

Cork North East Ward Elected Councillors

Mayfield Communtiy School congratulates their two former students Ger Keohane and John Maher on being elected to serve.



Geraldine O'Donnell with Tánaiste and Minister for Foreign Affairs Simon Coveney, at the city count in the City Hall



Joe Kavanagh
Fine Gael



Ger Keohane
Independent



John Maher
Labour



Oliver Moran
Green Party



Kenneth O'Flynn
Fianna Fáil



Ted Tynan
Workers Party



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Ger Keohane MCC

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Thanks for your support

mob: 086 026 3046

email: gerkeohane68@gmail.com



Tina Talat-Kelpsaite, brother Elvinas and mom Jurgita, Hazelwood Way celebrating her communion in Glanmire

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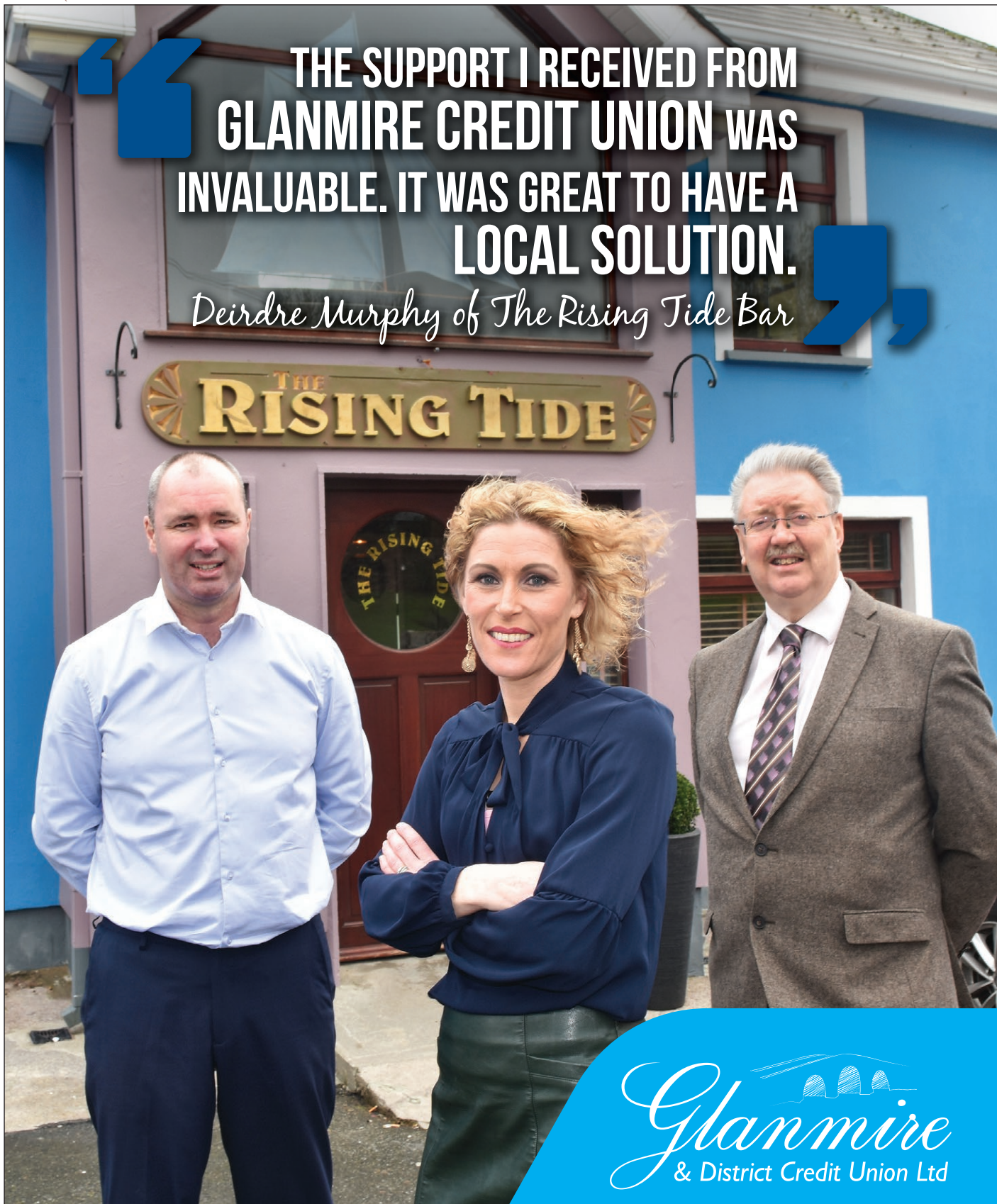
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THANK YOU FOR YOUR VOTE!

OLIVER MORAN

GLANMIRE'S GREEN PARTY COUNCILLOR

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or phone me on 087 965 8549.

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"Finally Free from Arthritis Pain without Drugs and Harmful Side Effects"

Living with arthritis pain can affect every part of your life.

It keeps you from enjoying the good things in life – time with grandkids, playing golf, even working in the yard.

It would be nice to get out of bed – just one morning – without pain.

Every time you try and push through the pain...like standing or walking for a long period of time...you pay for it for the next 2-3 days with even more pain.

Do you have any of the these Arthritic problems?

- ✓ Osteoarthritis
- ✓ Rheumatoid arthritis
- ✓ Bursitis/tendonitis
- ✓ Degenerative joint disease
- ✓ Lumbar disc problems
- ✓ Aching pain in the arms or legs

Pain Pills Are Not The Answer

Do you remember the Vioxx scandal?

It was a medication designed to relieve arthritis pain...but like all drugs, it had side effects.

After years of use worldwide, the makers withdrew it from the market because of the overwhelming evidence it caused heart attacks and strokes.

There's a time to use pain medications, BUT not before seeking a natural way to correct the CAUSE of the problem! Ask yourself ... after taking all these pain medications...*maybe for years*...are you any better off?

Pain Is Not Just 'Old Age'

Have you had one doctor after another telling you this is just the natural process of the body getting older - that you should expect to have arthritis. Sure, if you don't take care of your damaged joints now, as you get older they will be worse (which is why you shouldn't wait any longer to see if I can help you.)

However, old age is not the cause of your arthritis. I'll venture to say all 360 joints in your body are the same age, yet arthritis and joint degeneration has not affected every one of them – only your previously injured joints that never healed properly.

My name is Dr. Eric Kelly, owner of Glanmire Chiropractic Clinic. Over the past seven years since we've opened the doors. We have seen hundreds of people come in suffering with arthritis and leave the office pain free.

I've made it my mission in practice to help those suffering with chronic pain like you.

"I only wished I had found you sooner"

I hear this too often, so I decided to do something about it and run this ad. Just call before June 26th 2019 and you'll get my "Arthritis Evaluation" for only €40.

- An in-depth consultation about your arthritis where I will listen...really listen.
- A complete nerve, muscle and spinal exam to find the "cause" of your problem.
- A thorough analysis of your exam and findings so I can show you how to fix the problem.

I'll answer all your questions about chiropractic and arthritis pain.

"I have seen with my own eyes how patients with arthritis, crippled for years, have walked out of my office with more spring in their step, better strength and less pain!" – *says Dr Eric Kelly, D.C reporting on his clinic in Glanmire*

The appointment will not take long at all and you won't be sitting in a waiting room all day either.

To take me up on this special offer, you must call before June 26th 2019.

Call today...Phone 021-4824450

In addition to that, here's what some of the top medical researchers had to say about chiropractic...

"Manipulation [chiropractic adjustments], with or without exercise, improved symptoms more than medical care did after both 3 and 12 months." – *British Medical Journal*

"Chiropractor's manipulation of the spine was more helpful than any of the following:

traction, massage, biofeedback, acupuncture, injection of steroids into the spine and back



Are you suffering from arthritis pain? If so, relief may be easier than you think.

corsets, and ultrasound." -- *Stanley Bigos, MD, Professor of Orthopedic Surgery*

Feel the Improvement – and Say "Yes" to Life Again

With my "Arthritis Evaluation", we can find the problem and then correct it. Think of how you could feel in just a few short weeks. See and feel your life change for the better. Start your body on the way to pain-free, normal living. Feel tight joints rest, relax, free up. Feel muscles tied in knots become more supple. Feel strength in your muscles increase.

As you begin to see motion returning to your joints, you're preventing and reducing chances of disability and a crippling future. You're playing golf again -- hitting longer drives, smoother putts, and lower scores...without pain.

Arthritis can be successfully treated. Healthy, pain-free living should be yours.

Call anytime between the hours of 9:00 am and 6:00 pm Monday through Thursday and 9:00am to 12:00 Friday. Tell the receptionist you'd like to come in for the Special Arthritis Evaluation before June 26th 2019.

We can get started with your consultation, exam and findings as soon as there's an opening in the schedule.

I look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

Sincerely,
Dr. Eric Kelly

P.S. The only real question to ask you is this...Life's too short to live in pain like this. Call today 021-4824450 and soon I'll be giving you the green light to have fun again.

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"NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

A LOOK BACK

This column, as pointed out in the May edition, has been published in the Area News unbroken since the first article appeared in May 2003. A random selection during the sixteen year period was reproduced in last month's issue and the following are a further two.

The April 2007 Article included a tongue in cheek description of Confirmation Day: "The event brings out the Glam & Cam Brigade and to borrow expressions from times past; herself will be dressed from head to toe and himself will be dressed to kill. The modern version of "Glam" entails a week at the Penthouse in Marbella for herself and this is complemented with a few visits to the tanning salon on her return. She will be resplendent on the big day exhibiting a colour comparable to a mahogany display cabinet and performing a stagger that a trapeze artiste would be proud of. The shades resting on top of the forehead and the short back and sides will suffice himself but he will be reminded not to forget the Cam and the importance of securing a family shot with the Bishop. The confirmand is very well dressed also but the spotlight is really on Mum and Dad. "I thought the ceremony would never end"; "Ye, he rambled on a fair bit alright". "I am so lucky because I nearly wore the same rig-out as that nosey parker one over there. Imagine". Meantime the Cam is on overdrive; "rather pleased that it cleared up for the shots".

Lunch was at SilverSprings; "for old time's sake and there is also a large grass sloping bank for the children to roll down when they get a little bored". Herself and himself met a few friends at the bar after lunch so it was time for the children to enjoy themselves; but they are warned not to dirty their new clothes. The chat begins and the drinks flow. Herself remarks that the King Prawns were exquisite and had such a rich flavour, adding that the children loved the Nuggets. Himself had a mighty feed of the Roast Beef and found it very tender. Herself has another Shiraz and mentions that if it had been her daughter who made the confo she would have chosen Shiraz as the Confirma-

tion name; "It is so melodious and it also reminds me of the Rasa I had when a child". The son confirmed was born on Shrove Tuesday so he can consider himself lucky that the name "Pancōg" was not foisted on him. Himself is on Gin & Ton Ton because the tint reminds him of the affection he had with Gripe Water in his younger days. Actually he could do with a few spoons right now as he stands there with a beetroot complexion, perspiration dripping from his forehead like a burst water pipe, his jacket off, his tie loose and an open collar button shirt that is sort of hanging over the waistline. Get the picture? Oops, herself just spilled some of the Shiraz and sharply warns himself not to make a fuss because nobody saw it happen.

Gazing at her watch as if it was Big Ben she remarks; "look at the time it is but we will have one for the road anyway before we check-up on the children. Server, can you clear the table please and do you have any of those glazed honey and mustard sausages which we get at half time of the Munster's matches?". "Madam, I am sorry, but afraid not". "Well then; what about a few complimentary bowls of chili roasted peanuts; after all we had our lunch here you know". The server obliges and herself whispers how nice and mannerly he is and that he has such excellent English for a foreigner. And with a giggle she says; "I could run away with him you know". Now himself, who is in bad form anyway because of the sausages, is not impressed and he also reminds her that the server had already said he was from Douglas. She exclaims; "the Shiraz must be going to my head". Anyway she assured himself that he can look forward to the usual sausages and mash for the dinner over the next few weeks' as she quipped; "our place is not called Sausage Hill for nothing you know". Well, the mood lightened to such an extent that himself was in stitches again as he proclaimed; "she is a gas woman when she gets going you know." It was time for the taxi and the children were again reunited with Mum and Dad".

The December 2011 Article included a feature entitled "Little Island of Long Ago" which was writ-

ten by the late Madge Coleman, nee Kelleher, and published in the "Evening Echo" in January 1985: "In recalling the Little Island of a half century ago, I like to call it "my" Little Island, a peaceful undisturbed village and district with its tree-lined winding road to the city and full of ghostly shadows on moonlit nights. I was born in that village, the eldest of twelve children and what happy times we had, up to every childhood prank. We spent much time picking mushrooms in our favourite fields and of course blackberry picking in the season.

On our way down Riordan's Boreen we would pick the wild woodbine from the hedgerows but we wouldn't bring that lovely flower into the house because like the elder stick it was supposed to be unlucky. We would walk around our lovely golf links for another pastime and look for lost golf balls in order to get a few pennies from the caddy-master.



Clashavodig in the Thirties

I can remember glorious summer evenings' when we would go down to Clash for a swim at the fine stony strand and then sit for a while watching the boats, big and small, going up and down the channel. So many things were different then. Our money had more buying power. Our sunshine seemed longer and hotter. We would sit out on the stone footpath until ten or eleven at night as it was too warm to go to bed. And the corncrake seemed to croak all night in the nearby cornfield.

Where have they all gone to? I never seem to hear them now. In a little nest of houses all around Clash lived all my favourite people and we had nicknames for most of them. The following are some who come to mind; Jerh Nony Tidy, Thade the Gow, Liz Hegarty and my favourite was Hannah Drummy with her snow-white flour bag apron. I often saw her run in and out her door with a red-hot iron box in her hand, ironing her laundry on the stone flag at the half-door. Oh boy, how she could turn out spotless laun-

dry for "the gentry" of the day; the best I ever saw. Every house had a half-door in those days and passing along the road; we would sing out "hello" to all inside as their doors were never closed. Then the men-folk; I recall Peter and Patsy Carroll who were seafaring men of great knowledge. They knew every turn of the tide and they rowed to Passage West in a small punt to work in the dockyard there, and returned again at nightfall.

I also recall my special friend Dave O' Mahony, a godly man who did the nine miles to and from mass in hail, rain or snow. All are long gone to their reward - a gentle and kind people. When I grew a little older, emigration to England was common. Every house in Little Island had a father or son gone out on the "Innisfallen". If we, the girls, were lucky enough to get a caddy job at the links; we went around that eighteen-hole course with a heavy golf bag on our back and the pay on our return to the clubhouse was nine pence from the player, and one shilling and nine pence from the caddy-master. We would sit on the post office wall frequently and wait to see two or three motorcars that would pass through the crossroads.

We always watched out for District Justice D.B. O'Sullivan to give him our usual wave and he, in his kindly way, would smile and wave back. This made our day complete. What have they done to "my" Little Island at all? Big factories are everywhere covering "my" mushroom fields and "my" blackberry hedges as far as the eye can see. A huge industrial estate has taken over, good, I suppose, for employment and progress but are we happy as we were before? I don't think so. My reading glasses are getting damp now from the odd tear which I often shed for the lovely Little Island of long ago".

Madge, a sister of Diane (there is only one!) was fifty nine when she wrote that delightful piece. Her family formerly lived in the old village of Clashavodig, present-day Clash Road South, and the photo shown here gives a flavour of times in the village back in Madge's era; the nineteen thirties.

SLĀN ANOIS ©



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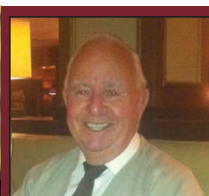
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Gardening with Charlie Wilkins



Charlie Wilkins

LADIES FINGERS

No matter where we live, summer brings a freedom from care that is unlike any other time of the year. The season is full of playfulness, wild-flowers, light and relaxation. There are dog daisies, red Valerian, hawk-bit, Queen Ann lace, and red poppies now growing along the highways where wild garlic and rape seed had been only weeks ago. They brighten our environment irrespective of the prevailing weather. The daisies are composites, flowers with an amalgamation or blend of smaller flowers which make a larger image, but the poppies show themselves like fancy tissue-paper doilies at a wedding; shy, bashful and retiring. Valerian bunches like lilac and is undisturbed by wind or rain or the suction of passing traffic. Further back from the verges, in among the wild ash, white-thorn, and still fresh beech boughs grow semi-woodland plants such as ferns, primula, elder, and fuchsia.

Thankfully the colloquial plant names for these are still in ready use. People recognise and talk about hollyhocks rather than Althaea, Solomon's seal rather than Polygonum, and Ladies fingers for Digitalis. But this is not for any reason of linguistic chauvinism, it is just that their Latin names are rather colourless and the vernacular particularly vivid.

'Ladies Fingers' or 'foxgloves' (*Digitalis purpurea*) will always be known by this name and they make decidedly handsome garden additions apart from their attraction in the wild. And they come free to those who know how to satisfy their modest needs! Most are biennial flowering, which means they complete their life cycle in two years. Sown one year, they grow up to form a compact plant which does not flower until the following year. Wallflowers come into this group, so too Sweet William, a few salvias, Canterbury bells, forget-me-nots, even the silver honesty. However, few of these are happy growing under trees or in other shady places except for the foxgloves which are a notable exception.

This year I have some good coloured forms of foxglove and as soon as flowering finishes and the seed pods are ripe, I will cut a spike, take it to a new selected area and scatter the seeds onto raked soil. These will then be watered to settle them down. You can do similar if you find a white form in the wild or know where one can be sourced from a friend or neighbour! Later, during mid-August, the resulting seedlings can be thinned (if they appear congested) whilst allowing the remainder to grow on. The job is

easy and takes but a few moments, yet it ensures one is never without a constant supply of replacement plants.

Giving out this kind of advice can sometimes be unwise. You see, it is awkward (in a country phrase) to write about one's own garden and the doings within but I do wish to enthuse ever more readers about raising new plant for free (especially those from seed) and how to cut down on the general expenses of gardening! That's what this column is all about!



A dark background of mature beech is a splendid compliment to a spike of white Digitalis in a nearby garden. The spike stands proud and extremely showy. If you can source one of these spikes once blooming finishes you can try some seed propagation by following the simple instructions given above.

THE JUNE GARDEN

WATERING; Potted treasures to the front and (more importantly) to the rear of homes will need regular attention by way of watering and feeding despite the arrival of June rain. Everything in containers will certainly need moisture on a daily basis, whether or not rain is forecast. Properly filled baskets, window boxes and ornamental pots are especially vulnerable for the foliage in these can act as a kind of umbrella, shedding rain as fast as it falls. I cannot impress on you too much how important it is to give all such plants a thorough soaking. To do less than this will do more harm than good.

GRANNY'S BONNETS; There was a time when Columbines (also known as Aquilegias, Granny's Bonnets, or Bishop's Hat) grew in every garden. Now they seem to have fallen from

grace for no other reason than their freedom at producing and setting seed. Indeed because of this, they fall into rapid decline. Therefore, it does the plants a power of good if you shear them to ground level as soon as the display has come to an end! New clumps of foliage will appear within a month and make the strain perform as a true perennial rather than a short-lived one.

COLOUR BLUE; I like blue plants and substances, mineral colours like turquoise and aquamarine, blue skies and bluer seas, glazed pots in royal blue and to the blue associated with the Virgin Mary. I will opt for all blue flowers during summer whether or not they have any other merit. Take Campanulas as an example. *Campanula persicifolia*, the peach-leaved bell-flower comes into bloom now and it will go on producing flush after flush or enchanting blooms on

wiry stems-if you have the patience to go out and remove the faded blooms regularly! These blue campanulas (they're also available in white and duck-egg) need only to have their basal rosettes divided every so often in order to last practically forever. Have a look for these this weekend and for less than the price of a gallon of petrol, bring home something that will last a longer.

FERNY WONDER; Can I recommend a truly wonderful annual called *Cosmea*? Try a half dozen and delight in their delicate paper-like blooms and ferny foliage for all of summer. These will give you the highest value for brilliance and colour (especially if you choose the white form on its own) but it also comes in shades of pink and rose, fading to a clear white. The fine, ferny foliage makes an ideal foil for the sheer flower-power of these fast maturing plants which began to bloom in earnest from mid-June.



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Glanmire u21 team

Achievements

Well done to our U21's team and management who have been named as county "A" champions when they played the very competitive Valley Rovers. Captain Sandra was delight to lift the trophy on behalf of her team.



Glanmire u21 Captain Sandra

Well done to the u14A team who have made it to the league final



Glanmire Cork u16 players

Well done to Aishling McAllen, Olivia McAllen (captain), Caragh Byrne and Orlaith Roche who played and won with Cork in the Munster U16 Final with, in a extremely close match.



u14 team



Cork Minors

Well done to Abbie O Mahony (Captain), Ellen Baker, Niamh McAllen, Kayla O Connor, Shauna Murphy and Alison McNamara who played and won with Cork minors in their Munster Final v Kerry in May.

will be sitting their junior and leaving cert exams in June.

New players

New players always welcome, contact club development officer Mark on (086) 868 5489 for club info and times of training for you or your daughter. Also check out our Facebook page: Glanmire Ladiesfootball

Summer camp

Glanmire ladies will host their annual summer



u10 team

Congrats to GCC who won against ST Aloysius in the B county schools final.

Best of luck to everyone, especially our girls, who

camp again this year, dates and info can be found on Glanmire Ladies football Facebook page and will cater for boys and girls ages 6-14.



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Cuimhne Dhá Laoch

Micheál Ó Súilleabháin

Sráidbhaile beag, gleoite in Oirthear Chorcaí is ea Caisleán Ó Liatháin. Tá sé ainmnithe as Muintir Liatháin a raibh ríocht mheánaoiseach acu sa réigiún tráth. San aois seo caite, bhí baint ag beirt mór le rá leis an bparóiste. Sagart cáiliúil ba ea duine díobh, An tAthair Peadar Ó Laoghaire, agus duine de bhunadh na háite, Tomás Kent, ba ea an duine eile. Dáiríre, ba churte muintir Kent a lua mar bhí a thriúr deartháireacha agus a mháthair páirteach san eachtra ba chúis lena bhású. Mar is eol don saol anois, bhí ócáid mhór ann ceithre bliana ó shin, nuair a athadhlacadh corp Thomáis i searmanas Stáit tar éis dá chnámha 99 bliain a chaitheamh i bPríosún Chorcaí.

Bhí comóradh deas i gCaisleán Ó Liatháin le déanaí in onóir na beirte thuasluaite. D'eagraigh Seán P Mac Coitir ó Chiorcal Comhrá na Linne Duibhe agus comhúdair leabhair ar an Athair Peadar Ó Laoghaire. 'Mise an Mac San' * is teideal don leabhar dátheangach agus is iad Éilís Uí Bhriain agus Pat O' Brien na comhúdair. Baineann sé leis na cuimhní a bhí ag daoine i gcéin agus i gcóngar ar an Athair Peadar agus ar na tréithe a bhain leis. Ag an gcomóradh, labhair Éilís agus Pat ar an saothar atá curtha i gcrích acu. Tá cuntas ann ar a óige, ar a mhuintir, ar na cuimhní a bhí aige ar thréimhse a bhí thar a bheith stairiúil. Bhí sé ina ghasún le linn an Ghorta Mhóir agus mhair sé i ré na bhFiníní agus Cogadh na Talún.

Dar ndóigh, thar aon rud eile de, tá aithne ar an Athair Peadar inniu mar scríbhneoir Gaeilge, a shaothraigh go dícheallach i ré an Chonartha. Chuir sé saothar fairsing i gcrích sna 25 bliain deireanach dá shaol. Cuimhnigh go raibh 55 bliain slánaithe aige nuair a thosaigh sé ag scríobh agus níor chuir sé an peann i leataobh go dtí deireadh a shaoil. Ceannródaí ba ea é i litríocht na Gaeilge. Nuair a cuireadh leabhair as Gaeilge i gcló den chéad uair le cúpla céad bliain ag tús ré Chonaradh na Gaeilge, bhí ceist mhór le socrú. An scríobhaí sa Ghaeilge Chlasaiceach a bhí ann sa 17ú agus san 18ú hAois nó an úsáidí an Ghaeilge a bhí á labhairt sna Gaeltachtaí ag an am Bhí an tAthair Peadar go láidir ar son 'Caint na nDaoine' agus lean sé an pátrún san ina chuid scríbhinní.

Bhí daoine ann a dúirt gur cheart an Ghaeilge Chlasaiceach a úsáid, ach bhuaigh an tAthair Peadar an argóint. Sa tslí sin, bhí an-tionchar aige ar scríbhneoirí a lean é.

Ceann de na leabhair leis an Athair Peadar a chuaigh i bhfeidhm ar dhaltaí scoile ba ea Scéal Shéadna, an fear bocht a dhíol a anam leis an diabhal agus a chaith na blianta ag iarraidh éalú ó na geallúintí a rinne sé. Chuala an tAthair Peadar an scéal á insint cois tine ina óige. Scéal beag a bhí ann ach chuir sé go mór leis. Cé gur scéal idirnáisiúnta atá ann, thug an tAthair Peadar blas Gaelach dó. Caithfear cuimhneamh nach raibh aon ábhar léitheoireachta as Gaeilge ar fáil don fhoghlaim Gaeilge ag an am seo. Cuireadh Scéal Shéadna i gcló mar shraithscéal i roinnt nuachtán, ina measc an 'Gaelic Journal' an 'Irish Weekly Examiner'.

Chuir a tAthair Peadar leabhar i gcló in aghaidh na bliana, ina measc leagan Gaeilge den Bhíobla iomlán. Gan aon agó, éacht ba ea é sin. Chuir sé leaganacha nua de na seanscéalta Gaeilge ar fáil, chomh maith. Sna blianta a chaith sé i bparóistí éagsúla ar fud Dheoise Chluain Uamha, chuir sé an-suim san oideachas agus chuir sé ranganna Gaeilge agus ranganna Laidine ar fáil do dhaoine óga. D'aithin Bardas Átha Cliath agus Bardas Chathair Chorcaí a thábhacht sa saol náisiúnta, nuair a bhronnadar araon Saoirse Bhaile Átha Cliath agus Saoirse Chathair Chorcaí air.

Ag an ócáid i gCaisleán Ó Liatháin, cuimhníodh, chomh maith, ar Tomás Kent. Bhí Tomás ar an 15ú duine a cuireadh chun báis i nDiaidh Éirí Amach 1916. Ba é Ruairí Mac Easmainn an duine deireanach a cuireadh chun báis cúpla mí ina dhiaidh. Bhí muintir Kent gníomhach sna hÓglaigh. Bhí ceathrar deartháireacha ann. Tháinig ordú ó na húdaráis na poblachtaigh a bhí gníomhach a ghabháil i ndiaidh Éirí Amach 1916. Mar sin, tháinig buíon de phóilíní armtha go luath ar maidin an 2 Bealtaine ó Mhainistir Fhear Maí go teach mhuintir Kent. Dúradh leo géilleadh ach dhiúltaigh. Thosaigh troid le gunnaí agus maraíodh an Constábla Rowe. Ansin, chuir na póilíní fios ar an arm chun tacú leo féin. Tháinig breis is 50 saighdiúir ó

Mhainistir Fhear Maí. Bhí ar mhuintir Kent géilleadh. Nuair a thánadar amach as an teach, rinne duine de mhuintir Kent, Richard, iarracht éalú agus scaoil saighdiúir air. Fuair sé bás ón ngortú in otharlann sa phríosún míleata i Mainistir Fhear Maí. Tógadh Tomás go Príosún Chorcaí. Cuireadh ina leith gur ghlac sé páirt i gcomhcheilg armtha in aghaidh an Rí. Níor tugadh cead dó finné ar bith a ghlaoch chun labhairt ar a shon. Fuarthas ciontach é agus bhásaigh scud lámhaigh é ar an 9 Bealtaine 1916. D'fhan a chorp i bPríosún Chorcaí go dtí gur athadhlacadh é in uaigh a mhuintire i gCaisleán Ó Liatháin ar an 18 Meán Fómhair 2015. Ar deireadh thiar, bhí aitheantas tugtha don tírghráthóir dearmadta.

Ba dheas an ócáid í a chuimhnigh ar bheirt a bhí chomh tábhachtach san ina mbealaí féin. Solas na bhFlaitheas go raibh acu beirt. Beidh comóradh an Chéid ar bhás an Athar Peadar ar siúl in 2020.

* Tá an leabhar ar fáil sna siopaí áitiúla agus i siopaí leabhar mar 'Waterstones' agus ag an suíomh gréasáin seo: www.athairpeadar.ie

Gluais:

de bhunadh na háite = a native of the place

athadhlacadh = reinterred

comhúdair = joint authors

i gcéin is i gcóngar = far and near

curtha i gcrích = completed

an-tionchar = great influence

gan aon agó = undoubtedly

mar shraithscéal = as a serial

géilleadh = surrender

comhcheilg armthe = armed conspiracy

finné = witness

bhásaigh scud lámhaigh é = a firing squad executed him

tírghráthóir = patriot



GLANMIRE
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COMMERCE

**Keeping Business
in Glanmire**

Recent Meeting hosted at Ryan's SuperValu



*Martin Barry and
Richard Power,
Glanmire Men's Shed*



Aidan, Gail, Joe & Ken



*Guest speakers at the recent Glanmire Chamber of
Commerce meeting were L-R:
Kelly Cooke, Group HR Manager, The Ryan Group
and Aidan Dennehy, Dennehy Architects.*



***Darkness into Light** is a joint initiative between Glanmire Community College and Glanmire Chamber of Commerce, who were ably represented by trojan workers Francis Hegarty, Graeme Keane and Alan Dowling.
Thank you to all who took part.*



MembersFocus

At Balance, we pride ourselves on providing fresh, locally sourced and healthy food in Glanmire since 2017. It's all about Balance and we have a range of delicious cakes & desserts too! We aim to provide a friendly and relaxed atmosphere in our café.

We now have a **full catering menu** available for meetings & special events. We have had a busy few weekends catering for First Holy Communion. A very welcome addition to the Balance team is our new van for all our **catering deliveries**.

Marc is a fully qualified **Nutritional therapist** and is available for private consultations or group presentations. We also prepare meals for individuals. Watch this space we will be expanding this range in September.

Our **cooking classes** are growing in popularity with both children, as well as adults. We recently provided cooking classes on preparing nutritious meals for men & women - we will be running these again in the Autumn in addition to kids' cooking classes in July.



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Iris Wilkins McCarthy brings her pick of photographs from around Mayfield.
If you would like your photos featured on Mayfield Eye please send to iriswilkinsmccarthy@gmail.com

Our Lady Crowned Church

On Sunday 26th May a special presentation was made to Sr. Imelda on the occasion of her retirement from the Parish and the Ice Cream van attended Our Lady Crowned Church to treat all the boys and girls who made their First Holy Communion during May.



Sr. Imelda with Fr. Michael Keohane PP, Deacon Aidan Lane and members of the Parish Council



Presentation to Sr. Imelda by Fr. Michael Keohane PP and Deacon Aidan Lane





Mayfield Community School Gradam 2019 Well done to all of those who were nominated or received awards



Jack O Driscoll (centre) who was presented with a cheque for €15,289.46 from the CIT students said he is in awe of the support received from family, friends, community, and the wider population.



Mayfield GAA Golf Society



Lord Mayor Mick Finn with Cllr. Joe Kavanagh and Tony Fitzgerald unveiling 2 Dog Fouling Litter Bins for the Mayfield Area. One will be located at Inis Eoghain Green Area and the second one further up the road on the Green Area adjacent to The Old Bank Cafe.



Darkness into Light 2019



Pictured are Newbury House members, Mayfield Men's Shed, Mayfield CDP, Baile Beag, Mayfield Old Youghal Project, Mayfield Arts with Cork LGBTI+ Inter Agency members, Gay Project members and LINC members, raising the Rainbow Flag, at Newbury House, Old Youghal Road, Cork as part of Cork LGBTI+ Awareness Week 2019



Mary Foley from Our Lady Crowned, Mayfield Branch who visited Edel House to donate €500 from Women's World Day of Prayer



Mayfield St Luke's Tidy Towns Group. Excellent litter pick in Old Youghal Road, Mayfield, Dillons Cross, Ashburton and surrounding areas. Thanks to the magnificent group of volunteers





Dr. John Sheehan

MB, BCH, BAO, DCH, DME, MRCGP, MD

HOW TO REDUCE YOUR RISK OF DEMENTIA

Dementia is a condition that affects the way the brain works. It can cause poor memory, confusion about time and place, difficulties with speech, poor judgment and inappropriate behavior. It is normal for all of us to forget things over time and it is a big fear of many people as they get older. There are a number of risk factors that make it more likely that an individual will develop dementia. Some are easier to do something about than others. The risk of dementia rises with age. At age 60, 1 in 100 people will have it. At age 75, 6 in 100 will have it.

The global prevalence of dementia is rising, mainly due to an ageing population. However the incidence is declining in some countries (e.g. US and UK). This is thought to be partly due to improved lifestyle factors.

Knowing some of the risk factors, it may be possible to protect your brain from declining function.

Smoking: recent research suggests that smoking increases your risk of dementia by about 5%, possibly because cigarette smoke contains substances directly harmful to the brain.

Exercise: Physical activity reduces your risk by nearly 3% and also lowers your chances of developing diabetes and high blood pressure which themselves are risk factors for dementia. Exercise is also beneficial in older people without dementia as it improves balance, reduces falls and improves mood.

Depression: research also points to links between depression and dementia. One of the biggest contributors to poor mental health as people get older is social isolation. It is important to take steps to remain in contact with others.

Hearing loss occurs in 32% of people over 55 years. Studies have shown that even mild levels of hearing loss increase the long-term risk of decline in brain function.

Diet: There are many conflicting claims for different kinds of diets and dietary supplement. Vegetables, fruit, nuts, beans, cereals grains, olive oil and fish probably reduce the risk.

Dietary supplements: a healthy balanced diet is more important but if you must take a supplement possibly one containing omega-3 and B vitamins has some research evidence to support its use.

Obesity has been associated with increased risk of dementia, so trying to maintain a healthy body weight is important to reduce the risk.

High blood pressure: evidence suggests that con-

trol of high blood pressure protects against decline in brain function.

Diabetes is also associated with an increased risk of different kinds of dementia, so again good management of diabetes is extremely important to protect brain function.

The Irish Hospice Foundation has produced a very helpful document called Think Ahead, to guide discussion and recording of preferences and urge us all, regardless of age, stage of life or level of health to gather our thoughts about financial, health and legal affairs and to record them. Their Think Ahead document includes a valid Advance Health Care Directive and gives you a chance to write down your wishes for further medical and personal care. You can download a free copy from www.thinkahead.ie. For printed copies contact the Irish Hospice Foundation on 016793188

Upper Glanmire ICA

Update on Guild activities

- At our May Guild meeting, we held a special Mass for all our deceased members since the Guild was founded in 1954. The Celebrant was Rev Fr John Newman.
- Our Summer Outing this year will be in June to

the Kildare Village, The National Stud and the Newbridge Centre.

- For our last Guild meeting before the summer break, we will hold a little party.
- With the summer comes our weekly walks, which we really look forward to every year.



Our Altar in preparation for Mass for our deceased members in May

June Recipe: White chocolate Rocky Road

Ingredients

300 g of good quality white chocolate
120g butter
1 table spoon of golden syrup
5 tablespoons of cream or milk
Packet biscuits of your choice
(sandwich biscuits of jam and cream work well along with some harder biscuits)
Mini marshmallows
Square tin or pyrex dish lined

Method

- Melt the choc and butter in a bowl over hot water.
- Add the golden syrup and

cream/milk and mix until you have a smooth silky sauce.

- Break the biscuits into very small pieces and add to mixture. Add the marshmallows.
- Transfer all your mixture to your lined container and put in fridge to set for at least 2 hours.



White chocolate Rocky Road





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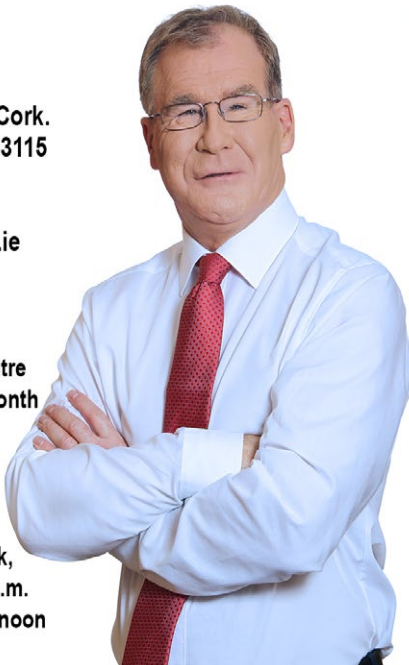
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Daltaí na hIdirbhliana ar Cuairt go dtí Apple



Bhí lá den scoth ag daltaí an ceathrú bliain cúpla seachtain ó shin i bhfoirgneamh Apple atá lonnaithe i gCnoc an Chuilinn. Bhí idir chluichí, chainteanna agus spórt againn ar feadh an lae. Tugadh cuntas iontach suimiúil dúinn faoi na háiseanna atá san ionad. Ag deireadh an lae bhí seisiún eolais eagraithe dúinn agus seans againn ceisteanna a chur ar oibrithe i dtaobh gach gné den saol oibre sa chuideachta úd. Níor deindeadh dearmad ar an mbia. Bhí béile ar fáil do gach aon duine againn soar in aisce.

Ceoldráma na hIdirbhliana



Blaithín agus an Beithíoch

B'iontach go deo an adharcanna a chéile. Bhí ceoldráma a cuireadh i cad é ceol, amhránaíocht, láthair an phobail arís i geatsaíocht, útamail agus mbliana. Mar is dual dóibh, aisteoireacht le feiceáil, a chuir daltaí an ceathrú bliain seó nótaílte ar siúl in Amharclann an Firkín Crane, i mí na Feabhra. Bhí cuireadh ag gach mac máthar agus iníon athar dul ann. Bhí an t-olcas agus an mhaitheas léirithe go seoigh ar fad agus iad in Baineadh an-taitneamh as.

Coirn Chamógaíochta ar Cuairt



Cuireadh fearadh na fáilte sa scoil roimh iar scoláirí agus baill d'fhoireann chamógaíochta Chorcaí ar na mallaibh. Thugadar leo corn na Mumhan agus corn na hÉireann. Bhí corn Chorcaí na gColáistí ann rompu, i ndóthair. Ba bhreá an spreagadh a thugadar do phainéil chamógaíochta na scoile, atá le feiceáil sa ghrianghraf thuas.

Ár Lá Spóirt 2019



Thuas tá buaiteoirí Léim Fhada na mbuachaillí, bliain a sé. Fairis sin tá buaiteoirí rás Céad Méadar na gailíní, bliain a trí.

Painéal Caide na gCailíní 2018 2019





U13 Garda Blitz Team

Congratulations to our U13's who won the 2019 Cork City Garda Blitz.



U12 v Clonakilty

Great camogie & incredible determination from both our U12 teams.



U12 v Blarney



U10 Camogie

Well done to our U10s who played against St.Catherines in Ballynoe with a brilliant display of camogie shown by all.



U11 Camogie

Well done to our Sars U11s who played against Midleton in Bucklearys.



SARS Minor League Camogie

Great win over Ballinora in the minor league final. Well done girls



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Citizens Information Property Alert Service

Question

My aunt has just moved out of her home to live in a nursing home. Her house is in a remote part of the country and her family doesn't live nearby. Are there any services that can help her monitor her home to protect it from property fraud?

Answer

The Property Registration Authority (PRA) has set up a property alert service that lets property owners and other interested parties monitor registered properties for fraudulent activity. Property fraud could involve someone pretending to be you, and trying to sell or mortgage your property without you knowing. If you sign up to the property alert service, you will get an email or text if someone lodges an application about your property with the PRA. If the activity is fraudulent you can take action if necessary. The property must be registered with the Land Registry, but you do not have to be the owner of the property to use the service. So, you could

monitor your aunt's house for her. You sign up for the service online at landdirect.ie. You can monitor up to three properties.

To find out more, you can visit prai.ie. Alternatively, you can contact the Property Alert Service Support Team at 0761 001610 (Monday to Friday, 9am to 5pm) or email propertyalerts@prai.ie.

Know Your Rights has been compiled by the South Munster Citizens Information Service which provides a free and confidential service to the public.

Further information on this and other matters is available in confidence from the:

Mayfield Citizens Information Centre, Roseville House, Old Youghal Road, Mayfield. Telephone: 0761 07 6880. Opening hours are Monday to Friday 10.00am – 1.00pm, Monday to Thursday 2pm – 4pm.

Citizens Information is also available through the Citizens Information Service at 0761 07 6850, the Citizens Information Phone Service 0761 07 4000 or online at www.citizensinformation.ie

St. Stephen's Pitch and Putt

We had a very successful Open, with plenty of fantastic pitch and putt. We would like to thank all who played, also we would like to thank our main sponsor Ryan's Supervalu Glanmire and those who donated spot prizes for our raffle, Rochestown Park Hotel, Glanmire Credit Union, First Plus Chemist Glanmire, Bank of Ireland Glanmire and members. We also thank all who helped on the course and who helped in the clubhouse.

Dates to remember : Club Strokeplay 1st June 1pm to 3pm. Captain and Lady's Captain Prize Friday 21st June at 5pm last card 7.30pm and Saturday 22nd June 10am, last card 4pm. The Handicap Matchplay 11th June until 23rd June. Members only for these competitions.

With the long bright evenings and school holidays why not come up and play pitch and putt. Age 8 to 16 years can join for €35 for the year. See full list of membership fees in the clubhouse. Green fees €5. New members welcome.



Pitch & Putt Open Winner
Ed Hogan



Pitch & Putt Open Winner Cecilia O Mahony receiving her prize from Mairead Manning



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Community games 2019



Representing Cork and Glanmire in
Art and Handwriting on
May 25/26 at UL
Aisling Lynch(A) andrea Xavier(H)
Ciara O'Callaghan(H)



Glanmire Swimmers going to UL on
25 May to compete in the National
Community Games Finals

Shauna Murphy, Kevin Murphy,
Evie O'Connell, Lucy Hurley, Orna
Higgins, Isabel Kodney



ERIN'S OWN LADIES CLUB



U14 Ladies Football Team

U14 Ladies Football

Well done to our U14 Ladies Football Team who played in a Feile Blitz in Cobh on Easter Monday. We won our matches against Carrigtwohill and St. Nicks. We were unlucky in the final and were defeated by a strong Cobh team. The girls had a fantastic day with lots of matches, penalty shoot outs, tug of wars and an All-Star team selection where three of our girls got medals. Well done to all of our players who put on a great display of football and a big thank you to Cobh Ladies Football Club for organized such a great day.

U14 Camogie

Our U14 Feile Camogie



All-Star Medal Winners, Aoibhinn O'Neill, Hollie Healy and Eimear Norton

Team toggled out for a blitz in Aghada on the 28th of April last. Teams competing on the day were Fr. O'Neills, Clonakilty, Aghada and Erins Own. There were great camogie skills on show throughout the blitz from all teams involved. Our girls had a very enjoyable day in the fantastic Aghada GAA grounds and the sun shined for the afternoon. We would also like to sincerely thank Aghada GAA Club for organizing this Blitz, all teams really enjoyed the day out.

U13 Imokilly Team

Well done to Eimear Norton and Aoibhinn O'Neill who after three trials got the call up to the U13 Imokilly Camogie Squad. We wish Eimear and Aoibhinn the very best going forward with the Imokilly Team, super achievement girls, we are looking forward to seeing both girls representing us playing for Imokilly.

Feile 2019

Both our Ladies and Juvenile Clubs are very busy at the moment

preparing for the upcoming John West Feile na nGael Camogie and Hurling Festival involving teams from all over the country. The tournaments will be held in Cork and Kerry on the weekend of 7th-9th of June.

We as a club are very fortunate to have been selected as a host club and we look forward to welcoming our visiting teams to Caherlaq. We



Eimear Norton and Aoibhinn O'Neill



U14 Feile Camogie Team

would like to take this opportunity to wish both our camogie and hurling teams the very best of luck in this competition. We would also like to sincerely thank the very generous Fiona Twomey of Fiona Twomey Solicitors for sponsoring the Camogie jerseys for this event.



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 New members always welcome.



Feile 2019



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White's Cross GAA News

whitescrossgaa.ie

Michael Murphy (IPEC) presents a sponsored jersey to Junior A football captain Sean O'Gorman

IPEC Inspection

Engineers- Club Sponsor

IPEC inspection Engineers Ltd is an Irish Non destructive testing / Inspection company founded in 1973. The company offers a fully mobile site service in NDT/ Inspection and quality assurance. For 18 years now White's Cross is proud to have IPEC on board as our main club sponsor. In that time, the club has visited

sored training tops and jackets to mark the clubs involvement in the Munster Junior B hurling championship in 2018. The kindness shown by IPEC is perhaps not surprising given that the company's owner is Michael Murphy. Michael played with distinction for many years with the club and was pivotal player on the team when the junior hurling team that he played



Paul O'Sullivan about to shoot and score the crucial goal in the Junior A footballers championship victory over St Vincents recently

upon IPEC many times and we have always been accommodated handsomely. It is probably fair to say that there are few commercial benefits for a company such as IPEC to be involved with White's Cross therefore we are, without the doubt, the main beneficiaries in this relationship. To illustrate this, as recently as 6 months ago, IPEC generously spon-

on reached the county final of 1991 and were promoted to Junior A the following year – something that was replicated this year by the current team. Apart from kindly sponsoring the team, Michael has another link to the current junior A football team in that his son James is a key player in the White's Cross full-forward line. The club would like to sincere-

ly thank Michael and his team for their sponsorship and we look forward to the continued relationship. As mentioned above, White's Cross first wore the IPEC logo on the junior A football jerseys back in 2001. In that year the club went to win the City Division Junior A football league after a seven year wait for a trophy. Hopefully, this year, as the relationship goes from strength to strength, we can go and end a nine-year wait for a Junior A championship trophy.

We believe the Junior selectors want to sign up the whole bunch such was the array of skills on display! Everyone got something out of it that they can use in their playing and coaching roles. The club is now proud to say that we have over 30 coaches who have achieved the foundation certificate level. Mile Buiochas to Cian O'Brien of Rebel Og who ran an excellent course and really impressed on us the importance of enthusiasm, fairness and fun when it comes to coaching young



The White's Cross under 7 and 8 teams that have been involved in a number of blitzes recently

Coaching Course

We hosted a Foundation Coaching Course at the club recently. We had over 20 participants taking part over the two days. This number included some from neighbouring clubs. Sure we're delighted to keep the games alive in those places too! We had a great mix of teenagers, young adults and even younger adults!

players. A big thank you also to Finbar Pyne who arranged the coursing course on our side So well done again to all the coaches in our great club. The work you do is invaluable and really makes a difference to the children, teenagers and adults in our community.



Participants at the recently held White's Cross GAA Foundation Coaching course



GLANMIRE MONTHLY MACRA NEWS



Tomás Cuffe, Kate Bulger and Declan O'Hara before the National Final in Rossmore

Glanmire aim for National Drama Final Success

It was to be the final curtain call for Glanmire's drama cast who had successfully made their way to the National Final. Tomás Cuffe, Kate Bulger and Declan O'Hara yet again took stage in Rossmore Theatre with their production of 'Wittgenstein in the West' by Stephen Toomey.

Up for grabs was the National title but the trio had to overcome the respective Macras from Killarney, Clonikilly, Athboy, Freemount and Carrigaline.

Glanmire's play centralises around the philosophy professor Ludwig Wittgenstein played by Declan O'Hara. The philosopher has devoted his life to the constructs of the English language. He is fascinated by the use of language and why certain phrases are used. In order to finish his lifelong work, Wittgenstein finds himself in Connemara in the West of Ireland.

The Professor's hope is that the roaring Atlantic and the sea birds will offer him inspiration to finish his life's work. Wittgenstein attempts to ease his troubled mind in his new surroundings. Alas the professor's mind becomes further muddled by his new found relationship with native of the land Din-Jo (Tomás Cuffe) and his wife Peig-Cait (Kate Bulger).

In his dealings with Din-Jo, who himself is a lover of "roundy" words, Wittgenstein becomes fanaticised by the Irish mannerism and further heightens his obsession with the English language. Equally intrigued and perturbed by the Irishman, the Professor spends more time with Din-Jo and learns his mannerism and the lay of the land.

The performance by the Glanmire trio is laced with drama, foreboding but is well balanced by subtle humour and dry wit. The performance would lead you to believe that there is genuine affection relationship amongst the trio. Glanmire's performance was by far their best in the competition to date. Ultimately the standard was very high.

As a result, Glanmire sadly missed out on finishing in the Top 3 with Athboy of Meath taking the title. Well done to Glanmire's cast and backstage crew on an excellent showing. A special mention to Patrick O'Callaghan who produced the show, the cast and members of Glanmire appreciate his time and effort and thank him for his fantastic contribution.

Glanmire's Gillian Kenneally seeks NTC Title

The National Talent Competition or NTC has 8 categories and as a result is one of Macra's most diverse competitions. Taking in musical talent, dancing, comedy and Mastermind – it is a competition for everyone!

The Mastermind category being one of the most interest to Glanmire, where Gillian Kenneally back in late February won the Seandún round of the Macra version of the popular game show. Specialising in Irish Geography, the Glounthaune native powered past the oppositions securing her place in the Cork County NTC round.



Gillian Kenneally - Mastermind Finalist Pictured here after Cork County Success

Yet again, her geography and general knowledge surpassed the opposition both in the Cork Round and the subsequent NTC semi-final. As a result of her success, she contested the NTC Mastermind Final. Taking place over the May Bank Holiday weekend in the beautiful Mullingar against some of the best minds that Macra have to offer.

Having been part of Glanmire's first ever NTC success in the Novelty Act with a comedy parody of Ed Sheeran's "Thinking Out Loud", Gillian was keen to repeat the success in the Mastermind category. Alas despite giving an excellent showing, Gillian was unable to take the Mastermind title.

Well done to Gillian who represented Glanmire and the Seandún region. Also Glanmire Macra would like to extend their congratulations to fellow Seandún members, Joseph O'Gorman (UCC) and Aine Sheahan

(Whitechurch) who also represented the region in the Solo Instrumental and Solo Singing categories respectively.

Glanmire Macra would like congratulate Aine who won the Solo Singing category. Well done again to all involved.

Glanmire Members Partake in Darkness Into Light Event



Marie Hayes, Kevin Smiddy, Aisling Walsh, Muirenn Kennedy, Alison O'Connell and Sean Ahern enjoy DIL run in Glanmire

Now in its 11th year, the Darkness Into Light Event took place over the weekend. Darkness Into Light is the primary fundraiser for Pieta House. Pieta House is Ireland's first community based centre for the intervention and prevention of self-harm and suicide.

It is a non-profit organisation founded by Joan Freeman who provide a professional one-to-one therapeutic service for people who are experiencing suicidal ideation, people who have attempted suicide and people who are engaging in self-harm completely free of charge.

The organisation which is 90% funded from donations, so naturally needs to fundraise to continue his excellent work. It's primary fundraiser is Darkness Into Light event where walkers/runners take off in the early morning, and over the event break daylight. The event draws serves as an inspiration and a reminder that there is light at the end of the darkness. A fitting message and one of hope for those struggling with suicidal thought.

One of the pillars of Macra na Feirme is Community Involvement and our members yet again engaged in this pillar by partaking in the Pieta House Fundraiser. As an organisation aimed at 17-35, an age group that can be prone to suicidal thought and self-harm, it is important to support the work of Pieta House.

Well done to Glanmire members, Muireann Kennedy, Sean Ahern, Aisling Walsh, Kevin Smiddy, Marie Hayes and Alison O'Connell who partook in the event in Glanmire.

For anyone who wishes to contact Pieta House Services, there is a 24/7 Freephone helpline that can be accessed by calling 1800 247 247. This helpline is staffed at all times by qualified therapists. There is also a text line that can be accessed by texting the word HELP to 51444 (standard text rates apply).

Glanmire Bake Sale a Fantastic Success

As we move towards our close season, it was time for one of Glanmire Macra's stable event – our annual bake sale. The bake sale serves two key purposes, firstly it serves as a fundraiser heading into the summer that we use to reinvest into the club for the forthcoming year.

Secondly the fundraiser is a great meet and greet opportunity for us to mingle with the local community. As an organisation, we are very fortunate to have such strong support from the community as a whole. Macra na Feirme is a social organisation that is all about bringing people together. It prides itself as a community based organisation and therefore it is unsurprising that one of the organisations pillar is community involvement.



Glanmire Members Ready for Annual Bake Sale

As chairperson, Seamus Reid says "Macra and the community always go hand in hand. We are always delighted to engage with our locality and I'd like to thank them for their continued support."

With the sun shining over the weekend, the large congregation made the short commute from St Michael's Church to the Upper Glanmire Hall (who kindly allowed us use the facility for the day), to buy some freshly made treats and have a cup of tea.

One of the best aspects of the bake sale is providing a space for the community to sit down and enjoy each other's company before parting ways for the day ahead. Thankfully the support for the bake sale was excellent meaning that there was barely a crumb left at the end resulting in over €200 raised for the club. Thanks to all who baked food and helped out on the day. A massive thanks to the community for their continued support.

Glanmire Macra is facing a few weeks off but we'll be arranging events over the summer so contact our Facebook page for details. Keep an eye out on the summer bowling league which is a great way to dip your toes into the organisation.



Notice Board

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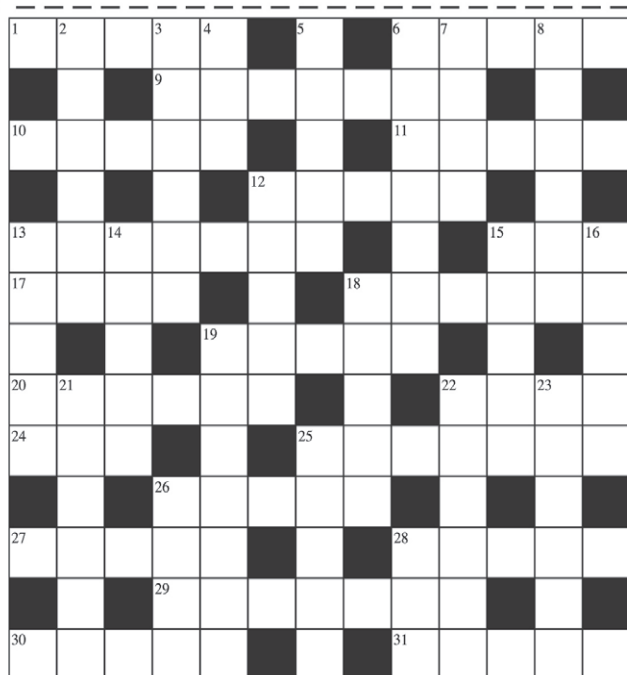


Across

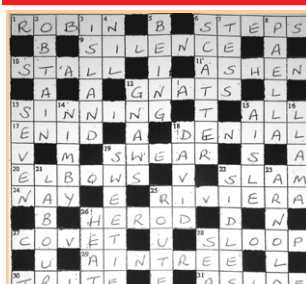
1. Elon Musk's cars (5)
6. Vigilant, wide awake (3)
9. Make use of (7)
10. Outbreak, flood (5)
11. Trousers (5)
12. Trimmed (5)
13. Smile contemptuously (7)
15. Honey provider (3)
17. German river (4)
18. Thread (6)
19. Characteristic spirit (5)
20. Pulverises (6)
22. Monster, troll (4)
24. Song 'A boy named ---' (3)
25. Hippy, outsider (7)
26. Type of cabbage (5)
27. Guide in a certain direction (5)
28. Fired from a bow (5)
29. Resolute, unwavering (7)
30. Found in a church spire (5)
31. Belonging to you (5)

Down

2. Grow larger (6)
3. Martin ----- King (6)
4. Consumed (3)
5. Homer's magnum opus (5)
6. Outlooks, views (7)
7. Found in a pencil (4)
8. Putrid (6)
12. Hides, skins (5)
13. Airs, tunes (5)
14. Weird (5)
15. Popular numbers game (5)
16. White heron (5)
18. Regretful (5)
19. Air Force base in California (7)
21. Steal cattle (6)
22. City in Portugal (6)
23. Gossip, hearsay (6)
25. Nessun ----- (5)
26. Sea animal (4)
28. Some, whichever (3)



Crossword Winner: Pauline O'Callaghan, Sallybrook, Co. Cork



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SEND your entries marked CROSSWORD to "Aitinn" Sarsfields Court Glanmire, to arrive by 18th June. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.



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63 Earlwood Estate, The Lough €330,000
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Orchard View, Sweeneys Hill, Rathpeacon €490,000
BER: D1 BER No.112253240



11 Tara Court, Carrigtwohill €170,000
BER: Pending



5 Ard na Coille, Silversprings €275,000
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