

## Seán Kelly officially launches 21st Annual Tour de Munster Charity Cycle



Legend of the sport Sean Kelly was on hand to officially launch the four-day Tour across Munster on Tuesday evening, June 22nd. Taking to the roads of Munster from August 5th to 8th, the Tour will raise vital funds and awareness for the Munster branches of Down Syndrome Ireland (DSI). The Tipperary branch of Down Syndrome Ireland played host to the outdoor launch

at their newly renovated premises in Thurles. Funds raised as a result of Tour de Munster helped to purchase the premises, providing vital support for children and adults with Down syndrome. Details of this year's Tour were unveiled at the launch, as over 150 amateur cyclists prepare for the 600km, four-day tour around the six counties of Munster.

The 2021 tour de Munster will kick off from Cork City on Thursday, August 5th and continues over four days around the six counties of Munster before returning to Cork City on August 8th. The Irish Examiner, Clare FM, Tipp FM, WLR FM, Red FM, SPIN South West and Pure Radio are the Official Media Partners of Tour de Munster 2021.

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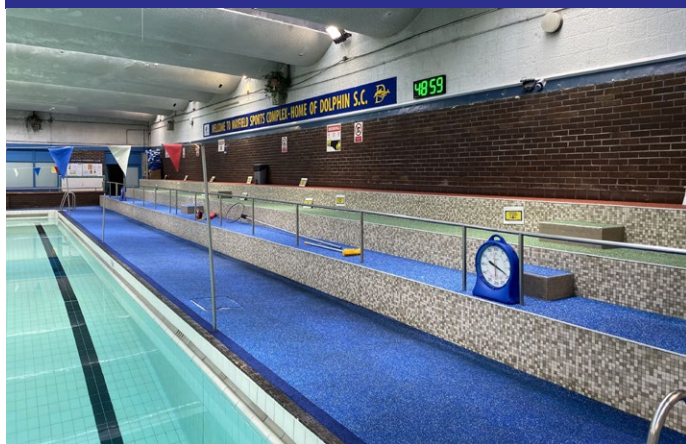


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## DOLPHIN SWIMMING CLUB



### Swimming Pools Re-Open

It's been over 6 months since most of our swimmers have been able to train in the pool but thankfully on June 7th the Irish government eased COVID restrictions and our swimmers finally managed to return to the water. This third lockdown has been the longest break from swimming that any swimmer at any age has ever had to endure out of the water.

Many swimming clubs have seen huge drops in member numbers coming back to the sport while others have reported that they simply cannot return to the water right now because their training facility cannot open or has placed severe access restrictions on their members and support staff. In Dolphin SC, we have been extremely lucky working alongside Mayfield Sports Complex in that they have carried out extensive background procedures and adjustments to ensure that we could get as many swimmers back in the water as possible. Swim Ireland's relaxation of their guidelines have allowed more swimmers to gain access to training and Dolphin are one of a select few clubs nationwide to get every single member back training for June. No mean feat considering the size of our club!

Training will continue for the summer, with the prospect of a competition likely at the end of July in Bangor or Dublin for our senior athletes. Head Coach, Mick McCormack, in his role

as the Munster High Performance Chairman has been working with the National Performance Advisory Group and the Munster Regional Committees to create competition structures and opportunities for all swimmers across the country and plans for these new competitions will be unveiled over the next few weeks as we look ahead to the start of the 2021/22 season which officially begins on September 1st.



Coach Der McArdle

In the meantime, everyone in Dolphin Swimming Club is delighted to be back – the swimmers, coaches, teachers, and even the parents! What's been evident from our return is that swimmers are resilient characters, that those who engaged with the club Zoom workout sessions and the fantastic outdoor Astro sessions in Mayfield Sports Complex throughout each lockdown have come back strong and ready to go again, but also that they have really missed their sport and are happy to be back. Let's hope we've seen the end of pool closures at this stage.



Butterfly skills in action



Swimmers back in the flow



Training back at Brookfield Leisure



Junior Boys getting ready to workout



Junior Girls Warming Up Outside





# Are You Living With Sciatica Or Back Pain... When There Is A Non-Invasive, Drugless Solution?

Having back and sciatic pain is a miserable – even crippling – condition.

You might not be able to play golf, work, or even sit in the car for a 30-minute drive. It's almost impossible for anyone around you to understand how you feel. You can't remember the last time you even had a restful night's sleep.

You may have a condition called "Sciatica" if you're suffering from any of these annoying conditions. Sciatica is a compression of the sciatic nerve, usually by an L4 or L5 disc herniations.

Nothing's worse than feeling great mentally, but physically feeling held back from life because your back or sciatica hurts and the pain just won't go away!

## Do You Have Any of the Following?

- Sharp pains in the back of the leg
- Lower Back Pain
- Herniated/bulging discs
- Numbness or soreness in your legs
- Shooting hip or thigh pain
- Muscle spasm, sprains & strains

Fortunately, if you are suffering from any of these problems, they may be relieved or eliminated with chiropractic adjustments.

## "What's The Chance This Will Work For Me?"

Chiropractic has been around for over a hundred years, and has been used to help everyone from tiny babies to the elderly. Even top sports stars and entertainers like Tiger Woods, Venus Williams, Pádraig Harrington, Bradley Wiggins, Gisele Bündchen and Madonna.

These professionals can afford to hire any kind of doctors they want, and they choose to have a chiropractor on their team.

## Here's what just one of our patients had to say:

**"I can't believe how much I have improved and can tolerate more treatments and exercises. My quality of life is so much better and I get a full night sleep now. It has taught me how to rest, look after my back and sit up straight. At the same time, I have freedom from pain and a lot more movement."**

This means in just a matter of weeks you could be back on the golf course, enjoying your love life, or traveling again.

## Feel the Improvement – and Say "Yes" to Life Again

With our "Back Pain And Sciatica Evaluation" we'll be able to find the problem and then correct it.

Think of how you'll feel in just a few short weeks.

See and feel your life change for the better. Start your body on the way to pain-free, normal living. Feel tight joints rest, relax, free up. Feel muscles tied in knots become more supple. Feel strength in your muscles increase.

As you begin to see motion returning to your joints, you're preventing and reducing chances of disability and a crippling future.

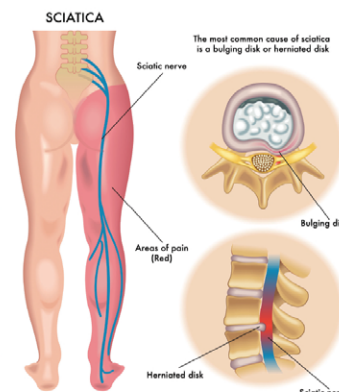
## The Single Most Important Solution To Your Sciatica and Back Pain

It's time for you to find out if chiropractic will be your sciatic and back pain solution.

For 14 days only, €40 will get you all the services we normally charge new patients €120 for!

What does this offer include? Everything we normally do in my new patient evaluation.

- An in-depth consultation about your health and well-being where we will listen, really listen to the details of your case.



- A complete neuromuscular examination.
- A thorough analysis of your exam and any findings so we can start mapping out your plan to being pain free.
- We will provide answers to your questions, like...

...which position, mattress, and pillow you should use for a good night's rest.

...how to exercise the right way so you aren't making your pain worse.

## Don't Let Your Sciatica Get Worse

Untreated, sciatica can lead to a loss of muscle strength and muscle size that may be irreversible. Eventually, there can be problems with gait.

Sciatica can be **successfully treated**. You can recover. Healthy, pain-free living should be yours.

Call today and I can get started with your consultation and exam as soon as there's an opening in the schedule.

Our office is called Glanmire Chiropractic Clinic and you can find us at Eastcliffe House, Glanmire. (Over the bridge by monkey maze in Glanmire next to AIB)

To avail of this offer just tell the receptionist you'd like to come in for the Back Pain And Sciatica Evaluation.

We look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

*Sincerely,*  
**Dr. Eric Kelly, D.C.**

**P.S. You've got too many dreams left undone. Too many special moments waiting to be experienced. Life is too short to let pain slow you down.**

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## "NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

### THE LATE TOMMY LYNCH RIP



Tommy Lynch

Tommy's GAA family was not just scattered around the entire Island of Ireland but it also extended to destinations far beyond our shores. He was very close to that family but his devotion was first and foremost to his own and he was a loving father, grandfather and great-grandfather. Tommy sadly passed on to his eternal rest on June 9th. in his ninety first year. He and his late wife Lily had a son Anthony, who with his wife Clare resides in Glanmire, and a daughter Marian who with her husband John and family resides in Sydney, Australia. Tommy was so proud of his Knocknaheeny roots and this was particularly exemplified by his selfless support for its close-knit community; let it be erecting bunting and flags for the annual Corpus Christi processions, or providing much-needed assistance to voluntary youth workers, or leading the way forward with passion in support of his local St. Vincent's club. These are just a few examples of his valuable input to life in his beloved Knocknaheeny. Tommy was employed by Ranks Flower Mills on the Marina and his voluntary in-depth involvement with Cork GAA commenced when manning the gates at the Cork Athletic Grounds just a little farther down the road. He was scoreboard operator at the opening of Páirc Uí Chaoimh on June 6th. 1976 and in 1982 the late County Board Chairman Denis Conroy offered Tommy a job at the stadium. The rest is history. He was appointed "Head Groundsman" in 1988 and for the next plus ten years Tommy also acted as "Kitman" for the Cork senior teams. The "Head Groundsman" responsibility for Páirc Uí Rinn was also bestowed upon him when it opened on May 23rd. 1993, a venue that he affectionately called; "Christy Ring Park". This was of course the former AOH owned "Flower Lodge" soccer grounds which Cork GAA purchased in 1989 for two hundred and forty thousand pounds. And naturally Tommy had an

involvement! It was he who delivered that valued envelope to the AOH at Morrison's Island which contained the startling news that Cork GAA was the new owner. The Board had submitted two separate bids via solicitors but of course it wasn't obvious to the AOH that it was a single entity making the two offers, let alone that it was Cork GAA! One was without the guarantee that the ground would be retained for sport and the other, which was a lower bid but with an undertaking that it would be utilised for sport, was accepted. Incidentally there was no bank borrowing for the project as the revenue from the Michael Jackson concerts offset the total expenditure. So Tommy played his part in the most outrageous master stroke of Cork sporting history and do you know what; with that trademark roguish twinkle in his eye the AOH personnel may very well have guessed before the envelope was opened! Did Tommy derive glee from all of this? Did he what!? His dedication and pride of work, without seeking plaudits, knew no bounds and it was fitting that he was still passionately engaged when the redeveloped Páirc Uí Chaoimh was officially opened on October 22nd. 2017. There is no appropriate time to pass on from this life but it can be said with certainty that it is extra distressing for such to happen during this terrible pandemic period. However despite such resultant challenging difficulties it is so pleasing that the celebration of Tommy's life was such a glorious dignified occasion. The poignant church ceremony at Knocknaheeny, lead by the parish priest "our own" Fr. Greg, was presented in such a joyous fashion. Fr. Greg is the "Reverend Special One" who has the precious gift to lift potential gloom by simply mixing sound judgement in practical matters with a little bit of religion and compound same in a sincere and light-hearted fashion. The eulogies by Tommy's daughter Marian and son Anthony were delivered in such an impressive and touching style. This is a difficult undertaking but it is that little bit easier when what is spoken comes direct from the heart, as was epitomised by Marian and Anthony. The befitting poem penned and so eloquently recited by his granddaughter Sarah was moving. And then there was that graceful live input from a distance of almost eleven thousand miles away in Sydney; the meaningful "Prayers of the Faithful" which were clearly, powerfully and interestingly relayed by Tommy's fond granddaughters Sinead, Maria and Erin. And let's not forget his infant great-

grandchildren; Bryan's Odin and Sarah's Grace, and it was so delightful that Tommy had quality precious moments treasuring the experience of their presence with him prior to his passing on, and this was also of such immense comfort to his family. The sweet rendering of "The Banks" as the cortege left the church for Tommy's final resting place at St. Joseph's Cemetery (Little Island) was appropriate and heart-warming. And that little detour in transit facilitated the all-important desire of passing Tommy's "Christy Ring Park", where Cork players past and present, board officials and club members formed a guard of honour. The Erins Own Club did likewise as the cortege arrived at the cemetery and this was indeed an admirable expression of appreciation and also support for Tommy's family. The oration was delivered by Frank Murphy in splendid fashion and his detailed account in chronological order of Tommy's long and fruitful life included many humorous happenings. He also revealed that a Cork jersey bearing the name "Tommy" on the front and "Legend" on the back has been commissioned and this customised jersey will forevermore be a prized memento for his family. The multitude tributes and condolences paid to Tommy illustrate the high esteem in which he was held and they flowed from far and near. Such included the following: "Tommy was the nicest and most courteous and friendly man you could meet. He was a true son of the Northside. He was without doubt one of the best known, loved and respected people in Cork GAA circles. There was always a friendly greeting, the twinkle in his eye, and very often a juicy bit of GAA gossip"; "Tommy always gave a warm welcome to referees and their officials and looked after their needs. A kind and courteous man"; "Dedication, loyalty, humour, wisdom, common sense and kindness were just some of Tommy's many qualities he gave freely to Cork GAA. The pride he took in the pitches and grounds was a marvel to behold. Maybe if we are renaming any Stand in the future Ardán Tomás Uí Loinsigh would forever enshrine the memory of one of the greats of Cork GAA"; "He was so helpful to me when I was involved with Cork and he was always good-humoured and witty. His little quips added to the atmosphere in the dressing room or on the team bus travelling to games, a true Cork legend"; "What a lovely gentleman, always so helpful and kind to everybody"; "Players, selectors, officials and sponsors came and went, but Tommy was a constant and always friendly and

helpful"; "A gentle and great character who was real caring and welcoming. Any Tipp team that I was involved with felt really looked after in Páirc Uí Chaoimh, even if playing Cork"; "Visits to Páirc Uí Chaoimh and Páirc Uí Rinn were always enjoyable when you were met at the door by Tommy. He always looked after us so well and never had a cross word even when we were the last to leave the press box, and often in the dark"; "Sending our condolences to Marian, Anthony and family on the death of wonderful Tommy. He is part of our Christmas memories in Sydney. We loved the many chats and the twinkle in his eye and of course his Cork accent was marvellous in Sydney"; "Tommy was one of the first guys I made a connection with when I started my career with Cork and we always had a word when we met"; "Tommy was the front of the house man in Páirc Uí Chaoimh for many years. He was most courteous to all when we visited Cork for games"; "Whenever a Cork player arrived in Páirc Uí Chaoimh for training there was always a great welcome from Tommy or a humorous slag"; "My time in O2 as sponsors of Cork GAA was full of laughter every time that Tommy was around. It was an absolute pleasure to work with him. He was a true gentleman and a true legend"; "I shall miss him greatly. He was a most engaging and friendly man. A GAA great"; "I have many happy memories of Tommy from the days when he was involved with Gurrabraher church and a community activist in the parish"; "Tommy was the most helpful person I have ever encountered on any of my visits to the two Páirc's down through the years"; "Tommy was a wonderful man and I have such happy memories from living in the Showgrounds and Tommy as our neighbour in Páirc Uí Chaoimh. Tommy, you have left a beautiful footprint on this world". Well, the foregoing are just some samples of the hundreds and hundreds of condolences for the late Tommy. There were also many tributes paid in various publications and such contributions were from household names far and near. Tommy left a permanent imprint on the hearts of everyone who had the pleasure of knowing him. He will be greatly missed by many but especially by his supportive and much-loved family. Suaimhneas Sioraí Dá Anam Uasal.

SLÁN ANOIS ©





## ASKING THE RIGHT QUESTIONS

**John O'Sullivan**  
Personal & Business Coach

In this article we will look at how we ask questions can change how we see the world. In fact, asking the right questions can help to change our world for the better. Don't believe me? Read on!

Let's start by describing a typical situation. You're standing in a queue in a hardware outlet. It's early in the morning and you just stopped in to make a small purchase worth only €2. When you get to the checkout you discover that you only have a €100 note in your pocket, no change and no credit card. As it is the beginning of her shift, the cashier doesn't have enough cash in the till to give you €98 in change. The cashier politely asks if you have anything smaller and of course you reply that you don't. What would usually happen next?

Have you been in a situation like this? Perhaps you have had to replace the item and make the walk of shame from the store? In this situation the "official procedure" for the cashier would be to put the €100 in a plastic tube and send it to the office and wait for someone to return another plastic tube with smaller notes in it. There was a long queue forming and this would take several minutes, at least. Imagine your frustration or embarrassment standing in the queue as anxious customers sigh and mutter behind you. The above situation could happen to any one of us, and this was the situation one man named Mr Johnstone found himself in a few years ago. The Cashier, on this occasion did something remarkable and unexpected. She reached under the

counter and opened her purse. She took out some coins and put them in the till. She then registered the sale and handed Mr Johnstone his goods, his receipt and his €100 note back. It took Mr Johnstone a moment to realise what she had just done. When he did, he thanked her several times and hurriedly left the store.

That isn't the end of the story, however. A few days later the cashier's manager approached her with an envelope. It contained a thank you note from Mr Johnstone and a generous €50 tip. The manager and cashier agreed it was a significant gesture by the customer but thought no more about it. However, another week later, Mr Johnstone arrived back to the store. This time he was not alone. He was in the company of his father who happened to be the owner of a major construction business. Mr Johnstone senior walked straight up to the cashier and said, "because of what you did for my son the other day, we have decided to get everything we need from this store". True story!

Now put yourself in the position of the cashier. Would you have turned the customer away? Or would you have wasted time following "procedure"? Either of these situations could easily have happened. Our cashier was faced with a dilemma that morning. She was no doubt under pressure from the growing queue. She was also aware that she risked being pulled up by her manager for not following protocol. And of course, she cost herself financially. However, the impact

of her split second judgement had an amazing exponential effect.

So what questions did this cashier ask herself? Did she ask, "Why is this happening to me?", or maybe, "Why is the morning float not enough?", or even "Why is the procedure to break a €100 so slow". Judging by her actions, it's not likely that this was her mind-set. It is far more likely that she asked a better question of herself. She asked "what can I do, right now, to solve this problem and make sure this customer is satisfied".

In life we are certain to be handed a few curve balls and what matters most is how we handle them. As a life and business coach I see this all the time. Some people ask questions with a victim's mind-set. "Why is this happening to me?", or "Why is my boss such a \*\*\*\*?". This thinking serves no purpose other than to keep us stuck and feeling awful about the situation. If you find yourself thinking this way habitually, my advice is to change the questions you ask yourself.

In his book, QBQ (The Question Behind the Question) John G. Miller describes a far more proactive way of asking questions to ourselves. He states that we can find solutions when we ask questions beginning with "What", or "How". We should avoid questions beginning with "Why" and "When".

Some simple questions you could ask might be the following:

- "How can I be a better parent today?"
- "What can I do to

improve XYZ situation?"

- "How can I support others?"

"Why" and "When" questions typically imply that the problem is someone else's fault. It takes away your personal accountability and responsibility. This is stealing your opportunity to take control and to proactively improve things for yourself. Miller wrote an entire book on this concept and it's well worth a read.

So to conclude, be careful about how you speak to yourself internally. If you find you're asking questions from a victim mind-set, try to reframe the question in a way that gives you back control and responsibility to improve the situation. You'll find this opens you up to finding solutions rather than staying stuck in a negative cycle. We can all do this – it's only a matter of asking the right questions!



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## Gardening with Charlie Wilkins

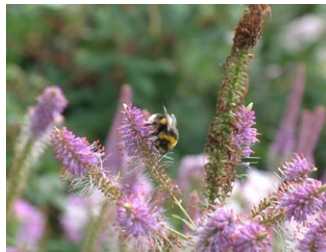


Charlie Wilkins

### A SUMMER ACHE

Sometimes, I think that summer is simply an aberration, a divergence, a distraction from the norm, a rarity even. In recent years it has disappointed in many respects, and we live out our gardening lives (yet again) in low light levels and unseasonal temperatures. Summer is so longed-for but so brief, whilst winter seems to be habitual, a fact of life. For most of the year, it seems, we live with dampness and wind, naked trees and sodden ground. That is, until nature puts on a supreme effort and changes the dismal monochrome of winter green to fancy dress hue. The garden may now be showing the earliest signs of the cooler, subtler days of autumn, but there's still much to admire in the line of hot colours and gentle movement. The Orb spider is once again busy criss-crossing shrubs and plants with inescapable webs, whilst the scented phlox, potted lilies, and roses continue to release their perfume along with honeysuckle, which now has berries as well as flowers. All these, individually and collectively, define a time and shape life-long memories. And yet, all is not as it seems.

Recently, in a nearby Glanmire walled garden, the scented blooms of a large lime tree were at their most floriferous but around its base lay bees in the dozens, some intoxicated it would seem, many already dead and withering in the high humidity. More were being taken by birds and marauding wasps, and whilst the bumble bee outnumbered honey bees by ten to one, the sight was one of great sadness.



Bees need sugars and here is one searching among the tiny florets of Vericestrum, one of their favourite sources of supply

All lime trees (*Tilia* species) are extremely attractive to bees when they come into flower, but for bumble bees, the lime tree known as *Tilia petiolaris*, can be a fatal attraction. Its flower nectar consists of a mixture of sugars, but in the

case of 'petiolaris' a significant quantity of a sugar called mannose is also present. The bees are unable to metabolise this sugar fully and it becomes irreversibly bound to the digestive enzymes in their gut. The available enzymes soon become used up, making the digestion of other sugars impossible and so the bee dies of sugar starvation, even though its stomach may be full.

Fortunately, *T. petiolaris* flowers in late July and early August, when bumble bee colonies are at peak strength and so the colonies are better able to survive the loss of those foraging among the branches. Humans can digest mannose so there is no danger from eating honey produced from lime nectar. The pendant silver lime tree blossoms may still be hanging heavy due to the weighty crawling of foraging bumble bees, but the sooner flowering ceases, the better for all these important, furry pollinators. Varroa mite has decimated honey-bee stocks in recent years so every single bee, honey or bumble, is valued for their ability in pollinating crops of every kind.

### THE JULY GARDEN

**AUTUMN:** The mood of autumn is already evident in the foliage of trees, shrubs, and all plant life. More evidence of climate change? Who really knows? The shortening hours of daylight have crept in like the tide, unannounced as usual, marking the ebb and flow of the seasons and of life itself. Whilst the dance of surrender may be obvious to those who observe these subtle changes, those new to gardening should note that there are still three good months of gardening activity to be enjoyed. The garden in these weeks can still become 'a cabinet of curiosities' for shadows will increasingly deceive the eye and light play funny tricks even during a high July noontime. Now's the season in which to have an eye for detail, a love of the unusual, a collector's mentality for weird shapes, odd movements, and unexpected and sudden bursts of short-lived golden colour. If you garden with grasses and late perennials (rudbeckia, helenium, aconitum, etc) you'll have these golden treasures I speak of and be able to rely heavily on shape and pattern for all of autumn through to October.

**DEADHEADING:** Gardens can easily slide into premature decay after June and regular deadheading is essential

to prevent this. For certain plants, such as the non-repeat flowering roses, the aim is purely cosmetic. But many plants, including dahlias, cosmos, penstemons, and many species of later flowering salvias can be induced to flower indefinitely if none of their spent blooms is allowed to ripen seed. There are rare instances where it is acceptable simply to snap off spent flowers with finger and thumb and this is the case with daylilies. But, in general, secateurs or a stout pair of scissors are needed. It is essential to trace the stem of a spent flower back to some definite point, as any bare stalks you leave behind will disfigure the whole plant. This point will be where a new shoot or a fresh flower arises or is likely to arise. With a plant such as *Salvia superba*, you can sometimes remove a large number of spent blooms with a single cut. Others must be removed one by one.

**PHLOX:** It is not generally appreciated that phlox has a second season of flower, shorter stemmed may I add, but still very welcome towards the dewy month of September. Simply pinch out their first heads of bloom as they fade or cut the stems to a lower pair of leaves then give two liquid feeds at fortnightly intervals. The pale blues and lavender blues look best during this second flowering for they give the

impression that smoke is in the air along with the first of the autumnal mists. When cut for indoor use the scent of phlox can be slightly rank, though it will still be found ideal for flower arranging.

**GET ESTABLISHED:** Always plant shrubs and perennials in autumn (October or even later) for the soil will still be warm and they will get well established before the arrival of hard frosts. The weather in spring can be dry above all else, and absolutely freezing which means constant watering if you plant then.

**DIVISION:** You might not think so, but the next few weeks is a good time for dividing early-flowering *Hemerocallis* and *hostas* though you must keep them well watered! Grasses and grass-like plants can also be divided now, including *Ophiopogon* (black grass) *Elymus* (blue grass) and *Carex*.

You can also take cuttings of *Asters*, *Phlox* and *Monarda* and they will all respond, but try to source the smaller, non-flowering shoots at the base. Place several cuttings in a pot, cover them with a flimsy clear plastic bag and place outside away from direct sunlight. They root very quickly and can be potted up individually when a reasonable amount of growth has taken place. Put all these in a sheltered spot to overwinter safely.



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# GLANMIRE LADIES FOOTBALL CLUB

GLEANN MAGHAIR

fun



Glanmire Ladies  
Football Academy

Training Times

U6s, U7s, U8s in Buck Learys Fridays  
6pm - 7pm

U9s Monday Gaca pitch  
6pm-7pm and Friday Gaca  
pitch 6pm-7pm

U10s Mondays Gaca pitch  
7pm-8pm and Friday Gaca  
pitch 7pm-8pm



Further enquiries to Mark Byrne  
Club Development officer  
0868685489

## Academy

Glanmire LGFC is delighted to announce the launch of its 'Academy'. It will be the foundation of our club, giving girls the opportunity to participate in ladies gaelic football from an early age.

The main aim of the Academy is to introduce the girls aged 5-10 to ladies gaelic football in a fun, safe and relaxed environment.

The ethos of the Academy is to provide a player pathway for the girl's continuous development with a focus on fun, fun, fun.

## Back in Action!

Over the last two weeks we have seen our players from all age groups return to games! The U11's started out with a



U11 Team

game against Bishopstown and there was some great skill displayed from both sides, while the U10's returned with a game against Watergrasshill!



U16B Team



U16A Team

The U16B squad started their East Cork League campaign with a game against St. Coleman's and they were delighted to come home with a win and the U16A squad also started out their league campaign with a win against Inch Rovers.



U14A Team

It was then the turn of the U14 squad who also came out with a good win against Inch Rovers. Our Intermediate panel also got in on the winning action with a win against Bride Rovers in the Senior League. There was also action for the U12 and U9 teams, who were delighted to get in their first games of the year.



Senior Team



Cork Minor Lucy



Cork Minor Evie



Cork Minor Carag



Cork Minor Orlaith

## Cork Panel Members

Some congratulations are in order for some of our players who have recently been selected for the Cork squads.

First up we have Ellie Mulkerrins who will represent the club with the Cork U14 panel for 2021. Super achievement for a hard-working player.

Next, we have Caoimhe Richmond, Orlaith Walsh and Ava Fitzgerald who will look to make their mark on the Cork U16 panel for 2021.

Finally, Orlaith Roche, Caragh Byrne, Evie Twomey and Lucy Greene will represent Glanmire as part of the Cork Minor panel for 2021.

Well done to all girls for their hard work and commitment! Best of luck for the season!

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## Madraí na hÉireann: Cuid 11

## Micheál Ó Súilleabháin

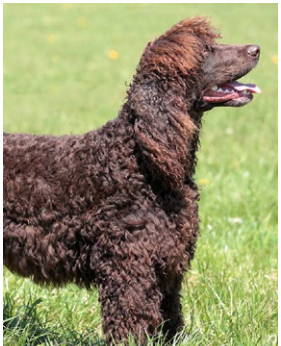


Brocaire Glenn Ó Máil

Ceann eile de na madraí Éireannacha is lú is ea an Brocaire Ghleann Ó Máil nó brocaire Chill Mhantáin. Tá corp mór aige ach tá na cosa an-ghearr. Rinneadh pórú air mar sin ionas go bhféadfadh sé dul faoi thalamh chun breith ar

mhamhaigh bheaga ar nós an bhroic. D'fhan sé ciúin, nuair a chuaigh sé isteach sa bhroic ná i bpluais an mhadra rua. Tá sé coitianta go meán an broc níos mó ná seasca punt agus bhí dian-choimhlint idir an brocaire agus an broc. Inniu peata tí is ea brocaire Ghleann Ó Máil, ach tá an dúchas céanna ann i gcónaí agus, má fhaigheann sé an deis, maróidh sé francaigh nó coíníní. Maireann sé idir dhá bhliain déag agus ceithre bliana déag agus ní bhíonn mórán fadhbanna sláinte aige. Cé go bhfuil an brocaire le fáil i Meiriceá agus sa Bhreatain inniu, níl mórán díobh fágtha in Éirinn agus tá a thodhchaí i mbaol.

Ceann eile de na madraí Éireannacha is ea an Spáinnéar Uisce. D'úsáidí seabhaic nó fabhcúin tráth chun cearca uisce a sheilg agus ba é gnó an spáinnéir ná chun na héanlaithe a dhúiseacht ón áit ina rabhadar i bhfolach. Ach i rith an tseachtú céad déag, bhí athrú ann. Nuair a tháinig gunnaí chloch thine ar an saol, traenáladh an spáinnéar chun breith ar na héanlaithe leagtha agus iad a thabhairt ar ais go dtí fear an ghunna. Le himeacht aimsire, tá dhá chineál spáinnéir tagtha chun cinn. Baineann ceann le Tuaisceart na hÉireann. Tá sé níos lú ná spáinnéar an deiscirt, tá



An Spáinnéar Uisce

cluasa níos giorra air agus aghaidh ar nós pointéara. Tá fionnadh catach, corp íseal agus cluasa fada ar spáinnéar an deiscirt. Dar le saineolaithe, is fearr go mór spáinnéar an deiscirt. Scríobh Somerville and Ross faoin nGiúistís Cónaitheach, an Irish R.M. sa naoú céad déag. Baineann roinnt de na scéalta le 'Maria', spáinnéar uisce. Tá sí lán d'fhuinneamh ach, nuair a bheireann sí ar ghéim, itheann sí é seachas é a bhreith ar ais dá máistir. Bunaíodh Club an Spáinnéir Uisce i mBaile Átha Cliath in 1890 agus ag an am, bhí an chosúlacht ann go raibh todhchaí an spáinnéir slán. Le teacht an labradóir, madra aimsitheora, thosaigh an spáinnéar uisce ag dul i léig. Ach tá buanna ar leith ag an spáinnéar uisce. Tá an-spiorad ann agus níl sé ionsaitheach. Is cosúil, áfach, go bhfuil an labradóir níos faiseanta inniu.

Dar le roinnt daoine, is é an Brocaire Éireannach an pór is sine dá chineál in Éirinn, cé nach bhfuil aon fhianaise chinnte ann ina thaobh. Ar nós an chuid is mó de na madraí Éireannacha, is cosúil go raibh méid agus dathanna éagsúla ar an mbrocaire Éireannach go dtí gur tugadh isteach pórú roghnaitheach ag deireadh an naoú céad déag. Bhí dhá rannóg ann do na Brocairí Éireannacha i Seó Madraí i mBaile Átha

Cliath in 1873, rannóg amháin do mhadraí os cionn naoi bpunt meáchain agus rannóg eile do mhadraí faoi bhun naoi bpunt meáchain. Ba é William Graham, póraitheoir ó Thuaisceart na hÉireann a d'fhorbair na tréithe a bhain leis an mbrocaire Éireannach. Bhí dath rua air agus baineadh é seo amach trí chiondhíothú ar dhathanna eile. Bhí a chorp agus a chosa níos faide ná mar a bhí ag brocairí Éireannach eile. Bhí an-tóir ar an mbrocaire Éireannach ag an am seo agus choimeád aicmí éagsúla é. Tugadh fairitheoir an duine bhoicht air, cara an fheirmeora agus an madra ab ansa leis an duine uasal air. Is minic a bhí an brocaire Éireannach ag rith na hEorpa.



An Brocaire Éireannach

Bhain na Hapsburgaigh úsáid astu mar mhadraí fiaigh. Bhí an brocaire Éireannach ag Ráiseánna agus ag Maharáiseánna na hIndia. Bhí brocaire Éireannach ag an Rí, Éadbhard VII. Thug Éadbhard 'Jack' leis ar a chuairt stáit ar Éirinn in 1903 ach, ar an drochuair, fuair Jack bás le linn na cuairte. Bhí tóir ar an mbrocaire Éireannach i Meiriceá Thuaidh, chomh maith. Úsáideadh madraí chun teachtaireachtaí a thógaint ó chomplacht amháin go dtí complacht eile sa Chéad Chogadh Domhanda. Bhí an brocaire Éireannach an-oiriúnach don obair dhainséarach seo. Úsáideadh é mar scabhta, chomh maith. Bhí sé an-mhaith chun an namhaid a aimsiú ón mboladh a phioc sé suas agus an namhaid ciliméadar óna chomplacht féin. Tháinig laghdú ar líon na mbrocairí Éireannacha i ndiaidh Chogadh Domhanda 1, ach tá comharthaí ann go bhfuil tóir air arís.



An Pocadán Ciarraíoch

Pór Éireannach eile is ea an Pocadán Ciarraíoch. Conairt is ea é a oibríonn le grúpa madraí. I dtús báire, is cosúil gur úsáideadh é chun fianna a sheilg. D'oibrigh an pocadán le madraí fiaigh a bhí níos mó ná é féin. Bhí sé in ann boladh an fhia a aimsiú agus ansin mharaigh an madra fiaigh mór an géim. Tá an-mheas ar an bpocadán Ciarraíoch mar mhadra fiaigh. Is cosúil go raibh comórtas idir an pocadán Ciarraíoch agus an gadhar sionnach Sasanach in 1834 agus bhuail an pocadán Éireannach air go héasca. Choimeád na huaisle pacá pocadán agus d'fhéadfadh suas le céad madra a bheith i bpaca. Tháinig laghdú ar líon na dtiarnaí talún i ndiaidh an Ghorta Mhóir agus, dá

dheasca, tháinig laghdú ar líon na bpocadán. Sna 1880-idí thosaigh Conradh na Talún feachtas chun stop a chur le tiarnaí talún a bheith ag úsáid talamh na dtionóntaí le haghaidh fiaigh agus maraíodh mórán de na pocadán mar chuid den fheachtas. Cé go bhfuil laghdú mór ar an bhfiach inniu, leanann sé ar aghaidh ar scála níos lú. Tá conairt Scarteen déanta suas, go hiomlán, den phocadán Ciarraíoch. Is cosúil gur ainmníodh na Dúchrónaigh nó Black and Tans as an gconairt i Scarteen. Easpórtáladh roinnt de na pocadán go dtí na Stáit Aontaithe, go dtí an Astráil agus go dtí an Nua-Shéalainn agus fuarthas amach go rabhadar an-éifeachtach.

Is é an Brocaire Cruithneachta an brocaire is líonmháire. Tá fionnadh bog air a bhfuil dath na cruithneachta air. Níor aithníodh an pór mar chineál ar leith go dtí na 1930-idí. Madra oibre a bhí ann a rinne fiach ar mhadraí rua, ar bhroic agus a mharaigh francaigh agus luchta timpeall na feirme. In 1955 bunaíodh Club don bhrocaire cruithneachta sa Bhreatain. Shroich an



An Brocaire Cruithneachta

brocaire cruithneachta Meiriceá Thuaidh in 1947 agus, de réir a cheile, d'aithin an American Kennel Club an pór. D'fhás difríochtaí idir an brocaire i Meiriceá agus in Éirinn. I Meiriceá, d'éirigh an chuma a bhí air níos faiseanta. Cháin póraitheoir Éireannach amháin, Maureen Holmes, an claonadh i Meiriceá

agus, dar léi, bhí na Meiriceánaigh ag milleadh an bhrocaire. Is cosúil go raibh éifeacht ag a cuid focal mar, le blianta beaga anuas, tá béim nua ar bhrocaire cruithneachta na hÉireann thar lear. Is é brocaire cruithneachta na hÉireann an pór Éireannach is mó a bhfuil tóir air sna Stáit Aontaithe.

Inniu is féidir madraí de gach cineál a fheiceáil in Éirinn. Má bhí an madra Éireannach ina mhadra oibre tráth, is peata é don chuid is mó na laethanta seo. Tá póracha ar nós an labradóir níos coitianta inniu ná mar atá na póracha Éireannacha. Ba thrua, áfach, dá n-imeodh an madra Éireannach ar fad mar is cuid dár n-oidhreacht é.

### Gluais:

**Brocaire Gleann Ó Máil = Glen of Imaal Terrier**

**pórú = breeding**

**mamaigh bheaga = small mammals**

**dian-choimhlint = fierce contest**

**Spáinnéar Uisce = Water Spaniel**

**seabhaic = hawks**

**fabhcúin = falcons**

**madra aimsitheora = retriever dog**

**tóir air = demand for**

**Pocadán Ciarraíoch = Kerry Beagle**

**gadhar sionnach = foxhound**

**conairt = pack hound**

**Brocaire Cruithneachta = Wheaten Terrier**

**póraitheoir = breeder**



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# Glanmire

Area Community Association

[gacacork@gmail.com](mailto:gacacork@gmail.com)

[www.glanmireareacork.com](http://www.glanmireareacork.com)



Cynthia Kelleher with Summer Activity Pack on Distribution Day

## COVID RESPONSE TEAM

A number of local elderly residents received a wonderful Activity Pack in June courtesy of Cork City Council.

These were distributed locally by Cynthia Kelleher & Lorraine O'Neill.

Packs include playing cards, puzzles, reading books and a number of interesting activities to keep the mind motivated & active.

Covid 19 has dominated our lives for the past fifteen months. The lists of does and don'ts have been quite exhausting. Thankfully the efficient way that the vaccinations have been administered, has helped to alleviate the fears of Senior citizens, and also as it move of vaccination down the age groups has also given the Community confidence to move back towards some kind of normality.

The advent of al fresco dining, outside drinks and the return of sporting activity for young and old gives people a chance to meet and socialise once again. It is great to see local business buzzing once again and clearly, they are all worthy of our support where possible.

## COMMUNITY GAMES

Community Games Glanmire were established over 40 years ago by the then Principal of Riverstown

NS Jim Moloney, Timmy Murphy, Kathleen Power Mick Daly and others and has competed at various levels over the years, with some difficulty as it is difficult to get volunteers.

Michael Burns took over as Chairman of Community Games over thirty years ago and with the help of the Schools, Some of the directors of the Community Association, Local Clubs and a few usual suspects kept the operation afloat.

We certainly need new volunteers if Community Games are to survive. If you check the Community Games website- events there is up to 60 events and sports that children can participate in. One important thing to note is that the birth date is the 31 July. Normally in most sports and events the Birth date is the 1st January.

**If you are interested in volunteering to help in any sport, or interested in entering your child for any individual competition, group, or team please contact Michael Burns on 087 2597023.**



## COMMUNITY GAMES WINNERS

### Cork Winners

Art U8: Doireann Holihan, Glanmire

U10: Brianne Herlihy, B/Kiskeam

Jack McGrath, Mitchelstown

Art U12: Saoirse O'Neill, Mitchelstown

Arthur Craise, Glanmire

Art U 14: Djurjda Vilheim, Glanmire

Art U16: Claire Doyle, Enniskeane

Handwriting U10:

Laure van Velthoven, Mitchelstown  
Matthew Harrington, Ballincollig  
U12: Sinead O'Callaghan, Enniskeane  
Conall Whooley, Skibbereen

Solo Dance U12: Kayla O'Halloran, Enniskeane

U16: Alannah McCarthy O'Driscoll, E&d

Solo Music U12: Conor Murphy, Enniskeane

U16: Grace Murphy, Enniskeane

Solo singing U12: Lauren Proos

## Congratulations to all the worthy winners

## GLANMIRE HERITAGE SOCIETY

Due to Covid restrictions, Cork Heritage Open Day will



'Times Past' from Glanmire Heritage Centre

take place online this year, This can be viewed at [www.corkheritageopenday.ie](http://www.corkheritageopenday.ie) on Saturday, 15 th August 2021.

Twenty events and over forty buildings, including Riverstown House, will feature.

## NEW to GLANMIRE COMMUNITY HALL

Local Young Lady Sarah Connolly is now enrolling for her September Dance Classes.



## CONNOLLY DANCE STUDIOS TIME TABLE

### DANCE CLASSES FOR ALL LEVELS AND AGES

Sarah Connolly trained professionally at 'The Institute of Arts Barcelona' graduating with a bachelor of honours Degree in Dance. Sarah has featured in many shows in Theatres including 'The Gaiety Theatre' and 'The Cork Opera House'.



### Glanmire

Glanmire Community Hall

#### Fraturdays

4.15pm-5.00pm Baby Dance class (age 3-5)  
5.00pm-6.00pm Juniors (6-10)  
6.00pm-7.00pm Intermediate/seniors (11+)

### Glenville

Glenville Community Hall

#### Wednesdays

3.15pm-4.00pm Baby Dance Class (age 3-6)  
4.00pm-5.00pm Junior/Intermediate (7-12)

Classes will include General Dance  
Hip Hop  
Lyrical  
Commercial  
Musical Theatre  
Technique  
Strength and Flexibility

### All classes starting from September 2021

To secure your place please call Sarah On 0868786761 or email [Sarahlouise98@outlook.ie](mailto:Sarahlouise98@outlook.ie) or find us on any of your social media platforms.





# White's Cross GAA News

whitescrossgaa.ie

## Astro Project Update!

The club's big infrastructure development (the construction of an all weather training facility) is continuing at pace. With planning permission secured, the project went out to tender and with the bids secured the committee has decided on the contractor for the role; with work to begin shortly. To pay for such an undertaking will require considerable financial resources. In this regard the committee is busy preparing for some big fundraising events. A major community event entitled 'shoot for the stars' will take place at our club grounds on Saturday September 18th which will see all club members from the very young to the oldest take part in a fun activity. This will be followed by a social event and raffle later in the evening. In the next month, the club will be launching sponsorship cards for the activity. Each participant will be asking their family and friends for a donation which will also cover entry to the raffle. Please see our Facebook page and next editions of the Glanmire Area News for updates on this exciting development activities!

## Return to play!

This past month has seen all of our underage teams return to action. With a condensed season, we have had a very congested fixture list with at least one of our teams in action each evening in the month of June. For the first time in almost 40 years, we are entering two adult teams in hurling and football. This has proved to be an astute move as it is our second teams that are leading the way. The B hurling team had 10 point wins over both Rathpeacon and Brian Dillons. Minor player Harry Coughlan was in top form in these matches; racking up big personal tallies in each game. Seamus Reid and Cathal Quinlan were also among the goal-scorers in these matches. The Junior B footballers are also two

from two. A late comeback secured a narrow one point win over Passage in the opening game. In the second match, a very good first half performance proved crucial in the win over St Nicks. Stephen Whooley, another minor player, was outstanding in the first half and his speed and intelligent use of possession meant that he provided the assist for every score in the first half. Shane Cahill and Alf McEvoy got the two goals that were key to victory. Both A sides lost their opening games. The A hurlers had a much improved performance against Nemo Rangers following an opening day defeat to Brian Dillons. The football side were cruelly denied victory as Passage did what we did to them in the B League encounter between the same clubs and scored a late goal that secured the victory. Our youngest teams have also been busy. The under 6s and 7s played Carraig



White's Cross and Traction under 8 teams



White's Cross under 10 football team



White's Cross under 12 Camogie team

Na Bfhear in a football match while Rebel Og are organising under 7-10 mini game blitzes between clubs each Saturday. So far we have had series of games against Tracton which were very competitive. Our girls teams continue to thrive. The under 12 camogie team had a great win over Nemo Rangers in their opening game. Ciara O'Callaghan had a great game scoring 1-03 while Maria Cotter, who was a late addition to the team, rose

to the occasion and won most of her personal battles on the day. The same side had their opening game of Ladies Football the following week against Youghal. This time the result was not as favourable. However, seeing as it was such a fine evening and given that they had made the trip to the seaside town anyway, the girls took the beach after the game. It was still a night to remember even in defeat! St Colmcille's underage boys teams have all been busy. The minor hurlers played



Robert Docherty in action for St Colmcille's minor hurlers

out a very entertaining game of hurling against Fermoy winning out by two points in the end. The under 12 footballers won their opening games against Carrigtwohill having lost to Grenagh in a hurling game the previous week. For the under 13s, their results were in reverse. They lost their football game to Douglas but beat St Vincents convincingly in their hurling encounter. Before this game, there was poignant minutes silence, impeccably adhered to by both sides, for Rowan O'Connell who tragically passed away recently. In a nice gesture and to honour their teammate, the club have resigned the number 10 jersey.





## Dea-scéal Do Cholaiste an Phiarsaigh

Tá sé tugtha le fios do Cholaiste an Phiarsaigh, Gleann Maghair, go bhfuil forbairt mhór tógála ceadaithe don scoil ag an Roinn Oideachais agus Scileanna ar na mallaibh. Tá maoiniú suntasach curtha ar fáil chun sineadh nua a thógaint, lena n-áirítear seomraí ranga, seomraí sainfheidhmeacha, seomraí sainriachtanais agus foirgnimh choimhdeacha. Fearaimid idir mhuinteoirí, daltaí agus tuismitheoirí fáilte gheal roimh fhógra na Roinne. Meánscoil lán-Ghaelach is ea Colaiste an Phiarsaigh. Tugann pobal uile na scoile tús áite don chultúr Gaelach. Tá sé mar aidhm againne i gColaiste an Phiarsaigh tréithe na Críostaíochta a chothú. Is é sainspiorad na scoile ná meas a bheith againn ar a chéile, agus sinn ag tabhairt aitheantais d'éagsúlacht daoine, inár gcaidreamh laethúil. Tá Colaiste an Phiarsaigh tiomnaithe d'fhorbairt, do dhea-oiliúint agus d'fheabhas acadúil an dalta.

I ndóthair cuirfidh sé seo go mór le saol na scoile. Is bunathrú chun feabhais a bheidh ann don scoil agus do phobal Ghleann Maghair araon. Cuireann sé sinne ag fiorthosach an oideachais trí mheán na Gaeilge in Éirinn don todhchaí. Beimid ag súil go mór leis na páistí ó na scoileanna máguaird agus iad ag teacht chugainn sa todhchaí agus sinn ar an mbóthar nua seo. Táimid thar a bheith buíoch díobh as ucht na tacaíochta leanúnach a thugann siad dúinn bliain i ndiaidh bliana. Ar scáth a chéile a mhaireann na daoine. “Pobal le Gaeilge, pobal le chéile”

### Cúlra:

Nuair a bunaíodh an Saorstát in 1922, bhí flosc ann chun an Ghaeilge a chur chun cinn. Bhíodas ag súil go gcabhródh na scoileanna idir bhunscoileanna agus meánscoileanna chun an teanga a chur chun cinn. Rinneadh an Ghaeilge éigeantach chun fostaíocht a fháil sa Státseirbhís. Bunaíodh an Gúm in 1926 chun leabhair agus ábhar Gaeilge a chur ar fáil d'fhoghlaimeoirí. Bunaíodh na Coláistí Ullmhúcháin chun cainteoirí dúchais a ullmhú do na coláistí traenála. Ach faoi na seascaidí, bhí cuid mhaith den díograis maidir le chur chun cinn na Gaeilge imithe. Dúnadh síos na Coláistí Ullmhúcháin in 1961. Bhíodh mórán de na meánscoileanna ag tairiscint oideachas trí Ghaeilge sna hábhair ar fad nó i roinnt díobh. Ansin, nuair a tháinig an saoroidéachas isteach in 1967, bhí méadú mór i líon na ndaltaí a lean leis an meánscolaíocht chomh fada leis an Ardteist. Ach bhí laghdú suntasach i líon na scoileanna a bhí ag freastal ar an oideachas trí Ghaeilge. Ba é seo an ré ina raibh an LFM gníomhach.

Eagraíocht ba ea é seo a bhí ag cur brú ar an rialtas deireadh a chur le Gaeilge éigeantach do na scrúduithe agus don státseirbhís.

### Bunú Cholaiste an Phiarsaigh

Ba é seo an comhthéacs in ar thóg Gaeithealachas Teoranta cinneadh meánscoil a oscailt. Snámh in aghaidh easa a bhí ann, dar le mórán. Dar le roinnt daoine teanga mharbh a bhí sa Ghaeilge agus cur amú ama agus airgid a bhí ann a bheith á foghlaim. Nuair a fuair Gaeithealachas Teoranta cead meánscoil a oscailt in 1973, ní raibh foirgneamh scoile ar fáil. Bhí sé deacair a chur ina luí ar thuismitheoirí gur rud maith é a gcuid páistí a chur ag foghlaim trí mheán na Gaeilge do na scrúduithe stáit. Ach bhí 30 dalta i láthair nuair a d'oscail Colaiste an Phiarsaigh i Meán Fómhair 1973.

Tógadh an cinneadh an scoil a ainmniú as Pádraig Mac Piarais, oideachasóir agus tírghráthóir. Ba í Eibhlín Ní Drisceoil a bhí ina Príomhoide. Bhí



blianta caite aici ag múineadh i mbunscoileanna, ina measc Scoil na nÓg. Bhí deacrachtaí móra ag Colaiste an Phiarsaigh sna blianta tosaigh.

Theastaigh ón scoil oideachas leathan a chur ar fáil agus rinneadh é sin. Bhí roinnt teangacha iasachta ar fáil, eacnamaíocht bhaile do bhuachaillí agus do chailíní, ealaín. Ach toisc nach raibh dóthain spáis ar láthair na scoile, tógadh seomraí ar cíos lasmuigh de na fallaí ar feadh cúpla bliain. Tar éis cúig bliana, thug an rialtas cead foirgneamh nua scoile a thógáil agus ar lá breithe an Phiarsaigh ar an 10 Samhain 1978, tháinig an tAire Oideachais, Seán Mac Uilliam, chun an scoil a oscailt go hoifigiúil. Faoi am san bhí 240 dalta sa scoil ach ní raibh ach spás do 180 sa scoil nua. Chiallaigh sé sin gur oscail seomraí réamhdhéanta ar fud an háite. Ba é an smaoineamh ná go mbeidís ann go sealadach ach ní mar a shíltear a bhítear. Lean Colaiste an Phiarsaigh ag méadú i rith na 1980-idí agus ghlac an scoil páirt i bhforbairtí nua san oideachas. Ceann de na forbairtí ba shuntasai ba ea an Idirbhliain agus

ghlac an scoil páirt ann go fonnmhar. Thug an bhliain sin, idir na mórscrúduithe stáit, caoi do dhaltaí triail a bhaint as rudaí nua, rudaí praiticiúla. Bhí obair shóisialta agus taithí oibre mar chuid den bhliain. Bhí an chaoi ag daltaí triail a bhaint as rud éigin nua agus uaireanta thógadar malairt bóthair dá dheasca.

Sa bhliain 1989 fuair Cormac Mac Cárthaigh, bainisteoir na scoile agus an duine go raibh an fhís aige tabhairt faoi scoileanna lán-Ghaelacha a bhunú, bás. Dhá bhliain ina dhiaidh, 1991, fuair Eibhlín Ní Drisceoil, an Príomhoide, bás obann. Laistigh de dhá bhliain, bhí na ceannródaithe, a raibh sé de mhisneach acu tabhairt faoi fhís an oideachais lán-Ghaelacha, in ainneoin patuaire an phobail i gcoitinne agus easpa suime an stáit, imithe.

Ceapadh Príomhoide nua, Eoin Ó Tuama in 1991. Bhí fadhb spáis fós ag goilliúint ar an scoil. Tosaíodh ar fheachtas chun riachtanais oideachais na scoile a chur faoi bhráid an phobail. Tugadh cuireadh don teilifís teacht agus an plódú agus an droch-chaighdeán sna foirgnimh réamh-dhéanta a léiriú don tír. Fuarthas cead aguisín nua a chur leis an scoil agus in 1995, d'oscail sé. Bhí seomra ealaíne nua, saotharlann eolaíochta nua agus roinnt seomraí ilchineálacha ar fáil. Sna 1990-idí agus go leanúnach, ghlacadh an scoil páirt sna tograí oideachais nua a bhí ag teacht chun cinn. Rinneadh malartú le scoileanna thar lear. Bhí sé seo ag teacht le fealsúnacht na scoile ó thús, is é sin, oideachas leathan, fadradharcach a chur ar fáil. Ina ré féin, bhunaigh an Piarasach scoil a chuir oideachas sa chiall is leithne ar fáil agus rinne Colaiste an Phiarsaigh iarracht an deashampla a thug sé a leanúint.

### An Todhchaí

Bhí athrú mór eile i gcinnireacht na scoile ó 2012 a aghaidh. D'éirigh Máire Ní Chonchúir, Príomhoide Tánaisteach na scoile le blianta fada, as. In 2014, d'éirigh Eoin Ó Tuama as. Bhí a gcion déanta acu. Tá Mícheál Ó Tuama ina Phríomhoide ó 2014 i leith agus Liam Ó Laighin ina Phríomhoide Tánaisteach agus dúshláin nua le sárú acu agus ag Colaiste an Phiarsaigh. Leanann uimhreacha na scoile ag méadú i gcónaí. Tá an curaclam chomh leathan is a bhí sé riamh. Cé nach mbíonn dóthain acmhainní riamh ar fáil chun na haidhmeanna go léir a chur chun cinn, leantar an sampla a thug bunaitheoirí Cholaiste an Phiarsaigh.





## ERIN'S OWN LADIES CLUB

### U14 Football and Camogie Team

Our U14 camogie team drew their first league game against Ballinora on the 15th of June, upcoming fixtures to be played against Enniskeane and Valley Rovers. The U14 football team won their first two league matches against Fermoy and St Nicks. Upcoming games against Middleton, Glanmire, Rockban and Fermoy to be played.

### U9/U10/12 Camogie and Football

Our U9 and U10 camogie teams had challenge games against Sars on 20th of June and a great day was had by all with all girls doing really well and having lots of fun. Best of luck to our U9 and U10 footballers who take on Glanmire in challenge matches on the 5th of July. The U12 Footballers also had a match against Bride Rovers.

### Farrah, Kiera, Jenny, Aimee, Saoirse and Aoibhinn

Huge congratulations to Farrah, Kiera, Jenny, Aimee, Saoirse and Aoibhinn on being selected to Cork Camogie and Football panels this year. We are delighted and very proud to have the girls representing us on these team. Best of luck girls !!!

### Junior Ladies Football and Camogie

Our Junior football team played a challenge match against Watergrasshill and

secured a win. Our Junior camogie team played a challenge match against Castlemartyr winning 1-12 to 0-14 and won their first league game against St Vincents on the 19th of June. Upcoming fixtures at home to St Colms and at away to Grenagh

### U16 Ladies Football and Camogie

Our U16 football team have had two league games to date against Rockban and Cloyne and secured wins for both games. Upcoming games to be played against Cobh, Fermoy and Lisgoold. Our U16 Camogie team beat The Glen in their first league match on the 7th of June. Upcoming league games against Blackrock and Clonakilty to be played.

New members always welcome



U14 Footballers



U12 Camogie



Junior Camogie



Junior Footballers



U16 Camogie Team



Farrah, Kiera, Jenny, Aimee, Saoirse, Aoibhinn



#20X20 #ShowYourStripes  
#Can'tSeeCan'tBe

New members always welcome.



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## Sarsfields Camogie Notes

A very busy month with all teams back in full swing. We had three deferred 2020 finals – U16 Premier, U16A Plate and an Imokilly U13 final. Minor Premier county from 2020 is still outstanding.

- Our Junior 2 team created a little bit of history when they fielded against Enniskeane in Round 1 of the league. We now have three adult teams: Senior, Junior 1 & Junior 2. The girls played brilliantly only narrowly losing out by a single point. Great to see so many girls coming back to camogie after a little time out! We would also like to acknowledge new players Fiona Holmes & Rose Holland to the club – you are both very welcome!

- Our Senior team had their first league win over Ballincollig recently when they won by 2-15 to 0-10. Great to start on a winning note. Scorers: Chloe Casey 0-7 (6fs), Rionna O'Mahony 1-1, Hollie 1-2 plus some lovely points from Clare Mullins, Kathlyn Sheehan & Olivia McAllen. Next up is Eire Og.

- U13 Imokilly Final (2020): Another deferred final - played in difficult conditions our girls came out on top by 2-3 to 0-1 when they defeated Midleton in Ballinacurra recently.

- Our U16s had their first win in the league against Ballinora.

- Huge activity for our U8's to U11s Go Games – hectic schedule of games but plenty of skill & fun!

- Our U16 Premier & U16A teams both contested their deferred 2020 finals in Castle Rd weekend of 19/20th and they both came away with respective



U16 Premier team



U16 Premier team Captain Clodagh O'Donovan



U16A team



U16A team Captain Rachel Mackey



U13 team



U13 team Captain Eimear O'Callaghan



U8 team



U10 team

county titles! This was a great achievement, the Premier team retaining their 2019 title and the younger 2nd string producing a plucky performance against the odds as 3 key players were ruled out with injury in preceding weeks. A huge well done to both panels & mentors!



U11 team





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## Knockraha History & Heritage

### Unearthing the secrets of Ballyvinny Graveyard (Part 1)

If one was to ramble up the Old Dublin Road from Riverstown to Watergrasshill and turn off at the cross of the Killalough towards Knockraha, they would come on the graveyard of Ballyvinny, known also as Kilaspigmullane. It is small in size but big in history, its roots going back to the early Christian era and it is mentioned in the Vatican papers of 1199 A.D. The only remains of the church there today is the square tower inside the gate. The word Kilaspigmullane means 'Bishop Mullane's Church'. Who Bishop Mullane was we have no history but it was a small parish comprising of 5 townlands and it is today still a prebendary of the Diocese of Cork in the Catholic and Church of Ireland tradition. Even though there are family graves marked with headstones, no funerals have taken place there for many years. But it holds within its walls a lot of historic graves of which I will discuss in this article.



William T Cosgrove

Immediately inside the gate are 3 headstones to the Casey Family. This family came from the Mitchelstown area and controlled vast areas of land in Blossomgrove, Brooklodge, Killacloyne, Ballinahina and throughout East Cork. John Casey the famous Galtee mountain boy, was a member of this clan. J.B. Casey, who lived in the last century, was from Brooklodge. He had a big business interests in the Lower Glanmire Road and was a well known horse breeder. He is interred in Ballyvinny. One of the present auxiliary bishops of Los Angeles is David O'Connell. He came from Brooklodge and is a descendent of the Casey Family. And there are many other Caseys as well buried in that graveyard.

Another well known family were the Topps of Brookville House, Brooklodge. They were an old English family that came to Cork in 1780 and they distinguished themselves in engineering and mechanics. Richard Topp (1835-1861) married Catherine Martin whose family were big landlords in the area and who lived in Brookville House which, after the wedding, he resided in. Their eldest son Richard joined the Inniskillin fusiliers and fought in the trenches during the First World War and he was killed in action in France. The Topps were one of the first families in Cork to own a motor car and in 1919 when a major mass was being said at the mass rock in Glenville, members of the local company of IRA commandeered the car to take them to this mass at gunpoint. Stealing a car to go to mass could hardly be described as a religious exercise. Mrs. Topp was not at all an admirer of the medical profession and for medical matters would rather deal with quacks. When on one occasion she was not feeling well, she consulted one of her quack experts and he diagnosed that she had a fog in the liver and he recommended the following cure

every morning: tackle the horse to a long car which would be used in the farm for transporting agricultural produce. There would be iron wheels on the car and there would be long shafts sticking out at the back. So the patient should sit up on one of the shafts to be pulled by the horse at a fast pace on bad roads. It was the shaking that would get rid of the fog. This run used to happen every morning from Brookville to Ballinagoul Cross, a distance of 2 miles. Jer Bulman who worked there was the driver of the horse. So every morning she would call Jer. 'Come on Jer,' she would say 'and we will go for our morning rattle'. Whether it cured the fog for the women we do not know.

Another well-known family were the Lanes of Riverstown who were descended from James Lane of Riverstown who married Catherine in 1799. Descendants of theirs held some very distinguished roles in Cork, providing 2 mayors one of whom was the second-last mayor to occupy the Mansion House, now the Mercy Hospital. One William Lane was High City Sheriff in Cork. They also had large industries supplying clothing to the army and navy and they had a brewery on South Main Street and the Grand Parade. The Lane sons were also well known Cork solicitors. A famous descendent was Sir Hugh Lane, the renowned art collector, who, in his lifetime collected one of the biggest art collections in the world. And he decided that on his deathbed if the authorities would build a gallery in Dublin he that would that he would bequeath his collection to the Irish Nation. Sir Hugh was drowned when a German submarine torpedoed the liner the Lusitania off the Old Head of Kinsale in 1915. His body was never found but if it was he would surely be buried in the family grave in Ballyvinny. At the time of his death the gallery which was to house his collection was not finished so his collection was given to an art house in London. However before he died he decided to change that so he put a codicil in his will bequeathing it again to Dublin. But it wasn't signed before he was drowned so it had no legal effect. Sir Hugh's art collection is today estimated to be worth 500 million pounds. Knowing what his wishes were the Dublin government pressured the English government to bring the art to Dublin. After years of arguing, the exhibition is now being shown alternatively between London and Dublin and the gallery in Dublin the Sir Hugh Lane Gallery is called after him.

Another well-known family is the Phair family who had big estates in the area and were much involved in producing paper in many mills along the Butlerstown River.

In the centre of Ballyvinny graveyard is the tomb of the Brook Braiser Family. They were landed gentry who resided at Mitchelsfort, Watergrasshill. His grandson was Brook Wellington Braiser was born in 1879. He was educated in England but by the time he reached his teens the family had lost a lot of their wealth. So to regain his status at 19 years of age, he married a Lady Adalaide Louise Riversdale who was the daughter of the Earl of Cashel. Brook Braiser was 19 years of age and his wife was 45. They had no children. With his wife's money he bought Shanagarry House and Farm where he resided in until his death in 1940 suddenly. He was a member of the Church of Ireland community and he a progressive

farmer and was much committed to industrial development in East Cork. He was the first person to promote the building an airport in Cork. He took a great interest in community development and he stood unsuccessfully as a farmers candidate in the 1927 general election. He also stood as an Independent in the 1932 general election. Shortly afterwards he joined Fine Gael and was elected on the Fine Gael ticket in 1938. He had a very high profile in the Dail and was well respected. At the time the standard bearer for Fianna Fail in East Cork was Martin Corry who was the Captain of Knockraha IRA during the War of Independence. They had many famous political battles in the Dail and outside.

There is a famous photograph of Brook Braiser and Martin Corry addressing the one crowd at a Fair Day election rally in Middleton. To the people of East Cork they were seen as arch enemies. What a shock one of Brook Braiser's friends got when he was in the train station in Cork City when he spied Brook Braiser and Martin Corry getting onto the train in Cork City heading to the Dail and they chatting as old friends enjoying one another's company. Brook Braiser died suddenly at his threshing at Shanagarry House in 1940. His death was met with much sadness by the people of East Cork. He was buried in the family vault in Ballyvinny. His funeral was set to be a mile long and all the shops in Middleton closed at it passed. The first President of the Council of the Irish Free State, William T. Cosgrave attended the funeral in Ballyvinny and gave the graveside oration.

In the middle of the graveyard is a number of headstones erected by the Martin Family who originally came from Co. Galway who made their fortune exporting wine. They became huge land owners in East Cork, owning thousands of acres including Tullagreine and Caroo Houses in Carrigtwohill. They had property in Killahora, Killacloyne, Lake Lodge and Castlejane. They owned Butlerstown House and they operated a shovel mill on the Butlerstown River. The last member of the family who lived in this area was Clement Browne who died a generation ago.

As we walk over to the North Western segment of the graveyard, we will find the splendid chest tomb to Thomas John Cleary 1788-1851. Thomas inherited Aston Grove and built Aston Grove House. He was a butter buyer in the Cork butter market when it was the biggest butter market in the world. Thomas Cleary was a member of the family that built Clearys Department Store on O'Connell Street in Dublin, now closed.

As you drive passed Ballyvinny graveyard you will notice inside the south wall an imposing Celtic Cross, the only one in the graveyard. It was erected in memory of J.F. O'Leary who died in 1915. His family were from Ballinhassig but he moved to the Knockraha area as a young man. He took part in all things nationalistic, particularly the GAA. He was president of the Munster Swimming Association. He played a lending light in development of the GAA throughout county, so much so that after his death the county board of the GAA decided to erect a cross in his memory. The then chairman of the County Board was Sean McCarthy who at this time was teaching in Brooklodge. He was very

much involved in the War of Independence becoming a memory of Dail Eireann for many years and was Lord May of Cork on 5 occasions. He became president of the GAA and he was an uncle to Conor Murphy, a famous Cork hurler who followed his uncle to become president of the GAA. The cross was unveiled to J.F. O'Leary on his grave in Ballyvinny in 1919. The cross which is 3 meters high bears the inscription 'In Loving Memory of J.F. O'Leary born 1884, died 1915, a true patriot Irishman, he laboured zealously in the cause of Irish Nationalism, the language, the history, the games, the pastimes and the industrial betterment of the Country. We place this tribute over his grave of him who rest here to show that in our hearts that the country he held in his memory is dear. RIP'. The cross contains the emblem of the 4 provinces. Surrounding the edges in front are cut shamrocks with the words inscribed 'To God and Ireland through'. At the base is the crest of the O'Leary's.

The unveiling of the Cross in 1919 was in the middle of the War of Independence. The organisers decided to use the occasion to promote Irish Nationalism. The rebel movement became heavily involved in the unveiling and they decided to make as a demonstration in support of the war effort. All the IRA units were summoned to attend from Fermoy to Cork and the local units marched in military formation to the event. The Knockraha Company, under its Captain Martin Corry, marched in military formation from Knockraha. So on the day thousands of people attended the ceremony. They did not advertise who would do the actual unveiling because the man chosen J.J. Walsh who had been chairman of the County Board was a member of Dail Eireann and was a minister in the first Sinn Feinn government, being so prominent in the movement that British military authorities had banned him from being in County Cork. So if the RIC had known he was going to be there he would be arrested. When it came to the unveiling the president chairman Sean McCarthy made a surprise announcement when he invited J.J. Walsh up to unveil the Cross. So J.J. was unknown and he came up out of the crowd and did the unveiling after which he gave a rousing speech and disappeared back into the crowd and got away. The esteem in which J.J. O'Leary was held meant his funeral cortege was shouldered from Glanmire Village to Ballyvinny, a distance of some 2 miles.

Another contact that Ballyvinny cemetery has with Irish Nationalism is the Shear brothers from Cork who were members of the Church of Ireland and were executed for their involvement in the Rising of 1798. A street in Cork, Shear Street, is called after them. Their uncle, Archdeacon Shear, was minister in Ballyvinny in 1760.

So as people pass Ballyvinny graveyard, they should pause and think what history is in its walls.





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#### Registration Options:

Adult Entry - €20

Family Team Entry - €40 (includes 2 adults and up to 4 kids)

Under 16s Individual Entry - €10

There is also an option to donate extra funds to contribute towards the Club's new 3G Pitch.

For those people who register they will automatically be entered into a free draw with prizes as follows:

1st Prize: A yearly club lotto subscription <https://smartlotto.ie/glenville-gaa/>

2nd Prize: €50 club shop voucher

3rd Prize: Club Jersey

Optional event t-shirts, bobble hats and medals available to purchase also.

Registration is open from the 15th May 2021. You have 15 weeks (or less) to complete your 252km virtual challenge. The clock starts ticking from the first day you submit your daily distance.

### Track Your Progress

Once you have signed up you can submit your distances daily and track your progress, and for those that are more competitive you can keep an eye on the leader board too.

You can enter your activity manually by entering your daily distance. You can verify your activities from your favourite fitness tracker or smartwatch. To track your distances you can also download the Strava app or Garmin to your smartphone.

Submit your results to the MyRunResults site following the steps.

Walk, Jog, Run, Cycle, Rest, Repeat

Continue to get out there and get moving! To keep you motivated as you progress virtually from Glenville along the route to Croke Park you will receive event badges as you complete distance milestones. These milestones are aligned to Counties along your route.

### START - Glenville GAA grounds

Cork (12km)

Tipperary (50km)

Kilkenny (90km)

Laois (130km)

Kildare (170km)

FINISH- Croke Park (252km)

All participants who complete the 252km challenge will receive a downloadable certificate when they cross the finish line.

Take Photos along the way We would love to hear about your progress. Join us on our virtual challenge social media groups, connect with fellow participants, share your photos and stories on how you are progressing.



## Father's Day

### Citizens Information Share Supports Available for Fathers



An important celebration that takes place on the third Sunday each June is fast approaching, Father's Day. This yearly celebration is the perfect time to show our appreciation for the fathers and father figures in our lives. The importance of this day is also a great opportunity to highlight some of the information, advice and support Citizens Information can provide to fathers and their families.

Some of the most common queries they are receiving from fathers and their families right now are:

**Paternity Benefit and Covid-19:** Paternity Benefit is a payment for employed and self-employed people who are on paternity leave from work and covered by social insurance (PRSI). It is paid for two weeks and can be taken any time within the first six months following the birth or adoption of a child.

For new fathers who have been receiving or currently are receiving the COVID-19 Pandemic Unemployment Payment (CPUP) or the COVID-19 Employment Wage Subsidy Scheme (EWSS), it will be treated as if you are continuing to make insurance contributions at

your normal social insurance class. This means that, if you are getting PUP or EWSS, you will qualify for Paternity Benefit if you have enough social insurance contributions. If you are due to go on paternity leave and you are getting PUP, you should apply for Paternity Benefit (if you have the required social insurance contributions) and then close your PUP claim.

Many enquire about other leave options for parents which may be available from their employment such as Paternity Leave, Parental Leave, Parents Leave and

Adoptive Leave. Each of these types of leave may also carry a possible social welfare entitlement by way of a paid benefit if certain PRSI requirements are met.

There are several other schemes and benefits worth considering such as the Homemaker's Scheme, the Home Carer Tax Credit, the Single Person Child Carer Tax Credit, Supports for Carers, One Parent Family Payment, Working Family Payment, Back to Education Grant, Starting your own Business and much more.

Speaking about

Father's Day, John Beausang, Citizens Information Manager for the Cork City North area, said, "Our goal for Father's Day is to let every father and family know that we are here to advise and support them. Even though due to Covid-19, our drop in services are not currently available, the offices are still staffed and we are busy assisting callers and giving them the tools to make informed decisions and help them to explore options and solutions to any issues they may have. So, regardless of your query, call your local centre and we will guide you in the right direction."

**For anyone needing information, advice or who has an advocacy issue, you can call a member of the local Citizens Information team in Cork City North weekdays from 10am to 4.30pm on 0761 07 6850, they will be happy to assist. Alternatively you can email us on [hollyhill@citinfo.ie](mailto:hollyhill@citinfo.ie) or log on to [www.citizensinformation.ie](http://www.citizensinformation.ie) for further information.**

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# Glanmire Library

We are delighted to be back and open for borrowing! In accordance with Covid guidelines we are unable to offer newspapers, public computers, or study spaces at this time. Maximum numbers apply and wearing of face coverings is mandatory. Priority hours for elderly or at risk patrons is 10 am - 11 am. You can still renew your items by phone or online. Under 12s must be supervised at all times. As maximum numbers will apply we ask that you limit your visit to a quick visit. We regret we cannot accommodate visits from groups or classes at this time

## Local History with Michael



### Riverstown House

Riverstown House is located in the townland of Riverstown near Glanmire and is of major architectural significance. Charles Smith in his 1750 book *The Ancient and Present State of the County and City of Cork* records that it was "the pleasant seat of the Lord Bishop of Cork Jemmett Browne. Dr. Jemmett Browne was a son of a Mayor of Cork and believed to have been a nephew of Dr. Peter Browne theologian and Provost of Trinity College. He was a lover of the arts and this is amply demonstrated by his decoration of Riverstown House. He was the Church of Ireland Bishop of Killaloe from 1743 to 1745 and Bishop of Dromore for a short spell in 1745. He became Bishop of Cork and Ross from 1745 to 1772, Bishop of Elphin from 1772 to 1775, and lastly Archbishop of Tuam from 1775 until his death in 1782

The house dates from the reign of Charles II and was enlarged in the first half of the eighteenth century. The date 1753 appears on one of the hopper-head during a time of its modification and also close to the time when five of Bishop Browne's children were born there. The National Inventory of Architectural Heritage describes it as a detached irregular-plan country house, built c. 1710, remodeled and enlarged c. 1730, comprising gabled seven-bay three-storey east block with canted north elevation, four-bay two-storey west block with taller single-bay three-storey block with canted north elevation to north. The house is also unusual in that it features its own ice house.

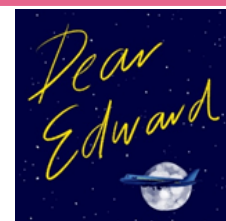
The fact that Jemmett Brown employed the Francini brothers Paul and Philip to apply the stucco decorated plasterwork on such a large scale sets the house apart from other country houses of that period. The dining room has a magnificent ceiling consisting of ten decorated panels similar to a ceiling painted by Poussin for Cardinal Richelieu in 1641 representing Time Rescuing Truth from the Assaults of Discord and Envy. In 1948 copies of this plasterwork were taken for Arus an Uachtaráin. Another well known example of the Francini's work is in the Mercy Hospital the former Mayor's of the city of Cork's mansion. Fortunately, the house was saved in the 1960s by the Dooley family with assistance from the Irish Georgian Society. The Irish Georgian Society issued an appeal in 1965 for furniture to furnish the house. Local furniture was requested such as a Cork Chippendale side board, two console tables, glass candelabra, a set of dining-room chairs of the period and tableware. Thankfully the house is now in a fine state of preservation and hopefully will be open to the public soon.



Michael Lenihan is the author of 3 books; *Cork Burning*, *Timeless Cork* and *Pure Cork*

## Book Review with Denise

### Dear Edward - Ann Napolitano



The author Ann Napolitano of *Dear Edward* was obsessed after reading about a plane crash in 2010 of a flight from South Africa to London which crashed in Libya and there was only one survivor, a nine-year-old Dutch boy.

*Dear Edward*, is a story about a twelve-year-old boy Edward Adler, who with his older brother, his parents and 183 other passengers boarded a flight in Newark to Los Angeles. Edward was starting a new life in Los Angeles with his family. Halfway across the country, the plane crashes and Edward is the sole survivor. Throughout the novel the author moves back and forward in time. We get to know Edward's life before the crash and after. We see him as a young boy who was filled with happiness and innocence to a young man insecure, who moved in with his aunt and uncle. Edward struggles to make sense of his grief and the sudden fame. He is inundated with letters from relatives of the other passengers enquiring about their loved one's final hours. The novel makes you think about the individual characters that were on the plane from the Wall Street millionaire, the flight attendant, the injured soldier, and the pregnant woman. Knowing the background of the other passengers and reading the letters from the grieving families gives you a sense of enormous pity.

The story follows Edward during his recovery from both physical and psychological trauma of the crash. How his new friends, the memories of his family become part of the healing process. Edwards questions why he was the only survivor of the plane crash, believing it should have been his older brother, whom he idolised all his life.

This book is very emotional.

Book available at [www.corkcitylibraries.ie](http://www.corkcitylibraries.ie).

## Summer for kids at Glanmire Library

Try our Cork City Libraries Summer Reading Challenge 2021 over the summer holidays. Join Red and his friends for a summer of reading fun!!

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# Notice Board

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## Across

1. Third month (5)
6. Boggy area (5)
9. Grand National course (7)
10. Used in postage (5)
11. Slightly drunk (5)
12. Very angry (5)
13. Human-like robot (7)
15. Has high temperature (3)
17. Notion (4)
18. Produces bread etc. (6)
19. Sloping edge (5)
20. Deficient (6)
22. As well (4)
24. Adam's partner (3)
25. Grassy fields (7)
26. Understood, implied (5)
27. Go into (5)
28. Grizzly animals (5)
29. Putin's nationality (7)
30. Haricot, kidney, green (5)
31. River animal (5)

## Down

2. Be present at (6)
3. Takes photos (6)
4. Joint, trendy (3)
5. Sedate, restrained (5)
6. Original, influential (7)
7. Unwanted garden plant (4)
8. Reflecting glass (6)
12. Resided (5)
13. Passage between seats (5)
14. 40-40 in tennis (5)
15. Word of greeting (5)
16. Typing errors (5)
18. Type of headwear (5)
19. Country, capital Minsk (7)
21. Redress (6)
22. Coming (6)
23. Take evasive action (6)
25. Capital of Belarus (5)
26. Type of seabird (4)
28. Chinese bun (3)

**Crossword Winner: Sarah Tyler, Marwood, Glanmire, Cork**



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SEND your entries marked CROSSWORD to "Aitinn" Sarsfields Court Glanmire, to arrive by 18th July. The prize is a meal in BEVA CAFE which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.





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