

www.glanmireareanews.ie areanewsglanmire@gmail.com 086 8355330 April 2024 Available: Mayfield | Upper Glanmire | Watergrasshill | Glounthaune | Little Island | Carrignavar | Knockraha | Whitechurch

Pieta Darkness into Light

Join us in Glanmire on 11 May 2024 for the most important sunrise of the year and help raise much needed funds for Pieta. Ending Suicide. Beginning Hope. Proudly supported by @Electric Ireland. https://www.darknessintolight.ie/

Karen Ronan organised a Table Quiz in a local pub in Glanmire in February (The Widows), and managed to raise just over $\leq 1,500$ for Pieta House.



(from left to right) Noel Quirke, Tim O'Callaghan (owner of pub), Pieta House representative, Karen Ronan (organiser), Kevin Chaney, John Purcell & John Ryan





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Peace Commissioner Working for you in our community

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@johndaniel3

COLM BURKE TD Cork North Central

If I can be of assistance to you or your family please do not hesitate to contact me

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March Meetings







UPCOMING EVENTS Save the date Members Meeting

Members Meeting

Venue: Glanmire Parish Hall Date: Thursday 25th April at 6pm

Featuring spotlights from the local Councillors running for election on June 7th (Public Welcome).



MEMBERS BREAKFAST MEETING AT GLANMIRE CREDIT UNION

Glanmire Credit Union has now merged with Douglas Credit Union and will soon be known as Elevate Credit Union with new services like a current account and mortgages.

Member spotlight Sonatina Music Academy

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MEMBERS MEETING Members enjoyed a lovely morning meet up at The Barn in February, with a delicious breakfast and a great catch up!

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Cllr. Sheila O'Callaghan Cork County Council

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086 1940762 Cllr. Sheila O'Callaghan sheila.ocallaghan@cllr.corkcoco.ie

Gardening - Container Planting

This is one of the most creative months of the year. Hopefully the worst of the winter frosts are gone but we are not entirely out of the woods yet...

What we can do at this time of year is to plant up our containers ready for the summer season.

The first thing to do is to check the containers we want to use. Make sure they are sound and clean.

Next, we need fresh compost or some such suitable growing medium. Bagged compost from the garden centre is the easiest to use and is free from pests and diseases. Always use fresh compost and not old opened bags from last year.

Old compost is best used as a mulch in the garden. Now we need to add some drainage materials in the base of the containers as to prevent waterlogging.

When you are buying your plants choose the ones that you like and are easy to maintain.

Always buy your plants from a reputable retailer or garden centre and ensure that they have been hardened off properly. (acclimatised to the outdoors). When you are buying plants for your containers always remember that plants need some space to grow so try not to overfill the containers with plants.

To begin with half fill the container with your growing medium and place the plants within. Adjust the plants until you are happy with the design and then plant them up.

Top up your container with growing medium to within 20mm of the top. At this point I like to use a layer of gravel or decorative stone on top to finish it off nicely. This also helps to retain moisture and prevent any growing medium splashing back up onto the plants.



This Photo by Unknown Author is licensed under CC BY-NC

As the growing season progresses you will need to feed your containers weekly with a good liquid feed. (I use liquid tomato feed)

You may also have to water daily depending on the weather conditions. It is best to water early morning as this allows time for the water to be absorbed into the compost and discourages slug infestation.

The big advantage of container gardening is the fact we can move them around the garden to suit your needs.



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It is also very easy to grow fresh salads, herbs, fruit and vegetables in containers.

For the price of a packet of salad seeds you can have enough salad for the whole season.

Growing plants in containers is also a great idea for the younger generation as it is easy to get them involved in gardening without a big-time commitment. Container gardening is also ideal for people who have a limited space or time.

Jobs for the month.

1. Remove old flower heads from Daffodils. This helps to improve flower quality for next season.

2. Check plants for first signs of greenfly and deal with accordingly.

3. If the weather is warm you may get chance to apply a suitable lawn fertiliser

- 4. Repair any bald patches on your lawn
- 5. Stay on top of the weeds

6. Sow any annual flower seeds early in the month directly into your flower beds.

7. Watch out for the dreaded slugs and take any action that you see fit.

8. Try and visit a garden this month. One of my favourites is Fota.

9. Enjoy the longer evenings.

As we have said before little and often.

Chris Troy

Glanmire MACRA



Members in the parade

Glanmire macra had a great time last weekend at the Upper Glanmire Saint Patrick's Day parade! Thanks to everyone who organised such a good event; it was great be part of the local community!!

Earlier in the month Macra Glanmire took part in the Cork County round of the National competition. talent Congratulations to Muireann coming in second in solo singing and progressing to the next round!! Well done also to our set dancing group who put on a great show!

We also had a fun social night out in the castle at the start of the month, which was great craic. Thanks to everyone who came along!! At the end of February we also competed in the seandun round of volleyball. It was it tightly fought contest, with us coming in second place. Well done to all that took part!!

As always our sports nights are on every Wednesday from 7:30pm at Little Island sports complex. Everyone is welcome!! We play a range of sports from basketball and volleyball to soccer. Entry is €5, but the first night is free!!

Make sure to stayed tuned to our social media pages for updates on all our upcoming events and competitions.

April Lynch, Glanmire Macra PRO.



Members at the St Patrick's day parade. L- R. Marie, Zara, Sean, Patrick, John and Jamie.



Our volleyball team. Back L-R. Frank, Jamie, Elaine and Ciaran. Front L-R. April, John and Eimear.



Muireann winning second place at the Cork County NTC



Members at our social night out in the castle. L- R. Marie, Joanne, Susan, Sean, Jamie, Frank and John.



Spring 2024 STYLING, SHOPPING, WARDROBE TIPS AND ADVICE



Days are longer, mornings are brighter and we are slowly transitioning from chunky knits to lighter more colourful layers. Let's look at creating transitional looks that will have us feeling good in ourselves as we approach spring summer . There is no better time to refresh our daily outfits and inject a bit of femininity into our wardrobes. I always recommend purchasing one or two good quality layering pieces that can be worn day or night for the next season ahead. Layering pieces that be on hand for cooler or showery days.

Through personal shopping sessions I have enhanced both male and female client wardrobes. These sessions are tailored to each individual budget's needs and lifestyles. Let me do the groundwork saving you precious time.

If you are interested, please contact me on my details below.

I hope to inspire you with some spring style inspiration.

Spring 2024 sees the return of cropped textured tweed cardigan and jackets.

Typically in tweed or boucle style fabric, collarless. This style is every where. Having a cardigan in your capsule wardrobe can be an invaluable layering piece. With our Irish climate I feel we nearly always need that third layer during spring summer season. Neutral cream or navy will result in you-able to add pattern or colour underneath your cardigan.

Consider the length of your cardigan. Avoid your cardigan ending on your widest body part, go above or below for a more slimming effect.

Gold buttons, pockets, chain details add a Chanel touch. Pairing these with a fresh shirt and jeans, loafers, results in a very on trend sophisticated outfit.



LONG DENIM SKIRT

Denim skirts have made current revival and а we certainly are not Firstlv complaining. its super versatile, currently being worn with boots and knitwear. Once temperatures rise try it with trainers and a bomber iacket.

The denim silhouette can be worn by all ages, all heights, yes those of us on the petite height scale, add a platform or a wedge sandal if you are petite in height to give your legs those extra few inches. Currently available in a range of colours. Adding a light top, or camisole for an evening look and a soft TEXTURE coloured bomber jacket for a fresh spring look.



FLARED JEANS I am thrilled to see the return of flared jeans. Flared jeans coming in mid to high rise look greats on every shape and size of body. The wide leg balances out out shoulder frame if we are on the broad shoulder side. These jeans can be styled in multiple ways, an elevated ruffle blouse for a smart casual office look or a simple fresh t shirt and knit wear worn over the shoulder.

Details on these outfits available on my instagram page.

Contact me on 086-2599539 if you would like to discuss style, make up, color analysis, shopping.

E-mail me on lyndadiblasi@yahoo.com. Check out my website www.lyndadiblasi.com for various packages. FB or Instagram page. Lynda.diblasi.image_ consultant



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Bumping Up the Volume One Shot at a Time





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Let me tell you a story when I entered two images of a pregnant woman into a photography competition. The first image depicted a soft, feminine pose of a mother-to-be filled with love and longing for her baby, while the second captured the same pregnant woman exuding power and confidence in a queen-like stance. She is stoic and ready for her incredible motherhood journey ahead of her.

In the world of photography, every image tells a story, and every judge brings their own perspective to the table. There were two judges; female and male. The female judge awarded the second image with **19** points (out of 20 max), appreciating the strength it portrayed. However, the male judge, stuck in antiquated views, marked it down to **17** claiming the pose was **TOO POWERFUL**, suggesting that women, especially pregnant women, shouldn't be portrayed as such in photography. **Can you believe it?!?!?**

The first image won the best mono image of the year award, but the whole experience left a sour taste in my mouth because of prejudices and expectations placed on women. **The notion that women should be feminine and nurturing rather than also strong and powerful is a stereotype that needs to be shattered.** It's disheartening to witness how deeply ingrained these outdated beliefs still are in certain circles, especially in the realm of photography where women should be celebrated in all their diverse facets and expressions – whether it be soft and loving or strong and resilient. Each woman deserves to be seen and celebrated for who she truly is, free from societal expectations and biases.

This experience fuelled my commitment to empower women through my maternity sessions at Bella Daly Photography. My mission is clear: to celebrate the beauty and strength of women during pregnancy and beyond. To provide a safe, welcoming space for new mothers to express themselves, capturing their unique moments with authenticity and pride.

You are a **warrior**, a **goddess**, a **queen**, as well as you are **loving**, **nurturing**, **caring** and **adaptable** – and you deserve to be seen and celebrated, regardless of outdated expectations or judgments. Stand tall, embrace your power, and let your story shine through my lens.

If you are curious to learn more about my approach to maternity photography sessions, read my blog on "You Deserve to be Seen" at www.belladaly.com/blog/

Templeusque/Teampall Loiscthe

The modern-day Parish of Glanmire is a union of the ancient parishes of Templeusque, Rathcooney, Dunbullogue. Kilcully and Templemichael. Last month's Glanmire Area News contained an article reviewing the history of Rathcooney Graveyard and continuing with the theme, this month another one of Glanmire's graveyards, Templeusque features. According to historian James Coleman, Templeusque Graveyard stands on a hill which gradually rises from the north bank of the River Lee, lying about seven miles northwest of Dunkettle, and 'is the most remote, isolated, and lonely of them all.' Templeusque, Teampall Loiscthe, may mean Water Church, but as the site is both high and dry so this etymology seems implausible. Another derivation has been suggested: Burnt (Loiscthe) Church (Teampall) and this translation is probably more likely. There is no visible trace of this ancient church although the first edition Ordnance Survey (c.1841) map denotes the church in ruins. The site was surveyed in 1983 and the field archaeologists suggested the rise in the centre of the gravevard indicates where the church probably stood.



Figure 1: First edition Ordnance Survey Map

The church of Templeusque was a gift by the Sarsfield family and in 1291 it was valued at 7 marks for Pope Nicholas IV's papal taxation. It is believed that the ancient leper hospital of Wynchedon may well have been located at the old church and graveyard. John de Wynchedon's will was executed in 1306 and is one of the oldest Anglo-Irish testaments extant. In the document, he left various bequests to the lepers of Cork including at 'Glenamir' (Glanmire). Historians William Maziere Brady and Evelyn Bolster concluded that Glenamir was later called Templeusque. Indeed, Brady's account of the Clerical and Parochial Records of Cork, Cloyne, and Ross notes that Bishop Downes visited the area in 1700 and on 1 October observed that the church at Templeusque was built with stone and clay and a significant part of the outer wall was in a ruinous state.

The graveyard at Templeusque contains a Bullaun Stone and a strange sepulchral emblem on the Clifford tombstone. According to Sean O'Neill, Templeusque Graveyard was the scene of a strange incident some time ago. The people of the area noticed holes in the graveyard and tracks leading to a nearby pond but there had been no sightings of who or what had disturbed the ground. One morning three local men, the Clifford brothers, went to the graveyard with scythes to cut the long grass and nettles. As they approached, they saw a snake or eel with his head stuck down a grave. One of the brothers sliced the animal in half, but to his dismay, it followed him over the wall. Luckily, planting drills were in the field, slowing the snake, which eventually died from blood loss.



Figure 2: Eel of Templeusque. Duchas.ie.

There are two purported outcomes to the story: the brothers went to bed and none of them woke the next morning, or the brother who decapitated the animal got such a fright he immediately went to bed and did not reawaken. The latter has some antiquity as according to The Daily Colonist, 28 October 1887, a tombstone bearing the name of 'Thomas Clifford, who departed This life the 20th April, 1787, Aged 27 years' is located in the graveyard. The tombstone is known locally as the eel-stone and once could be distinguished by a scythe carved on the right-hand side and an eel on the left-hand corner which was damaged subsequently. Reputedly, the damage to the gravestone was inflicted by a grieving man armed with a gun; he had remained in the graveyard after the burial of his relative, 'dreading the nocturnal visits of the doctors'. When the body snatchers arrived, he took aim but as the night was very dark, he missed his prey; the bullet struck Thomas Clifford's headstone instead, damaging the corner on which the eel was carved.

The sub-rectangular bullaun found in Templeusque Graveyard is cemented to a low plinth and measures 0.7m by 0.6m with a thickness of 0.2m. The hollow has a diameter of 0.2m with a depth of 0.1m. In general, bullauns date from multiple periods and served many purposes; they are usually bowl-shaped, some forming naturally, but the great majority are artificial. The stones are usually associated with ecclesiastical enclosures, penitential stations, holy wells and burial grounds and sometimes with ring forts. Much speculation surrounds the purpose of the stone bowls; folklore suggests that the water in the hollow was supposed to cure skin diseases, particularly warts. Another theory is the bullaun was used as a mortar for food production and was eventually replaced by the quern. Whatever the origins of the bullaun at Templeusque it serves as a reminder of Glanmire's past and our ancestors.



Figure 3: Bullaun stone at Templeusque.

Glanmire Community College

TY Education for Sustainability Module



The TY Education for Sustainability (EFS) module has been introduced to the school two years ago where all TY students complete the module for half of the school year. We organised a visit from an external facilitator to run a workshop with the current TY students studying EFS. The students were educated on the different interactive activities and then our first year students were invited in to take part. A huge well done to the TY students who were excellent and the education the first years received was highly valuable promoting awareness on climate issues and sustainability.

GCC Staff join our Wall of Fame



We are very lucky to have 3 Irish Senior International Athletes on our staff in GCC. Ms Rockall and Ms Dwyer, Irish Senior International Basketball and 3x3 team as well as Ms Hegarty who is part of the Irish Senior Athletics squad. Thank you for donating to our Wall of Fame and continuing to inspire the next generation of athletes in our school.

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GCC Junior Choir - Feis Maitiú Winners



A huge congratulations to the GCC Junior Choir with many second years involved who won Feis Maitiú choir competition on Thursday 22nd February in the Cork City Hall. A huge thank you to Ann Mannix for orchestrating yet another great achievement for the school.

Presentation for senior students by the Irish Navy



On Thursday 29th February a group of Fifth and Sixth year students attended a recruitment presentation for the Irish Navy. Two members of the Irish Navy visited the school and spoke about the ships that are used, area of operations, foreign deployments and the type of recruits the Navy want. There was an emphasis on educational opportunities and career progression available to members of the Irish Navy.

CanSat Team



This year Glanmire Community College once again took part in the CanSatcompetition. The team consisted of Toby Tangney, Nathan Manley, Alan Browne, Kyle Scott, Rian Leahy and Adam Hayes. CanSat is an initiative by the European Space Agency that challenges secondary school students to build a miniature satellite, all housed in the volume of fizzy drinks can. The regional final of CanSat took place in MTU on Saturday 9th March. Unfortunately, despite excellent work by the team over a number of months they did not win the regional competition with the judges outlining that they were not far off winning. Overall well done to the team for the excellent work over the last few months.

JUNIOR ACHIEVEMENT READY FOR SUCCESS WORKSHOP with DELOITTE 5TH YEAR BUSINESS STUDENTS



Ten volunteers from Deloitte revisited our 5th year Business Students this week following up on our recent visit to their offices. The workshop covered all aspects of Human Resource Management giving the students real life examples of topics we cover in class. The students worked with the mentors gaining an appreciation for developing a Personal Brand, understanding the importance of one's online presence, ways in which to organise one's workload and the benefits of time management.

The programme will continue with a Masterclass in March and a further workshop on CVs, Interviews and Personal Statements in April.

Ski trip 2024



On Sunday the 28th of January, forty Transition year students and five teachers, Mr Rees, Mr Crowley, Ms Fitzgerald, Ms Johnson and Mr Woods met at Cork Airport and embarked on what turned out to be a trip of a lifetime. It was an early start but excitement levels were high as for the majority of the students, the skiing experience was a first time adventure. We touched down in Verona airport at around ten past twelve, collected our luggage and set off on our Bus transfer to the ski destination of Pinzolo-Italy. Our bus transfer to Pinzolo took in glorious views of Lake Garda and snow capped views of the Dolomites where we would ski for the next six days. All in all we had a fantastic time as a group and it was an amazing shared experience for students and teachers alike. It is certainly an experience never to be forgotten. We even arrived back to our parents in cork airport with no injuries. Sincere thanks to Mr Rees, Mr Crowley, Ms Fitzgerald, Ms Johnson and Mr Woods for a brilliant transition year school tour. Only wish we could do it all over again.

-Written by Michael Lynch TY

Glanmire Community College



LGFA TY Coaching course

A big thank you to Gearóid from the Munster LGFA for delivering the LGFA TY Programme to a group of our students on Monday 19th February. Students developed their planning, team work and leadership skills throughout the day. We are delighted to now have 18 gualified LGFA coaches and Go Games referees in the school who will put their skills to good use during an upcoming blitz for the local primary schools. Well done to all involved.

Paired Reading- GCC and Brooklodge N.S



On Thursday the 22nd of February, 46 Transition Year students from GCC went paired reading with 5th and 6th class from Brooklodge National School. The books were brought over from GCC, but the student from Brooklodge picked out which book they would like to read.

From Science-Fiction to History, Comedy and Romance, the students had a wide variety of books to choose from! We spent the first ten minutes reading. Swapping who was reading after each paragraph, each page, or each chapter; every pair was different!

The motivating atmosphere in the classrooms throughout the duration of the paired reading inspired and encouraged discussion between GCC and Brooklodge students about their chosen book.

We asked each other about hobbies, pastimes and life outside of school! The Paired Reading was enjoyed by all- a great bonding experience, creating fantastic relationships between students. Students from both Brooklodge and GCC really benefited from the initiative that continued for a few weeks. The GCC reading initiative team are now turning their focus to St. Josephs Primary school. Watch this space!! -Written by Eimear Hurley TY

involved. Luke Merrigan ran in the 5,000m intermediate Boys race where he placed 26th out 110 in a time of 17.42 mins. A ferociously fast time on such a muddy hilly course. Owen Williams and Ryan O' Donovan ran in the gruelling 6,000m Senior Boys race. They finished in 49th and 62nd respectively, out of 99 runners. Both students performed unbelievably well to finish so high up in the field given the fact that they still



Brave Performance by GCC U17 footballers V's Templemore

On Thursday the 22nd February, our U17 footballers travelled to Fethard to play Our Lady's Templemore. Starting out without a number of regulars, our footballers were very competitive through the first 20 minutes, trailing 2-3 to 6 points. D'arrachis Barrett, Cathal Galvin and Cian Dalv showing well up front. The half time score was 3-4 to 1-6 with the goal coming from Aaron O Mahony.

We started the 2nd half very well with a point to get within 3 points but Templemore took control from here eventually running out 5-14 to 1-9 winners.

This was a very young team with 10 starters being underage for next year. The team was led by Derry Crowley, Cormac Fennessy with Adam Dunlea and Adam Leahy competing very well around the middle.

3 Atheletes put on a brave performance in the **All Ireland Cross Country**

On Saturday 9th March three GCC students travelled to Tyron Park in Tallaght Co. Dublin for the All Ireland Schools Cross Country Championships. This is the highest number of qualifiers GCC has ever had for this racea fantastic achievement by the three lads



have two more years in this age category. A massive congratulations to all involved. Your dedication, commitment and consistent hard work has paid off. All at GCC are excited to see how your outdoor season unfolds once you hit the track.

GCC Girls 2nd Year Basketball team win the county final

GCC 2nd year girls basketball team emerged victorious against Kanturk on Friday March 15th in the BIPPS south regional Basketball final. The final score line was 32-18. The girls are pictured about with coach Ms. Dwyer and Ms. Doran. Well done to all involved.



Glanmire Library











Talk on The Book Of Kells - Friday 12th April 2.30pm -As part of the Life Long learning festival, Glanmire is delighted to welcome author Donncha MacGhann for a knowledgeable talk on his recent publication. Donncha has been engaged in the study of Insular manuscripts and the Book of Kells for the past fifteen years and is dedicated to communicating this research both to the academic and the wider community.





Get back to nature with a selection of Easter and Spring inspired books on display throughout the month of April in Glanmire Library.





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A huge crowd enjoyed the Upper Glanmire St Patrick's Day Parade which was further enhanced by some of the best weather so far this year.

The Upper Glanmire Community Association would like to gratefully acknowledge the generosity, (in the form of ward fund allocations and other donations) of Councillors Joe Kavanagh, Ken O'Flynn and Sheila O'Callaghan.

The Glen Theatre Drama Group will bring their production of "The Rain at the End of the Summer" by John B. Keane, to the Upper Glanmire Community Centre on Friday 3rd May at 8pm, doors open at 7:30pm. This is a recently rediscovered plav first staged in the Gaiety Theatre in June 1967. Admission is 15 euros. Booking is essential. Tickets available from Jerry Burke at 0879816481 or the Boothouse Bar at 0879645496.

The Upper Glanmire Community Association Annual General Meeting will take place on Tuesday 9th April at 8:30pm.



CRUNCH BOOKING OF SPORTS HALL/CONCERT HALL

GYM membership: yearly €215 6 months:€155 3 months:€80

Monthly:€28





Contact Dermot Cambridge 087 0981940





Some of the many White's Cross GAA members in attendance at the annual Upper Glanmire St. Patrick's Day Parade Photo credit: Whooley Photos



Playing Matters

City Division Junior The Hurling and Football leagues got underway in the month of March. The A footballers opening game against Nemo Rangers was postponed and rescheduled for the end of the month. When we did get underway, we faced an away trip to Bishopstown on Saturday 16th of March. The game was played in a constant downpour on the Bishopstown excellent 4G playing surface. Our lads will be glad that the game went ahead as we registered a threepoint victory on a scoreline of 1-06 to 1-03. We scored 6 points playing with the wind in the opening period. In the second half we registered only one score but it was the crucial score of the game. As the scoreline suggests, we defended very well and were



hard to breakdown. It was great to get the competitive football season off to a win. A further positive from this game is that 9 of the 15 starters were 22 years old or younger. Hopefully we can follow up in the next few weeks with a few more victories to instil confidence into the team.

The Junior Hurling team opened their campaign at home to Passage. This was the first time that Passage played a hurling game in White's Cross since 1998 hence it was an unusual scenario for both teams. We were short a number of key players due to injuries and other commitments which meant that we would be up against it versus the reigning league champions and one of the championship favourites. During last year's league



Some of the many White's Cross GAA members in attendance at the annual Upper Glanmire St. Patrick's Day Parade Photo credit: Whooley Photos

campaign, considerable а percentage of scores came from placed balls. Crucially on this occasion we were short our main and replacement free-takers. Those that deputised on the day, performed admirably but they were handed a responsibility that they normally do not bear. Unfortunately we missed a number of frees on the day and these proved crucial as we lost by five points; 0-17 to 0-12. That said, in the opening quarter there was nothing between the sides. The second guarter did prove to be the crucial period in the game as the harbour side pulled five points clear to lead 0-11 to 0-06 at the break. The second half was nip-and-tuck throughout as both side had periods where they knocked over successive points to either extend the lead or narrow the gap. White's Cross had the only clear goal-scoring chance in the game late in the second half. However, we were unable to take it or unable to reduce the half-time deficit. Despite the loss, it was positive performance given that there were so many players absent.

Our underage teams have had a slow start to the season. There were quite a few cancellations, owing to the weather and state of the pitches, in the past month. Under 14 footballers and the Under 16 hurlers had their opening games postponed for this reason. In the few games that have been played, the Under 18 football team had a big win over Mayfield in their opening league encounter. The under 16 footballers had a more exciting hard-fought victory over St Dominics (Glanworth/ Shanballymore). The final score here was 2-06 to 1-08.

Simon Buckley RIP

White's Cross GAA would like to offer our condolences to the family of Simon Buckley who passed away unexpectedly in March. Simon was a selector on our Juvenile teams in the 1980s when his sons were playing. He was also ever present on the sidelines of late when his grandsons were playing with the club. Ar dheis De go raibh a anam dilis.

Annual Awards Night

In February we held our annual awards night for the Juvenile section of our club. The girls all got a medal and danced the night away! Thank you to Vienna Woods for hosting the night. Thank you to our senior girls that presented the girls with their medals.

County

Well done to all our girls that have been involved in inter county action with Cork recently. All underage are coming up to their final rounds of Munster Championship, while the Seniors are in League action.

Dinner Dance

Saturday 0n 2nd March our Intermediates celebrated their All-Ireland success with a fantastic night in Vienna Woods. The night started out with a lovely drinks reception before moving onto our meal. The night was celebrated with medal presentations, a frame for each player displaying individual photos and individual player of the year awards. Many members of the club, family and friends attended on the night. Thank you to Lorraine O' Neill who was our MC for the night! U16

Our U16 squad enjoyed a challenge match against Douglas in Pairc Ui Chaoimh 4G and it was their first run out of the season! They then had their first league match of the year recently and had a good win over neighbours Erins Own.

U21

Congratulations to our U21 squad who had a good win over Aghada in the U21A County QF and will now move onto the semi final where they will play Mourneabbey on the Easter weekend.











April 2024 ww





County Win

Sarsfields Hurling Club Re-Development -"We are nearly there"

The last 6 months have been a rollercoaster for our Club to say the least.

Founded in 1896, Sarfields has won seven County Championships so lifting the Sean Og Murphy Cup on 15th October last year was truly a very special and momentous occasion.

We had a fantastic evening of celebrating back at the pavilion and the official homecoming the following day was one that we will all remember for a long time to come.

Those euphoric celebrations very abruptly changed to devastation when on 18th October our beloved club was ravaged by Storm Babet. After being advised to evacuate as flood waters came from nowhere, we made a decision to remove our own flood barriers, open our gates to relieve the water pressure on the housing estate across the road and neighbouring businesses.

We lost our pitch, our astroturf & hurling wall and thousands of euros worth of bar stock in the basement of our pavilion. Our gym was devastated as well as grounds fencing and surrounding walls.

We did manage to open our bar after two weeks. Huge thanks to Heineken who loaned us a cold room for a few weeks whilst a new one was ordered. We are delighted to see our members and community back in the club bar and we are busy hosting birthdays, special occasions, funeral after's & fundraising events. "It's not just a club it's a community".

The re-build process of the club grounds which started on the second week of January has been extensive. Our new gym opened towards the end of January, and it is great to see our club members making full use of the new top-class facility.

We were thrilled to be able to partially open our all-weather pitch on St Patrick's weekend to the older juvenile & adult hurling & camogie teams on Saturdays & Sundays. Our younger members continue to be facilitated in our local schools' sports grounds.

So the first phase of the redevelopment is completed. Main pitch works are

progressing very well considering the weather and it is ready for the new drainage system. Concrete works, irrigation, floodlighting and new car park works are all in motion and we are definitely beginning to see the light at the end of the tunnel. We are hopeful that with the help of a bit of dry weather the main pitch will be ready for seed very soon and it will be a sight for sore eyes when the grass begins to grow.

We have so many people to thank, the list is endless however a special mention to Glanmire Community College and St Joseph's National School who have facilitated our younger juvenile groups on their allweather facilities so they could get back training.

Our own members, some of which rolled their sleeves up and helped with getting the bar and gym back in action, "you know who you are!!!".

Thanks to HSD Cork, Hourihan Sports field Developments Ltd, who are doing tremendous work, and we can see the club grounds really beginning to take shape.

Finally, "Every Ship needs a Captain" and our Chairperson, Keith Mulcahy along with our Re-Development Committee has worked tirelessly these last six months to ensure that we will have a top-class facility in the coming months. We look forward to an official re-opening of our new club facilities in the not-too-distant future.



Sars Fireworks





Gym



Pitch Flood



Pitch



New All-Weather Pitch

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Lucy Allen

SARSFIELDS CAMOGIE ACTIVITY

We held our Joint Victory Dinner Dance recently in Vienna Woods Hotel with plenty reasons to celebrate 2023. Many thanks to all who helped organise a fantastic night.

Lucy Allen was honoured in Croke Park recently when she received her AIB All Ireland Club Player of the Year award for performances in 2023. This is a first for the club and a great achievement. Congratulations Lucy.



Sciath Na Scol Skills

Another Allen but no relation, Millie Allen represented her school St Josephs, Riverstown in the Sciath Na Scol Skills Competition in Pairc Ui Chaoimh recently. Millie came joint first – another super achievement! Well done Millie.



Medal Recipients 2023



Gillian & Keith



Niamh, Conor, Hollie, Aaron & Maeve



Reason to Celebrate



Conor & Aaron



Millie



Liadan & Sinead





Dinner Dance



AIB TEAM OF THE YEAR



Sarsfields **Camogie Clu**





U11 & U12 Camogie

Our U11 & U12 camogie group will be entering two squads for the U12 league competition this season. In advance of the commencement of the league campaign, the girls competed in 3 cluster blitzs. The first blitz was against Bride Rovers, second blitz was played in Pairc Ui Chaoimh 4G astro against Douglas and Nemo Rangers and third blitz against Midleton in Virgin Media Park. Well done to all the girls and their management team.

Farrah Geasley & Caoilin Hartnett Congratuations to Farrah on being selected to the Cork Camogie U17 team and to Caoilin on being selected to the Cork Camogie U15 Squad. The very best of luck to both girls for the year ahead. **Eimear Norton & Kate Sexton** Congratulations to Eimear and Kate who won the Munster Senior Hockey Cup with St Angelas Secondary school recently.

Dinner Dance Celebrations

Well done to our Junior Football team on receiving their county medals at our recent Erins Own 60Th Anniverery Dinner Dance















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April 2024





Glanmire Ladies Basketball Club Last few weeks have been busy for the club with lots of training and preparation underway for league, championship and All Ireland Club Championship

On 2nd March our u13 team and Premier team reached the final of the county board championship It wasn't our U13s day but they put up a great battle against a Bantry team score was neck and neck through out the game and the team was just pipped at the post.

On the other side our Premier team were victorious against a strong Ballincollig.

Both teams doing the club proud.



On 2nd March Our Social inclusion team played in Neptune in a tournament with a number of teams from all over the country a great day was had by all.

Glanmire are also delighted with the news that we have two of our players selected to represent Cork on the U17 Cork team Chloe O Driscoll and Katie Quinlan and we have four of our players on the Cork U14 team well done Aoife O'Callaghan, Emer Kiely, Samantha Roche and Tara Brady

All the girls selected will play for the cork teams over Easter .

The u14A are preparing to head to Gormanston for the All Ireland Club Championship competition which takes place in April, this is a great opportunity for the team to play at this level and the club is so delighted they have got this far.

The club host a camp over Easter Break please this is open to boys and girls give a call to book a place.





Glanmire Ladies Basketball Club

EASTER BREAK BASKETBALL CAMP 3 AND 4 APRIL2024 WITH YOUR HOSTS SUPERLEAGUE PLAYERS FROM CORK AND USA

Boys and Girls welcome

Where: Upper Glanmire Sports Hall

Times: Junior 3rd & 4th April up to U12-10am-1pm

Senior 4th April U13-U18 1pm -3:30pm

€20

Any Questions and to book a place contact : Aine at 087 4133048 or Val at 087 6678362



March was a busy month for Community Games with the start of the Cork qualifying heats in a number of events.

Glanmire had two teams participating in the Cork chess tournament on 3rd March in Riverstick. Patric Sheehan, Diego de la Calle, Lorin Hauska and Bill Waterman took part in the U13 event with Elliott Mullins, Ronan Twohig, Finn Paterson and brothers Daithi and Donnacha Hurley taking part in the U16 tournament. Both teams performed very well on the day with the U16 team taking home bronze. A wonderful day out was had by all.

Our Glanmire Quiz team comprising of Melanie O'Keeffe, Liam Canty, Daniel Tobin and brother and sister duo James and Ellie Cogan , didn't face any competition in the Cork heats and so will go on to represent Cork in the all-Ireland finals in Kilkenny in June.

Saturday 9th march saw 16 swimmers from Glanmire head to Bishopstown for the Cork qualifying swimming gala. Glanmire always has a strong tradition of having a highly competitive swim team and this year was no exception. A great display of swimming on the day resulted in Elise Arrigan taking pewter medal, Benjamin Coakley also pewter, Michael Smudka silver, Emily Smudka and Eoin Manson both brought home gold. The gold medallists will go on to represent Cork in the all-Ireland finals in Kilkenny in June. They will be joined by Glanmire swimmers Clodagh Martin and Roisin Brannigan who will also represent Cork having met no competition at Cork heats in their event.

In the pictures below are Patricia Cristea, James Hegarty, Benjamin Coakley, Melek Jeffers, Lee Nicholl, Elise Arrigan, Nessa Martin, Eoin Manson, Humphrey Kelleher, Brother and sister Emily and Michael Zmudka, Ayla Maricle, Alice Twohig and Rosie Monahan.

Best of Luck to all Glanmire children representing Cork in the all Ireland's in their chosen events. Coming up in March is indoor soccer and futsal and on 14h April is art, handwriting and model making. If you are interested in participating is the art, handwriting or model making please email glanmire@communitygames.eu Later in the summer track and athletic and music, dance and drama events will be taking place.









Glanmire Community Games



April 2024

Writer's Corner with Eleanor O'Kelly-Lynch

After I wrote my first novel, 'The Girl with Special Knees', I was often asked, 'Where do you get your ideas?' It's an important question because when you think about it, without 'ideas', there is no story. Some authors are 'Planners.' They develop their ideas, their charcters and their plot in advance. They brainstorm, make copious notes, diagrams and chapter by chapter synopses. This means that - before they write a line - they already have a very good idea what's going to happen to who and when and why and how. It makes great sense to be a planner. Because when you start writing, the task is a little easier the premise, the planning and the pace of the story has all been laid out and you now have a roadmap to follow. Sounds great and I so wish I could be in that camp of 'Planners'. But I'm not.

The second type of author is the 'Pantsers.' As in, they write by the seat of their pants. There's no detailed planning involved; they have an idea that excites them; they mull it over, percolate it for a while, maybe sketch some rough ideas on where things could go and then they are off, not quite knowing from chapter to chapter exactly how the story will be woven and what will happen in the end. For me, this is a more exciting writing journey. For both my books, I never knew what the characters would do, how they'd react and how the story would end. This way, the writer is as surprised as the reader about what happens next.

I don't think you consciously choose to be a planner or a pantser – it's how you are. Some people enjoy planning ahead and the certainty they can create in their lives; others enjoy the adrenaline rush of surprise but you'll naturally fall into one or other category.

I knew I wanted to write about an ordinary family, the Redmonds – a mother, father and two siblings: Doll aged eleven and fifteen year old Andi. In the book, Doll was born with a rare codition which meant

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her life was tough and all she could think of was escaping her lemonlife. I had a child with special needs in real life and I wanted to write about that experience. In the book, though, I wanted to re-imagine Doll's life – I wanted to catapult her into adventure and surprise, a new world where she could take flight and live her dreams.

I'd read about parallel universes where we can live different versions of ourselves – the multiverse. And it's not just science fiction by the way. Some physicists suggest there are up to twelve different dimensions and believe in the possibility of time travel and other worlds. In the book, I allow for a little magic, letting Doll slip through a portal into another life where she embarks on a hero's journey and learns how wonderful and resourceful she can really be.

The story is told from each family member's perspective: the father, Dan, mother, Sally and sister Andi - and of course. Doll. So that's four characters with four different stories to tell. Doll's story was to be my biggest challenge though. I needed lots of ideas! I had to create this new world - Almazova - that Doll travels to. How would she get there? Why would she go? Who would she meet on her journey? What would she do? How would she feel? What sort of danger would cross her path? Who could she trust? What was the purpose of her journey and how would it all pan out in the end? Would she even come back?

And here's the thing, as I wrote each chapter, I never knew what was coming next. This meant I had to create new ideas as I wrote. A great way to do this is to ask questions – questions are a writer's best friend. Questions lead you in all directions and some of the ideas set off a spark in your head . . . and then you are off again with the next piece of the action. For example, once Doll arrives in Almazova, I needed to know what would happen to her. So I brainstormed the question, what if?

What if she meets a stranger? What if she is given a task to complete? What if she encounters danger? What if she changes her mind and wants to come home? What if she meets a friend? And questions lead to other questions: Who might that stranger turn out to be? What task must be completed? What if the friend cannot be trusted? Is she afraid, or full of courage? Questions open up little mini-worlds of possibility and you have to let your imagination roam and follow the threads than spark your attention.

Someone once said, if you're driving to Galway tonight, you don't have to see the entire road. Your headlights light up the 300 feet just ahead of you and that is all you need to get to Galway – seeing just the bit of road up ahead of you. Same for writing. Let your lights illuminate the immediate scene and a new set of questions will light up your path as you journey from chapter to chapter. Let me know if you have any questions and I" respond as fast as I can

Happy Easter and happy writing

Eleanor

eleanorokellylynch@gmail.com

Eleanor O'Kelly-Lynch is an author, living in Glanmire. Her novels, 'The Girl with Special Knees' and 'The Girl with Stars in Her Eyes' are available in Silver Bow, Glanmire, Midleton Books, Fermoy Books, Easons, Mahon Point, Vibes and Scribes, on www.eleanorokellylynch.ie, and buythebook.ie

Book Review



GCC Well Read Initiative Student Book Reviews



All the bright places - Jennifer Niven

Genre: - YA, contemporary, romance.

Just as the cover says, it's a story of a girl who learns to live from a boy who wants to die. All the Bright Places is an amazing novel for many reasons, including its amazing plot along with its ability to show us the deeper meaning of life. As a teenager, I could really relate back to some of the themes that this book explores, such as school stress and not fitting in. I almost instantly fell in love with the characters and found that I learned so much about mental health and how easy it is for anyone to put up a mask when they are struggling and no one to notice. This book does a great job of showing the struggle of facing mental illness alone as well as showing that accepting help can be the first step to a solution. All the Bright Places perfectly shows the mind of a teenager who has to face the struggles of being a teenager, while also struggling to battle mental health issues and bullying. The book importantly reminds the reader that help is available and there are always going to be people willing to listen, whether it's a friend, parent, teacher or therapist. As Violet finds herself again, after the tragic death of her sister, Finch gives you an unexpected plot twist that will break your heart and rebuild it right after. I completely recommend this to anyone over the age of 13 who wants an amazing read full of laughing, crying and amazing hooks, that make you early unable to put the book down. It made me laugh, made me cry, but mostly, it reminded me of what it feels like to be alive, to be a teenager and to struggle, and how that's entirely okay.

The plot was so painful and captivating at same time and the only thing I come up with is it explains the beauty of love. It honestly made me cry a small bit as well. I am amazed by this book, and I learned so much about how you never really know what someone is going through. It is very difficult story to read but it's entirely worth it. Each and every word was so touching, and I found myself thinking about it way after I read it.

It slowly introduced each character alluring us with plot twist and the deep images and

descriptive writing was amazing. I would one hundred percent recommend this to anyone who wants to get started with reading or someone who just wants a good read.

Preview:

Theodore finch wants to take his own life. 'I'm broken, and no one can fix it.' Violet Markey is devastated by her sister's death. 'In that instant we went plowing through the guardrail, my words died too.' They meet on the ledge of the school bell tower and their story begins. Its only together they can be themselves. 'I send a message to Violet: 'you are all the colours in one full brightness." "Yours so weird Finch.' But that's the nicest thing anyone's ever said to me. But as Violet's world grows, Finch's begins to sink. How far will Violet go to save the boy she has come to love?

Paired reading initiative St Joseph's National School

Last week saw the commencement of the paired reading initiative at Saint Joseph's National School by the Transition Year students. They were matched with two classes of fifth-class students. Each pair selected a book from those provided by GCC. The initial reading session lasted approximately ten minutes, during which both Transition Year and fifth-class students took turns reading. Students tested each other on various aspects of their books such as characters, setting, time period, and plot progression. Students then took a movement break where they talked about their books in more detail. Upon returning from the break, they resumed reading until the allotted time was up. The atmosphere was filled with enthusiasm as students eagerly participated in the activity. They look forward to continuing the reading sessions the following week.

"Hi my name is Margaret McDonnell. I have lived in Glanmire now for over 25 years, having previously lived in Mayfield. I'm married to John, and proud mother of Sinéad and Seán.

I have always been involved in politics and I'm a lifelong member of the Fianna Fáil party. With my involvement over the years, I've helped both MEP Billy Kelleher and Pádraig O' Sullivan T.D.

I firmly believe, with my wealth of experience, I can make a positive contribution to our community which is undergoing a significant transformation. It is a great place to live but with significant development, comes significant challenges.

I feel I'm well placed to help meet some of those challenges."

Margaret McDonnell

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Melanie O'Keeffe, 6th Class pupil of Riverstown N.S, Glanmire Melanie represents Glanmire Football Club in the Scór na bPáistí Solo Instrumental competition. Melanie progressed through 3 rounds of the competition to Cork County finalist.



April 2024



Your LOCAL Credit Union in Glanmire recently merged with Douglas Credit Union.

As a result of this we will be rebranding with a brand new name. We are delighted to announce this will be Elevate Credit Union and will go live in May.

Call to our office in Glanmire, or simply visit us on www.douglascu.ie



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