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Area News



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Flower Power Easter Bunny



Easter Bunny Mr. Hoppy surprised the kids in Glounthaune Village Playground! Mr. Hoppy was working in Flower Power for the weekend and decided to surprise the kids with a few sweet treats!

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DOLPHIN SWIMMING CLUB

Parents and Volunteers: Irish Swimming Club's Driving Forces (Part 2)



Conor Crowley, Grace Dunne & Giuseppe Whelan on gala admin duty at Mayfield Sports Complex

When new swimmers come through the ranks, their parents are often there right behind them encouraging and supporting them during this journey. The support and assistance of such parents is always very welcome in the club and there is no shortage of positions open for the parents to slot into. More hands willing to help out around the club can facilitate for a better functioning team in the water, more opportunities for the swimmers, better standards for everyone, and promotion of a true club ethos. Usually, the cycle of those who help and assist in any club starts and ends with their child's involvement and eventual retirement or if they move on to the next level:



Mark McIlroy & Hugh McMahon watching over the young swimmers

high-performance centres, university, professional training, work, etc. Sometimes though, albeit rarely, some parents remain right where they are long after the time their own child has moved on. Sports clubs are great for providing physical fitness and health promotion

activities for its participants. Swimming clubs have a unique extension of such provision to its wider membership base because the sport can be introduced to children aged only a few weeks old and enjoyed at all levels right through to the senior citizens in society as a form of health-related or competitive physical activity. It's little wonder that swimming is now Ireland's number one participation sport! Sports clubs and member participation also provides a social outlet for so many of its members. While the athletes are



Hugh McMahon & Martin Leahy Spain Training Camp 2019

training or competing, the parents inevitably spend a lot of time with each other as spectators or waiting around in the stands between races. Overnight trips to competitions – a regular occurrence in competitive swimming – further cements these newfound and sustaining friendships. When an athlete retires from the club or moves onto bigger and better things, it can be difficult for their parent to also “retire” or “move on”. There are written and unwritten steps and procedures for athletes who are either retiring, progressing to university teams, new training centres, or new clubs, but there aren't any manuals for what the parents must do. As a matter of course, most parents find that they

must also say their ‘goodbyes’ to the friends they have made throughout the years of their child's journey in the club. Promises of staying in touch outside of the club's bubble seldom last more than a few house visits or coffee mornings, and new friendships are formed with parents of those who are brought in to fill the space created by the retiree. The cycle continues.

Last month, we spoke about the vital roles that parents undertake within a club or organisation, and how often such parents get stuck in and become part of the fabric of their clubs. This route isn't for everyone though. For a start, many parents may be so busy in their own work that they simply don't have the time to contribute anything extra, there may be other children involved in other clubs and organisations who also have their own demands, and sometimes the volunteering aspect just isn't for them. Whatever the reason, it's a personal choice, but it doesn't take away from the fact that each parent offers what has to be seen as the most crucial role in every athlete's life – their unwavering support. Remember, it's the parents and guardians who first introduce their young charges to these opportunities. They pay the fees, prepare their kits, feed them properly, buy the outfits and training equipment, and often double up as their child's personal taxi service for the best part of 18 years! This is really what matters. The coaches will coach, the teachers will teach, officials will learn and implement the rules fairly and administrators will work their magic behind the scenes, but parents who provide all this support are pivotal in the development of every athlete and the child themselves.

We often hear about the athlete-coach relationship, I've learned that this relationship can work so much better when there is a trusting and supportive parent in the mix, and this is evident even more so today than ever before. So, with that in mind, we want to

thank all the great parents and guardians of our club and the sport in general. Keep doing what you do best and remember, your child will have good days and bad days so make sure you are always there to reassure them with a smile no matter what.



Paul Fane making crêpes for the athletes after training



Finnola & Conor helping at the club shop on gala day

In other news, the loosening of restrictions this month will see many of our swimmers returning to the water again really soon. Firstly, in an outdoor setting in the sea or at the river. Remember, stay safe and always have someone else with you who is competent and responsible. We are hopeful that we can return to our indoor pools again in May and hopefully back to some normality for the long-term.

Next month, we will look back on the Irish Olympic & National Team Trials which take place in Dublin from April 20th to 24th. Stay safe everyone. #GoTEAMDolphin

Dolphin Swimming Club
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IT'S YOUR LIFE - THE REST IS UP TO YOU!

John O'Sullivan
Personal & Business Coach

You know, every coaching client I work with has a goal. Some know what that goal is before we ever begin our work together. Others know they are unhappy with their circumstances and want to change things for "something" better. These clients eventually have a moment of clarity and discover what it is they really want (as opposed to dwelling on what they don't want). Either way, when people realise what it is, they now have a goal.

So what is a goal? We aren't talking about football here, but rather Life Goals! A life goal is something you want for your life that you currently don't have. Some examples of life goals would be: a better job, to quit smoking, to save a certain amount of money, or to visit a particular place. Life goals are as wide ranging as the human mind can imagine. And that's what makes them so exciting.

So many people want to achieve something in their lives but don't ever attain it. It's a tragedy really when you consider the amount of absolute potential, we all possess. We all know those people who have resigned themselves to exist in a world that does not make them happy. If you look at the expressions and demeanour of people on a busy street you can tell those who have given up on life. The way someone walks, talks, or expresses themselves, gives it away.

Likewise, many of us know remarkable people. Those who are always trying to improve themselves or the world around them. The ones with what seems like a thirst for success. I'm not talking about financially either – we are lucky to have people in the world who are hungry to improve the environment, or make a positive impact on their community, or help those less fortunate than they are.

Of course there are some people who have found happiness. Perhaps they have reached that great

goal. Perhaps they have helped create a community that now looks after itself. Perhaps they found love and are living their best life whittling wooden spoons together! What ever it is, Life Goals give us momentum in life. No matter what, it's obvious that personal satisfaction comes when we are pursuing and achieving our personal Life Goals!

So what is the difference between these who seem to have given up and those who have momentum in life? And which one are you? The most important thing here is to ask yourself the question; "Am I happy, or do I want something else in my life?". Perhaps, we could use a little coaching here to help you think this one through (Yes, this is free Life Coaching). Let's try 3 questions here to get you started. I'd recommend using a pen and paper for this to get the most out of it.

Question 1: Describe your goal? What is it exactly. Not in a word, but in detail. Spend some time right now and write your goal down on paper. This is a really powerful process and will bring life to your idea. The more detail and the more clearly you state your desired life goal the better.

Question 2: How will it feel. Really use your imagination to see your success as if it were a film. Close your eyes and imagine yourself having reached this goal. I mean really immerse yourself in this sensation of accomplishment. Write down exactly how you would feel. What are the emotions you would have? How would you be mentally and physically? In your imaginary scenario, take in the smells, sounds and anything else you notice. Get vivid with this one. Now, write it all down.

Question 3: How to join the dots? Back to reality this time. Your next step is to plot out what the small individual steps are that will eventually lead you to your goal. Literally dismantle your

great big goal into tiny little steps that you can achieve in a day or in a week. Spend time planning how long each little step will take. Allow yourself some room for a bad day or two but try to give yourself a realistic timeframe to achieve each little milestone.

If you follow the 3 steps above, you'll have a great starting point from where you can achieve any goal you set. There is more to it, but this is a great start. On your quest to achieve your goal, you'll be met with challenges for sure. That's life after all! You might feel frustrated at the lack of progress. Maybe something de-rails your plan. Maybe life throws you a real curve ball. So, what do you then...what about the great plan you've just made?

Well, the truth is, this is life. It's not predictable and sometimes we just have to find that inner hutzpah

to pick our selves back up. Re-reading your answer to Question 2 above is a really good way to re-connect with your dream. Remember the more vivid it is, the more likely you can achieve it! Finally, sometimes it's easy to feel like we just aren't making progress.

Time and again we face challenges, set-backs and frustrations. Sometimes we expect to see immediate results, but we don't. If you plant an acorn seed in the soil but give-up watering it after a week because you can't see progress, then you'll never grow an oak tree.

I'll leave you with these wise words, the rest is up to you. *"I trained 4 years to run 9 seconds. Some people don't see results in 2 months and give up".* Usain Bolt.

John O'Sullivan
Personal & Business Coach
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Profile of the Month

Jennifer Thomas O'Driscoll

Occupation: Joint owner of LOVE LIFE FASHION FIX, Glanmire (Ladies Lifestyle Fashion)

Favourite Colour: 2 extremes; black and red

Favorite Film: Miss Congeniality

Favorite Gadget: definitely my iphone

Favourite Fashion Piece: My black blazer from 'Love Life' versatile in so many ways, can be worn over sports wear and smart casual

Favourite Location: Kinsale, when the sun is shining

Favourite Holiday: Italy... simplicity and family... all that matters to me

Favourite time of day: no particular favourite time of day but grateful to wake up each and every morning

Favourite Pet: English Bulldog; the most placid and loving dog in my opinion and dogs are also a woman's best friend!!!

How do you relax: I love to go to the sea and jump into the water. Gives me a new lease of life every time

What do you like most about Glanmire: the people ... I came in as a blown in and built a business through friendships that have continued to this day.





"NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

THE BAN

Many of today's generation may not be aware that there was a time when the GAA prohibited its members from playing or attending games of soccer, cricket, rugby and hockey. Attending dances promoted by "foreign games" clubs, or members hosting "foreign dances" was also prohibited. Perhaps other generations may have forgotten that such a rule, the infamous number twenty seven, existed! It was in place permanently from 1905 until its abolition at the Easter Congress held at Belfast exactly fifty years ago, in 1971. Pat Fanning of Waterford was President of the GAA back then and only two counties voted for its retention; Antrim and Sligo. The Erins Own delegates and yours truly was one, voted in favour of its abolition at the County Convention held at the St. Finbarr's Club pavilion on January 31st.1971. That directive had been taken on a majority vote at the club's AGM held at Ashbourne House Hotel. "Vigilance Committees", who in effect spied on their own members to ensure that the rule was implemented, were appointed by each County Board and the first and unwritten rule was that members should not know their identity. There were many instances down through the years when the rule was violated and this resulted in the suspension of offending members. The most notable suspension at national level was back in November 13th.1938 when the first President of Ireland Dr. Douglas Hyde, just a few months following his inauguration on June 26th., attended the Ireland versus Poland soccer international friendly at Dalymount Park, which Ireland won on a 3-2 scoreline before a record attendance of thirty four thousand, two hundred and ninety five. He was removed from his patronage of the GAA, a position he held since 1902, and was banned from the organisation. He left the office of President in 1945 without ever attending a GAA event and he was not reinstated prior to his death on July 12th.1949. It was fitting that the Roscommon native was commemorated on the year the "Ban" was abolished; the County Board renamed their grounds "Dr. Hyde Park". There were other noteworthy instances that caused controversy and no doubt at local level staunch old-timers' of a club at the other side of the infamous meandering border would remember a "marquee" issue with the Cork GAA hierarchy! Did the incriminating evidence of this event emanate from Union Quay Garda Station?! Nearer to home the following gives a flavour of times in the "Ban" era. There was no playing venue in Glounthaune so the local youth utilised locations

which included; the "Small Field", "Craigs Field", "Ryan's Field" and the Council owned green open space opposite Johnstown Park. A variety of sport was played but as the latter area was adjoining the then main Cork-Waterford road it was prudently decided to play soccer there from a safety perspective. Should it be hurling; the sliothar would be more likely to frequently end-up on the roadway! Such games would not be under the control of any organisation but rather a group of carefree juveniles meeting-up to enjoy a sporting pastime.



On one occasion a distinguishable light green NSU Prinz car was observed parked outside Cobh Junction rail station while a match was in progress. One person was known to have a comparable vehicle and that was the juvenile secretary of the then Little Island GAA club; and it was him sure enough. Now, he was not there to admire the enjoyment the lads were deriving from the game that was in progress; no, he was acting as a self-appointed "vigilance member" and noting the names of those that played with "his" club. The lads were firmly rebuked prior to their next GAA match but luckily no suspensions ensued and games among schoolboy friends continued on regardless at that location! The parish was always a GAA stronghold, and it still is. In fact it was the sixties before soccer was introduced and that was in an ad hoc fashion. There was no club in existence but locals played on the "Green" at St. Lappans Place and games between those residing at St. Lappans and Clash were organised, and occasionally some enthusiasts from Glounthaune would cross the "Crompán" and take on the locals. The formation of a club in Little Island followed and participated in the Cork AUL competitions for the '68/'69 season. Soccer progressed in various forms from that humble beginning and despite some ups and downs along the way the game in the parish is now in a healthy state. Existing soccer clubs, including that at Little Island, got more formidable when the "Ban" was abolished in 1971 as many GAA players decided to join and participate in both sports. Indeed a proliferation of soccer clubs sprung-up in the seventies and it begs the question; were such "Ban" related? The following twelve clubs are a sample lot; Innishvilla of Innishannon, Mayfield United and Douglas Hall were formed in 1971; Passage United, Carrigaline

United and Avondale United of Ballintemple in 1972, Midleton F.C. in 1973, Park United of Mitchelstown and Greenwood of Togher in 1975. Incidentally Irish international John Egan, son of the late Kerry star, played with the latter club prior to signing for Sunderland Academy in July 2009. The Buttevant club was formed in 1976, Macroom F.C. in 1977 and Ballinhassig in 1979. Interesting? And to relate a humorous true happening; when the "Ban" was abolished this particular GAA fanatic became an expert in all aspects of soccer in no time. He even followed an English league side as if it was a lifetime passion of his and he was viewing one of their games on TV at his local when a player of his adopted club was dismissed for a bad tackle. Ye'r man was disgusted with the decision and loudly offered his opinion of the referee and declared; "we will find it difficult now being down to fourteen men"!

PEDESTRIAN & CYCLEWAY PATH:



It is pleasing to observe the development progress on the Burys Bridge to Carrigtwohill project. The long-term plan is to extend this as far as Midleton to link-up with the twenty two km Greenway to Youghal which is set to open in 2023. This Greenway is likely to attract two hundred and fifty thousand visitors per annum and will generate potential revenue of eleven decimal six million Euro for the local economy. The developers' of Harpurs Creek are presently constructing the section from their Estate to the Train Station, which is as per one of the Grant of Planning Conditions, whilst Cork County Council is working on the segment eastwards from this Estate to the "Elm Tree". The National Transport Authority allocates annual grants to the Council for the implementation of its Regional Cities Smarter Travel Programme whereby individual sections of schemes are progressed each year. From a funding, procurement and construction aspect it is not feasible to deliver a scheme of such magnitude in continuity. The work performed to date is very impressive and even at this early unfinished state is attracting much usage. Cyclists should note, and indeed pedestrians be aware and alert, that it is a shared path and therefore

they should utilise it, especially as the road has been narrowed. Would a segregating line have been warranted? The updated position is that the detailed design of the entire scheme is ongoing and is expected to be completed by the end of June. A decision has not yet been taken on which section of the project will proceed to construction next but would suggest that it should be westwards from the station.

This would incorporate the Fitzpatrick's Shop area, where a one-way car park system is to be laid out, and it would also address that other perilous location adjacent to the Church. In fact should this section not have been prioritised over the eastwards one from Harpurs Creek? Organisations, politicians and indeed residents should earnestly request the powers that be to continue with the westward direction course. Incidentally the "Old Road" ("Ashbourne Walkway") presents the Council with an opportunity to improve the surface, provide lighting and enhance the park aspect and it is investigating if such works can be progressed in the short term in advance of the foregoing. Chun tosaigh leis an obair!

THE L 2986:

Where is this road located? Ah c'mon! It is that running from Little Island Cross and links-up with the L 2985 opposite the cemetery. HGV vehicles frequently utilise this road and the majority originate from the "Harbour Point Industrial Estate" at Courtstown and are bound for the commonly called "Sisk Industrial Estate" at the Island Cross, or vice-versa.



It is of course being used as a "rat run" to avoid the traffic lights located adjacent to the Centra store. Naturally the road was never designed to accommodate such traffic and from a safety perspective efforts should be applied to prohibit this. A height barrier at both ends, capable of adjustment to accommodate emergency vehicles, would rectify the problem. Meantime, if not already actioned; the matter should be brought to the attention of the companies that are creating this hazardous and unacceptable situation.

SLÁN ANOIS ©



SUSI grant applications open April 22nd 2021 for new applicants



SUSI grant applications for the 2021-2022 academic year are now open for renewals (those already enrolled in courses) and will open on the 22nd April for new applications. SUSI (Student Universal Support Ireland) is the main financial support scheme for students studying in Ireland and abroad.

Citizens Information handles many queries from parents about SUSI and advises the student applies on-line for the grant, not the parents, because the student is the principal contact on the application for SUSI queries and all future contact.

The SUSI grant supports students in two ways;

Maintenance Grants which assist with living costs and **Fee Grants** which cover the cost of third level education fees for an academic year. If a student qualifies for the Maintenance Grant they will also get the Fee Grant, whereas some students will only qualify for the Fee Grant.

To qualify you must meet all the conditions of the scheme. These include;

Nationality Condition / Residence Condition / Means Test / Approved Course of Study / Progression / Maximum period of grant assistance.

Many people ask about the **progression condition**. In general, grants are not available if one is repeating or attending a course that does not represent progression to a higher level. Students who change courses in first year should be aware of this.

The family income levels for eligibility for the maintenance grant 2021-2022 are:

Number of dependent children	Full maintenance	Part maintenance (75%)	Part maintenance (50%)	Part maintenance (25%)
Less than 4	€39,875	€40,970	€43,380	€45,790
4 to 7	€43,810	€45,025	€47,670	€50,325

The maintenance rates for the Student Grant Scheme for the academic year 2021-2022 are:

Type	Non-adjacent rate	Adjacent rate
Special rate	€5,915	€2,375
Full maintenance	€3,025	€1,215
Part maintenance (75%)	€2,270	€910
Part maintenance (50%)	€1,515	€605
Part maintenance (25%)	€755	€305

How much one may get depends on many factors particularly your financial means and distance from college. You may qualify for a full or partial grant.

Commenting on the SUSI grant application process, John Beausang, Citizens Information Manager for the Cork City North area said, *"The on-line application process for the SUSI Grant can seem overwhelming to students who are beginning their third level of education. For any student or family needing advice or further information around the SUSI Grant, they can contact us in complete confidence, we provide free, independent and non-judgmental assistance and advice."*

For anyone needing information, advice or have an advocacy issue, they can call a member of the local Citizens Information team in Cork City North on 0761 07 6850, they will be happy to assist and make an appointment if necessary.

The offices are open from Monday to Friday from 9:30am to 4:30pm. Alternatively you can email us on cork@citinfo.ie or hollyhill@citinfo.ie or log on to www.citizensinformation.ie for further information and contact details.



Gardening with Charlie Wilkins



Charlie Wilkins

THE MAY GAP

A shelf of gardening books is like an attic of memories and forgotten stories! I wanted to look up 'lilac trees' now that we have entered May but could not find a single tome which could name a few modern varieties. My search was prompted by the arrival of the 'May Gap', a period between the spring bulbs-which have pretty much done their stuff by now- and the arrival of the herbaceous heavies. My favourite heavies include lupins, delphiniums, alstromeria, and early clematis, along with a Trinity of May delights: columbine, peony, and lily of the valley! You do not have a May Gap? Then you are wise indeed and have planned for late cherries, wisteria, the golden rain tree (the American name for Laburnum) and wonderfully scented lilac. I commend and admire your wisdom and choices, but have you included those devotees of shadowy places: hybrid azaleas and choice rhododendrons? Perhaps not, so now is the ideal time to plan a change and to indulge perhaps in a tremendous gamble! You may embark with timidity on the purchase of these woodland gems (and watch over them with trepidation until they bloom) but be assured that they will bring rewards in abundance over many, many years.

There is something obsessive about these exotic shrubs! Gentlemen love them but the ladies are first to notice their muted pastel shades and powerful scent. Indeed, I have never met a gardener, male or female, who was disappointed with azaleas. Of course, if you love them and have the right kind of lime-free soil, the scope is joyous. Even if your soil is alkaline, you can still grow them in suitable tubs and containers or in specially dug and prepared planting holes (separated from the surrounding soil by a vertical lining to the sides of the hole with polythene) in any half-shaded spot. Fill this hole with a lime-free medium; leaf-mould, pine-

needles, garden compost or used potting compost.

I would like to tempt you with one or more Ghent azaleas which have fragrant long-tubed, honeysuckle-like flowers. No variety will be found less than good. The Knaphill and Exbury hybrids have a heavenly range of colours and the Mollis azaleas bloom early this month before their leaves appear. I still thrill at the sight of the soft rose-pink colours found on the likes of 'Berryrose' and the whites with just a touch of yellow such as 'Persil'.



The highly scented white blooms (with yellow eyes) of the Azalea 'Persil' dance in the light and warming days of May. Well worth searching for, I rate this highly.

Surely you remember me mentioning this last variety on more than one occasion in the past. In the twenty and more years it has stood in the front garden it has never failed to impress either in the perfection of its blooms or intense perfume.

Nearby grow wide, fat, dumpling-shaped specimens of evergreen azalea 'Vuckys Scarlet', 'Blauw's Pink' and 'Adiantum' in sky blue. They need neither attention nor coddling from year's start to finish and this includes my regime of absolutely no pruning. They just do not need it, all being tidy, compact growers.

Many of the above and a host more are in flower now in garden centres. 'Hillside' has a fine selection so think about a purchase and plant as soon as the soil and weather permit.

SUNDAY MISCELLANY.

Sunday morning in April, a day of special

beauty caught between the heat of recent days and the threat of night frosts. I am sitting in a pleasant warmth beneath a yellow-leaved small garden tree called Gleditsia triacanthos 'Sunburst', planted when I first came to live at Villa Marie. Just now, in the high spring light and rising temperatures it shimmers and glows, and it is certainly the loveliest thing in the garden. The bottom half is in light shadow whilst the upper canopy of tiny, fern-like leaves flutter in the faintest movement of air. Under this gentle shade, I wander back in thought to other summer days, in particular my childhood summers and I become lost in reverie. In my mind's eye I can see the creeks and streams and swimming holes of long ago. Memories come flooding back of bare feet on dew-fresh grass or paddling in shallow rivers, tadpoles, and sticklebacks swimming between my toes. What child today could identify with this, or the challenge of bird nesting, hunting for wild fruits and giant mushrooms, or rushing to collect timber for a midsummer bonfire? Two blue tits rush into the yellow canopy barely feet from my face. I know these birds, their diet, habit, and choice of nesting site. Nowadays, most youngsters are just about able to recognise and distinguish crows from pigeons! Identification of blue tits, yellow hammers, robins, siskins, even the thrush would be out of the question.

My friends and I lived intently then, holding nothing back. We ate on the hoof; huge slabs of bread and jam washed down with jam jars of water taken directly from the streams. Late spring then was a celebration of life and the earth was our table. Suddenly the blue tits are off, and the sudden drop in temperature brings me back to reality. I long for a short downpour if only to refresh the wilting flowers.

THE MAY GARDEN

This is the weather the cuckoo likes, and so do I, but the days and nights are still cold (as I write) and our winged visitor from South Africa has yet to be spotted. However, the shadows continue to shorten and the church spire, which, since early autumn has acted like a sundial genome, no longer casts a spire-like image across the lawn.

As in every year, the mower is now out of the shed, smoking and roaring like a grumpy old motor. For the next six months my trusty model will be expected to do the job of two horses, four cows, even half a dozen sheep! It will not look for food, compliments for a job well done, or shade from hot sun. So, look after your lawnmower! TIME FOR TOMATOES

I cannot stress too strongly the value

one will get from a basket variety of tomatoes sourced from Dooley's here in Riverstown. Bought now and kept frost free until hanging-out time later this month, the investment will give small, sweet fruits from the end of June through to the closing days of October. Give full sun, water diligently especially in dry periods, and feed weekly with any tomato food.



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Glanmire Ladies Football Club



Glanmire Ladies Football Club would like to welcome any new families to the Glanmire area.

At our club we cater for groups from 6yr old all the way up to our Mother's and Others group. We cater for all fitness and skill levels so if your new to the area or have been living here for a while and looking to join a team to have fun and make new friends please don't be shy and contact us.

Mark Byrne (Development Officer) 0868685489.

Or

Club Secretary 0878101710

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An Bhealtaine

Dia na gréine i miotaseolaíocht na gCeilteach ba ea Belenus nó Bél. Is uaidh siúd a thagann an t-ainm do mhí na Bealtaine. Bhí sé ar cheann de na déithe Ceilteacha ba mhó a ndéantaí adhradh orthu agus tá sé bainteach leis an bhféile thine ag tús na míosa. Tús an tsamhraidh ba ea é, chomh maith, a lean go dtí Samhain. Bhíodh an bhliain roinnte ina dhá chuid ag na Ceiltigh agus chuir Bealtaine tús leis an samhradh nó le séasúr an tsolais i gcontráracht le Samhain a chuir tús le séasúr an dorchadais.



Bainne Bó Bleachtáin

Ina leabhar 'An Bhliain in Éirinn' déanann Caoimhín Ó Danachair cur síos ar nósanna agus ar phiseoga a bhain le Bealtaine in áiteanna éagsúla ar fud na tíre. Lá an Ghála ba ea Lá Bealtaine, nuair a bhíodh ar thionóntaí cíos leath-bhlíana a íoc leis an tiarna talún. Thosaíodh nó chríochnaíodh tionóntacht ar an gcéad lá. Bhíodh aontaí híreála ar siúl ar fud na tíre ina mbíodh fir agus mná, a bhí ag lorg oibre, ag léiriú a gcuid scileanna le speal nó le corrán, le súiste nó le buarach. Tugadh spailpíní ar na daoine a bhí ag lorg oibre agus bhí na buntáistí go léir ag an té a bhí ag déanamh na híreála. Bhí na spailpíní ar nós ainmhithe mar dhéanadh an feirmeoir mór iad a mheas agus iad ina seasamh i líne. Dhéanadh an spailpín agus an máistir margadh don séasúr. Bhíodh ar na spailpíní a gcuid scileanna a chleachtadh ansin ag baint an fhéir nó an fhómhair, ag baint móna nó i gcás na mban obair an tí agus na ba a chrú. Mná ba choitianta a dhéanadh é seo. Saol crua a bhí ag na spailpíní agus chuir duine díobh síos i bhfilíocht ar an an gcrúatan a bhain leis, nuair a dúirt sé: 'Go deo deo arís ní raghad go Caiseal Ag díol nó ag reic mo shláinte, Ag siúl an driúchta go moch ar maidin Is ag bairiú galar ráithe.'



Lusanna Buí

Ag tús an tsamhraidh, thosaigh séasúr an fhéir. Ligti eallaigh a bhí i gcró na mbó agus i gclós na feirme i rith an gheimhridh amach sna páirceanna. Ba é seo an séasúr ina gcuirtear na heallaigh ar féarach go dtí an buaile; féarach garbh sna portaigh nó ar thalamh ard ba ea é seo. Thosaigh baint na móna ag tús na Bealtaine, nuair a fuair tionóntaí ceart baint móna ar cíos. D'úsáidtear an mhóin le haghaidh cócaireachta agus teasa.

In Éirinn agus in iarthar na hEorpa, bhain na príomh-nósanna i mBealtaine e fáiltiú roimh an samhradh. Ceann de na nósanna ba choitianta ar fud na hÉireann



Sabhaircíní

ba ea bláthanna a bhailiú agus iad a thabhairt abhaile. Bhíodh sabhaircíní, bainne bó bleachtáin, cam an ime, buián buí ar fáil sna páirceanna agus sna portaigh. Dhéanadh na páistí crobhaing díobh, a chroch siad sa teach. Uaireanta d'fhágtaí na bláthanna sna crónna lasmuigh i gclós na feirme, chomh maith. Chrochadh daoine na bláthanna ar eireabaill na mbó agus ar an gcanna bainne chun cosaint a thabhairt don bhainne. Bhí traidisiún ann nár cheart aon rud ón teach a thabhairt do dhuine maidin lae Bealtaine ag breacadh an lae ar eagla go n-úsáidfeá é chun im a ghoid. Dá bhféadfadh duine an t-uachtar ar bharr an bhainne a ghoid, chiallódh sé sin go mbeadh flúirse ime ag an ngadaí go ceann bliana agus go mbeadh an feirmeoir gan im go ceann bliana. Dá bhrí sin, chosain an feirmeoir an teach bainne go maith an mhaidin sin.

Ceann eile de na piseoga a bhí coitianta ba ea barraí a ghoid ó ghort na comharsan. Chuirtear feoil nó uibheacha nó arán i bhfolach sna barraí. Dá dheasca, theipeadh ar bharr na comharsan agus bheadh a dhá oiread feola nó uibheacha nó arán ag an duine a d'fhág na hearraí ann go ceann bliana. Má tháinig an feirmeoir féin ar



Neantóg

a chuimilt don áit sa chorp a raibh na daitheacha ann chun na daitheacha a leigheas. Creideadh, chomh maith, go raibh neantóga óga a bheirtear ar thrí lá as a chéile agus an leacht a ól ansin go maith chun an fhuil a ghanadh.

Chreid daoine dá rachfá i ngar do na liosanna ag an am seo go bhfeicfeá na síoga amuigh ag rince nó ag imirt iománaíochta. Tá scéal ann a deir gur iarr an slua sí ar dhuine a bhí ag dul thar bráid páirt a ghlacadh sa chluiche toisc go raibh imreoir amháin in easnamh. D'imir sé chomh maith san go ndúradar leis go mbeadh ionad buan aige ar an bhfoireann go luath! Dé ghnáth, áfach, ba é a tharla ná gur bronnadh luach saothair ar an té a ghlac páirt nó muna rabhadar sásta lena iarracht gur cuireadh pionós air.

Mí na Maighdine Muire is ea mí Bealtaine, chomh

Micheál Ó Súilleabháin

maith. Is coitianta go gcuirtear dealbh na Maighdine Muire in áit thábhachtach sa teach agus go maisítear é le bláthanna. In Éirinn tógadh mórán scrínte poiblí in onóir na Maighdine Muire mar chuid den chomóradh céad bliain ar dhogma Ghiniúint na Maighdine Muire Gan Smál in 1954. Céad bliain roimhe a d'fhógair an Pápa Pius IX gur gineadh Muire gan peaca an tsinsir. Bíonn mórshuíl go dtí an scrín i mí na Bealtaine ina ndeirtear paidreacha agus ina gcantar iomáinn. Glacann na daoine óga a fuair an Chéad Chomaoineach agus atá imithe faoi láimh easpaig páirt ann. Cheana féin bhíodh cuallachtaí ban agus cailíní óga gléasta in éadaí gorma agus bána páirteach sa mhórshuíl ach tá an nós sin imithe inniu. Bíonn an sráidbhaile maisithe le bratacha gorma agus bána don ócáid, chomh maith. Sin iad roinnt de na nósanna, idir nua agus sean, a bhaineann le mí na Bealtaine.



Dealbh na Maighdine Muire ag Lourdes

Gluais:

miotaseolaíocht = mythology

Lá an Ghála = Gale Day

aontaí híreála = hiring fairs

speal = scythe

corrán = reaping hook

súiste = flail

buarach = a spancel, which tied the cow's legs during milking

buaile = summer pasture

sabhaircíní = primroses

bainne bó bleachtáin = cowslips

cam an ime = buttercup

buián buí = marigold

crobhaing = bouquet

uisce coisreachta = holy water

piaseoga = superstitions

nósanna = customs

neantóga loiscneacha = stinging nettles

peaca an tsinsir = original sin

mórshuíl = procession



Glanmire

Area Community Association

gacacork@gmail.com

www.glanmireareacork.com

This months submission is by Dermot O'Connell, Director, GACA



MUGGA Ballincollig

People will be hoping that with the long summer evenings around the corner that life as we know it will return to some form of normality, with sport for young people returning, and hopefully businesses beginning to open get back on track.

However between horse box cafes, Parricidal Gardens, remote working hubs, and food truck stops it will be a considerable time before we get back to anything near normal.

There is no doubt many parents have been multitasking over the past twelve months, with working from home, parenting their children, along with all the areas that is involved in running a Household.

Earl Miller a neuroscientist from MIT advise to avoid multitasking because "it ruins proactivity, causes mistakes and impedes creative thought. As humans we have extremely limited capacity for simultaneous thought, we can only hold a little bit of information in the mind at single moment.

Various studies have shown that people who multitasking experience a 40% drop in productivity, make 50% more errors and take 50% more time to complete things

I am sure many people can comment on this from their recent life experience. Community.

While communication is difficult, as Directors Of the Community association not in a position to

hold physical meetings it is not easy to function with the normal sense of efficiency. However, the Community Association are endeavouring to try and keep essential services going.



MUGGA Glanmire

In doing this we are deeply indebted to Marie Spillane and Edward Daly who have continued to keep the Community Centre open for essential services since the start of the Pandemic. Clearly without their help and co-operation it would be extremely difficult to keep our doors open.

We had some disappointing news during the month with done to the playing pitches and car park in the GACA pitches. These mindless actions of those involved, is added cost the Community Association and Riverstown Soccer Club who lease the Soccer Pitches. Despite the disappointment the response was fast and efficient. The Gardai, Riverstown Soccer Club, GACA, Noel Costello of Sced and some young people had the place looking pristine in a few days. We would like to acknowledge the good will of all concerned. While walking through pitches recently one can only marvel at the work done by our current Chairman Kevin Tobin and the late Nick O'Brien to bring this whole area which was once a wilderness to three excellent playing pitches, Car park, and Dressing rooms for the benefit of the Community While the take up early on was slow initially the Community Association are now finding challenging to

meet the needs of those seeking playing time. The main tenants currently are Riverstown Soccer club, Sarsfields Camogie Club, Glanmire Ladies Football Club, Local Schools when needed and other individual Clubs. It is great to see Club members and volunteers out at the evening time and weekends preparing the GAA and Soccer pitches for the coming season. It gives us all a sense of hope.

On the Development front hundreds of houses continue to be built with no effort to put in resources to meet the needs of the fastest growing suburb in Munster.

Prior to the last Council Elections, we had a public meeting in the Community Centre which was attended by over twenty Politicians, some elected and some aspiring to be elected, all eloquently speaking of the needs of Glanmire. Apart from the local few we heard extraordinarily little from any of them since.

However, we hope the Glanmire flood defences approved in in January 2021 when Local TD Pdraig O'Sullivan invited Minister for Public expenditure and Reform Michael McGrath to the area to discuss with Businesses and Residents the devastation and long term effects that this flooding caused in June 2012 will start in the Autumn of 2021 This 14 million euro project will undoubtedly positively change the lives of so many residents and Business.

This long awaited project which local Meadowbrook Residents, Cllr Ger Keohane, Lord Mayor Joe Kavanagh, TD Colm Burke, Cllr John Maher, all have supported and captained over time. If you have any local issues please feel free to contact any of the Directors of Glanmire Area Community Association on the above email.



Flower Power Easter Bunny





New Inn School



PhotoGrid



PhotoGrid



World Book Day



Writing with chalk!





White's Cross GAA News

whitescrossgaa.ie

Cul Camp

We are delighted to announce that our Cúl Camp is back after a one year absence! It is planned it will take place week commencing Monday, June 28th. Bookings this year will be online via the official website though currently the website is not taking bookings.

We will have no control over who books once the portal opens and we will have to be strict on camp numbers this year. For now just note the date for the camp ie week commencing Mon June 28th.

<https://www.kelloggsculcamps.gaa.ie/>

Community Clean-Up

There was a great turnout on Saturday morning April 10th for the Upper Glanmire Area Community Clean Up. The crowd was the biggest number of people we have ever had involved in this initiative. Even if, there was no meet-up afterwards for tea and cake owing to Covid restrictions

everyone went home feeling satisfied with their efforts.

Miles and miles of our roads throughout Upper Glanmire and White's Cross; from Ballyphilip Lane, Barry's Lane, Burke's Lane; Coole East & Templemichael, Piercestown, Ballinoe, Lisnahorna, Ballinriskig including Ros Ard and up to Sarsfields Court; Laherdane and in the main road as far as Ballyvolane, Ballincroikig and over to Dublin Pike are just the areas known to have been covered.

To cover such a distance, it takes a huge army of volunteers and on top of that somebody must co-ordinate it all.

In this regard, a special mention must go to Pauline Hyde who continues to do this task. While she will be keen to highlight this is very much a team effort, it's fair to say any successful team has a good manager! Well done Pauline and to each and every person who rolled up the sleeves and played their part on the day.

Rowan O'Connell

All in White's Cross were deeply saddened to hear of the tragic passing of young Rowan O'Connell in the last month. Rowan, along with his siblings, have been members of White's Cross GAA up along the under-age ranks.

Last year Rowan was on the St. Colmcille's Under 12 team that were victorious in the Fé 12 Rebel Óg East Football League.

His father Don was a selector with the team.

We all in White's Cross GAA and St. Colmcille's GAA extend our deepest sympathies to Rowan's family; his parents Don & Emma, his siblings Oscar, Lily & George and the extended O'Connell & Collins families. Suaimhneas síoraí agus leaba i measc na Naomh go raibh ag Rowan dhil.

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Tréaslaimid libh go léir

Is cúis mhór áthais agus riméid dúinne anseo i gColáiste an Phiarsaigh é, comhghairdeas a ghabháil leis na scoláirí agus na hianscoláirí seo, mar a bhfuil; Séamus Ó Muirgheasáin, Léan Nic Éinrí agus Ríona Ní Chruaí. Anseo thíos tá cuntas ar a ngaiscí iontach. Gura fada buan iad. Táimid go léir ana bhróidiúil go deo as na



Is le teann áthais agus riméid a dheinimid comhghairdeas le Léan Nic Éinrí Coláiste an Phiarsaigh. Tá Léan tar éis conradh a shíniú le Waterford FC, Fé -17. Is gaisce ollmhór é seo gan amhras, a leithéid a bhaint amach. D'imir sí le Midelton FC ar feadh na blianta agus is cóitseálaí cunta í leo freisin. Tá tréimhse fhada caite aici le hAcadamh Peile Ban Chorcaí. Guímid gach rath uirthi sa todhchaí.



Comhghairdeas le Ríona Ní Chruaí, iarscoláire de chuid na scoile as a bheith roghnaithe ar fhoireann sacair Chorcaí. Imríonn Ríona i lár an ghoirt. Ár seasamh ort a Ríona

Ar Lá le Pádraig craoladh seó ó ghrúpa de sheachtar damhseoirí ó fud faid na hÉireann ar an gclár bricfeasta Good Morning America. Is é seo an seó aitheanta a chraoltar gach maidin i Meiriceá. Glaonn an grúpa seo Cairde orthu féin agus chinntigh an clár seo go rabhadar le feiceáil ag na milliúin ar fud an domhain mhóir. Thosaigh an seachtar seo ag damhsa le Lord of The Dance agus Danceperados. Táid ag dul céim sa bhreis sa mhéid is go bhfuil siad ag déanamh steipeanna traidisiúnta agus ceol réaltaí na linne seo á dtionlacan, le leithéidí Billy English, Taylor Swift, Drake agus na Dropkick Murphys. Le bliain anuas bhí cáil á bhaint amach acu ar TikTok agus chinntigh sé seo gur tugadh cuireadh dóibh páirt a ghlacadh sa seó aitheanta úd. Craoladh an seó seo ar na scáileáin mhóra i Times Square i gcathair Nua Eabhrac. Tá breis agus dhá mhilliún leantóir acu cheanna féin ar TikTok tar éis dóibh cáil nach beag a bhaint amach leis an gcéad phíosca físe a bhí mearscapithe a luaithe agus a chuir siad ar an ardán sóisialta é. Seachtar atá sa ghrúpa agus is iad scoláirí de Ghaelscoil de hÍde, Mainistir na Corann agus de

Choláiste an Phiarsaigh, Gleann Maghair é ball amháin den ghrúpa, mar a bhfuil Séamus Ó Muirgheasáin. Is cúis mhór áthais dúinne é i gColáiste an Phiarsaigh an scéal iontach éachtach seo a chloisint. Deirimid comhghairdeas ó chroí leis, as an ngaisce seo a bhaint amach. Sruthaíodh an seó thuas luaite ó Aillte an Mhothair go dtí an stiúideo i Meiriceá. Is ag Aillte an Mhothair a tháinig an grúpa le chéile an chéad lá, anu-raidh, nuair a cuireadh na comórtaisí rinne ar ceal. Chuireadar físe den taispeántas úd ar TikTok agus laistigh de mhí bhí cúig mhilliún amharc acu. Um an dtaca sin freisin, bhí 50,000 leantóir acu. Is i gContae na Gaillimhe a rinne siad an chéad scannán eile. Tá nócha milliún amharc ag an scannán sin anois ar an ardán sóisialta TikTok.

Tá sé ar na bioráin anois acu an seó a thabhairt timpeall an domhain. Shínigh siad conradh le comhlacht tallainne ar na mallaibh agus anois tá ioncam beag á thuilleamh acu. Táid ag súil leis. raghaídh an scéal seo i bhfeabhas agus a luaite is ea is fearr dar leo. Guímid gach rath orthu.





ERIN'S OWN LADIES CLUB

Great to see all the girls back training down in Caherlag again.. the past few months weren't easy but great days are ahead.
Roll on the 2021 GAA Season! Rogha Eireann Abu!



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#20X20 #ShowYourStripes
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welcome.

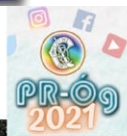


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Sarsfields Camogie Notes



MEET OUR NEW PR-ÓGS!

HELEN, ELLA & KATE

NEW PR-ÓGS

Introducing our new PR-Ógs for 2021 – Ella O'Brien, Helen Healy & Kate Fennessy who are currently undergoing online social media, match reporting & graphic design training under the watchful eye of Croke Park. The objective being to equip them with the tools to assist the Club PRO team for the season ahead!

Croke Park introduced this exciting initiative in 2020 when young PR-Ógs (15-21 year bracket) initially got the opportunity to learn the skills of the PRO world!

We are delighted to have Ella, Helen & Kate onboard & hope they will enjoy the experience!

RETURN TO PLAY – EXCITING NEWS!

All underage training returns from April 26th with our Saturday Training back on May 1st for current players and any NEW PLAYERS who would like to try camogie (born 2015 or earlier).

Note: All current players will receive notice from their managers directly.

Parents of NEW PLAYERS must text 086 4090712 IN ADVANCE. Please begin text with "CAMOGIE" giving Child's Name, D.O.B. & a contact number of

a parent/guardian. You will then be contacted with details of times, hurleys, helmets, etc. This is necessary to comply with Covid regulations.

NEW PLAYING RULE CHANGES FROM MAY 10TH

Main Changes:

- Goalkeeper may take quick puck out after a wide ball is signalled by the referee
- A player fouled within their own 45m line may take a quick free from the hand (indirect)
- Not allowed drop the hurley intentionally
- Minimal contact allowed
- Hand-passed goal abolished, however a player may score a point from a handpass.
- One player on the line for penalty – one on one!



WE'RE BACK!

All underage training returns from April 26th

Current players will be notified by their coaches

U6s - U8s return Saturday 1st May @ 12.15pm

ANY NEW PLAYERS (BORN 2015)
INTERESTED IN JOINING, PLEASE
CONTACT 086 4090712 IN ADVANCE

Sarsfields Camogie Club



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STRANGE HAPPENINGS AT SING-SING PRISON, KNOCKRAHA

The vault in Kilquane graveyard, known as Sing-Sing Prison, has become a major tourist attraction with people from all over the country and beyond coming to see it. The history of the vault goes back to the early Christian era when it was part of a monastery founded by Saint Quane, possibly for use for either storing food or as a prayer room for hermits. That would be around 500 A.D. It was then further used in the late 1700s for keeping bodies during the body-snatching period when bodies were being stolen from graves and could be sold to doctors. The way to stop that was to put the bodies inside into a house locked away for 2-3 weeks after death so they'd no longer be useful for Science. When they were no further use for Science they could then be buried.

But Sing-Sing was best known during the War of Independence when it became the official gaol for the Cork No. 1 Brigade where prisoners were kept while their fate was being decided, many of whom were later executed and buried in the 'Rea. The Knockraha Company was also making hand grenades in an underground facility and after the Battle of Clonmult on the 21st of February 1921, where the British forces practically wiped out the East Cork Flying Column, two British soldiers were wounded in the affair and their comrades took them to a local house for medical attention. One of the soldiers had a jacket that was blood-stained. The jacket was taken off him and two of the young men in the house who were IRA sympathizers got hold of it and they found, in looking through the pockets, a document which stated that the British intelligence were aware of the making of hand grenades in Knockraha. Indeed after that they made many raids on the Knockraha area but luckily their searches were unsuccessful. Members of the Company in Knockraha were convinced that the British would find out what was happening in Knockraha. At that time marshal law existed in County Cork and under that if they could prove what they were at they would be executed.

According to Ned Moloney, governor of Sing-Sing, up to 100 prisoners were kept there during the course of the War. It is an underground vault 16 feet long by 8 foot wide by 6 foot high



Josie and Bill with father Ned Moloney who was governor of Sing-Sing

with an inch thick steel door which is still today in perfect order. Outside the door was a gate with spikes on top. Both the door and the gate would have locks on them so there was no chance of any prisoner escaping. Many of the internees in the vault reported that they had some very paranormal experiences in there, from hearing strange voices to seeing ghostly lights and figures appearing to come through the wall. Today the vault is kept under the control of the Knockraha History Society and they are constantly locked to make sure that no one would damage the vault. Only two members of the history society have keys for the lock and they are very unusual locks. When Sing-Sing was open in 1919 it was completely empty so they had to put in boards for the prisoners to sit on. After the War of Independence, Ned Moloney barricaded the door and it was open by the County Council in the 1970s. The Knockraha History Society, in order to show what conditions were like in the prison, got a number of sleepers, which are heavy planks used on the railway, and they put them into the corner of the vault up on other planks. On two occasions in the last two years these planks have been moved to the entrance gate of the vault while the vault was locked, a distance of 20 feet and it hasn't been done by human hands.

The lock on the outside gate consists of a padlock with a bolt into the wall which is kept locked all of the time. A few years ago when a number of visitors came to see the vault they ran into the graveyard ahead of me and ran down the steps-I thought they would be stopped by the gate,

to discover that the gate was fully opened with the padlock still in place. More recently the actual lock itself was jammed on the inside and we had to get screwdrivers to open it. And we have no explanation for how these things happened.

As well as the historical activities members interested in the paranormal are very interested in Sing-Sing. So far nobody has volunteered to spend a night in Sing-Sing on their own with the gate locked. One of the paranormal groups that visited Sing-Sing did get some unusual noises on their audio. Indeed one medium says there are at least 6 spirits in Sing-Sing and they were members of the British Army. On an occasion when we were inside in Sing-Sing with the medium he asked the spirits to show their presence to us-there was a bowl of water in the corner and ripples started to appear in the water which, again, we couldn't explain.

The following is a poem written by Maurice O' Connor of Youghal about Sing-Sing.

*Water drops echo from it's arched roof,
But of it's dark past we now have proof.
A makeshift prison among the dead,
Where condemned men last laid their head.
Here they spent their last few hours,
The headstones were it's guards and towers.
How those wretches must have sobbed and wept,
As in the dark and damp they were kept.
When the key turned in the big lock,
One can only imagine fear and shock.
Led away by a flicking lantern light,
With hands behind them bound up tight,
The steel door once again slammed shut
With begging mouth and wrenching gut.
Led up the ray to face their doom
The wars dirty work done in the gloom.
The grave diggers waited at the hold
And prayers were said to save the soul.
Orders carried out by a two man squad
A single shot, a soul for God.
This was repeated many times
Prisoners payed for their empire's crimes.*



Upper Glanmire ICA

Update on Guild activities:

• It is with great sadness that we announce the death of Kitty O' Flynn, a longtime friend and Guild member of Upper Glanmire ICA.

Kitty was a founding member of our Guild in 1954, and was a 100% committed and involved in every aspect of Guild activities for nearly 70 years.

She absolutely loved everything to do with ICA, and never missed an Outing or Guild event. When a new member joined, Kitty always personally greeted them, and really wanted to make each member feel welcome.

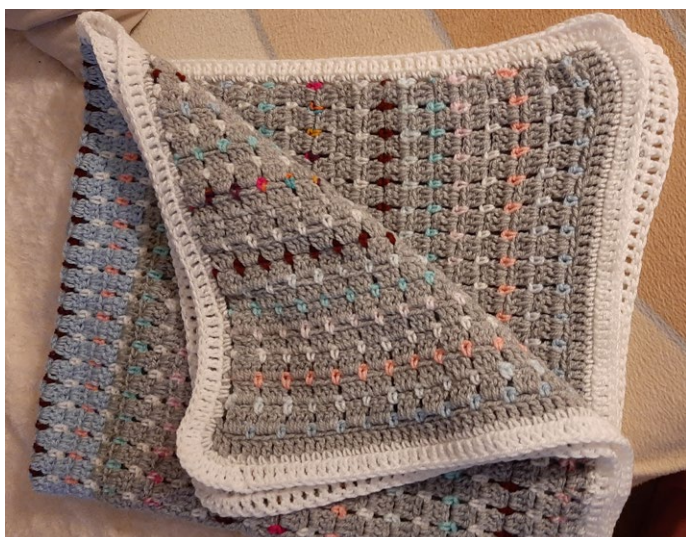
Ar dheis Dé go raibh a hanam.



A painting from one of our members



A child's knitted jumper and hat . (J.O' Dowd)



Another example of the Block stitch in crochet (M O' Connor)



A jigsaw from one of our members



May Recipe: Apple tart

Ingredients

- 8 oz short crust pastry
- (8 oz plain flour, 1 oz caster sugar, 3- 4 oz hard margarine, 1 beaten egg, a little water)
- 5- 6 cooking apples
- Sugar to sweeten

Method

- Grease a 7 inch round dish
- Blind bake 5 oz of your pastry. Seal for an extra 2 min with a little beaten egg.
- Stew your apples to barely soft, drain excess water and add sugar to taste(check

for sweetness)

- Fill your pie dish with apples, and cover with remainder of your pastry .
- Brush with a little beaten egg and gently prick with a fork in a few places.
- Bake at 160°C until golden brown for about 30 minutes.

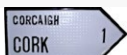
Sprinkle with icing sugar when serving.
(Tip! Hold back some of your beaten egg for sealing pastry after blind baking and for brushing at the end)



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Local History with Michael



The Titanic and the Message in a Bottle

Scientific research and experiments placing floating bottles into ocean currents have come to the conclusion that only 3% of the objects are ever found. The earliest recorded messages in bottles are to have been used believed by the Greek Philosopher Theophrastus c. 310 b.c. He placed several sealed bottles with notes inside in order to test his theory that the Mediterranean was formed by water from the Atlantic. In 1916 George Bidder a Marine Biologist released a large amount of bottles containing postcards in to the North Sea. An astonishing 108 years and 138 days were to pass before bottle number 57b was found by Maxine Winkler at Amrum Island Germany.

Jeremiah Burke aged 19 from Ballynoe Whites Cross was one of the 113 third class passengers to board the Titanic at Queenstown (now Cobh). He was the youngest of seven children and was an agricultural labourer. His two sisters had already immigrated to America and they sent on the money for his passage. His cousin Nora also made the decision to emigrate with him. Prior to the voyage his mother gave him a bottle of holy water to keep him safe on the journey. Unfortunately both Nora and Jeremiah perished when the Titanic struck an iceberg on 15 April 1912.

The story was not to end there as in the summer of 1913 a man walking his dog found a bottle in the Glanmire River near Dunkettle. The family were contacted by the local R.I.C. informing them of the find due to its contents. The bottle contained the following message 'From Titanic Goodbye all Burke of Glanmire Cork'. The date on the note was indistinct but could read either the 10, 12 or 13 of April. This raises several questions as to when the bottle entered or was thrown into the water either before or after the sinking. Being religious why would he dispose of his mother's holy water? Or did it enter the water after the sinking of the ship? The bottle and its poignant message was kindly donated by the family to the Cobh Heritage Centre in time for the centenary of the sinking of Titanic in 2012.

Michael Lenihan is the author of 3 books; Cork Burning, Timeless Cork and Pure Cork



1. Jeremiah Burke - Irish Newspaper Archive
2. Titanic bottle message - Cobh Heritage Centre.



Book Review with Máire

Ghost in the Throat - Doireann Ní Ghriofa

Both The Irish Times and The Irish Independent book of the year, Doireann Ní Ghriofa's debut novel Ghost in the Throat is a combination of the author's own personal story, her struggles with depression in her college years and her life now as mother to four children whom she deeply adores.

Ní Ghriofa does not sugarcoat motherhood; she details the mundanity of housecleaning, clothes washing, breast feeding and the exhaustion that it all entails with no apology.

Intertwined with her personal experiences is her research into the eighteenth century Irish poem Caoineadh Airt Uí Laoghaire by Eibhlín Dubh Ní Chonaill which greatly inspired Ní Ghriofa as a child.

Eibhlín Dubh lived in the anti-Catholic penal times and her beloved (second) husband is ultimately murdered on the orders of a Protestant sheriff. This is a deeply sad lament or keen and an enlightening look into a time we have so little comprehension. Ní Ghriofa becomes consumed in her exploration of Eibhlín Dubh's life, what happens her children and how their lives unfold.

The story shines a spotlight on Macroom and the surrounding areas; the vast number of Anglo-Irish estate houses, the Gearagh (the submerged oakwood forest) and Uí Laoghaire's home place of Rathleigh which still exists today.

Ní Ghriofa is a phenomenal writer and her talents as a poet radiate in her interpretation of motherhood and the parallels between her own life and with Eibhlín Dubh Ní Chonaill.

The reopening of museums, galleries and libraries is be under consideration from May 4th - subject to prevailing public health situation. Announcements will be made closer to this date but we are hoping that we will be operating under Level 3 which is click and collect.



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Across

1. Fourth month (5)
6. Make changes (5)
9. Large planet (7)
10. Unable to move (5)
11. Problem (5)
12. Gaelic (5)
13. Is present (7)
15. --- Palmas (3)
17. Common sense (4)
18. Old Spanish money (6)
19. Tweed (5)
20. Imprint, engrave (6)
22. Kenny, ex-Taoiseach (4)
24. Beam (3)
25. Got up on a horse (7)
26. Search (5)
27. Slow moving animal (5)
28. Meet, welcome (5)
29. Grand National course (7)
30. Old French money (5)
31. 0.1 as a fraction (5)

Down

2. Popular dinner staple (6)
3. There are 12 in a foot (6)
4. Albanian currency (3)
5. Seen in the night sky (5)
6. Ouzo flavour (7)
7. Net, web, trellis (4)
8. Chewy sweet (6)
12. Pin-ups, celebrities (5)
13. Ire (5)
14. Chubby (5)
15. Leaned on (5)
16. Cold plate (5)
18. Driver of boat or plane (5)
19. Clairvoyant (7)
21. Norman, US novelist (6)
22. Course in a meal (6)
23. Overcome (6)
25. Having a stale, damp smell (5)
26. --- Laurel and Oliver Hardy (4)
28. Obtain (3)

Crossword Winner: Judy Phelan, Brooklodge East, Glanmire



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SEND your entries marked CROSSWORD to "Aitinn" Sarsfields Court Glanmire, to arrive by 18th May. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.



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3 Hazelwood Gardens, Glanmire T45YV25
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7 The Elms, Castlejane Woods, Glanmire T45H791
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31 The Drive, Inis Alann, Cobh P24Y652
three bedroom semi-detached home €220,000
BER: B3



20 Radharc na Tuaithe, Knockraha T56 YD21
4 bed detached €420,000
BER: B3 BER No.113457584



3 Heron Gate, Blackpool Retail Park T23HK19
2 bed, 2 bath first floor apartment €200,000
BER C2