

Glounthaune | Little Island | Lisgoold | Carrignavar | Knockraha



Date: Saturday November 12th First Race: 7.35pm No. of races: 12 Tickets: €10 per Adult Family Tickets: €20 for two Adults and children

All tickets sold will be entered into a draw for €500 1st Prize and the 2nd and 3rd Prizes are Meal Vouchers. Tickets can be purchased by contacting any Member of Mayfield GAA club, are available in the clubhouse. We are looking for nominators for the Dogs and the cost of this is €100 per dog. The winning Dog nominators in each race will enter a draw for €500.



For further information on this event contact Pat Peate 086-2543927 or Brian Walsh 086-4005107





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'The Girl with Special Knees' by Eleanor O'Kelly-Lynch Imperial Hotel Ballroom Thursday 17th November 7.15pm Further details on page 13





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#### "NÍL AON GLEANNTÁN MAR DO GLEANNTÁN FÉIN" GLOUNTHAUNE NEWS BY "THE FOREIGN CORRESPONDENT"

#### NOVEMBER



Glounthaune Church Bell

In the Christian liturgical calendar this month is entirely devoted to our loved ones' who have passed on and whilst they are always in our thoughts; November is that special month of remembrance. But they are not gone from us; they are simply gone before us. It is also a time when we are particularly conscious of those families who have suffered bereavement during the past year because theirs can be a sad, lonely, long and dreary month. Prayers and blessing of graves take place at the parish burial grounds during this month and even though it is a sorrowful occasion the ceremonies bring solace and happiness to those present and are of great comfort at such a difficult period. There are a number of burial grounds in our parish and the ones' associated with this region are Caherlag Graveyard and St. Joseph's Cemetery, Little Island. Prior to January 1987, when the first interment took place at St. Joseph's Cemetery, St. Mary's Cemetery Carrigtwohill, even though located outside our parish and diocese, was also availed of by families in the Glounthaune and Island Little areas. Caherlag Graveyard was once completely overgrown but in October 2010 its restoration commenced and under the dynamic leadership of Jamie Murphy and the enormous voluntary effort by those living in the locality and beyond; it was completely transformed. Deceased and dangerous standing trees were felled and the replacements were complemented by the planting of shrubbery and hedging. Grassed areas were formed, gradient graveled pathways were laid out and appropriately positioned seating was throughout provided the graveyard. The presentation befits the historical now

landmark of our parish. The clearance of briars, nettles and undergrowth also resulted in the discovery of graves including the historical 1791 of Fr. Shinnick who was P.P. of the ancient Caherlag Parish for forty five years. A heritage display board sponsored by Fitzpatrick's Shop was erected at the entrance in 2012 and this was a valuable segment of the overall project and acts as a historical reminder for future generations both within and outside our parish. The concise historical background of the graveyard is outlined thereon and at the outset it advises that it is the site of the ancient parish church of Caherlag where religious services were held from at least the twelfth century. Caherlag is recorded ín the 1199 Decretal Letter of Pope Innocent the Third that confirms to the then Bishop of Cork the parishes that would form part of the Diocese. The letter explains "Prebend": it is a medieval reference to stalls in the Cathedral and possibly from the time when there was very little seating or none at all. A parish priest was entitled to use a stall by virtue of his parish, which would be steeped in antiquity and being a "Prebend" he would also be a member of the Cathedral Chapter and thus one of the advisers' to the Bishop. There were twelve in the ancient Deanery of Ocurbliathain and two of these are in our parish; Caherlag which was chosen a "Prebend" by Bishop John Roche as far back as 1349 and was still listed as such up to and after the Reformation, and Killaspogmullane. The present-day twelve members of the Diocese of Cork & Ross Cathedral Chapter, bestowed the title "Canon", are linked which take to "Prebends" the names of Cork's ancient parishes and this brings us to this month's teaser!; Who are the present-day Canons' of the Cork & Ross Diocese that are linked to Killaspogmullane and Caherlag? Do they pay a visit? Would the parishioners recognise them? Are there responsibilities attached to being assigned to such historical parish places or is it just symbolic? Caherlag Graveyard is the resting place for many people of note such as the parents and grandparents of the late

Taoiseach Jack Lynch T.D., who on April 9th. 1967 made a courtesy visit to the village. Jack's mother Glounthaune native Nora O' Donoghue died unexpectedly on October 5th. 1932 at the age of forty eight and his father Daniel died on January 20th. 1952. Jack passed on at the age of eighty two on October 20th. 1999 and is buried at St. Finbarr's Cemetery. The parents of Cork's most famous writer Frank O' Connor, who was christened Michael Francis O' Connor-O' Donovan are also buried at Caherlag. His mother Minnie died in Dublin but Frank complied with her request to bring her body home to Cork to be laid with his father Michael at Caherlag. The family home was adjacent to the shrine of the Blessed Virgin at Harrington's Square, Dillon's Cross and Frank, the author of over one hundred and fifty works, died on March 10th. 1966 and is buried at Deans Grange Cemetery, Dublin. There are of course others of note buried at Caherlag, not least many of our stalwart parishioners who lived in harsh and difficult times. The graveyard's excellent presentation and ongoing maintenance is praiseworthy and it is especially pleasing for all those who have loved ones' interred there. Those "The Caherlag involved, Volunteers", would describe their efforts as a labour of love and would modestly declare that it is respect and pride of their neighbourhood that is on display here. Burials at Caherlag continue to this day but only for those families who already have plots accordingly there are none available for purchase. St. Joseph's Cemetery is in complete contrast to Caherlag Graveyard. Caherlag contains shrubs, flowers, trees, kerbing, railings, channels and decorative chippings etc. whereas St. Joseph's is a lawn cemetery, which is self-explanatory, but relatives and friends of the deceased may wish to place flowers, potted plants or wreaths on graves at anniversary time or on other special occasions. However to facilitate grass cutting and for cemetery presentation purposes; such should be positioned as close as possible to the Dogs, headstone. except

guide dogs, are not permitted in the cemetery and of course this is well understood by owners; after all dogs are not brought to church, shopping centres etc. either. Beams are provided to facilitate the positioning of headstones and such must not exceed one decimal two metres in height. There are many footpaths in place which are of great benefit to those visiting the cemetery. However they are not always utilised as walking on graves is a very common disrespectful practice and it is particularly observed when interments take place. Cork County Council, following representations from local residents, acquired land at Ballinderrig in 1986 to develop a cemetery and in order to finance the cost of development advance sale of plots at a cost of one hundred and seventy five pounds were on offer. The cost per plot, three coffin burials, is now Eur 1050 but since April 3rd. 2012 may only be purchased for immediate use. The Cemeteries **Business Procurement Review** Document recommends that the advance sale of plots at any cemetery should only be permitted if sixty per cent or more of its overall capacity is available. There is only seven per cent, which is equivalent to circa one hundred plots, available at St. Joseph's and based on allocations over the past number of years the availability will be exhausted before 2030. Surely now is the time to address this "grave" matter? Maintenance and improvements to the cemetery are ongoing and those who on a voluntary basis attend to this very much appreciate the assistance and support of Cork County Council. Those visiting the cemetery will note works in progress at present and this relates to rock excavation and the area will be reinstated when the ground has settled. And to conclude a thought provoking on evaluation from the American journalist, author, professor and world peace advocate Norman Cousins; "Death is not the greatest loss in life. The greatest loss is what dies inside us while we live".

SLÁN ANOIS ©

November 2022

CUAR

## **GLANMIRE LADIES FOOTBALL CLUB**



Somewhere Under the Rainbow

#### Junior

The girls recently played a challenge game against Bishopstown. The girls worked hard for the entire game against Bishopstown's first squad. In the end it was a loss but there was some great football on display from a young Glanmire squad.



Cake Sale

#### Cake Sale

We recently held a cake sale to raise some much needed funds for our growing ladies club. There were plenty of delicious cakes were on sale, many of which flew out the door. Thank you to all who contributed to the cake sale and to the ladies who were on duty for the day, Deirdre Roche, Anne Cashman, Eileen McAllen and Maria Nyhan. Intermediate

It was another big day out for our Intermediate panel as they contested the Cork Intermediate County Final against Castlehaven. The game started out at a fierce pace and it was

end to end for a lot of the first

half. As the minutes ticked down

Castlehaven went and scored

a goal to put them a point up. Glanmire gave it everything to get back up the field and in the end earned themselves a free. From a difficult angle, up stepped Lucy Greene to kick a might score and send the game to extra time. There were a lot of tired leas in extra time but the girls



Intermediate Final

continued to work hard, a last minute chance to win the game went just right of the post and after that the full time whistle was blown. We were headed for free kicks. Unfortunately, the girls lost out on free kicks. Well done to the girls on reaching a third consecutive county final and no doubt they will be back next season. U7/8

#### The girls played in their Mini All Ireland Series recently and showed some fantastic football throughout. In the end they were treated to some goodie bags. U10/11

This group played out their Street League Finals in the Pike Field recently. There was a Platinum (Cork v Kerry), Gold



#### Street Leagues

(Clare v Waterford) and Silver Final (Limerick v Tipperary). They started out the evening with a parade and yet again there was some fantastic football on display. At the end of the night the girls received their medals and some goodie bags. Thanks to all who organised the afternoon, from setting up the pitches to making the goodie bags.

The U10's recently played a blitz against Mallow, Inch and Lisgoold.



**U16 Development Final** 

U16 Congratulations to our U15 squad who put in a fantastic display to win the U16 East Cork Development Final against Rockban on a cold night in the Pike. It was a great display by the girls on the night and now they can look forward to East Cork Championship.

#### U12 This group have been playing some fantastic football and made it to the U12 County Semi Final. Unfortunately they lost out

to Ballygarvan in the end. Camogie Well done to all of our footballers involved with Sars camogie over the last number of weeks. The U12's won the recent Premier





East Cork Development Squad Final, the U14's also won their Premier Final, the U16's are due to play the Premier Final and the Seniors are looking forward to a Senior County Final against Seandun.



U12



U10



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THE ARRIVAL OF FOG Last night there were patches of fog in the open fields high above Villa Marie, and massed mists moved across the sleeping garden. From the top of Barnavara Hill, ghostly scenes drifted about in the valley of Riverstown, dissecting the trees, houses and shopping centre. It imposed a dripping silence in an area that is normally a pleasant, Glashaboy riverside walk. From the top of the hill the fog seemed to float like rivers of white, flowing and moving and spilling into every crevasse, gully, and dip. Alfred Hitchcock would have treasured the scene!

In the garden, the fog had crept in silently, adding it would seem, yet another eerie touch of atmosphere and mystery. Consisting of tiny water droplets suspended in the atmosphere, it obscures and restricts visibility Many people think of fog as being white, but in reality it can pick up a grey, blue, orange or even reddish cast. Much depends on the background plants and their colouring. Depth

#### CHILDREN AND GARDENS

To a child, any garden is a place of strange marvels. It need not be huge, but it should be vivid, with plenty of foliage to create hides, then pathways to hidden areas, and yet more exciting dark places. It should have extraordinary smells, peculiar textures, and wonderful surprises. Unusual objects and strange growths will make them pause in their exploration and these will lead to queries and questions. The appearance of fungal growths at the base of an old tree will certainly cause them to ponder their origin and purpose. Just as engaging will be the jewel-like raindrops that gather on the leaves of Lady's mantle, or the elaborate and intricate tangle of cobwebs which stretch from shrub to shrub. They will assume that fairies live among the pile of leaves at the bottom of the garden, convince themselves that popping fuchsias will grant their most secret wish, yet doubt that Granny's Bonnets (Aquilegias) were ever really worn by their grannies. In short, they like the mystery and adventure a garden offers, the thrill of the unknown, and even perhaps, the appeal of long forgotten, oldfashioned flowers.

and form are reduced at best, and lost completely when the moisture content increases. Colours too quickly become muted adding to the confusion and bewilderment. Primarily due to the cooling of the land by radiation, fog is formed during spells of calm, settled weather with clear skies. The air becomes chilled to dew-point on



Thickening fog on an approach road to Riverstown

contact with the ground, and the condensed vapour then becomes visible as the fog we recognize. The whole process can often be watched on calm evenings, when the cooled air with its white mists flows slowly down sloping ground to pool and stagnate at the lowest level. As the night advances the

And yet, old fashioned plants (of which there are many) are still in demand today. Most were said to grow best for the working classes in the days when these were distinguishable. They were supposed to sulk in the gardens of the lady of the manor, who had oodles of time to spare and thrive for those who laboured raising families on the tiniest plots of land. Nowadays, these social categories have thankfully been equated and mixed together, and through the dust, we probably see the real truth about many old fashioned plants.

We, Frances and I, have been blessed with fifteen grandchildren and in the garden they ponder the strange and quite amazing blooms on the Arum Iily (Saint Joseph's Iily). These strange looking lilies fascinate them even more than the collection of fuchsia. They stare wide-eyed at their massive, muftiflowered clumps, their luxuriance of foliage, and thick, tall stems bearing brilliant white, sheath-like flowers with inner cones of stiff, yellow spadices. What were these for they wonder?

Whichever reasoning they arrive at, run with it and encourage further investigation. Try always to promote their gardening interests and if pos-

#### Charlie Wilkins

white expanse of 'sea' becomes deeper and deeper until the depressions and valleys resemble estuaries with long branching tributaries.

I have often moved about the garden to experience firsthand the eerie movement of fog. Its swirling mists and clinging dampness are first to envelop my person and everything within sight. Great waves of vapour then move ghostlike, condensing not alone on my clothing but the leathery leaves of fattening camellias. It coats the last remaining webs of the Orb spider with myriads of jewel-like water droplets. I can usually taste its dampness, feel its clinging shroud on my skin, and smell its strange perfume. Recently, whilst experiencing its eerie movement, a sudden darkness began to creep in, adding to its denseness. The combination suggested I should move indoors. When thick fog makes friends with the dark it's no time to linger: better to move inside and latch the door. The bright fire and lights beckon.

sible, give them their own little outside space in which to experiment. Take them on garden visits, and show them wild flowers and ornamental oddities as often as possible. Talk about nature and the history of where they are living. Soon enough time will rob them of their youth but they will thank you for the grounding you gave them all the days of their life.

SNAKE'S HEADS IN THE GARDEN? Fritillaries are guite a classy lot, and one of the most exquisite things you could grow in the spring garden. So, if you have a damp spot somewhere and you're wondering just what to put there, there's still time to indulge in a dozen of snake'shead fritillary; Fritillaria meleagris. Their foot high stems sport blooms which are elegant and bell-like, regularly marked in chessboard squares, some with tones of light and dark purple, or now and again, green and white markings. All, I assure you are simply delicious. They require soil which does not dry out too much in summer and dappled shade if possible. The bulbs are made up of fleshy scales and must not be allowed to dry out, or be handled roughly. Plant them five inches deep. If you can enrich the ground with some compost or rotted manure then all the better.



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Micheal O'Dowd, Partner



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### John Chartres, Fear Mistéireach an Chonartha

Ceann de na rudaí suimiúla faoin tréimhse 1916-1922 is ea an oiread san daoine a raibh cúlra Sasanach nó Angla-Éireannach acu agus a bhí gníomhach ar thaobh na hÉireann sa choimhlint. Duine díobh san is ea John Smith Chartres. Státseirbhíseach sa Bhreatain ba ea é ach ag an am céanna, bhí sé ag cabhrú le hiarrrachtaí na hÉireann chun saoirse a bhaint amach. Lean sé mar státseirbhíseach de chuid na Breataine go dtí 1921 agus i rith an ama, d'éirigh leis a pháirt ar son na hÉireann a choimeád faoi rún. Duine de na rúnaithe Éireannacha ag na cainteanna, a thug comhairle dlí do thoscaireacht na hÉireann, chomh maith, ba ea é. I ndiaidh an Chonartha, d'oibrigh sé i Státseirbhís an tSaorstáit.



John Chartres

Saolaíodh John Smith Chartres in 1862 in Birkenhead, Wirral, Sasana. Mac le John S. Chartres, máinlia in Arm na Breataine ba ea é. Ba as Baile Átha Cliath, John S. Chartres. Phós sé Margaret Henry as Cluain Eois, Contae Mhuineacháin. Dé bhunadh Úgónaigh na Fraince ba ea muintir Chartres agus bhíodar bunaithe in Éirinn ó na 1650-idí. In óige John Smith Chartres, bhí an teaghlach ar ceathrúin ar feadh tréimhsí i gCampa an Churraigh agus i nDún Dealgan, Contae Lú. Nuair a fuair John Chartres sinsearach bás in 1875, chuir an teaghlach faoi i Sasana. Fuair John Smith Chartres a chuid oideachais ag Wellington College, Berkshire idir 1876-1879, ansin in Ollscoil Londan agus ag Óstaí an Rí i mBaile Átha Cliath. Chaith sé tamall gearr ar scoil sa Ghearmáin, chomh maith agus bhí a chuid Gearmáinise úsáideach dó nuair a bhí sé ina thoscaire do Phoblacht na hÉireann ann níos déanaí. Bhí cleachtas dlí aige i gcuaird an oir-dheiscirt i Sasana. Scríobh sé roinnt leabhar ar chásanna dlí.

In 1904 ceapadh é mar cheann ar roinn faisnéise Times Londan. Chaith sé deich mbliana ann agus ceapadh é mar chomhfhreagraí eacnamaíochta an 'Daily Graphic' ansin. Nuair a bunaíodh Aireacht na Muinisean sa Bhreatain in 1915, ceapadh Chartres mar bhall den roinn faisnéise ann. Laistigh de thrí bliana, ceapadh é mar stiúrthóir sa roinn faisnéis oibre mar a raibh an cúram air fiosruithe a dhéanamh faoi ghrúpaí oibrithe ceannairceacha. I ndiaidh an chogaidh, chuaigh sé isteach san Aireacht Saothair.

Thosaigh páirt John Chartres i bpolaitíocht na hÉireann in 1917, nuair a bhuail sé le hArt Ó Gríofa. Thosaigh sé ag scríobh altanna do nuachtán a bhí ag ó Gríofa, 'Nationality'. Fuair sé ionsparáid, a dúirt sé, ó laochas agus idéalachas 1916. D'úsaid sé an t-ainm cleite 'HI' [Haud Immemor](ná déantar dearmad orthu). Lean sé stíl scríbhneoireachta Uí Ghríofa agus, ó am go chéile, d'fhoilsigh Ó Gríofa altanna Chartres faoina ainm féin. Chuir Micheál Ó Coileáin aithne air, chomh maith. Rinne Chartres smuigléireacht gunnaí d'Ó Coileáin. In 1918, cheap Ó Coileáin é mar bhrathadóir. Fear Uasal Sasanach ba ea Chartres. Chaith sé leathspéacla agus labhair sé le tuin ard-mheánaicme Shasana. Mar sin. d'iarr Ó Coileáin air cuairteanna a thabhairt ar óstáin agus ar chlubanna na n-uaisle i mBaile Átha Cliath chun eolas a fháil faoi chúrsaí míleata. Thaithíodh oifigigh airm agus daoine a bhí go hard i státseirbhís na Breataine na háiteanna seo. D'iarr Chartres aistriú go dtí Baile Átha Cliath in 1920 agus bhí sé i gceannas ar Rannóg den Aireacht Saothair ann. Is léir go raibh an-mhuinín ag Ó Gríofa agus ag Ó Coileáin as, cé go raibh amhras ar dhaoine eile faoi.

Lean Chartres mar bhall de Státseirbhís na Breataine go dtí 1921, nuair a d'éirigh sé as ar pinsean. I Meitheamh 1921, cheap de Valera é mar thoscaire don Phoblacht i mBeirlín. Ba é an aidhm a bhain le toscaireachtaí den chineál seo ná tacaíocht a bhaint amach go hidirnáisiúnta don phoblacht. Bhíodh se i dteagmháil le Roinn Gnóthaí Eachtracha na Poblachta agus, go pearsanta, le Micheál Ó Coileáin. Laistigh de roinnt míonna, iarradh air filleadh ar Éirinn le bheith ina dara rúnaí do thoscaireacht na hÉireann ag na cainteanna a thosaigh i Londain i nDeireadh Fómhair 1921. Ní rúnaí amháin ba ea é, áfach. Bhí sé oilte sa dlí agus i gcúrsaí airgeadais agus, dar ndóigh, mar státseirbhíseach, bhí scileanna eile aige. Ghlac sé páirt i sé cinn as seacht gcinn de na mór-sheisiúin a tionóladh. Ghlac sé páirt sa chruinniú faoi chaidreamh airgeadais, chomh maith. Scríobh sé cúig mheamram pearsanta don toscaireacht agus, i gcomhar le Erskine Childers, an rúnaí eile, scríobh sé cúig mheamram oifigiúil don toscaireacht Éireannach. Bhí an cúram air téarmaí bunreachtúla maidir le gaol na hÉireann le Ríocht na Breataine a dhréachtadh. Rinne sé a dhícheall chun coincheap 'ceangal seachtrach' de Valera a chur i bhfeidhm ar thoscaireacht na Breataine. Chiallaigh an coincheap seo go mbeadh Éire neamhspleách, a bheadh saor ó cheangal na Ríochta, sásta, go deonach, an Ríocht a aithint i gcásanna a bhainfeadh le comhchúraimí an dá thír. Cé nár ghlac an Bhreatain leis, bhí cuid den mholadh in airteagal 4 den Chonradh, is é sin in ar gheall daoine dea-iontaoibh agus dílseacht a bheith acu do bhunreacht an tSaorstáit seachas go díreach do Ríocht na Breataine.

Micheál Ó Súilleabháin

Cé go raibh Chartres aontaithe le Childers, Barton agus George Gavan Duffy ina dhearcadh, ghlac sé leis an gConradh toisc ard-mheas a bheith aige ar Ó Gríofa agus Ó Coileáin. In Eanáir 1923, ceapadh Chartres ar choiste staitisticiúil na Roinne Tionscal agus Tráchtála. Cé go raibh sé dílis don Saorstát, is cosúil gur laghdaigh a mhuinín sa stát nua agus in 1927, scríobh sé trí alt faoin ainm cleite 'Fear Faire' don 'Nation' iris sheachtainiúil a d'fhoilsigh Seán T. Ó Ceallaigh mar bholscaireacht d'Fhianna Fáil. Léirigh na haltanna seo go raibh scoilt tar éis teacht idir Chartres agus an Saorstát. Ach fuair sé bás go luath ina dhiaidh, ar an 14 Bealtaine 1927. Cuireadh é i Reilig Mount Jerome.



Toscaireacht na hÉireann\_tá Chartres ar dheis, ina sheasamh

Is cinnte gur duine mistéireach é John Chartres. Duine ioldánach a bhí ann. D'éirigh leis a phost mar státseirbhíseach de chuid na Breataine a choimeád ag am, nuair a bhí smuigléireacht gunnaí ar son Uí Choileáin ar siúl aige. Bhí daoine ann a chreid i gcónaí, Máire Comerford agus Seán Mac Giolla Bhríde, mar shampla, gur spiaire don Bhreatain a bhí ann. Ach ní bhfuarthas fianaise ar bith a chruthódh é sin agus is ceart sochar an amhrais a thabhairt dó faoi.

#### **Gluais:**

máinlia=surgeon de bhunadh=descended from ar ceathrúin=guartered toscaire=delegate cleachtas dlí=legal practice oibrithe ceannairceacha=subversive workers i dteagmháil le=in contact with leathspéacla=monocle tuin ard-mheánaicme Shasana=upper middle class **English accent** meamram=memorandum téarmaí a dhréachtadh=to draft terms coincheap=concept ioldánach=versatile sochar an amhrais=benefit of

the doubt

November 2022 | Read the Glanmire Area News online @ www.glanmireareanews.ie

### **Glashaboy Flood Relief Scheme**

The Glashaboy Flood Relief scheme has hit vet another delay for Glanmire. Myself and your local area rep, Mandy O'Leary-Hegarty share your frustrations about this. This year marks a decade since the Flood Relief scheme was first promised and now we don't even know when it will be delivered. I know the last few weeks have been very worrying for people because of the torrential rain and many people and businesses were really scared of flooding. For some, these fears unfortunately became reality. Many of these businesses and homes do not have access to flood insurance. This is not the first time for many of these businesses and it won't be the last unless we see flood protection place.

There have been a lot of excuses about delays and a lot of politicians breaking promises. It's time for the government to stop talking and start taking action. If the OPW and Cork City Council can't deliver the scheme, then the government must step in. People cannot wait any longer. We cannot continue with sleepless nights during storms because of a fear of flooding.

The works were due to start in May 2022 – long before we saw the

current construction inflation. The reality is that this is just another attempt at grasping for straws to account for further delays in this scheme.

It is not good enough. Glanmire needs a flood protection scheme to progress. With this newsletter, you should have received a postcard. We're asking you to send this to Minister Patrick O'Donovan to make clear that we cannot wait any longer for flood relief. You'll need to sign your name, leave a short message if you'd like and post it in your local post office. If everybody does this, we'll send a very clear message – Glanmire can no longer wait for flood relief!

#### **Thomas Gould**

Sinn Fein TD for Cork North Central Teachta Dála Shinn Féin do Chorcaigh Thuaidh Lár

Spokesperson on Addiction, Wellbeing and Recovery Urlabhraí Andúile, Folláine agus

Téarnaimh

31/32 Shandon Street

31/32 Bóthar an tSeandúin

(021) 421 2233



Thomas Gould



Mandy O'Leary-Hegarty

**Conor O Regan** 

### Let's Talk About Osteoarthritis

Arthritis is inflammation of one or more joints in the body Believe it or not but there are over 100 different types of arthritis.

Osteoarthritis being the most common type.

Osteoarthritis is when there is "Wear and Tear" of the cartilage at the end of a bone where in meets another bones cartilage.

Its most commonly found in the knees and hips.

Symptoms can include joint pain and stiffness, generally in the mornings.

So, how can I reduce the amount of pain I get from osteoarthritis?

Maintaining a healthy body weight – our hips and knees support our body weight, the more we weigh the more pressure goes through our joints, which can accelerate osteoarthritis.

Get moving – low impact exercise and body weight floor exercises are great for safely using and increasing the range of motion you have in a joint. Exercising encourages the body to produce more synovial fluid (lubricating fluid in our joints that reduce friction).

Get stronger – strengthening the muscles that surround and support the joints can slow down wear and tear due to lack of joint stability.

Control Blood Sugar – High glucose levels have a direct impact on joint cartilage. In recent studies it shows that over 50% of people suffering from diabetes also have arthritis.



Conor O Regan Sports Injury Clinic & Personal Training Located in Northside for Business Campus Ballyvolane, T23X56F. Website: www.conororeganpt.com Tel: 087-9744486 11



## Glanmire Area Community Association

gacacork@gmail.com www.glanmireareacork.com



#### UPDATE FROM GLANMIRE MENS SHED

Glanmire Mens Shed is now four years in existence. During that time its members have engaged in many activities chosen by themselves including weekly get together for a chat, a walking group, visits to other sheds, inputs from speakers on topics of interest and benefit to the members, cooperation with local organisations e.g. Marymount Hospice, Darkness Into Light, Chamber of Commerce (Christmas Crib), Supervalu (Christmas Parking), Gardening in our Poly tunnel and the setting up of our well-equipped workshop.

We are making progress all the time. Our members are keen to engage in ensuring constant

improvements, especially to the workshop and polytunnel. Everybody's help and suggestions are much appreciated. We get together on Mondays at 10.30 am and will resume our extended times to Wednesdays at 2.00pm and Fridays at 10.30 am in due course.

Much has been achieved with financial support and advice from the HSE and Cork City Council, the National Lottery and some local Councillors. Without this generous grant support we would not be in a position to continue and develop our Shed facilities.

Unfortunately, there are no grants available to cover our insurance premium which, following the installation of our polytunnel, has increased substantially. Should this trend of rising insurance costs continue it could see the demise of the Shed. As our membership is

increasing weekly our executive will leave no stone unturned to ensure that this will not happen. They will do everything possible to secure the future of this much needed and appreciated facility in the general Glanmire area.

#### CONTACT Martin 0872697076 Tim 0879573995 Dermot: 0862423875

We wish to acknowledge the support and co operation of the scouting organisation who have been most helpful since they invited us in on day one. We looking forward to new members and new ideas going forward.









## Traditional Instruments

Box, Concertina, Fiddle, Whistle, Flute, Banjo, Mandolin

- All Levels and All Ages catered for
- Small Class Sizes
- €110 per Term (11 weeks)
- Rental instruments available (Limited Supply)

BROOKLODGE National School Monday Nights - 7pm New TERM - 9th January - Enrollment in advance required

#### All WELCOME

## Enq:086 0547828



At District 11, we offer a large range of Canapes, Finger foods, Sandwiches & Hot Dinner menus. Don't forget you can also *dine at home*!

#### SAMPLE Party food MENU

CANAPES Chicken liver Smoked Salmon Cheese & Olives Black pudding ball Tomato-Mozzarella Yakitori Chicken Skew Roasted Vegetables FINGER FOOD Roast Beef Meat Balls Beef slider in Bun Satay Chicken skewer Chicken Ballantine Prawn skewer SANDWICHES Roast Beef BLT Ham & Cheese Chicken Tikka Chicken Pesto Smoked Salmon & cre SOUPS
 Mix vegetable
 Carrot Coriander
 Creamy Tomato & Basil
 Leek Potato
 Carrot & Porsnip
 Roasted Pepper
 Classic Minestrone
 STARTERS
 Satay Chicken skewers
 Chicken virge forfait
 Lamb Kofta
 Chicken wings (spice or b
 Croffish cocktail
 Breaded Brie
 Goat's cheese Tartlet
 MAINS
 Beef Stroganoff
 Meat Balls in Tomato sau
 Chicken ala King
 Chicken ken
 Chicken
 Chicken ken
 Chicken
 Chicken



BOOK YOUR Party WITH US TODAY!
 Corporate events • Parties & Celebrations
 Dine at home service (full gourmet menu) • Outside BBQ area
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THE GIRL WITH SPECIAL KNEES

ELEANOR O'KELLY-LYNCH

#### The Money Advice and Budgeting Service (MABS) is the State's money advice service, guiding people

through money matters for over 25 years.

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- Mortgage & Rent Arrears
- Credit Card Debt
- Personal Loan Debt
- Utility Arrears

#### **ABOUT MABS**

The advice is free and provided by qualified professionals in more than 60 locations nationwide. Advice is also available by WhatsApp on 086 035 3141 or call the national helpline. The service is non-judgemental, confidential and independent.

Call the national helpline on 0818 07 2000 Monday to Friday, 9am to 8pm

Email Helpline@mabs.ie

Visit mabs.ie for more information and to chat to an adviser online.

mabs.ie





DISTRICT

STARTERS Honey roasted Parsnip soup Orange-Whisky glazed Chicken liver pate Smoked Salmon with honey mustard dressing, mix salad leaves & grilled Focaccia

#### MAINS

Traditional Turkey & Ham with all Christmas trimmings Duck leg confit on the bed of braised red cabbage with creamy potato & redcurrant - mint jus Herb crusted Salmon fillet served with steamed vegetables, creamy potato & white wine sauce Fiocchi with 3 cheese & pear

#### DESSERTS

Apple & Cinnamons crumble, served with whipped cream & warm custard Traditional Christmas pudding with Brandy sauce Warm Chocolate Brownie, served with whipped cream & chocolate sauce

AFTER MEAL Tea/Coffee served with mince pie





Eleanor O'Kelly-Lynch grew up by the sea in Dungarvan, Co Waterford. She moved to Cork at seventeen to study in UCC and has a Degree in Arts and a Higher Diploma in Education. Throughout her career in teaching, in radio and as a business owner, she carried the dream of writing a novel. The Girl with Special Knees is her first book with a sequel to follow. She lives in picturesque Glanmire, Cork with her husband and daughter. www.eleanorokellylynch.ie

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## Winter Make&Bake Pattern for Crochet Cotton Bauble

Deco 8 white, red and green Cotton Size •75mm or 1mm hook Silver/gold ribbon- 4-6mm

- Form a magic circle or ch 4 and close.
- Row1: Ch 3, 11 trebles into circle , join into 3rd ch at beg.=12 tr
- Row 2: Ch3, 1treble into same st as the 3h, 2 tr into each st all around. =24 tr.
- Row 3: Ch 3, 1 tr into the same st as the 3ch,1 tr into next st, 2 tr into next, cont. around =36 tr
- Row 4: Ch 3,1 tr into the same st as the ch3, 1tr into each of the next 2 st( 2,1,1) all around =48 tr
- Row 5: Ch 3, 1 tr into the same st as the 3ch, 1 tr into each of the next 3 st, cont all around(2,1,1,1)=60tr
- Rows 6-14: 1 tr into each st, alternating colours as you wish.
- Row 15:(for the ribbon) Ch 4, skip next st, (1tr into next st, chain 1, sk next st) around = 30 tr, 30 spaces
- Row 16: Ch 3, 1tr into chain space , 1 tr into next st. Cont. around =60tr
- Rows 17- 19: Continue as for Row 6- 14 but finishing with a contrasting colour.







### **RECIPE for Christmas muffins**

Ingredients

8oz mixed fruit/sultanas 1oz cherries 2oz mixed peel 1/8 pint of sherry

3 oz butter, 3 oz soft brown sugar 2 eggs, 3 oz self-raising flour 1 oz plain flour Pinch of salt Half a teaspoon of cinnamon NB 1 oz ground almonds ( 12 muffins)

#### Method

Mix all the fruit with the sherry 1...3 days before you make the muffins, tossing now and then.

- Beat sugar and butter until light and fluffy.
- Add salt, cinnamon , flours and eggs, mix well.
- · Add ground almonds, and all the fruit, mix well
- · Spoon into muffin cases in muffin tins.
- Bake at 160°- 180°C for about 15 min. Check with a needle/skewer.
- When cool, sprinkle with icing sugar if you wish.



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Our Family Fun Day - Harvest Festival took place on Sunday September 25th it was a great way to cement the relationships within our community with a day of fun and laughter. Our Chairman Jerry Burke was MC on the day and events commenced at 1pm. In our favour the weather stayed dry, music was provided by Michael Hegarty and Cork Candy man also provided a stall with a huge selection of their sweets, Brian O'Halloran and friends displayed a wide



range of vintage cars, Glanmire Ladies Basketball displayed their trophies and talents on the day.

The kid's races were very the winners were popular proudly displaying their medals. Julie-Ann and Ger along with Shane from Whites Cross Haves Cahill from Whites Cross GAA ensured the GAA Drills and penalty shoot-out were a huge hit with the kids. White's Cross GAA provided a pop up shop which was a welcome to mothers like me who can never find gum shield's for



the kids training. Macra Na Feirme know how to have fun, their presence on the day was greatly received and organised a few events on the day. I am gutted my guess for the balloons in the tractor wasn't the winner.



The Upper Glanmire ICA were fantastic as always - they provided teas and coffee's in the hall and ran the Art and baking competition. Congrats to all the winners.



The petting farm -was a huge hit with the kids and adults. Thanks to Peter Twomey and Dominic Cahill - Dominic's hen lay an egg with the excitement - we nearly had a full Irish breakfast! Catherine D was kept busy with the ducks in the pond the younger kids queued patiently for a try.

The face-painters Sinead O' Donnell and Macra were in demand all day. Amusements on the day were provided by pipers – the tea-cups were very popular.



White's cross U10's boys football team brought the Joe Mullane Cup and presented it to the crowd on the day to a rapture of applause.



Sandcastles Pre-school put on a play – what can we say only the kids were outstanding and the parents should be so proud.

Well done to Catherine Cashman's team. A huge thank you to every who volunteered on the day and the Harvest Festival Team- Dave Maher, Dominic Cahill, Brian O' Halloran, Catherine Doherty, Noelle Cotter. We created memorable experiences with something for everyone -Dave Maher captured these moments and they can be viewed on our facebook page. Thank you Father Newman.

The people of Upper Glanmire and the environ had a great get together in the Community Centre on Monday 26th September to honour and make a generous presentation to Fr John Newman in recognition of his 10 years' wonderful service in the Parish, he will be greatly missed but our is Bandon's gain and we wish Fr. John good health and every blessing in his new role. The large gathering also took the opportunity to extend a warm welcome to our new Parish Priest Pat Fogarty. The Chairman expressed his grateful thanks to the people of the area for their generous donations and the presentation to Fr John was made by Jerome Curtin. The Chairman also thanked everyone for their support and all the cakes sandwiches and supplied Fr Newman in abundance. thanked those present for their generous presentation and Fr Fogarty expressed his thanks for the wonderful welcome and promised to do his best to follow in Fr John's footsteps and do his best to fill those big hoots

Please see our facebook page for upcoming events.

Bingo every Thursday at 8pm all welcome. If you love your Bingo Lingo come along you may win

the Jackpot €

A huge congrats to the Under 12's White's Cross Camogie team who made the County Final, well done to all involved the whole community were behind ye and so proud of what ye achieved, Ye made history.



BOOKING OF SPORTS HALL/CONCERT HALL GYM membership: yearly €215 6 months:€155 3 months:€80 Monthly:€28 Contact Dermot Cambridge 087 0981940 You are invited to A Series of Meetings upholding Jesus' teachings

Upper Glanmire Community Hall T23 EV2W Every Tuesday 8 p.m. – 9 p.m.

The teachings of Jesus help us to understand God's purpose for our lives. In Him there are answers for all our questions and for all our burdens in lifetime.

Contact: 083-3823860

## **ERIN'S OWN LADIES CLUB**

Amy, Caoilin, Lucie & Clodagh Well done to Amy, Caoilin, Lucie & Clodagh\_on\_making the U13 East Cork Football Development team and have already had a very competitive match v North Cork.



U5,U6,U7 & U8 Camogie Our U7 & U8 Camogie teams played a blitz in MTU Sadium played a blitz in MTU Sadium recently, teams in attendance were Erins Own, Blackrock, St Finbarrs & Grenagh. The U5 & U6 were not forgotten about as they played a camogie match V Glen Rovers in MTU stadium also on the day. All of the girls from U5 – U8's did fantastically well, the coaches were super proud of the coaches were super proud of the coaches were super product their efforts on the day. Well done to our coaches for organising this blitz. The following week our U7 & U8 camogie team played a match V Blackrock in Pairc Ui Chaoimh during the interval of the Senior hurling championship semi final Erins Own V Blackrock.

**U9 & U10 Camogie & Football** Our U10s footballers played a competitive game V Rockban recently. Our U9 & U10 Camogie recently. Our 09 & 010 Camogle group had a busy month playing Na Pairsaigh, took part in a camogie blitz V Dungourney & Fr O Neills and played in the Tesco County Caman Festival in Castle Road. The group took to the road again on the 16th of October to play a series of matches against play a series of matches against Cahir and Eire Og Annacarty Camogie clubs in Cahir Gaa. The team finished up the season with a trip to Trabolgan for end of season bonding activities.

#### New members always welcome. Please email

erinsown.cork@lgfa.ie or secretary.erinsown.cork@ camogie.ie for information.



















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## Sarsfields Camogie Notes

Congratulations to our U12s & U14s who both won Premier Cup titles recently. Great achievement for both teams & their mentors.

A busy weekend for Elizabeth O'Leary who travelled to Dublin with our Caman N' Chat team to take part in her first ever competitive camogie match while both daughters Elena & Lucia lined out with their U14 Premier & U14A team-mates in crucial championship games. Great dedication all round & well done all!

Our U16 Premiers have gualified for a county final vs Ballinhassig to be played end of October. Our second U16 string had a super campaign but unfortunately narrowly lost out at semi-final stage to Aghabullogue.

Both minor teams are still in championship contention.

As we go to print our Senior camogie team has gualified for the County Final vs Seandun on Sunday, 23rd October & hopefully all will go well for them! As Seandun is a divisional side, Sars get to represent Cork in the Munster Club Championship to be played weekend of 5th/6th November. We will be away to the winners of Scarrif (Clare) or Limerick champions.

Thank you to Roy Loftus of Loftus Demolition, once again on board as our valued senor team sponsor. We are hugely appreciative of their continued support!



Caman N Chat Team



U10s Tesco Caman Blitz



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U14 Premier Winners

U12 County Champions



U10s Tesco Caman Blitz



Senior Team Sponsor



Loftus Demolition Sponsor



U7s vs Bishopstown



U6 Blitz in Mallow







## White's Cross GAA News whitescrossgaa.ie

History was made on Saturday 15th of October when a camogie team representing White's Cross appeared in a County Final. The side qualified for this via a narrow onepoint victory against Nemo the Rangers previous weekend. This paved the way for a trip to Bandon and a clash with West-Cork side Ballinascarthy. A large White's Cross contingent made their way to Charlie Hurley Park in the town to support the girls on this occasion. historic The game itself was closely fought throughout. Despite White's Cross having plenty of possession it was the Ballinascarthy that lead by two points at the break. They extended their lead to one goal and three points to no-score shortly after the interval. An anomaly in the scoring here is that a 'point' (over-the-bar) is in fact worth two points. They effectively lead 1 - 06 to no-score. This This lead looked unassailable. However, the girls in green were not going to be overawed by the occasion and fought their way back into the game. Two goals from frees and a two-pointer put us in with a good chance to win the game. In fact, only the width of the crossbar prevented White's Cross from taking the lead. As the girls pushed hard to get the winner, it was their opponents that broke to get the decisive winning doal. There was not enough time to recover from this

hammer-blow and we went under on a score-line of 2-06 to 2-02. This late score put gloss on the final result but does not distract from the effort from the White's Cross ladies. It is a magnificent achievement to reach a county-final for a camogie club that is only existence a number of years. There were nearly thirty girls togged out on the day. All played their part and will hopefully will have benefitted from the experience and will continue to play the sport with the same enthusiasm that brought them on this journey. If they do, we can be sure that White's Cross ladies sides, be they camogie or ladies football, in the county finals will become regular events!

#### Hurling and Football Management

White's Cross GAA are currently recruiting for a new management teams for our adult hurling team ahead of the 2023 playing season. Padraic Kelleher has recently stepped down from this role. Padraic spent two years in the position and put in a considerable effort to keep the club as an established Junior A hurling side. Several players were brought up from underage during his tenure and will have benefitted from the exposure. Realising that the demographic of the team consisted of a combination of young, inexperienced players and another cohort that were at the other end their playing career, of



Captain Stephen Whooley accepts the under 19 football championship trophy on behalf of his team mates

Padraic spent considerable time in recruiting players to bolster the squad. This was a very successful endeavour with up-to 15 players integrated new into the squad. On the playing field, we entered two adult hurling teams for the first time in almost four decades and had a number of very impressive championship wins over Bishopstown and Glen Rovers. To go from Junior B (where we were in 2018) to be competing for Junior A hurling championships will not happen over-night. Rather, it is a journey and we would like to express our gratitude to Padraic and his backroom team of John Barry, Brian O'Connor, Eoin Murnane and Brian Kelleher for their work over the last two years in moving us along on that journey. It is all change as there is

It is all change as there is also a vacancy for the main football role. Diarmuid McDonnell has had this role for the last five years. Similar to the hurling, we are very much rebuilding as we assimilate younger players on to Junior panel. Diarmuid has been active here in working with the younger players. He recently managed/coached the under 19 footballers (most of whom have made their Junior championship debuts in the past two years) to win the inaugural East Cork A football championship. It was a satisfying way for Diarmuid to end his involvement on a winning note. He can also look back on his term with pride also, having guided the club to a Junior B Football league in 2021. The club would like to thank Diarmuid and his selectors (Michael Coleman, Dominic Cahill and Sean Murnane) for their efforts with the club's footballers.

#### Annual General Meeting

White's Cross GAA will hold its AGM on Monday the 14th of November at 20.00. The venue will be announced through our media social channels Instagram. (Facebook. Twitter) closer to the date. The current committee encourages all its members and any prospective new members to attend on the evening. The General Meeting is the primary avenue for any club member to have their say on how the club is organised. Hopefully, we will have a robust attendance on the night.



White's Cross under 12 camogie team



## **GLANMIRE MACRA**

This month was a busy one for Glanmire Macra as we attended many social events. Our newly elected social officer Marie Hayes organised a new members bowling night in Planet bowling Blackpool which was very well attended by both new and familiar faces. Thanks a million for all your hard work Marie. We are looking forward to the next event.

This month also saw us attend Barcadia's weekly quiz on a Thursday night as five of our members put their general knowledge to the test in a series of different categories and rounds. It was a great night overall and a great way for our members to let their hair down and enjoy a non-competitive team challenge.

The 8th of October saw us attend officer training in Ennis as our members Jamie Meskell, Patrick Healy and Aisling Walsh make the trip. It was a very informative day. Our member Aisling took part in the national leadership awards throughout the day as she reached the final 10 leaders nationally and was presented with a president's medal for both this year and last year. It was a very enjoyable banquet and awards ceremony. Well done to everyone who received awards and medals.

October also saw us attend Fermoy Macra's dinner dance as many of our members turned on the style to celebrate the occasion with our neighboring club. Thanks to Fermoy Macra for a great night. Here's to another ten years. Our members really enjoyed dancing the night away and getting the chance to meet members from all over Cork.

This month also saw us change the venue of our sports night as we now play sports every Wednesday at 7:30pm in Little Island Community Centre. New members are always welcome and play for free on their first night. Make sure to head along and see what we get up to and meet our members. It's a great way to get started.

Last but not least, we helped out with the local family fun day in Upper Thanks Glanmire. to the local community for supporting us and to all our members who helped out on the day. We set up a number of activities to attract new people. We had everything from milking a robotic cow, to face painting, to guessing the number of balloons in the tractor. Well done to Lisa Casey who guessed correctly and won our Supervalu hamper. А great day was had by all.

Make sure to get in touch with our page if you're interested in joining us. We have snapchat, tiktok, facebook and instagram pages.

Article by Aisling Walsh Glanmire Macra PRO











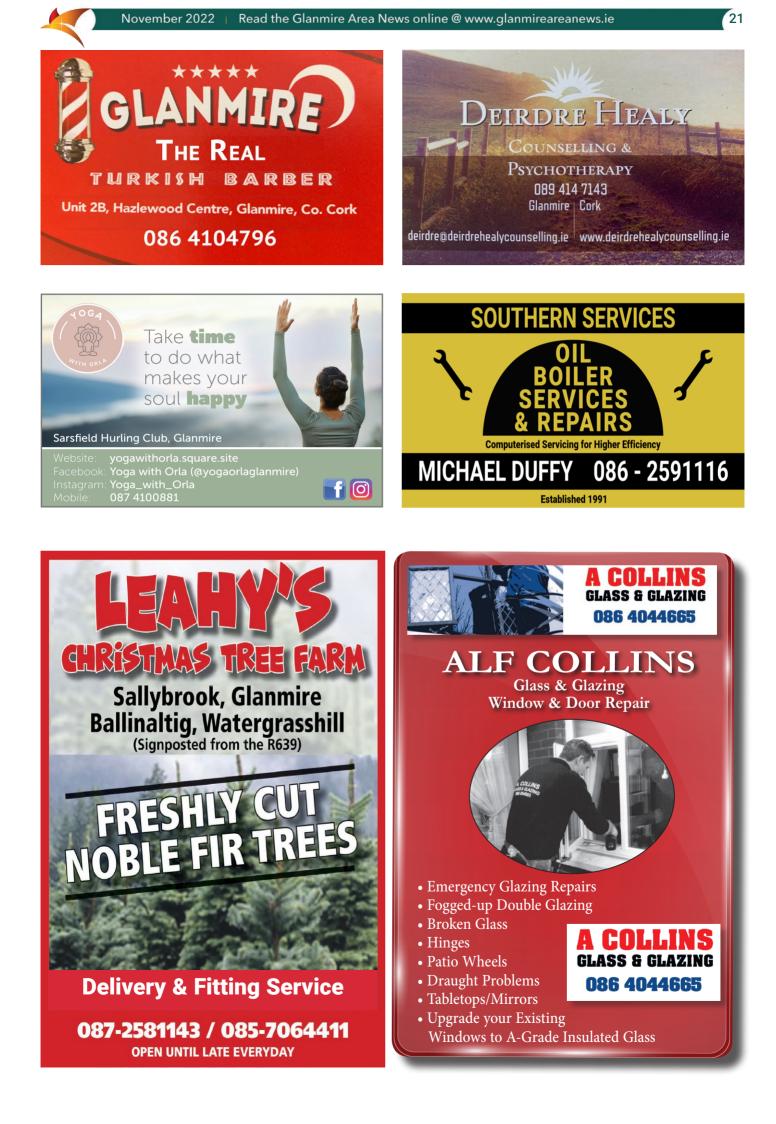












## **Glanmire Library**

The Library will be closed on Tuesday 22nd November to felicitate staff training.

## **Children's Corner**

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Music at the Library

## Kids Hour at Glanmire Library.

Every Saturday at the Library Kids have their own hour of fun.

Between 11.30am -12.30pm kids have the choice of learning and playing chess with our expert chess player(recommended age 10 +)Kids also have the choice to free play with lego.



Glanmire Library Tuesday 15th November is the place to be where music lovers can meet to share their appreciation of music. On the 15th November the event will be hosted by Jim Ahern who will share his love for music. There is something for everyone. It takes place 11.00 to 12.00 and everyone is welcome to attend.

A new service is coming available in the Glanmire area . The Glanmire Library will delever to your home or Nursing homes. If you are housebound due to illness/accident or you might know someone in your community who might benefit from this service. For more information simply email denise\_hourihan@corkcity.ie or call 0214929795 to register. The service is free.

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# THINKING OF SELLING?

We at DNG Murphy Condon have been representing homeowners in this area for many years now. Due to Strong Sales and Unprecedented Demand we URGENTLY require houses in the Glanmire area and surrounds.



19 Cois Tobair, Dromahane T51ED62 €195,000 Immaculate 3 bedroom mid terrace family home, with off street parking and enclosed private back garden. The property is facing onto a generous common green and has additional parking bay just across the road from the property. BER B3 BER No: 115570913



19 Church View Gardens, Watergrasshill T56EA36 €520,000 Stunning 4 bed detached family home occupying a generous corner site and overlooks a large green.. The surrounding vista is peaceful and a 1800's stone cut church is the backdrop setting to the rear

and a root's stone cut church is the backdop setting to the rear gardens. The home is thoughtfully designed and is energy-rated A3. Viewing of this beautiful luxurious home must be seen in person to be fully appreciated. BER: A3 BER No: 109265413



66 Coppingers Acre, Fairhill T23R884 €250,000 DNG Murphy Condon are delighted to bring to the market this architecturally designed spacious light filled 3 bedroom modern property, with gated side entrance to walled inlarge back garden. The property is in excellent condition and ready for immediate occupation. BER B2 BER No. 100722883



9 Model Cottages (off Blarney St.) T23V8K1 €185,000 DNG Murphy Condon are delighted to bring to the market, this delightful 3 bedroom mid terrace property located off Blarney street, with parking for one car outside the property. This property has potential, but would make a lovely starter home for a first time buyer. BER E RER No. 115536765



21A Boherboy Road, Mayfield T23ET2D €185,000 Delightful dormer style two bedroom dwelling with garage to the side, potential to convert the garage to a habitable space. Ideally located on Boherboy Road, within walking distance of Schools, Shops, Credit union and Mayfield Shopping Centre. BER D! BER No. 11554331



21 Hillview Drive, Onslow Gardens T23F2C8 €275,000 Spacious 4 bedroom 2 storey, detached property, with paved driveway, with parking for 2-3 cars and gated side entrance. While in need of a cosmetic upgrade, this property has a lot to offer the astute purchaser, and must to be seen to be appreciated.

BER: D1 BER No: 115195620

Due to a high demand we Urgently require Rental Properties in all areas for reference checked clients.