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30th & 31st  
January 2020

Lyrics by  
Chad Beguelin

# the Wedding Singer

Book by  
Chad Beguelin  
and Tim Herlihy

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## Concert in aid of Cork Penny Dinners

A concert will take place on Friday, January 17 at 8 p.m. in St Mary and All Saints' Church of Ireland, Glanmire.

Taking part will be St Joseph's Choir, Glanmire;

Carrigtwohill Folk Choir;

Ellen O'Connell, Violinist and students of the Cork ETB School of Music.

Donations gratefully received for Cork Penny Dinners.

(Concert will be 90 minutes max.)

### St Patrick's College News January 2020

#### Donation to Simon Community

Transition Year Young Social Innovators group are working on project linking with Homeless Charities Penny Dinners and Simon. So far, they have had a warm clothes collection for Penny Dinners and have raised €850 for the Simon Community through a sleepover, collections and a Non-uniform Day. Picture shows teacher Ms Daly and YSI students handing a cheque for €850 to the Simon Community.

#### Christmas Market

Once again our 2nd years put on a fabulous Christmas market in the school selling everything from crisp sandwiches to hot chocolate to homemade Christmas stockings. TY mini-company students also had stalls at the event. Well done to Ava



Christmas Market Ciara & Faye

who correctly guessed the height of the chocolate Santa at 330mm. The event was co-ordinated by teacher Ms F. McCarthy and over €500 was raised for the Cork City Children's Hospital Trust.

#### TY Mini-Company

Three TY Mini-companies went to the Mini-Company trade fair in Blackpool Shopping Centre in early December selling their minidful colouring books, Christmas mugs and scrunchies. Thanks to teacher Ms Barry for organising.

#### Attendance Awards

Well done to Lucia, Samio, Arianna and Katelyn for winning our Attendance Month poster competition. They got to go to the cinema along with class 1A who won the overall attendance month competition. 12 other students also received awards for excellent attendance in term 1.



Attendance Award 2019



Christmas Market



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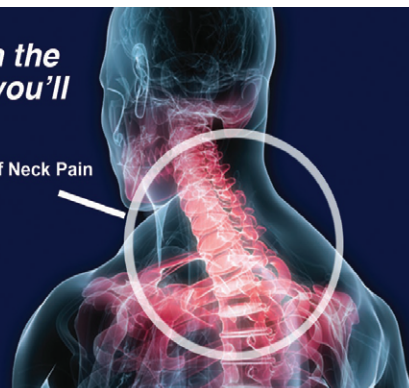




*If you're over the age of 30 and suffer from neck pain, tingling in the arms, or headaches, this could be the most eye-opening article you'll ever read.*

## Why Haven't People With Neck Pain Been Told These Facts?

Area of Neck Pain



It can affect your sleep, your marriage and your job. Nothing's worse than feeling great mentally, but physically feeling held back from life because your neck hurts and the pain just won't go away!

My name is Dr. Eric Kelly, owner of Glanmire Chiropractic. Over the past fourteen years since we opened our doors, we have seen thousands of people with neck pain, arm problems and headaches leave the office pain free.

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With our “Neck Pain Evaluation” Dr. Diana Petersen and I will be able find the problem and then correct it. Think of how great you will feel in just a few short weeks!!

See and feel your life change for the better. Start your body on the way to pain-free, normal living. Feel tight joints rest, relax, free up. Feel muscles tied in knots become more supple. Feel strength in your muscles increase.

As you begin to see motion returning to your joints, you're preventing and reducing chances of disability and a crippling future.

You're able to live life like a normal person again, without neck pain -- able to play with your kids, enjoy time with friends, and not have to worry that your pain will hit you at just the wrong time.

### “Will This Really Work For Me?”

Chiropractic has been around for over a hundred years, and has been used to help everyone from tiny babies to the elderly. Even top sports stars and entertainers... like Bradley Wiggins, Usain Bolt, Padraig Harrington, Tiger Woods and Madonna

These professional athletes have the money to hire any kind of doctors they want, and they choose to have a chiropractor on their team.

Patients with chronic neck pain show significant improvements after a course of spinal manipulation.

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-MS



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- An in-depth consultation about your neck problems where we will listen...really listen...to the details of your case.
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- Weakness in the arms / hands
- Neck Pain
- Headaches
- Tension in the shoulders
- Shoulder and arm pain

Call today and we can get started with your consultation & exam as soon as there's an opening in the schedule.

Our office is called Glanmire Chiropractic Clinic and you can find us at Eastcliffe House, Glanmire (next to AIB Bank) Tell the receptionist you'd like to come in for the Neck Pain Evaluation before January 14th.

Sincerely,  
Dr. Eric Kelly, D.C.

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## "NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"



A book entitled; "Times Past: Around Little Island and Glounthaune (New Glanmire)" was launched at the Radisson Hotel, Little Island on Wednesday November 27th. Paddy Twomey is the author and he published his first book "The Way We Were" back in May 2010 and both titles give a self-explanatory foretaste of the contents. It was of course a proud occasion for Paddy and his family and it was also a very nostalgic one as it was at this very same venue that he performed his never to be forgotten role of Pavarotti! The occasion was the Erins Own Strictly Lip Sync fund-raising event held in November 2017 and the standing emotional ovation which he received for his gusto rendering of "Nessun Dorma" is still spoken of in the parish and beyond, and as expected it went viral on YouTube! Paddy launched into song during his address at this function also but it was not from the Pavarotti repertoire but rather a Michael Devane remanence relating to Johnny Flynn's shop in Clash Road. This was sung many years ago by a few young locals at a concert held at the Ballyverry YMS Hall; "There is a man down in Clash by the name of John Flynn, if you go to his door he will welcome you in, he sells cigs and matches and eggs by the score but if you ask him for Eileen; he will show you the door. Toodle ooh, toodle ay with my toodle I oodle, I oodle, I ay". The Reception for the event was sponsored by Fitzpatrick's Shop and Kerri performed the book launch in splendid style. She said the family was so pleased to be involved as it was also their wish to recognise the significant milestone year for Glounthaune Village as it

celebrates its Bicentenary. Indeed the first chapter of the book is dedicated to the village and surrounding area and principally contains coverage of the nineteenth and early twentieth century period. Kerri also spoke of the special Glounthaune – Little Island links which her family treasures and she proudly referenced the fact that it was her grandfather William (Bill) Fitzpatrick who composed the cleverly written poem of the "Dry Bridge" which is reproduced on the very first page of Chapter 1. Kerri congratulated Paddy on the work he created and said that the parishioners will forevermore be indebted to him for presenting the historical account of the area in such a skillful and detailed fashion. Paddy received a warm welcome when he spoke at the well-supported event and he commenced by thanking the O'Neill family for their "Fitzpatrick's Shop" sponsored reception at the launch of the book which he said was excellently executed by Kerri. He also commiserated with the family on the recent ill-timed passing of their beloved Martin. He thanked all those who generously helped and said that without such it would not have been possible to publish the book. He said; "I am particularly indebted to the members of the Little Island Community Association and many more who were prepared to share with me their photographs, comments, stories and knowledge on the affairs of the locality". He expressed gratitude to Little Island Industrial Development Company; "the publication of the book would not be possible without their generous sponsorship". Paddy continued in his usual relaxed and informed style and he had special words of praise for the elderly men and women of the locality who were prepared to share memories and recollections of their young days. "Their important contributions, which are recorded in Chapter 1V, help us in the present to get some sense of what the past was like". He said that readers of the book may use their own imagination to contemplate what it must be like for the interviewees to live through a period where they went from going to school in bare feet, bringing turf or sticks to light the school fire, trying to master the internet and

mobile phones; and now to the present time where very few of their grandchildren even walk to school. He added; "I am very conscious that some people may not like looking back as most of them lived through difficult times. I have to say that all the people whose memories are recorded were cooperative, courteous and friendly towards me, and I hope I have done them justice". There were fourteen such contributors for Paddy's first book and these are reproduced in his latest publication, and there are now another fourteen which makes Chapter 1V of "Times Past" the gem it is. The input of those interviewed relating their experiences, reminiscences and memories are enormous and their names are now forever enshrined in parish history. Colman Dillon, Windsor Hill and of Erins Own Club fame, related vivid recollections of "Times Past" and like many others he gave a crystal clear account of schooldays back then. He said that he commenced school, barefoot in the Summer time, in Glounthaune Village when he was about four and a half years old and there was no short cut so he went down to the Forge Cross, then past Sheehan's Shop, where Nora Roche lives now, under the Dry Bridge and down to the village. Colman said that there were several characters in the school which resulted in many unusual incidents, such as the following; "One day Ned Hayes, who lived at Windsor Hill Cross, was asked a question by Mr. Dinan and for some reason he threw the inkwell at the teacher and ran but he was caught before he reached the door. He got a fair hiding from the teacher but there was no problem with corporal punishment in those days. The next morning Ned's mother was waiting out of sight around the corner of the school with a big ash plant and when Mr. Dinan came up to the door she attacked him with the plant. She belted him the whole way down the village until he reached the safety of his house. All the older boys watched the event from the school wall and could not resist cheering every blow she struck. Ned never came back to school again". As mentioned, most contributors include experiences of schooldays which regrettably are portrayed as best forgotten times. Paddy references this;

"School, far from being the happiest days of our live, was far from it for several of the men chatted to and just about tolerable for several of the ladies, and certainly it was no bed of roses. Hopefully the more recent school-going generations will be able to look back in time to their experiences with much happier memories". Coleman also related humorous recollections, including; "There was a man by the name of Daw Barry living in the village and in those days we all went to devotions in the church on Sunday evenings. However, Daw was inclined to tell yarns at the bottom of the church if there was any lull in the service. A favourite story related to the fact that he often tilled a piece of Craig's Field and grew carrots, parsnips and turnips. One of the lads asked him how were the carrots doing and Daw said; "they are doing marvelous and do you know that I got a letter from the Great Southern Railway Company asking me to cut back the carrot leaves because they were rubbing off the trains as they passed?"! Coleman's neighbours included the Lombard family and they were very fond of animals; "the crows would actually fly into the kitchen table where Babe Lombard would feed them with bits of bread on the table. In those days Thompsons would deliver the bread but the van only stopped at the Cross Roads and we waited on the ditch near a whitethorn tree until the van came along, and once it left we could see the crows heading into Babe's house for the crusts of bread". "Times Past" is an excellent publication and reading Chapter 1V is an experience in itself and clearly demonstrates the art of conversation and the benefit of recording it for posterity. So simple, and so beneficial. The book also depicts Paddy's determination, dedication, knowledge, attention to detail, patience and his love for the area. His wife Mary, his son Paul, his daughters Fiona and Clodagh, his grandchildren Óisín, Simon and Mark must be so proud. Where would you get four hundred and fifty seven pages of local history for Eur 20.00? At Glounthaune Post Office, at Fitzpatrick's Shop and at Little Island Post Office. Brostaí ag us ceannaigh é!

**SLÁN ANOIS ©**





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### A SILVER SPARKLER

The New Year dawns, and perhaps I ought to be writing about seeds and catalogues, but I would rather go back to summer and try to revive some of its warmest pleasures! We endure during January the windiest, wettest and gloomiest period of the year but all through this disagreeable span, one garden plant will persist in giving unexpected pleasure, and I would like to record my gratitude today. Planted since early May, *Senecio cineraria* 'Silverdust' continues today as gloriously silver-leaved as it did all through our late lamented summer and autumn. In fact, it is probably better, bearing in mind that most grey or silver plants look especially fine (and at their most luminous) when decked with heavy dews, mist, or soft rain. Moreover, they can contrast strikingly with neighbouring plants especially those that remain unsullied and free of tattiness over winter.

This undervalued 'summer bedding plant', which is an indispensable part of all planting schemes becomes available in early May and I recommend its use this year to all who would long for something silvery bright and cheerful come

the dark days of winter. For all that, not everyone fancies silver and many indeed have a blind spots for certain colours. Orange for instance, will quite often be anathema to them, regardless of the quality of the orange, the shape of the flower wearing it, or the setting in which it is seen. I like all colours of course especially if they are what I should call clean of their kind. The quality of cleanliness in this context is not easy to define but I think most readers will know what I am driving at.

Use 'Silverdust' as a neat edging plant or in clumps or lines to enrich the colour of salvias, petunias, begonias and pelargoniums (in summer) but be sure to keep it 'pinched' so that it becomes bushy and short-jointed for the approaching winter. This magnificent addition to the summer garden may boast foliage which looks like snowflakes, but it will produce small yellow flowers which must be discouraged by occasional pinching. 'Pinching' entails removing the shoot tips at the stage when they are still tiny. The plant makes a shrubby perennial which will survive most winters in this country but it is

usually treated as a half-hardy annual. An easy plant to manage it will withstand salt-laden air, thunderstorms and cats but may rot in cold, sodden ground. However, if you live in the general Glanmire area and you add copious amounts of grit or small gravel during planting, this happening will hardly arise.

All grey foliage plants tend to develop their best, that is, the palest, colouring on poor soils and some gardeners even assist them in this by growing them in pots. Try these next summer and delight in silver foliage though to winter.



Part of the front garden and driveway showing *Senecio cineraria* 'Silverdust' in among *Cordylines* 'Torbay Dazzler'. This illustration was taken during the closing days of December, but they will remain unblemished until removed and discarded during April.

### THE JANUARY GARDEN

**WINTER FLOWERS;** One bloom in January is worth ten in June but make no mistake about it, it is a constant battle. My love for winter flowers has its origin in my undue adherence to an unrealistic dream; I want the garden to go on month after month without interruption for I cannot bear to think of it as a place that is nurtured, tended and tenanted only in the easy months. I simply refuse to have it draped with Nature's dust sheets!

**HELLEBORES;** Established hellebores attract few pests but unfortunately diseases are no respecter of maturity and the hellebore leaf spot fungus will attack plants from time to time. Any systemic fungicide will prevent the spread of this debilitating condition. Removing any suspect leaves is a good idea so too the removal of the old leaves during early autumn. This removal will also allow you watch the developing blooms, many of which are already showing in bud.

**INCREASE;** Over time, herbaceous plants become crowded and tired.

When they reach this stage, they flower less and with much smaller blooms. This month (January and any occasion up to early March) would be an ideal time to lift those that need rejuvenation. Carefully dig the clump then chop around the crown with a spade so that only the healthier outer pieces are selected for replanting. Discard the old woody centres to the compost heap. If you have grasses (or plants with silvery foliage) leave until early spring.

**WOOD ASH;** Soft white plumes of smoke slowly rise into the damp and chilly air from a distant garden fire and once again I'm reminded that while bonfires are illegal their ash is valuable and always best when added to the compost heap. Left uncovered, its soluble nutrients are easily washed away and even when added directly to over-wet soil. Mix it with other ingredients whenever possible or add it as you turn the compost. Try to put some form of covering over the heap so that the contents do not become sodden in the wet months ahead. An old carpet would be ideal. Wetness

would not only reduce the heat generated and delay the rotting process, but wash the goodness of the wood ash away.

HERONS are moving back nearer to town and city because their food supply in the countryside is getting rather thin. During winter, all fish move into deeper water for warmth and protection. Their movements become more sluggish, and they settle in near rocks and river ledges for added safety. In garden pools, the water depth remains constant and hiding places are few and far between. As well as this, the natural cover and protection provided by water-lily leaves, floating plants, and oxygenators are now greatly reduced leaving the fish more exposed than ever. Because of this, it would be advisable to not alone cover the pool with netting or wire but provide some form of shelter in which the goldfish can hide. Short sections of plastic piping sunk on the pool bottom will give them a safe, quiet resting place for winter, and here they can be quite safe from the hawk-eye of a hungry heron.

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## GLANMIRE LADIES FOOTBALL CLUB

Our playing season is just around the corner, we look forward to our 2020 season, this year we will celebrate our 20th year of playing ladies football in Glanmire. Our pictures show the teams that played in 2019.

New players always welcome, contact club development officer Mark on (086) 868 5489 for club info and times of training for you or your daughter. Also check out our Facebook/Twitter page: Glanmire Ladiesfootball



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## Jerome J Collins agus Tragóid an Jeannette- Cuid 1 Micheál Ó Súilleabháin

Saolaíodh Jerome J. Collins ar Sheanbhóthar na Carraige Duibhe i gCorcaigh ar an 17 Deireadh Fómhair 1841. Cháiligh sé mar innealltóir sibhialta agus rinne sé maoirseacht ar thógáil Dhroichead an Gheata Thuaidh, a tógadh le hiarrann teilgte. Osclaíodh an droichead seo in 1864. Ina dhiaidh sin, bhog Collins go Sasana agus bhí sé gníomhach i ngluaiseacht na bhFiníní ann. Bhí post aige le comhlacht tógála mar innealltóir agus bhí an comhlacht ag déanamh obair dheisiúcháin ar Phríosún Pentonville in 1866.



Jerome J Collins

Chuir Collins eolas ar leagan amach an phríosúin agus ar na cealla ina raibh na príosúnaigh Fhínineacha a bhí istigh ann. Ach fuarthas amach faoin chomhcheilg sula raibh an deis ar fáil é a chur i bhfeidhm. Dá dheasca, theith Collins go Meiriceá. Lean Collins ag obair ar son saoirse na hÉireann i Nua Eabhrac. Ar an 20 Meitheamh 1867, tháinig sé féin agus náisiúnaithe Éireannacha eile le chéile ag teach cónaithe ar an Lower East Side de Nua Eabhrac. De réir John Devoy, an poblachtach cáiliúil, ina dhiaidh sin: "ba é príomh-phearsa an chruinnithe agus an té a spreag an ghluaiseacht ná Jerome J Collins. Eagraíocht réabhlóideach a raibh sé mar aidhm aige an lámh láidir a úsáid chun saoirse na hÉireann a bhaint amach ba ea Clan na nGael. Eagraíocht rúnda, ar nós na bhFiníní in Éirinn, ba ea é. Scaip an eagraíocht gan mhoill ar fud na Stát Aontaithe agus bhí thart ar 10,000 ball ann faoi dheireadh.



Droichead an Gheata Thuaidh a hosclaíodh in 1864

Go luath i ndiaidh dó Nua Eabhrac a shroichint, fuair Collins post leis an Herald, nuachtán a raibh Gordon Bennett ina úinéir air. De bhunadh na hÉireann ba ea Bennett. Chonaic Bennett go mbeadh buntáistí ann don nuachtán dá ndéanfadh sé urraíocht ar aistír thaiscéalaíochta. In 1869. Chuir sé Henry Morton Stanley go

dtí an Afraic ar thóir Dr. Livingstone, misinéir agus taiscéalaí, a bhí ag lorg foinse abhainn na Níle. Tháinig sé air in 1871 agus dúirt sé na focail cháiliúla: "Dr Livingstone, I presume." Bhí tionchar ag Bennett ar pholaiteoirí agus d'éirigh leis tacaíocht a fháil ó Rialtas Mheiriceá agus ó Chabhlach Mheiriceá chun aistear taiscéalaíochta go dtí an Mol Thuaidh a chur ar siúl. Chuir Bennett an long ar fáil le haghaidh an aistír. Cheannaigh sé an HMS Pandora agus d'athainmnigh sé í mar USS Jeannette. Rinneadh athchóiriú ar an long. Roghnaigh Bennett Jerome J. Collins mar ionadaí an Herald ar an aistear. Cuirteadh dhá chúram ar Collins. Bhí sé ina mheitéareolaí ar an aistear. Bhí Jerome ina cheannródaí ar chúrsaí meitéareolaíochta le nuachtán an Herald. Bheadh air cuntas eolaíoch a choimeád ar an aimsir agus bhí mórán trialacha eolaíochta beartaithe aige. Ba é an dara cúram ná cuntas a choimeád ar an aistear agus grianghraif a ghlacadh don Herald.

Photo # NH 52000 Steamer Jeannette sinking after being crushed by Arctic ice, June 1881



An Jeannette ag dul go tóin poill

Thosaigh aistear an Jeannette ar an 8 Iúil, 1879 ag San Francisco. Ba é an Leifteanant George W. de Long an captaen. Ba é príomh-aidhm an aistír ná an Mol Thuaidh a shroichint agus go leor eolais de chineálacha éagsúla a bhailiú. Chomh maith leis sin, iarradh ar an gCaptaen ártach Rúiseach, an Vega, a bhí ar iarraidh, a chuardach. Bhí sé tábhachtach a bheith ag faire ar an am mar bhí a fhios ag de Long go mbeadh na slaodanna oighir ann gan mhoill. Ach bhí an misean faoi stiúir an Chabhlach agus ní raibh an dara rogha ag de Long ach ordúithe a leanúint. Tháinig an Vega ar ais i dtír go sábháilte ina dhiaidh sin ach chuir an Jeannette seacht seachtainí amú á chuardach. Bhí deireadh Lúnasa tagtha sula raibh an Jeannette in ann gluaiseacht ó thuaidh. Shroicheadar an tAigéan Artach ag tús Mheán Fómhair. Ar an 6 Meán Fómhair, greamaíodh an Jeannette san oighear. Bhíodar saite ann.

Mheas de Long go bhféadfadh an long briseadh tríd an oighear nuair a bhrisfí an slaod oighir faoi dheireadh. Fairíor, d'imigh roinnt míonna agus níor éirigh leo bogadh ón áit ina rabhadar saite. Ansin bhris aighneas amach idir de Long agus Collins. Bhí sé beartaithe go ndéanfadh Collins trialacha eolaíochta ar an aistear. Bhí sé i gceist aige cuntas grianghrafadóireachta a choimeád faoin aistear. Ach ansin fuair sé amach nach raibh an trealamh ceart ar fáil sa seomra dorchá chun na pictiúir a réaladh. Chuir de Long i leith Collins nach raibh an t-ullmhúchán ceart déanta aige. Toisc go rabhadar sa Chiorcal Artach, bhí dorchadas ann an chuid is mó den lá. Bhí gineadóir leictreach faighte ar iasacht ag Collins ó Thomas Edison, ach níor éirigh leis solas a ghiniúint leis. Chuir an dara heachtra seo in iúl do de Long nach raibh fios a ghnó ag Collins. Chuaigh an caidreamh eatarthu in olcas. Thosaigh de Long ag tabhairt cúraimí Collins do bhaill foirne eile. Rinne Collins gearán faoin mbealach

in ar caitheadh leis.

Tar éis sé mhí, bhris an leac oighir suas agus bhí dóchas ann go bhféadfáidís gluaiseacht ar aghaidh. Ach níor mhair an dóchas, mar ar an 12 Meitheamh 1880, chuir an t-oighear stop leo arís agus briseadh an long. D'éirigh leis an bhfoireann trí bhád tarrthála agus roinnt mhaith soláthairtí a shábháil sular imigh an Jeannette go tóin poill. Dhiúltaigh de Long cead a thabhairt do Collins na plátaí grianghrafadóireachta agus a iris a thabhairt leis.

Faoi dheireadh, shroicheadar uisce gan leac oighir agus thugadar aghaidh ar Dheilt Abhainn an Lena sa tSibéir. Ach d'éirigh stoirm agus scaradh bád amháin le dáréag ar bord ón dá bhád eile. Ní fhacthas tasc ná tuairisc ar an dáréag ina dhiaidh sin. Tháinig an dá bhád eile i dtír ag pointí éagsúla ar an Deilt. Tháinig dúchasaigh i gcabhair ar ghrúpa amháin agus thugadar bia agus dídean dóibh. Tháinig an tríú bád, a raibh Collins agus de Long ann i dtír in áit iargúlta. Rinneadar iarracht a slí a dhéanamh trasna an cheantair ghairbh chun cabhair a fháil. D'éirigh siad as an iarracht de dheasca tuirse agus ocras. Fuair beirt fhear, a chuir de Long ar aghaidh rompu cabhair. Ach bhí sé ró-dhéanach. Bhí de Long agus Collins agus an chuid eile marbh faoin am ar tháinig an bhuíon chuardaigh orthu.



Mapa de Chúrsa an Jeannette

[Beidh cuid 2 de scéal Jerome Collins sa chéad eagrán eile]

Foinsí: 'The Irish Echo'; 'The Cork Examiner' 8/10 Márta 1884

### Gluais:

**maoirseacht = supervision**

**iarann teilgte = cast iron**

**obair dheisiúcháin = repairs**

**de bhunadh na hÉireann = of Irish descent**

**aistear taiscéalaíochta = voyage of exploration**

**meitéareolaí = meteorologist**

**slaod oighir = solid ice**

**pictiúir a réaladh = to develop pictures**

**trí bhád tarrthála = three lifeboats**





## Sophie and Santa light up Glanmire!

On December 6th, Santa came to town to light the Glanmire Christmas tree. What a fantastic reception he received, with special guest Sophie from The Late Late Show.



## New Crib at Glanmire Grotto

The Glanmire Chamber in Partnership with Glanmire Men's Shed were delighted to unveil our new crib at Glanmire Grotto this Christmas. The Glanmire men's shed are pictured here assembling crib.





**Iris Wilkins McCarthy brings her pick of photographs from around Mayfield.**  
If you would like your photos featured on Mayfield Eye please send to [iriswilkinsmccarthy@gmail.com](mailto:iriswilkinsmccarthy@gmail.com)

Presentation of hygiene packs by TY students to be distributed to homeless people sleeping rough in Cork. Packs were given to Claire Mitchell who works with the "Reaching Out" homeless outreach charity.



**Christmas Jumper Day with all proceeds going to Cork Simon Community**



**Mayfield Community School**  
Football legend Roy Keane stopped into his old school Mayfield Community School to offer some season's greetings to the hardworking students.



**Mary McCarthy School of Irish Dancing**  
Great performance from this talented bunch who danced in Laurence Centre in aid of the Alzheimer's Society.



**Mayfield GAA Puc Fada**



**Simon Collection 2019**



**Mini-Company 2019**

**St Patricks College**



**Donation to Simon Community**

**Mayfield/St Lukes Tidy Towns**







### Our Lady Crowned Church

Mayfield GAA Club Secretary Eoin O'Mahony and U12 Juvenile Player Conor O'Mahony present a Mayfield GAA Club jersey to our new Bishop of Cork and Ross, Fintan Gavin at the induction of the newly appointed Parish priest Fr.Robert Brophy



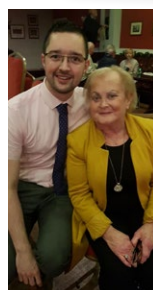
Joan Griffin & her daughter at Christmas Day Mass



Lorraine Seward Cahalane, Pat & Marion Fenton at Our Lady Crowned Credit Day Mass

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### Our Lady Crowned Credit Union AGM 2019



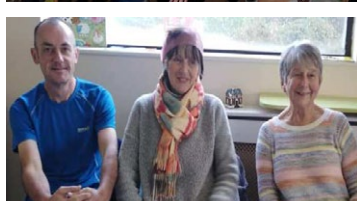
### Cotton Ball (George Michael Tribute Night)



### Coffee Morning in aid of St. Vincent De Paul Mayfield/ Glanmire held in the Elm Tree



### Newbury House Mayfield Arts and Baile Beag will be open again on January 6th 2020







## Dr. John Sheehan

MB, BCH, BAO, DCH, DME, MRCGP, MD

## CROUP & INFLUENZA

### CROUP & INFLUENZA:

Two common illnesses in winter. . . Croup: This is a common viral infection, involving the voice box and windpipe. Young children are most commonly affected, especially those aged from 6 months to 3-4y old. Croup is much less common after 6y age.

Symptoms of croup: This often starts with a mild runny nose, sore throat, high temperature aches and pains, and reduced appetite.

The harsh barking cough of croup is due to swelling of the airway. The child may have noisy breathing and a barking cough. The cough is usually worse overnight, especially in the early hours of the morning. The child often improves by breakfast time, is well during the day, only for the whole process to get worse the following night. The symptoms often get worse for the first 2-4 nights, and then starts to improve.

When to see your doctor with croup? Croup is common, and the majority of children manage well at home. A small number of children are admitted to hospital. Trust your parental intuition: if you are worried about your child, bring them to see a doctor. If your child is breathing too fast, cannot sleep with croup, drooling, looks unwell or is restless, agitated or confused. This may require visiting your Southdoc/A&E in the middle of the

night.

Treating croup: Do's and Don'ts. . . Do: There are lots you can do at home. Try to maintain a calm, reassuring approach. Sit your child upright on your lap if this helps. Treating any high temperature with paracetamol or ibuprofen may help settle your child. Your GP may suggest using a steroid medicine to help reduce the airway swelling in croup. This helps your child to breathe more easily, but the duration of croup remains the same.

Don't: 'Cough bottles' don't work for croup and many are not licenced for young children. Croup is caused by a virus making the airway swell: antibiotics don't work in croup. "Steaming" in the shower does not work!

The HSE website "Under the weather.ie" has an excellent article about croup

<https://www2.hse.ie/conditions/child-health/croup-babies-and-children-.html>

Influenza and 'flu-like' illnesses: We are now in the middle of a flu season, which lasts from October to April.

There are many virus which cause a 'flu-like' illness.

Symptoms of flu: The symptoms usually come on quickly, and are worse in first few days. The common symptoms in adults and older children are familiar: cough, cough and more coughing, fever,

sweats, hot & cold, aches and pains, headache. Influenza is a nasty illness, and you'll probably spend a few miserable days in bed. Young children and babies can get the flu, and stop feeding, drinking and be 'thrown down' and lethargic. Most people are much better within a week.

The flu virus: The flu is passed from person to person by coughing, sneezing or by touching a surface (door handle etc) where the flu virus has lodged. Flu spreads rapidly, especially within a house or residential facility-nursing home.

Serious illness masquerading as influenza: Some really nasty illness can mimic influenza, especially in the early stages. Meningitis, pneumonia or sepsis can all mimic influenza. Follow your intuition-if the person seems really sick and getting sicker, don't delay. See a doctor urgently. Sinister features include confusion, rash that doesn't fade with the 'tumbler test', repeated vomiting or stiff neck. A person who has become confused is always a cause of concern and needs urgent assessment.

Treatment of flu: Do's and Don'ts. . . Do: Stay at home to avoid spreading the flu! Paracetamol or ibuprofen are great to help any fever, and ease headaches, aching muscles and joints. Drink lots of fluids, water, tea, coffee, minerals- whatever you like.

Most healthy adults don't need to visit the GP. For people at risk of influenza complications your GP may prescribe an anti-viral medicine (this is not an antibiotic), especially in people at high risk of influenza complications. Antiviral medicines work best if given in the first 1-2 days.

Don't: Don't go to work-nobody will thank you for giving them the flu! Influenza is caused by a virus, so antibiotics don't work. Cough bottles are generally not helpful in suppressing the cough in influenza.

Serious complications of influenza: Serious complications are uncommon, and most healthy adults and children recover fully.

"People at risk of severe influenza" People at risk of flu complications include pregnant women, people aged 65y and older, nursing home residents and obese people. People with long term heart, lung, kidney disease or cancer are an 'at risk' group. People taking certain medicines which suppress the immune system are at increased risk. If you, or someone you love, is in these high risk groups, encourage them to have the flu vaccine. It's never too late to get the flu vaccine.

More information: The HSE have an excellent website 'under the weather.ie'. This has a wealth of information about the flu. <https://www2.hse.ie/conditions/flu/flu-symptoms-and-diagnosis.html>

### Upper Glanmire ICA Update on Guild activities

- Our December coffee morning was to Griffins Garden Centre.
- At our December Guild meeting we held our annual Kris Kindle and a game of Charades.
- On the 6th January, we will be going to the Barn restaurant for the 3rd year.
- Our AGM this year, will be held in February.

### January Recipe: Coffee queen cakes

**Ingredients**  
3 oz soft stork margarine  
3 oz caster sugar  
2 eggs  
4oz self raising flour  
1- 2 teaspoons of camp coffee

### Method

- Beat the sugar and marg until light and fluffy.
- Add in the eggs flour and Camp coffee, mix very



Gifts for our Kris Kindle



Maura Bullman and Mary Manning at out December meeting and party



Margaret Murphy, Kitty O'Flynn and Deirdre Moore at our December Guild meeting and party

well together.

- Bake at 180° Cent for about 10 min until risen and lightly brown.
- Allow to cool

### Icing

Mix icing sugar with just enough water and camp coffee syrup to make a consistency that holds, but not runny. Decorate with choc bits of your choice.



Coffee queen cakes





## OLD CHRISTIANS RUGBY CLUB

Old Christians is the only rugby club on the northside of Cork City we have a very proud tradition of rugby. We have players from Watergrasshill to Mayfield from Ballyvolane to Glanmire and anywhere in between. We are currently actively looking for boys and girls aged 14, 15 to make up our U16's squad and our girls team so they can participate in competitions in the new year.



*Some of our Rhinos being put through their paces by their coach.*

You don't have to have played rugby before to join up, you will be shown what to do and have fun doing it. Rugby is a great team sport and there is a position for everyone. All you need is a pair of boots, a gum shield and a can do attitude. You will make loads of new friends, learn some new skills and learn the rules of rugby.

We have a large age range playing we have U7's all the way up to our senior teams J1 and J2's. Our J1's are currently top of their table hopefully the success continues in the new year.



*The J1's and the J1 coaches helped give the U11's a fun christmas training session before the holiday break.*



*U11's with their coaches they were all delighted with the session.*

The boys and girls don't just train every week we also do a lot of travelling around munster playing other teams. We have over 150 Rhinos in total so every week when they have a game half of them travel and half stay at home to play. They all love going to see new places and face new opponents.



*Some of our Rhinos in Bandon after a morning of Rugby.*

Some of the Rugby greats got their start in Old Christians, if you were watching any of the rugby world cup from Japan you would have heard Donal Lenihan commentating he along with James Coughlan and David Corkery all had their start in Old Christians.



*Our U18's playing a league match.*

Our U20's amalgamated with Dolphin it's great to see so many still playing. Hopefully in the coming years these will all go on to continue to play with our junior teams.



*U20's squad.*

And finally our Committee and Coaches who were either brave or stupid, still can't decide had their own run out on St. Stephens day. Watch out they will be at it again during the summer fun day.



*St. Stephens day 2019.*

In Old Christians we have lots of facilities that are always improving our hall is available to hire for birthday parties or other events. Our Astro turf pitch is always in high demand.

for any more informations about our facilities or to join up go to [www.oldchristiansrfc.ie](http://www.oldchristiansrfc.ie).

The Old Christians committee would like to wish each and everyone a peaceful and prosperous 2020.

Hilary Clarke  
P.R.O.



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## ERIN'S OWN LADIES CLUB

### Gaelic for Mothers & Others



Our Gaelic for Mothers & Others finished off a fantastic fun filled year with a night out in the Rising Tide on the 23rd of November. The ladies met at 7pm for a prosecco reception followed by a five course meal with music on the night by Men in Black. A fabulous night was had by all. Special thanks to Deirdre and Kieran in The Rising Tide for hosting the event



### Ryans Supervalu U12 Jerseys

Massive thank you to Liam Ryan of Ryans Supervalu Glanmire for sponsoring a set of Jerseys to our U12 girls. Ryans have always been extremely generous to us in Erins Own and their support is greatly appreciated



Marguerite, Paudie, Saoirse and Emma-Jane pictured with Liam Ryan

### Church Gate Collection and Christmas Draw

Thank you to everyone who helped out with our annual church gate collection recently and thank you to all those who contributed, it was much appreciated. Thank you also to everyone who supported our Christmas Draw held on the 20th of December in The Rising Tide



U10 player Zoe Carr collecting outside Knockraha Church

### Eimear, Aimee and Aoibhínn

Huge congratulations to Eimear Norton, Aimee Corcoran and Aoibhínn O'Neill on being selected onto Cork Inter County panels for 2020. Eimear has been selected onto the Cork U14 Camogie panel, Aimee has been selected onto the Cork U16 Football panel and Aoibhínn has been selected onto both the Cork U14 Camogie and Cork U14 Football panels. Well done to our girls, we are delighted to have representation on Cork Panels again this year. We look forward to seeing the girls in Cork Jerseys.



Eimear, Aimee and Aoibhínn



#20X20 #ShowYourStripes  
#Can'tSeeCan'tBe

New members always welcome.



### ERIN'S OWN LADIES CLUB PAGE SPONSORED BY:

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## GLANMIRE LADIES BASKETBALL CLUB

**2019 That's a Wrap:** We would like to wish all our members, friends and supporters a very happy Christmas and best wishes for the new year. We would also like to thank the local businesses and people of Glanmire for supporting our club throughout the year, without your help we would not be able to fulfil our mission to promote the sport of basketball in our community. The past year has been successful for the club. We have seen our membership numbers grow, particularly our juvenile section, it's great to see so many young girls getting involved in playing basketball. We are also delighted to see many adult players taking up the sport or returning to the game after some years out of the game. As we look ahead to 2020, we are optimistic about our future and the teams we have coming through from underage levels. We will continue to focus on development and participation of our junior ballers as they are the future of our club.



Above Various members of the GLBC Juvenile teams attending this year's Christmas party in Airtastic.



Left: GLBC U18 Team with coaches Joe O'Sullivan & Evelyn Furlong who recently competed in the U18 National Cup Shield in Gormanston.



Above: Ambassador UCC Glanmire Coach Mark Scannell & player Shrita Parker with The Examiner's John Coughlan.

**Super League:** Congratulations to GLBC head coach, Mark Scannell and player Shrita Parker who were awarded Super League Coach and Player of the month respectively for November. They were presented with their awards in Upper Glanmire sports complex, following an

impressive win over Galway side Maree in the final home game of 2019. The team will continue to train over the holidays in preparation for their National Cup Semi Final fixture with Killester on Jan 11<sup>th</sup>. All Semi-finals will be held in Neptune Stadium and promise to be an exhibition of the finest basketballers in the country with the prize of a place at cup finals weekend at the end of January.

### Upcoming Super League – Home Fixtures

Date	Time	Away	Venue
11-Jan (Cup)	14:00	Killester	Neptune
19-Jan	14:30	Brunell Ladies BC	Mardyke
09-Feb	14:30	Liffey Celtics BC	Mardyke
16-Feb	14:30	Marble City Hawks	Mardyke
08-Mar	14:30	DCU Mercy	Mardyke

**Get Involved:** For further information about the club, training times, how to get involved either as a player or volunteer then go check out our website or follow us on social media.



[www.glanmirebasketball.com](http://www.glanmirebasketball.com)  
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# White's Cross GAA News

whitescrossgaa.ie

## St Colmcille's

Those of a certain vintage in the area may remember a time when our underage teams went under the above name. It is a fair while ago now (1982 to be exact) but that name will be coming back into existence for the 2020 season for our under 12 to under 18 teams. Following a number of meetings with the Carraig Na Bfhear GAA club throughout 2019, both clubs have decided to enter combined teams as was the case up to mid-1980s. Though we have had a successful year at underage level in 2019 (part of that success was shared with Brian Dillon's GAA under the name Raonaithe na Gael), it was felt by those involved in the process that a merger between both clubs would be of benefit to all stakeholders.

Neither club at present has the numbers to field individually at Under 16 and under 18 levels. By amalgamating we can provide a team for our players and keep them playing GAA. Combining forces should also provide an opportunity for our players to train and play at a higher standard. We will have greater numbers for training meaning better sessions and competition. We aim to play at a higher grade than we could do individually.

Crucially, we want all players to stay involved right through underage and on to adult level. We want everybody to enjoy playing Gaelic games and be the best they can be for themselves and for the club. We hope, by exposing players to a higher level of training and competition, they will develop into an improved standard of young-adult player, who can transition to the demands of adult Gaelic games.

St Colmcille's will hold an AGM in January 2020 (separate to White's Cross juvenile committee AGM) where officers will be elected. White's Cross (and no doubt Carraig Na

Bfhear) are proud of the calibre of coaches that we already have but would welcome any new interested and keen potential coast. Keep an eye on our Facebook, Twitter and Instagram pages in the new year for information on our general meetings and coaching meetings.

## Recent Bereavements

The club lost a number of old players and friends just before Christmas.

Denis 'Dinny' Noonan (Rathcooney): Dinny was involved with the club from the very beginning in 1957 when the club was formed. He was an active player for well over a decade winning an East Cork Junior hurling league and other local tournaments at the time. He played alongside his brother's Michael (Micky) and Tadgh on the those side. The White's Cross /Upper Glanmire Area produced some notable road bowlers at the time and Dinny was to the forefront among them and excelled at this sport while always maintain an interest in the club he helped found.

Bob Healy (Blackman bar) was one of the first people to sponsor jerseys for the club when the GAA relaxed their rules on jersey sponsorship in the mid 1990s. He was always very generous to the club when we held functions there which was evident two weeks before he passed when we held our end of year social at the Blackman.

Wille Twomey was a long-time supporter of the club, particularly during a golden era for the club in the early 1990s when his sons Billy and Barry were key to that success. His grandsons, Niall, Sean and Peter, continue the Twomey involvement with the club to this day.

We express our sympathies to all three families.



White's Cross future all stars being presented with their medals for all their hard work at their final training session recently







U12's at their Christmas Party



The Widows

Thanks to Tim in The Widows who made a presentation to our captains and management team in recognition of their achievements.

Sars U10s finished off a great year with a session recently in Airtastic.

OLIVIA McALLEN is the worthy December 2019



Sars 3-10 Barrs 3-6

Our seniors brought the curtain down on a fantastic season by winning the Summer Cup League final in Togher on Friday evening last.

The goals came from Ella Woods, Emer Fennell & Chloe Casey in a game that produced some fantastic camogie from both sides for the time of year.



Sars U10s



Olivia McAllen

winner of the Rebel Óg monthly award.

Duggan Memorial Poc Fada on St Stephens morning.

In 2019 Olivia had the honour of captaining both the Cork U16 camogie and football teams following the success of her clubs, Sarsfields Camogie Club and Glanmire Ladies Football Club.

WEARING RED FOR 2020:

Congratulations to the following girls on recently making Cork underage panels for 2020:

Overall she won six U16: Cliona Lynch,



Long Poc



county titles, two Munster titles and an All-Ireland title this year, as well as sitting her Junior Cert.

Katlyn Sheehan, Evie Twomy, Orlaith Mullins, Tara Elliott & Ella O'Brien

U14: Kate Fennessy, Sinead Hurley, Ciara Rice, Nessa Treacy, Laura Dunlea, Aoife Mullins, Ava Fitzgerald, Rachael Roche, Deirdre McCarthy, Lucy Lynch & Aishling Desmond.

Long Poc

Some of our members taking part in the Gearóid





## GLANMIRE MONTHLY MACRA NEWS

### Highlight's of Glanmire Macra's 2019.

As 2019 is drawing to a close we look back on what a fantastic year it was for the club with many memories being created and laughs being shared.

If is often said that "Macra na Ferirme is just for farmers," but this is not the case and the variety of competitions which fill the calendar year show this. Due to the wide range of interests of Glanmire Macra members there is a Macra competition to suit everybody. Macra competitions are divided in to sport and non-sport related competitions which run alongside each other through the year. In 2019 Club Members took part in the following non sport competitions: Impromptu Public Debating, Impromptu Public Speaking, Know Your Ag Table Quiz, Question time, Capers, Amateur Drama, Welding Competition, National Farm Skills Competition, Beef Stock judging, National Talent Competition, Club of the Year, Best New Member and Title's Night.

Glanmire did very well at regional level in all these competitions with many club members going on to compete at National Level. Gillian Kennelly and Dee Walsh walked away with Miss Macra and Miss Blue Jeans Seandún titles and did an amazing job representing the region at these competitions. The Capers cast got to the Semi-Finals and made the journey to Cavan in January. The Question Time team made the National Finals in Derry in September. Dónal O'Callaghan won the National Welding Competition in December.

The sports competitions which the club took part in during the year were: Tag Rugby, Indoor Soccer, Basketball, Volleyball, 7 a-side-Gaelic Football and Bowling. Club members are very sporty and love the thrill of the game no matter what the game is. This isn't surprising considering the club is comprised of members from some of the most competitive counties around: Kerry, Limerick, Tipperary, Galway and Cork.

The bowling team made the National Final in Donegal in October, the Volleyball team made the National Final in Kilkenny in April and the Football team made the National Final in November in Kerry. As always club members showed absolute sportsmanship at all competitions and were great representatives for the club.

In April a large contingent travelled to the Annual Mr. Personality Festival which is hosted every year by Kilkenny Macra. It is a great weekend to meet Macra members

from across the country. The weekend is full of music, dancing and laughter from the minute you arrive to the minute you leave. Club members have already started to make plans to make the trip in 2020. 2018/2019 Top Table were shorted listed and completed interviews for Club of the Year Competitions but unfortunately did not get throw to the final round. However, all club members would like to them for the great work they did for the club. Also in October Alison O'Connell got through to the final 12 nationally for Best New Member and took part in interviews on the October Bank Holiday at the National Macra Rally. The club wrapped up the year with our annual Wood Cutting Morning and Christmas Table Quiz with proceeds going to Shine A Light and the club.

"I would like to thank every club member for their participation throughout the year in the various aspects of the club; without the club members there would be no Glanmire Macra. I would like to wish all club members, their families and the communities of Upper Glanmire and Glanmire best wishes for the New Year". Seamus Reid, Club Chairmain.

Our weekly Sports Night will resume on Tuesday 7th January and will continue every Tuesday night in Upper Glanmire Community Hall @9pm. The cost is only €4 per night. If anyone is thinking of a New Year's Resolution for 2020 why not make it becoming a Macra Member. If anyone is interested in getting involved in the club or looking for more information please check out our Facebook page <https://www.facebook.com/glanmiremacranafeirme/> or contact our secretary Gillian on 0877558026. You can also find us on Instagram @glanmiremacranafeirme.



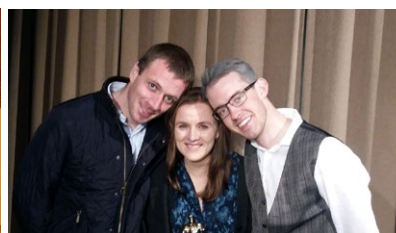
Dee Walsh representing Seandún at Miss Blue Jeans with Canada's representative



Alison O'Connell and Thomas Duffy Macra President



Club members at Mr. Personality festival



Tomas Cuffe, Kate Bolger and Declan O'Hara - Drama Cast

Left: Declan O'Hara, Jennifer Barry and Mike Buckley - Impromptu debating team



Donal O'Callaghan accepting his award for National Welding Competition



Glanmire Members at Miss Macra night 2





# Notice Board

## GLANMIRE INDOOR BOWLS

Community Centre,  
Riverstown

Wednesday Nights 7.30pm to  
9.30pm

Over 18s, Males & Females welcome

Contact: 021 - 4821333

## Miracle Prayer

Dear Jesus,

In the past I have asked for many favours,

This time I ask for a very special one

(Ask your request)

Take it, dear Jesus and place it within your  
own heart, where your Father sees it,

Then, in his merciful eyes it will become  
your favour and not mine. Amen

CM

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For those who are bereaved or  
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nity to gain strength  
and understanding from individuals  
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loved one through suicide.

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Collette on 087/1897315 or

Anthony on 087/6838861

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Mbl: 086 9840357

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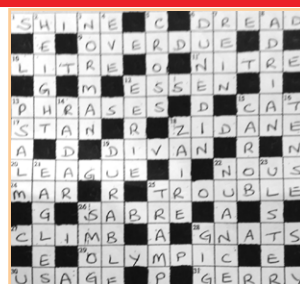
### Across

1. Found in a library (5)
6. Penniless (5)
9. Capital of Cyprus (7)
10. Goliath's nemesis (5)
11. Used for firing pottery (5)
12. Used by a blacksmith (5)
13. Icelandic parliament (7)
15. Affirmative (3)
17. Vegetable used as cattle feed (4)
18. Final scene (6)
19. The lone star state (5)
20. Cause to be loved (6)
22. Largest human organ (4)
24. Affirmative (3)
25. Impressive delicacy and skill (7)
26. Killed (5)
27. Confuse (5)
28. Computer operating system (5)
29. Capital of Georgia in US (7)
30. Maintains (5)
31. Shut (5)

### Down

2. Authority, guru (6)
3. Honorary title (6)
4. First name of Vicious, Owen, James (3)
5. Not old (5)
6. Brief swimwear (7)
7. Trains run on it (4)
8. Dog house (6)
12. Ire (5)
13. Building used by monks or nuns (5)
14. Looks after (5)
15. Americans (5)
16. River of Paris (5)
18. Character in Oliver Twist (5)
19. Small computers (7)
21. Used for sewing (6)
22. A story in instalments (6)
23. Problems (6)
25. Terminal (5)
26. Smack (4)
28. Lawn Tennis Club (3)

Crossword Winner: Claire McGonagle, Ballincrossig, Glanmire, Co. Cork



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SEND your entries marked CROSSWORD to "Aitinn" Sarsfields Court Glanmire, to arrive by 18th January. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.





# GLANMIRE LIBRARY

## JANUARY EVENTS

We would like to wish all our library users a happy new year and to thank you for your patience before Christmas while we had some much needed refurbishment done.

We hope to see you all again for another year of reading!

We would also love to see new faces in the library. Libraries are a free service; membership for twelve months allows you to check out up to twelve books at a time. You can avail of our many free online services such as ebooks and audio books, online magazines, courses.

All events held in the library are free and everyone is welcome.



**Tuesdays, 11:30**

Jigsaw Hour



**Thursdays, 11:30**

Storytime  
with Rita



**Friday, 10:30 - 12:30**

Age Action

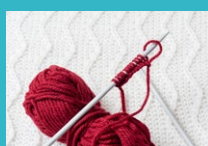


**Wednesdays, 10:30**

Mindful Colouring



**Knitting, January 9th,  
10:30 am**



Knitting group meets at 10:30.  
Free event. All are welcome.

**Crochet - January, 9th  
10:30 am**

Crochet group meets at 10:30.  
Free event. All are welcome.

**Scrabble Club**

10:45



**Bookclub, January 16th  
10:30 am**

New members always welcome

Age Action free of charge  
Getting Started computer  
classes for over 55s.

0871956026

or email

gettingstartedcork@ageaction.ie

**Saturday, 10:30**

Storytime with Judy

