghaidh a thabhairt ar na dúshláin mhóra a bhí rompu. Thógadar cinneadh agus sheasadar leis. Bhí coimisiúin agus comhairleoirí gann na laethanta úd.

Bhí Cliseadh Wall Street ann ag deireadh na bhfichidí agus thosaigh Cogadh eacnamaíochta idir Éire agus An Bhreatain ag tús na 1930idí. Chruthaigh an dá rud san deacrachtaí móra don tír. Ach ba iad san na blianta in ar thóg na Comhairlí Áitiúla na mílte tithe i gcathracha na hÉireann, a thug deis do dhaoine a bhí ag maireachtaint i slumaí agus i dtionóntáin éalú ó na droch-choinníollacha san. Céad bliain ó shin, shocraigh an Stát a bheith páirteach i bhforbairt na tíre. Bhí sé mar chuid den pholasaí sóisialta ag an am. Bunaíodh comhlachtaí móra mar Bhord Soláthair an Leictreachais, Comhlacht Siúcra Éireann, Aer Lingus agus Bord na Móna. Cuireadh fostaíocht ar fáil sna réigiúin agus forbraíodh acmhainní na tíre, chomh maith.

Inniu, céad bliain níos déanaí, is féidir a rá nach bhfuil na fadhbanna, cé go bhfuilid ann, chomh tromchúiseach is a bhíodar an tráth úd. Ach caithfear a admháil go bhfuil teipithe glan ar pholaiteoirí na linne seo déileáil go héifeachtach leis na fadhbanna sóisialta a bhaineann leis an díthreabhacht, mar shampla. Má shiúlann duine tríd an gcathair, inniu, chífidh sé daoine ag maireachtaint ar thaobh na sráide. Bheifeá ag súil lena leithéid sa tríú domhan ach is scannal é a bheith ag éirí níos coitianta i gceann de na tíortha is saibhre ar domhan. Caitheann sé solas ar an mbearna atá idir na daoine is saibhre agus gach éinne eile. Tá an bhearna ag dul i méid

ar fud an domhain seachas a bheith ag dul i laghad.

Ag tús na 1980idí tháinig Ronald Reagan agus Margaret Thatcher i gcumhacht. Ghlacadar beirt leis an teagasc nua eacnamaíochta a bhí ag teacht chun cinn ó eacnamaí darbh ainm Milton Friedman a mhol an margadh oscailte gan puinn cur isteach ón stát. Mhol sé níos lú rialacháin chun deis a thabhairt do chomhlachtaí níos mó airgid a dhéanamh. Chiallaigh sé gur chúlaigh an stát ó réimsí móra agus ligeadh don earnáil phríobháideach fostaíocht a chruthú. Bheadh sé ar son leasa an phobail, a dúradh ag an am. Mar chuid den fhealsúnacht seo, bheadh níos lú rialacha ann. D'oibrigh sé ag leibhéal amháin. D'éirigh dream beag daoine an-saibhir agus shantaigh siad níos mó. Tháinig scannán amach roinnt blianta ó shin 'Wall Street', a dhírigh ar an iompar i gcomhlachtaí áirithe. Dúirt an príomh-charachtar sa scannán 'greed is good'. Dar leis, chabhródh an dearcadh sin chun níos mó forbartha a bhaint amach. D'eascair géarchéim 2008 as an meon sin. Fuarthas níos mó agus níos mó airgid ar iasacht chun an fhorbairt seo a dhéanamh. Tugadh suimeanna móra airgid ar iasacht do dhaoine nach raibh sé in acmhainn dóibh é a aisíoc. Thit gach rud as a chéile in 2008.

Is iad na daoine is mó ata fós ag fulaingt ón gcliseadh sin ná na gnáth-dhaoine. Ba iad na saineolaithe agus cleas an airgid ba chúis leis. Ach is é an gnáth-dhaoine atá ag íoc as le pá níos lú, dífhostaíocht, díthreabhacht. bhí an deis ag tionsclóirí imeacht as an tír agus féimheacht a fhógairt thar lear. Ní raibh aon trua ag na húdaráis i gcéin agus i gcóngar don duine a chaill a phost nó a chaill a theach. Fuaireadar geallúintí den chineál 'mair, a chapaill, agus gheobhair féar'. Ní raibh carthanachtaí na tíre riamh chomh gnóthach. Cuireann carthanacht mar 'Penny Dinners' míle béile ar fáil in aghaidh na seachtaine anois.

Tá brú ar charthanachtaí mar St. Vincent de Paul, Simon, Focus Ireland srl. freastal ar phobal atá ag méadú go leanúnach. Tá an rialtas féin ciontach, chomh maith. Tá státseirbhísigh, baill den arm, de na gardaí agus den seirbhís phoiblí, i gcoitinne, ag obair ar phá atá tar éis titim fad is atá cánacha agus costais den uile chineál ag méadú de shíor. Tá go leor daoine atá ag obair don stát i dteideal forlíonadh ioncam teaghlaigh a fháil gach seachtain. Tá na comhlachtaí ilnáisiúnta ag fáil cabhrach ón stát seo i bhfoirm deontas agus cáin an-íseal. Ag an am céanna, níl siad sásta coinníollacha cearta a chur ar fáil dá gcuid oibrithe; tá conarthaí gearr-théarma á dtairiscint acu gan aon chearta pinsin. Tá sé in am do na

comhlachtaí seo riachtanais an duine seachas riachtanas an chomhlachta a chur sa chéad áit. Ní tharlóidh sé, dar ndóigh, gan brú leanúnach a bheith curtha orthu.

Tá ábhar machnaimh dúinn go léir ag tús 2019. Tá mórán dul chun cinn déanta le céad bliain sa chumarsáid agus sa teicneolaíocht. Ach, ar deireadh thiar, is tábhachtaí leas an duine ná saol éadoimhin na tráchtála. Is é mo ghúí do 2019 ná go ndéanfar sár-iarracht tabhairt faoin díthreabhacht.



Gan Teach in Éirinn



Díthreabhachtas thar lear

## Gluais:

**geallúintí = promises**

**tionóntáin = tenements**

**díthreabhacht = homelessness**

**scannal = scandal**

**eacnamaí = economist**

**géarchéim = crisis**

**rialachán = regulation**

**saineolaithe = experts**

**i gcéin agus i gcóngar = far and near**

**forlíonadh ioncam teaghlaigh = family income supplement**

**comhlachtaí ilnáisiúnta =**

**multi-national companies**

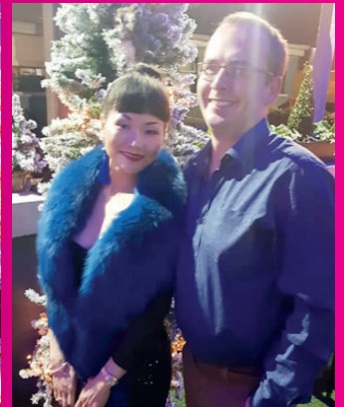


GLANMIRE  
CHAMBER OF  
COMMERCE

GLANMIRE CHAMBER OF COMMERCE

## Christmas Party

AT THE CASTLE, GLANMIRE



# Lights on!

On December 6th, the Glanmire Christmas tree lights were switched on and Santa came to town



We wish  
*a happy, healthy  
and prosperous 2019*

to everyone in Glanmire



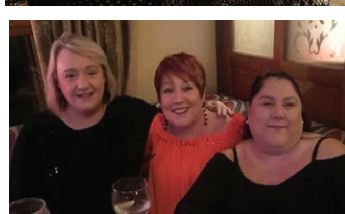


**Iris Wilkins McCarthy brings her pick of photographs from around Mayfield.**  
If you would like your photos featured on Mayfield Eye please send to [iriswilkinsmccarthy@gmail.com](mailto:iriswilkinsmccarthy@gmail.com)

Tribute Night to our Mayfield Legend Ann Dowley Spillane in aid of the Cork Cancer Care Centre held in The Cotton Ball on 20th Dec 2018. Fantastic turnout on the night and the proceeds of the raffle were donated to the centre. Congrats to Lillian Courtney for organising the night and thanks to all the musicians who entertained on the night.



Mayfield Ladies Walking Group



**Mayfield St. Luke's Tidy Towns**

Well Done to Mayfield St Luke's Tidy Towns voluntary group on the magnificent work undertaken in our Community In 2018.



Congratulations to Nathan Keegan of Mayfield Boxing Club on being awarded Monthly winner of the Northside Sports Awards. A real success story in Cork Boxing and a star of the future. Well done to all at Mayfield Boxing Club for all you are doing for Nathan and all the other boxers coming up through the ranks.  
A credit to our Community.



### Carol Concert in Our Lady Crowned Church held on Sunday Dec 9th 2018

Participating this year were the Sunday 12 noon Church Choir, Our Lady Crowned Gospel Choir, children from Scoil Mhuire agus Eoin, children from Gaelscoil an Ghoirt Alainn, pupils from Mayfield Community School, Mayfield Men's Shed Choir, Na Piarsaigh Singers, CADA Performing Arts Group, Leader-Galvin Family, Jennifer & Elizabeth O'Sullivan, Ram & Liv Gregorio.



Scoil Mhuire agus Eoin pupils who sang Christmas Carols in Our Lady Crowned Church on Wed. Dec. 19th @ 10am. Always a beautiful celebration.

### Mayfield GAA Club

Welcomed a VIP visitor to Mayfield GAA club with the arrival of Santa Claus. A big contingent of the underage kids were present to make Santa welcome and he was delighted to be made to feel so at home



Scoil Mhuire agus Eoin, Mayfield





**Dr John Sheehan**  
MB, BCH, BAO, DCH, DME, MRCGP, MD

## DIET AND EXERCISE

As we enter the New Year, many of us start to think about our health, and what kind of positive changes we can make to our lifestyle. Of course, for a large proportion of us (myself included!), one of the most important changes we can make is to try and achieve a healthy weight.

As we all know, it is very easy to eat too much at Christmas time – all the mince pies, mulled wine and tins of Roses come back to haunt us. Unfortunately, this increase in food is rarely matched by exercise, and so, as the days get darker, the pounds have a worrying tendency to pile on.

According to the World Health Organisation, more than a quarter of Irish adults are now obese, and the proportion is only expected to rise.

This is obviously something of great concern, as obesity is associated with a higher risk for many diseases – in fact, obesity is now the largest preventable cause of death in the world and on average reduces life expectancy by about six years.

Clearly then, it's important for us to make changes. But what's the best way to do this? Something we should acknowledge is that it cannot be a temporary diet that we abandon once we reach our goal – this will just allow us to undo all of work as soon as we've com-

pleted it. Rather, we should make permanent lifestyle changes – start something that you can maintain.

It is very tempting to get lost in all of the "fad" diets, especially in the New Year – no carbs, fast two days out of seven, only eat one meal per day, cut out gluten and so on.

What really matters is just reducing your net calories in a way that you can keep up. Slow and steady progress re weight loss is the goal.

A good guide is that every chocolate biscuit takes approx. 1 km of jogging to burn off! It's a lot easier not to eat too much. Weight loss groups where individu-

als attend, such as Slimming World, Weight Watchers etc have been shown to be of benefit. Operation Transformation also can act as a spur to get people motivated.

The challenge re exercise is to do approx 45 mins of exercise 5 times a week. It can be brisk walking, jogging, cycling or swimming.

You do not need to do huge amounts of exercise but the challenge is that a lot of people do very little or no exercise at all.

The best nutritional advice hasn't changed in decades – less alcohol, red meat and processed foods, and more vegetables and exercise.

Happy New Year.

## Upper Glanmire ICA



Our Craft stall at our Christmas party

### Update on Guild activities

- Our Craft co-ordinator Jenefer O'Dowd took a stand again this year at the Glanmire Craft Fair on the 2nd December, and members of the Craft group also helped out during the day.
- All Guild members and friends will spend the 6th January at the Barn restaurant again this year to celebrate Nollaig na mBan.
- Our next Guild meeting will be held on Tuesday the 5th February,



Our basket of presents for Kris Kindle

as our year now is from January to December, new members are always welcome. (For details contact 087 2341187)

**January recipe:**  
Lemon Drizzle cake  
(Eileen Ryan)

### Ingredients

8 oz butter & 8 oz caster sugar  
8 oz self-raising flour  
1 tsp baking powder  
Juice of half a lemon  
4 eggs

Beat butter and sugar until light and fluffy.

Add in eggs, flour, baking powder and lemon juice. Mix thoroughly.

Transfer to a Ring Cake tin (very well greased)

Cook at 180° until cooked right through.

Turn out and allow to cool.



Eileen Ryan's lemon drizzle cake

**Icing:** Mix 4...6 oz icing sugar with the juice of half a lemon. Drizzle over cake.



## January Toyota Hybrid Roadshow Announced



**December 15, 2018** -- Throughout the month of January interested customers and new car browsers can get an exclusive first look at the exciting new range of Toyota's self-charging hybrids as they tour Toyota dealerships across Ireland as part of the 2019 Hybrid Roadshow.

The Camry Hybrid, Corolla Saloon Hybrid, RAV4 Hybrid, Corolla Touring Sport Hybrid and Corolla Hatchback Hybrid will be visiting two dealerships a day during weekdays and one per day on weekend days, starting in Dublin on Thursday, January 3rd and travelling county by county until January 30th.

Grandons Toyota your local Toyota Dealer will have the cars on display on January 9th from 4pm until 8.30pm. Dealership visitors will be treated to a party like atmosphere with entertainment and appearances from local celebrity brand ambassadors. Dealership staff will be on hand to take orders and inform visitors of Toyota's fantastic 191 offers, including 3 years Servicing as standard on all new models, 3 years free 24hr Roadside Assistance as standard, upgrade to Hybrid for Less with Toyota Finance and Trade In-Trade Up Booster of up to €3,000.

**Commenting on the new self-charging hybrid cars Steve Tormey, Chief Executive of Toyota Ireland, said;** "We're really excited about the new 2019 hybrid range, and demand has been phenomenal so far with hundreds of customers already reserving early arriving models which are fast running out for January and February delivery.

"Hybrid is going from strength-to-strength, and we're expecting 80% of our passenger car mix to be self-charging hybrids in 2019. Our wide reaching hybrid range is very much meeting consumer demand for excellent fuel economy, low road tax and low emissions which make for cleaner air and a more sustainable motoring environment, which is something that is at the very heart of our Built For A Better World brand promise."

## Sen. COLM BURKE



Wishing you and your family  
a Peaceful 2019

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Saturdays 10.00a.m. – 12 noon



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## An Oíche Oscailte 2018



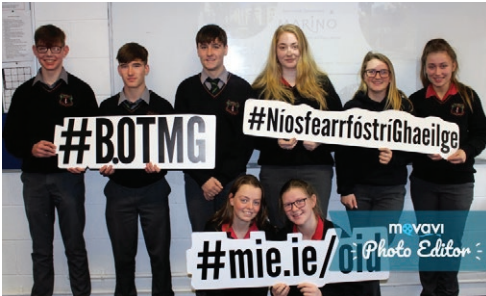
Múinteoirí mata ag baint taitnimh as an oíche. Deiseal: Iníon Ní Ríordáin, Iníon Ní Dhonnchú, Iníon de Búrca agus Iníon Ní Shúilleabháin.

## Scrúdú na Matamaitice



Guímid gach rath ar ár ndaltaí a ghlac páirt in Oilimpiad Matamaitice na hÉireann le déanaí.

## As Gaeilge



**Daltaí Choláiste an Phiarsaigh mbun fógraíochta don chúrsa nua**

Faoi dheireadh agus faoi dheoidh tá cúrsa nua ar fáil do dhaltaí méanscoile mar a bhfuil Baitsiléir san Oideachas trí Mhéan na Gaeilge. (Bunmhúinteoireacht) B'ocáid stairiúil é dá réir nuair a tháinig aoichainteoir chugainn chun eolas faoi gcúrsa nua seo a roinnt linn. Is céim ar leith é an Baitsiléir san Oideachas trí Mhéan na Gaeilge (Bunmhúinteoireacht) a oireann go speisialta do mhicléinn dteastaíonn uathu múineadh san earnáil oideachais Lán-Ghaeilge mar a bhfuil scoileanna Gaeltachta nó scoileanna Lán-Ghaeilge. Tá géarghá le múinteoirí do scoileanna Gaeltachta agus Lán-Ghaeilge agus tá cailíocht mhúinteoireachta trí mheán na Gaeilge ina buntáiste ag mic léinn atá ag iarraidh múineadh sna scoileanna sin. Sa chéim cheithre bliana deo foghlaimíodh micléinn tumoideachas, faoi na bealaí ina bhfoghlaimíonn na páistí teanga, faoi na bealaí ina bhfoghlaimíonn siad conas léamh, scríobh, comhaireamh agus áireamh. Foghlaimíodh siad conas na healaíona a chur ar shúile na bpáistí, faoin tábhacht a bhaineann leis an gcultúr Gaelach mar aon leis an draíocht agus an mistéir móthimpeall orthu, agus na bealaí chun fás agus forbairt ar bhealach sláintiúil.

## An Titim Liathróide



Bhain idir mhúinteoirí tuismitheoirí agus daltaí an-sult as ocáid ana thaithneamhach go deo nuair a eagraíodh "An Titim Liathróide" i bpáirc na scoile le déanaí. Buaiteoirí Titim Liathróidí Gailf ba ea: An Chéad Duais: €500.00 Erika O' Driscoll: Dioltóir: Ben Ó Drisceoil: An Dara Duais: €200.00 Carol Leader: Dioltóir: Ciarnait Ní Laighin: An Tríú Duais: €100.00 Éabha Kelleher: Dioltóir: Cumann na dTuismitheoirí. Níos tuisce i mbliana d'eagraigh Cumann na dTuismitheoirí Clasaic Gailf agus d'éirigh go diall ar fad leis sin. Tá bainistíocht na scoile an-buioch as an obair ar fad atá déanta agus ba mhaith linn freisin buíochas a ghabháil leis na hurraitheoirí ar fad a tháinig i gcabhair orainn. Ghlac idir tuismitheoirí agus daltaí páirt ar an lá agus is cinnte go mbeidh carn maith airgid bailithe nuair a bheidh gach aon ní curtha i gcrích. Ba mhaith linn ár mbuíochas a ghabháil leis na daltaí ach go háirithe a thug ana chabhair go deo agus b'iontach go deo an craic a bhí again ar an lá.

## Ceardlann Ealaíne



Kaela Ní Leanacháin Ní Bhrádaigh i mbun na snoíodóireachta sa cheardlann ealaíne a eagraíodh faoi bhráid na ndaltaí atá ag tabhairt faoin ealaín sa scoil.

## Montáis



Anseo thuas tá smut beag bídeach de mhontáis na ngrianghráfaíochta a crochadh ar fhalla an phríomh-phasáiste sa scoil in omós dár gcara dílis Tomás Ó Riordáin. Is léiriú iontach iad ar chuid dá shaothar grianghráfaíochta a chuir sé i gcrích agus é ag fóirhaint orainne i gColáiste an Phiarsaigh.

## An Grúpa Meitheal 2018-19



## Imeachtaí na hIdirbhliana



**Daltaí na hIdirbhliana ar chúrsa tiomána i Magh Ealla agus ag tráth na gceist sa Dúglas.**



## Ger Keohane MCC



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**Keep Calm and Vote Keohane**

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## JOHN MAHER



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## Sean O'Sullivan

Independent

Cork City North East Ward  
(including Glanmire and Mayfield)



Any issues

**CONTACT: SEAN 086 860 9924**

Independent Candidate for 2019 Elections

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GLANMIRE'S GREEN PARTY REPRESENTATIVE

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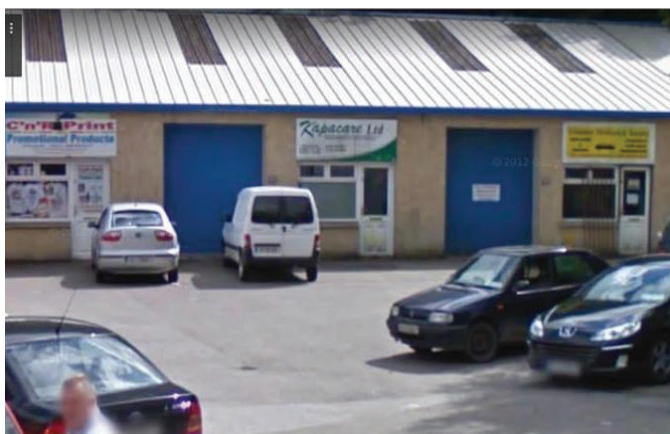
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# White's Cross GAA News

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## Christmas Draw Winners

The annual Christmas draw took place on Wednesday 19th of December in the Stirrup Bar. Tara Kerrigan was the winner of the 600 euro first prize, very kindly sponsored by the Hennessy family of the Stirrup Bar. The 2nd prize of 250 euro sponsored by Unique Fitout went to Eleanor Burke. Mary Deane from Carrigtwohill won the third prize of 150 euro (sponsored by CK Landscaping). The fourth and fifth prizes were won by Aisling Moore and James Coakley respectively. For a full list of prizes, and prize winners please visit the club's official Facebook



Marion Delaney (club secretary), Eileen Hennessy (Stirrup Bar), Con Kelleher (chairman), Dermot Whooley (club president) before the Christmas Draw 2018 held in the Stirrup Bar recently

page. The full list is also available at the draw venue.

We would like to congratulate all of our winners and to thank them and all of those that supported the draw for their support. The funds earned are vital to the day-to-day running of the club. We are also extremely grateful to all of our very kind draw sponsors and encourage local people to support our business sponsors.

Thanks also to Lorcan Hennessy (Hennessy's Filling Station), Ryan's SuperValu Glanmire and Blackpool shopping centre for allowing us to sell there. Finally, the running of the draw itself takes significant planning and organisation.

A special word of thanks to draw co-ordinator Conor Kelleher and the 60

or so sellers for their efforts in making the draw a continued success.

## Club Social

The club will hold a dinner dance on Saturday the 2nd of February 2019 in Vienna Woods hotel. The club has a lot to celebrate from 2018 to medals to be presented to several successful sides -adult and juvenile -on the night. Tickets will be available from club members throughout the month of February. Put the date in the diary. It will be a great evening!

## Annual General Meeting

The club held its 62nd Annual General Meeting at the end of November evening under the chairmanship of Con Kelleher. The evening's various reports reflected on successes on and off the field during 2018. 2018 was a historic year for the club as we won our first county title at adult level with the Junior hurlers taking the title back in July. Our underage sides also had a great deal of success which bodes well for the future.

The outgoing chairman, vice chairman, secretary all remained in their role for coming year. Con Kelleher, chairman, had also been acting as treasurer for most of the past year. Whilst he capably managed both functions admirably in this time, the club sought a new treasurer for the forthcoming year. Katy O'Flynn was elected to this position on the night. The club is delighted to welcome Katy on board and we look forward to the enthusiasm that she will bring to the position.

A further boost to the gender balance within the committee was struck with Ciara Cashman taking up the role of digital media co-ordinator. Ciara is at the club grounds most often as many will know her best from her role in Sandcastles pre-school which is based in the club grounds. Ciara is a top camogie player herself and spent some of her time coaching some of

the younger White's Cross girls this year. She is a big addition to the committee. Ciara and Katy join Marion Delaney (club secretary) as the three female officers within the club. Marion is entering her third year as secretary. This is the most time consuming job but Marion calmly gets on with it ensuring the club affairs are run smoothly and efficiently.

Seamus Quinlan is stepping down as the digital media co-ordinator but will remain on the committee. Seamus put a massive effort into the club in 2018. Apart from doing his elected role, he was always available to help out any club member with other tasks throughout the year. He helped the under 14 team and also was a massive assistance to hurling and football selectors of the adult teams in contacting players and encouraging players to play. On top of all this, he never missed a training session himself all year, he is a full-time engineering student and seems to have plenty of part-time work on as well. It would be great if we all had his energy! We are grateful though for the amount of energy that he applied to White's Cross in 2018! We are better off because of

it. Thank you Seamus.

Ray Donohoe and Dermot Whooley will not be continuing as our county board representatives. Both will remain very much involved in the club. Ray continues to be a significant driving force of the club lotto and is happy to continue with that. Ed Buckley, already attending the City Division board as our delegate, will be out a lot of evenings as he will attend the county board meetings as well. He will be joined by Michael Coleman. 2019, like any other year, will provide plenty of hard work and challenges for the club committee. However, it will also hopefully be enjoyable and we will share some good times throughout. We look forward to it and we hope that the people of White's Cross/Upper Glanmire and its surrounds come and share good experiences with us. Our club is a place to play for all ages. It is also a place to support, meet and mingle and enjoy oneself in a healthy environment. In 2019 we hope to see all the old, not so old and new faces in our club grounds and we hope it will be our best year yet. See you all then!

## Counselling, Wellbeing & Stress Release

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judgmental listening space, where you can talk openly about the issues that affect your life. Patrick Sheehan, MIAHIP Psychotherapist, Supervisor and CBT Practitioner bases his approach on the inherent capacity of each individual to reach their potential for wholeness and healing.

## Flooding in Glanmire

Our local County Councillor Ger Keohane has contacted the Minister for the OPW Kevin 'Boxer' Moran urging him to give Ministerial consent for the Flood Works to go ahead in Glanmire...we all know the urgency for these works...these works are 100% the responsibility of the Minister and the OPW. Cllr Keohane is urging our Cork North Central TD's and Senators to also contact Minister Moran to give his consent and get these much needed works done.



Take care out there,  
Ger

086 0263046

gerkeohane68@gmail.com

Happy 2019

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## Sarsfields Camogie Notes



Sars Senior Players

### Senior / Junior News

Congrats to our Senior team on reaching the Summer Cup Final v Eire Og in Ovens. Unfortunately they came up against a strong local side who won the match in very challenging weather conditions. The panel will take a well earned break after the

final ahead of their return to training in January under new manager Emmet Fennell.

of 0-13 to 1-9.

An epic game with the wind playing a major role. Well done to captain Ella Woods who was also named player of the match. Well done to everyone involved – it was another incredibly successful year for this wonderful group of players.

### U14

It was lovely to meet the girls from joint Feile winners Kilrush Camogie Club (Wex-



U16 League Champions

### U16

Well done to our U16a panel who completed the double by winning the League final vs a very talented Eire Og team by a score line

ford) on their recent visit to Sars. They brought the U14a Feile Cup down to the club having celebrated with it for the last six months. Best wishes to all



U16 Ella Woods



U14 Feile



U14 Summer League

for the 2019 season!

Well done also to our Sars girls who won the U14 Summer League 5:6 to 1:1 vs Eire Og to finish off a remarkable year.

### Underage News

Our underage players turned up in force for the last training sessions and the excellent fun day that was organised.

Enjoy the break for a few weeks girls and hopefully Santa will have brought you lots of lovely Sars gear for the new season!

### Glanmire Ladies Football All Ireland Winners

Huge congratulation to Glanmire Ladies Football on winning the All Ireland title recently in Galway.

Sars had a number of dual players involved so well done girls and to all of the other players, mentors and supporters.

A fantastic achievement!

Congrats also to Olivia McAllen who has been named captain for the Cork U16 team for 2019!



Underage Fun Day

## Annual Cork Simon Swim



Glanmire heads taking part in the annual Cork Simon swim at Whitebay East Cork



Michael Cullihane, Conor Jones and Ger Geary



Ger Geary and Fionan Burke

## St. Stephen's Pitch and Putt

A New Year, A New You. Make this your New Years Resolution. A fun way to exercise and keep fit. Come and join St. Stephen's Pitch and Putt. Pitch and Putt is suitable for all ages and is a great form of exercise in the lovely fresh air. If you are new to the game you can borrow some clubs from the clubhouse. Our memberships are great value and we also have green fees. New members welcome. Enquiries at the club house.

We had a fantastic Christmas night in District 11. The service and food was lovely. We had a great turnout for our Christmas Fayre. The results

1st nett Glen Towler / Jim Manning

1st Gross Liam O Connor / Eddie Hogan

2nd Nett

John O Riordan / Tom O Rahily

2nd Gross

Liam O Connor / Neil Ryan.



Aaron Roche on the 1st green



## GLANMIRE MONTHLY MACRA NEWS



Kinsale members Selina and Lorna O Donovan, Don Creedon and Andrew O Leary won second prize at Glanmire's fundraiser for the Brigit's Liver Ward

### Glanmire Raise Money for Liver Ward

For Glanmire Macra, the Christmas season is launch with our now annual Christmas Theme Table Quiz. Taking place in the The Stirrup in Glanmire, the quiz is the club's main charity fundraiser.

This year, we decided to raise money for the St Brigid's Ward in the St Vincent's hospital. The St Brigid's ward is the national liver ward in the country. Recently one of our club members underwent a liver transplant and as a club we decided to raise funds for the ward.

In 2017, 327 people received an organ transplant where 62 of them were liver transplants. Often these transplants will ultimately better the life of the recipients

With this in mind, much of the work is done behind the scenes by Glanmire's top table to arrange spot prizes and questions, so that we could raise vital funds for the St Brigid's Ward. Additional support was provided across the club to run a successful event. Kevin Smiddy, club treasurer done an excellent job as MC for the night, entertaining the 20 plus tables with Christmas anecdotes.

It was great to see the support from both the local & Macra communities. Members from across the Seandún region travelled the distance to Glanmire to support the cause. Thanks to Knockraha, Kinsale, Whitechurch, Carrigaline and new comers to Macra Ballincollig who all had at least one team on the night.



Santa Claus presents Tim Ryder, Sean Murphy, Mary Ryder and Cathal O Donovan with first prize at the Glanmire Christmas Quiz

Further support was given by members of Fermoy Macra and Clonakilty Macra. It was fantastic to see support from other Cork regions on the night.

Of course of the 20 tables, there had to be winners and losers. Kinsale Macra members Lorna and Selina O Donovan, Don Creedon and and Andrew O Leary claimed second prize. While

local quiz team, Tim and Mary Ryder, Sean Murphy and Cathal O Donovan claiming the first prize.

With many laughs and festive cheer, all those in attendance had a great night. Now the funds must be counted to see how much was raised. Early indications show that over €1300 was raised with more to follow from additional donations. Club Chairperson Seamus Reid proudly said, "it's fantastic to see the support on the night for our quiz. We would like to thank everyone who made a donation and came along on the night. The great attendance means that we have raised a great sum for the St Brigid's Ward."

It is important to remember if you wish to donate your organs, then your next of kin must be informed, as well as signing your driving licence and/or a donate card.

### Seandún Mystery Tour enjoyed by Glanmire

The month of December is so often filled with Christmas cheer. For many December marks numerous



Glanmire Ladies enjoy Mystery Tour

social events from work parties, dinners with friends and general festive gathering. Macra na Feirme is a social club for likeminded people to come together, enjoy each other's company and create fantastic memories together.

The regional executive recognises the importance of the social bond between clubs and uses this month to further strengthen the connection between the clubs. This past weekend marks the now annual tradition of the Seandún Mystery Tour. Like all mystery tours, the location is unknown to all but the organising committee. The concept is to find a place, fill buses of people from across the region and all end up there to socialise together in the region.

The Mystery Tour offers a unique opportunity to gel members across the region to get to know each other, furthering these bonds and ultimately strengthening the region. This year buses ended up in Casey's Bar and Restaurant in Clonakilty where popular Irish band, "The Kilkenny's", were playing.

With over 40 members in attendance, there was an excellent atmosphere amongst the region and locals alike leading to an excellent night out. A special mention to Seandún's Social Officers Muireann Kennedy and Aisling Walsh for organising the night.

ling Walsh for organising the night.

### Glanmire Debaters Chase Seandún Crown

As November moves into December, the Christmas excitement comes to the fore. Yet for Glanmire Macra members Kathleen Fitzgerald, Kate Bugler, Jennifer Barry and Michael Buckley, the Christmas festivities would have to wait as they faced Carrigaline Macra in the Seandún Final of Senior Debating.

The Senior Debating competition



Kathleen Fitzgerald - Winner of the Best Speaker Award

requires teams to research a given motion, come up with arguments and being able to refute their opposition. It is the pinnacle of Macra's speaking competitions and hones the communication skills of participants.

Glanmire's team lead by Kathleen Fitzgerald had to propose the difficult motion, "This house proposes legalising Corporal Punishment". The challenge in senior debating is convincing the judges that the team's view should be one adopted by the general public. Kathleen's powerful opening defined the motion deliberately as an open palm slap from parents to children within the home. The compelling argument was supported by Kate Bugler who argued that this would allow parents the best tool to discipline their children.

With Kathleen and Kate laying a solid argument for the motion, it was up to Jennifer and Michael to refute the opposition's points. Both speakers provided statistically analysis that "minor chastisement" serves to benefit the child, parents and society as a whole.

With all four speakers giving their points, it was clear that the debate was very close. Therefore, it was up to the respective chairs to close their teams respective arguments to swing their debate. Firstly, Cormac Lehané of the opposition made a commanding closing speech, but Kathleen of Glanmire gave a forceful a counter to leave the judges with a difficult decision to make.

So on a split decision, Glanmire lifted the Seandún Senior Debating Title. Hard luck to Carrigaline, who done more than their fair share to make it an enjoyable debate. Yet the debate was swung in Glanmire favour by team captain Kathleen who deservedly won best speaker on the night.



Kathleen Fitzgerald - Winner of the Best Speaker Award

### Capers Final for Glanmire

The end of November traditionally marks the Seandún Final of Capers. Capers is an unique competition to Macra. Essentially it is a light variety show with the best of dancing, singing, traditional music and comedy on show. This past weekend, Glanmire faced competition from Kinsale and the students of UCC for the Capers crown.

The cast was produced by former Capers winner Tanya O Sullivan and featured, Aisling Walsh, Will Daly, Catherine Kearney, Cathal Cashman, Alison O Connell, Michael Buckley, Muireann Kennedy, Kevin Smiddy, Gillian Kenneally and Tomás Thornton.

The Glanmire cast got off to a lively start with a dance that was followed by some excellent singing and comic performance. A special mention Glanmire's ballad group who done a haunting version of "Spencil Hill" and to Will Daly and Cathal Cashman who done a musical comedy piece in the tune of Christy Moore's "Ride On".

As the first act, Glanmire set a high bar for the other contestants to reach. In truth the competition was fierce with little to split the 3 performances. Alas it was Kinsale who claimed the Seandún title for 2018 with Glanmire placing second. Well done to Kinsale on their Seandún victory.

The Glanmire cast secured second position behind Clonakilty Macra in the Cork County Round of Capers. Well done to all who took part. Well done to Michael Buckley and Tomás Thornton who also received the "Best Act" reward on the night.

For those who want to get involved, our weekly sports night continues on Tuesday at 9pm in the Upper Glanmire Hall. This Tuesday will be the last sports night until the 8th January. This is a great way to get introduced to Macra. Further details can be found on our Facebook page <https://www.facebook.com/glanmiremacranafeirme/> or contact our secretary Gillian on 087 755 8026.



Glanmire's Capers Cast and Supporters



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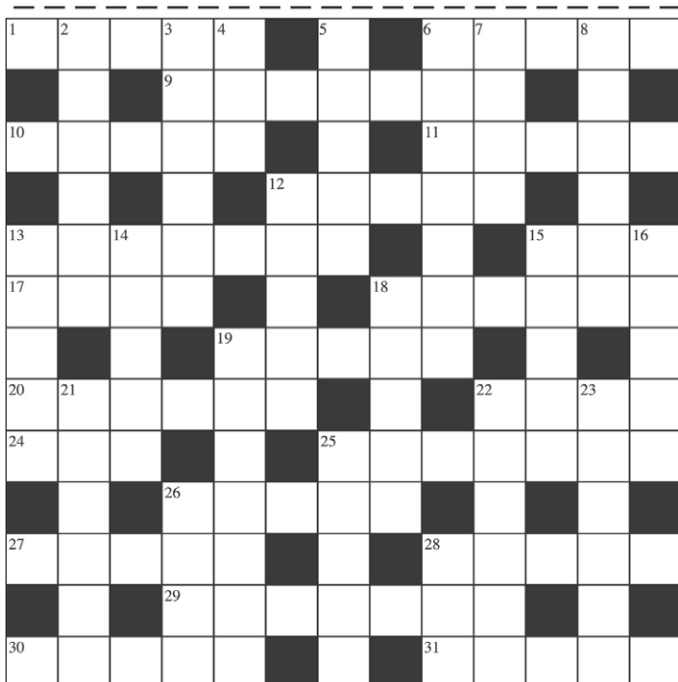
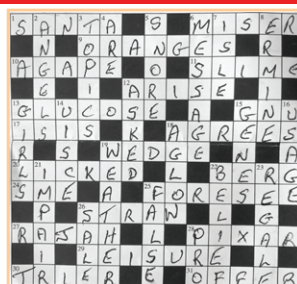
### Across

1. Mickey or Minnie (5)
6. Drama set to music (3)
9. Artistic hedge cutting (7)
10. Tree, ski resort (5)
11. Sporting venue (5)
12. Piece of salmon (5)
13. Many (7)
15. Edge (3)
17. Islands off Galway (4)
18. Move back (6)
19. ----- Marner, novel (5)
20. Ticked pink (6)
22. Cipher (4)
24. Born (married woman) (3)
25. Of the same family (7)
26. Elvis ----- Presley (5)
27. Representative (5)
28. Fool (5)
29. In name only (7)
30. Put off (5)
31. At no time (5)

### Down

2. Aphrodisiac shellfish (6)
3. Gerrard, Spielberg, Seagal (6)
4. A long time (3)
5. Essential (5)
6. Citrus fruit (7)
7. Funeral fire (4)
8. Sour, Stinky (6)
12. Goliath's nemesis (5)
13. The devil (5)
14. Estimate worth of (5)
15. Put in a new pot (5)
16. Administered (5)
18. Large black bird (5)
19. Member of the Seanad (7)
21. Paltry, sparse (6)
22. Light (6)
23. Indicate, symbolise (6)
25. Redbreast (5)
26. Female name (4)
28. Male name (3)

Crossword Winner: Chloe Walsh, Sallybrook, Glanmire, Co. Cork



SEND your entries marked CROSSWORD to "Aitinn" Sarsfields Court Glanmire, to arrive by 18th January. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.

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