

www.glanmireareanews.ie areanewsglanmire@gmail.com 086 8355330 July 2025 Available: Mayfield | Upper Glanmire | Watergrasshill | Glounthaune | Little Island | White's Cross | Carrignavar | Knockraha | Whitechurch

## **Glanmire Community Bus Launch**



Glanmire Community Bus Officially Launched to Serve Local Needs ... continued on page 14





28 Crestfield Centre, Glanmire, Cork. M. 086 601 3222 P. 021 601 9051 www.joeorganauctioneers.ie PSRA Licence no: 001612



## **Glanmire Community First Responders**



Glanmire Community 1st Responders were delighted to meet Fr Fogarty and present him with an AED for use in the community. This is AED is now ACTIVE and positioned at the entrance to the parish hall eircode t45tw72 next to St Joseph's church Glanmire There is NO CODE on this box but you do need to press the letter C to open the box !!! GCFR acknowledge with thanks, support from the Cork City Council Community Grant Scheme 2025, for their assistance with

GCFR acknowledge with thanks, support from the Cork City Council Community Grant Scheme 2025, for their assistance with this initiative. Many thanks to Aaron O Brien electrical services OBES who installed the AED box for for us.



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warning: if you do not meet the repayments on your toan, your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future. Dur Lady Crowned Credit Union Limited is regulated by the Central Bank of Irelan

## VIDEO WORKSHOP WITH VIDACADEMY



Our members enjoyed a fantastic workshop in June from Judie Russell where we learned how to make professional videos from our phone. It was a really interactive workshop with loads of practical tips for video making. Watch out for all the new videos from members on socials!!

## JULY EVENT

**GLANMIRE** 

CHAMBER OF

COMMERCE



## 2025/2026 MEMBERSHIP

The new membership year for Glanmire Chamber kicks off this July, and we're inviting all local business owners to join our growing network.

For just €150 per year, members benefit from:

- Networking events and business breakfasts
- Promotion through our website and social media
- Local campaigns supporting "Shop & Support Local"
- A voice in community and business
   development
- Opportunities to connect, collaborate and grow

Whether you're a small business owner, selfemployed, or part of a larger organisation, the Chamber offers a platform to raise your profile and be part of a strong local business community. Join us today and help shape the future of

Join us today and help shape the future of business in Glanmire.

## **MEMBER SPOTLIGHT**



## DESIGNER CLOTHING BOUTIQUE IN THE HEART OF GLANMIRE

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## SHOP ONLINE AT WWW.DIFFUSIONWEAR.IE

## www.glanmire-chamber.ie

## Are You Living With Sciatica Or Back Pain... When There Is A Non-Invasive, Drugless Solution?

Having back and sciatic pain is a miserable – even crippling – condition.

You might not be able to play golf, work, or even sit in the car for a 30-minute drive. It's almost impossible for anyone around you to understand how you feel. You can't remember the last time you even had a restful night's sleep.

You may have a condition called "Sciatica" if you're suffering from any of these annoying conditions. Sciatica is a compression of the sciatic nerve, usually by an L4 or L5 disc herniations.

Nothing's worse than feeling great mentally but physically feeling held back from life because your back or sciatica hurts and the pain just won't go away!

## Do You Have Any of the Following?

- · Sharp pains in the back of the leg
- Lower Back Pain
- Herniated/bulging discs
- Numbness or soreness in your legs
- Shooting hip or thigh pain
- Muscle spasm, sprains & strains

Fortunately, if you are suffering from any of these problems, they may be relieved or eliminated with chiropractic adjustments.

## "What's The Chance This Will Work For Me?"

Chiropractic has been around for over a hundred years, and has been used to help everyone from tiny babies to the elderly. Even top sports stars and entertainers like Tiger Woods, Venus Williams, Pádraig Harrington, Bradley Wiggins, Gisele Bündchen and Madonna.

These professionals can afford to hire any kind of doctors they want, and they choose to have a chiropractor on their team.

## Here's what just one of our patients had to say:

"I can't believe how much I have improved and can tolerate more treatments and exercises. My quality of life is so much better and I get a full night sleep now. It has taught me how to rest, look after my back and sit up straight. At the same time, I have freedom from pain and a lot more movement."

This means in just a matter of weeks you could be back on the golf course, enjoying your love life, or traveling again.

## Feel the Improvement – and Say "Yes" to Life Again

With our "Back Pain And Sciatica Evaluation" I will be able find the problem and work with you to correct it.

Think of how you'll feel in just a few short weeks.

See and feel your life change for the better. Start your body on the way to pain-free, normal living. Feel tight joints rest, relax, free up. Feel muscles tied in knots become more supple. Feel strength in your muscles increase.

As you begin to see motion returning to your joints, you're preventing and reducing chances of disability and a crippling future.

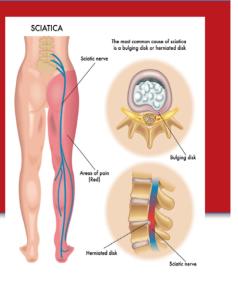
## The Single Most Important Solution To Your Sciatica and Back Pain

It's time for you to find out if chiropractic will be your sciatic and back pain solution.

For 14 days only, €45 will get you all the services we normally charge new patients €120 for!

What does this offer include? Everything we normally do in our new patient evaluation.

• An in-depth consultation about your health and well-being where we will listen, really listen to the details of your case.



A complete neuromuscular examination.

• A thorough analysis of your exam and any findings so we can start mapping out your plan to being pain free.

We will provide answers to your questions, like.

...which position, mattress, and pillow you should use for a good night's rest.

...how to exercise the right way so you aren't making your pain worse.

## Don't Let Your Sciatica Get Worse

Untreated, sciatica can lead to a loss of muscle strength and muscle size that may be irreversible. Eventually, there can be problems with gait.

Sciatica can be **successfully treated**. You can recover. Healthy, pain-free living should be yours.

Call today and we can get started with your consultation and exam as soon as there's an opening in the schedule.

Our office is called Glanmire Chiropractic Clinic and you can find us at Eastcliffe House, Glanmire. (Over the bridge by Monkey Maze in Glanmire next to AIB)

To avail of this offer just tell the receptionist you'd like to come in for the Back Pain And Sciatica Evaluation.

We look forward to helping you get rid of your pain so you can start living a healthier, more joyful life.

## Sincerely, Dr. Eric Kelly, D.C.

#### P.S. You've got too many dreams left undone. Too many special moments waiting to be experienced. Life is too short to let pain slow you down.

Don't live another day like this. Call and schedule for your evaluation. 021-4824450.

Website: www.wellspringchiropractic.ie

## **Chris Troy**

## **Gardening - July**

Summer is in full swing so now we need to focus more on maintenance and not so much on planting.

The main jobs for July are watering, feeding and dead heading.

We have already spent a lot of time on watering so now we change focus onto feeding.

With all my container growing I feed at least twice a week. However, my hanging baskets need to be fed three times a week mainly due to the amount of water they need.

The other job with all the flowers is to keep deadheading. This just means removing all the old flower heads which in turn will encourage more flowers. This is especially true for Roses.



There should be no need to water or feed the flower or herbaceous beds. They should be strong enough now to look after themselves.

Lawn care in July depends entirely on the weather. If the weather is hot and the lawn is not growing vigorously then try and resist the urge to cut it. The grass will stay greener for longer and will recover from drought much quicker.

The fruit garden should have a lot of produce ready for harvesting now. If you are picking for jam making, or freezing then you can pick the fruit anytime of the day. However, if you are picking the fruit for eating fresh, then pick the fruit when it is still warm from the sun. It will have a higher sugar content and taste much nicer. The vegetable garden this time of year will be very



busy. All the summer salads should be coming into full production. The best time to pick the salads is early morning while the air is still cool. Try to use all salads as soon as possible that way they will always taste fresh

The early and second early Potatoes should also be ready to harvest now. The main crop Potatoes still need time in the soil yet but keep a good eye out for blight.

It is best to spray Potatoes before blight strikes. However, if blight does occur in your crop then spraying may have little effect. There are a couple of things you can do.

1. Cut off all the foliage down to the ground and remove it all. Make sure all the tubers are covered in soil.

2. Harvest all the Potatoes and dry them off in the sun for an hour then store in brown paper bags in a cool shed.



## **Readers' Questions**

I have a lot of little Apples on my trees at the moment. Is it ok to leave them all develop?

Answer.

If you have a lot of Apples on a cluster then I would thin them out to just 2. This will make sure your Apples will develop to a good size. Also there will be less stress on the tree.

Any more questions please email to gagardenquestions@gmail.com

## Jobs for July

1. Keep watering and feeding container plants.

2. Thin out Apple clusters on trees. This will help to give a good even crop.

- 3. Keep sowing salads to maintain a good supply.
- 4. Reduce mowing to keep lawns green.
- 5. Trim hedges as required. Check for bird nests first.
- 6. Treat moss on paved or Tarmac areas.
- 7. Enjoy the garden.

Chris Troy

## **Stars of Glanmire**



Actor

Chris Walley is best known for his award-winning role as Jock in The Young Offenders and its BBC adaptation. He trained at RADA in London. His recent screen work includes Netflix's Bodkin (IFTA-nominated, 2025), Lies We Tell (IFTA-nominated, 2024), Sam Mendes' 1917, and The Last Voyage of the Demeter. On TV, he appeared in BBC's Bloodlands alongside James Nesbitt. On stage, Chris has starred in The Lieutenant of Inishmore (Olivier and Critic's Choice Award winner), Juno & the Paycock, The Sugar Wife at the Abbey Theatre, and Portia Coughlan at the Almeida. Chris was named a BAFTA Breakthrough in 2019

in 2019.

What's your favourite film of all time? Tough one, but Son of Rambow and Manchester by the Sea.

Go-to comfort food? A good burger or a roast pub dinner. Mom and Dad's cooking is always great too!

What's always in your bag/pocket? I'd like to say a book, but unfortunately, it's my phone.

Early bird or night owl? A bit of both, but I prefer being an early bird.

If you could swap lives with anyone for a day, who would it be? Probably Mick Jagger back when the Rolling Stones were in their heyday. I imagine that would be pretty fun performing in front of crowds of that size.

What's your passion? Story.

Who's your dream dinner quest? Richard Harris.

What book changed your perspective? The Alchemist.

First concert you ever went to? Justice in the marquee with my friends Eanna and Rian.

Dream holiday destination? I love Croatia, Greece, and Lisbon is my favourite city. I'd love to go to Mexico soon.

Best advice you've ever received? Yesterday's history, tomorrow's a mystery. Trying to be present, I think, is the best way to live, but it's easier said than done.

What life advice would you give someone? I find it hard to give advice because everyone is different. That being said, if you care about something, work hard for it and try to create your own opportunities.

What do you love about Glanmire? It's home. I love Glanmire and am very proud to be from here. Chicken fillet rolls from SuperValu are also a big plus.

## **One Plan Financial**

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4 Crestfield Centre, Glanmire www.oneplanfinancial.ie

## Annual Graveyard Mass

Rathcooney Cemetary

Tuesday 15<sup>th</sup> July

7:30PM

All Welcome



## **SPRING STYLING TIPS**

## Lynda DI Blasi IMAGE CONSULTANT/ COLOUR ANALYSIS/ PERSONAL SHOPPER www.lyndadiblasi.ie



July, mid summer sees an ease in daily routines, more time outdoors, also stepping out in lighter clothing. Summer outfits can be light, colorful but also can bring a twinge of self consciousness.

Your outfits should boost your mood, and reflect your personality. When you feel good in your outfits whether its personal or professional we are more positive, energised, even our physical posture improves.

But here is the truth, body confidence comes from embracing who we are, exactly as we are. Every line, curve tells a story of a life well lived. This month I encourage you to honor what your body has carried you through. Wear those sleeveless tops, summer dress, cropped trousers. Body confidence grows with wisdom and the decision to love and accept yourself as you are.

If you'd like expert help in rediscovering your style and boosting your self confidence, I offer one-to-one confidential style consultations designed for women just like you—busy, vibrant, and ready to enjoy fashion again. This month I choose to feature the classic polka dot, it's feminine, chic, sophisticated and can be styled to suit every occasion and personality—from bold, eye-catching spots to soft, subtle dots in elegant neutrals. Polka dots never go out of style—they just evolve—and right now, they're having a beautiful revival in everything from flowing summer dresses to elegant blouses and fun accessories.

This classic black and white polka dot dress in the photograph has a flat-pleated skirt— at times we can shy away from pleats, the pleats in this are thin and flat which gives the dress beautiful movement without adding bulk to my shape.

Flat pleats sit smoothly over the waist and hips, gently flaring out as you move, creating a flattering shape that's elegant but easy to wear.

The versatility of a polka dot dress like this is endless:

☑ Dress it up with a tailored blazer and heels for summer events, garden parties, or lunches out.

Style it down with a white denim jacket and simple white trainers for a relaxed but stylish everyday look.

Add a wide belt if you want to emphasise your waist, or wear it loose for comfort on warmer days.

☑ Race day attire, add a simple fascinator, elegant footwear and handbag.

If you have a warmer skin tone, the warm shades of brown and cream as featured work beautifully as an alternative to the classic black and white. I cover colour shades for your skin tone in my colour analysis sessions. Cream or camel tones are a perfect addition when it comes to footwear and accessories here. A cream pashmina worn elegantly over the shoulders would also complete this look for a garden party or family occasion.



If you would like to discuss any of the following style, make up, colour analysis and personal shopping session.

Email: lyndadiblasi@yahoo.com

**Check out my website www.lyndadiblasi.com** for various packages.

Facebook: Lynda Di Blasi Personal Stylist

Instagram: Lynda.diblasi.image\_consultant



**lynda.diblasi.image...** Lynda Di Blasi

## Glanmire, the Glashaboy and milling Fiona Forde www.irishfamilydetective.ie

The parish of Glanmire has been the site of a vibrant milling industry since the eighteenth century, driven by the power of its numerous rivers. Notably, the Glashaboy River played a pivotal role in the development of local manufacturing. Rising Bottlehill, it flows near for fifteen miles through Sallybrook, Riverstown, and Glanmire before discharging into the Lee estuary at Lough Mahon. Additional sources of waterpower include the Butlerstown River, which rises near Mitchelsfort, and flows south to join the Glashaboy at Glanmire, and the Glenmore River, which flows from the east before merging with the Butlerstown at Glanmire.

By the nineteenth century, the Glashaboy had transformed the area into one of the most industrialised areas in Cork, although the use of water mills in the area predates this period. Evidence of early milling activity can be found on the Whooley family farm in Crush, located approximately five miles north of Glanmire village. In August 1994, archaeological excavation an led by Eamonn Cotter uncovered remnants of a horizontal-wheeled watermill in the townland. Among the finds were the partial structure of the mill, a damaged flume, and the floor of the wheelhouse, all located at the base of a recently cleared watercourse.

During the excavation, Cotter also uncovered eight pottery sherds, the oldest of which dated back to the thirteenth century, though it may not have originated from the location. Four wooden beams from the site were sent to the Paleoecology Centre at Queen's University, Belfast, for dating, and two samples revealed that the trees were likely felled in the late eighth or early ninth century. Cotter concluded that the mill at Crush exemplified the typical Irish horizontal-wheeled single-flume design, primarily utilised for grinding grains, and aligned with the dates of similar excavated sites.

Notably, just south of the horizontal waterwheel, there are six burnt mounds. These sites are the most prevalent form of



Figure 1: The wheelhouse and flume at Crush (courtesy E. Cotter).

prehistoric remains in Ireland, with over 7,000 documented examples. They employed water-boiling technology to roast, heat, or steam food, a practice that became widespread during the Bronze Age (approximately 2200-700 BC), coinciding with what is believed to have been a generally cooler and wetter climate. burnt stone accumulated and the troughs and hearths needed replacement. Regardless, these ancient sites serve as a testament to our ancestors.

Subsequent generations took advantage of waterpower in Glanmire, aiding in the area's evolution into a thriving industrial hub in the years to come.

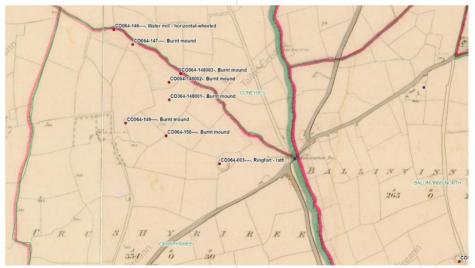


Figure 2: First edition OSI map c1829-1841 (Tailte Eireann).

In Waterford, these cooking areas were referred to as 'Fullogh Fea,' meaning "the boiling-place." Typically, these sites are located in marshy areas or near springs that flow into small streams. The cooking method involved placing heated stones in a pit to create a pool of boiling water for cooking food. The abundance of sites at Crush does not necessarily suggest a large population of ancestors using individual fulachtaí fia; it is more likely that they were used sequentially as

The Glashaboy and its tributaries have fuelled over thirty factories engaged in various industries, including paper, flour, linen, agricultural equipment, and beverages, with the brewery at Glyntown housing what is said to be the second-largest water wheel in Ireland. In the upcoming months, we will explore the different mills in the parish, so be sure to watch for updates in the Glanmire Area Newsletter.

# July at Glanmire Library



# CHILDREN'S BOOK CLUB

to sign up, either:

- enquire within Glanmire Library
- email: glanmire\_library@corkcity.ie
- call: (021)238 9795

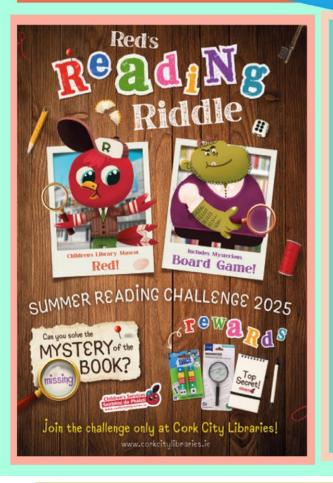
The next meeting is July 30th 11am-12pm



## Adult Summer Reading Challenge

Participate and be entered in a drawing for the chance to win a . €25.00 voucher!

See the staff desk for information and materials. Happy reading!



# **Book of the Month:**

pick up a copy at the staff desk!

## Adult Pick: Shadow Divers by

SHADOW DIVERS

THE TRUE ADVENTURE OF TWO AMERICANS WHO DISCOVERED HITLER'S LOST SUB

Robert Kurson



Robert Kurson This novel chronicles the true story of a group of deep sea divers who discover a WWII U-Boat off the coast of New Jersey; a boat no one (not even the US Government) can identify. Filled with twists at every turn and high stakes moments that keep you on the edge of your seat, this is a book you can't miss!





Photos from the Upper Glanmire Community Sensory Garden



Date for your Diary. The Hubcap Theatre presents

## "Mary's Hopes and Dreams"

IN Upper Glanmire Community Centre T23 EV2W

Friday 12<sup>th</sup> September 2025, at 8pm

Doors from 7.30pm

Admission €15, Booking Essential to

Bernie Kenny 087 9645496, Boothouse Bar 087 9421649. Jerry Burke 087 9816481.



UPPER GLANMIRE BINGO EVERY THURSDAY 8PM - 10PM



UPPER GLANMIRE COMMUNITY HALL JACKPOT EVERY THURSDAY LIGHT REFRESHMENTS SERVED



## **BOOKING OF SPORTS HALL/CONCERT HALL**

GYM Membership: yearly €215 6 Months: €155 3 Months: €80 Monthly: €28







## Contact Dermot Cambridge 087 0981940

## **Glanmire Macra, Not Just for Farmers**

Glanmire Macra have been keeping busy over the last few weeks coming into the end of the Macra year, we attended the Blue Jeans Country Queen Festival and held our AGM where we also planned plenty more events for the coming months.



Glanmire Macra members with Mary O'Neill Seanduns Blue Jeans Queen

This started out with a trip to Meath for the annual Blue Jeans Country Queen Festival in Athboy over the June Bank Holiday weekend. Where we supported the Seandun Queen, Mary O'Neill from Waterfall Macra. This was a brilliant weekend starting out on the Friday night with a night out in Athboy. This was followed on the Saturday with a family fun day full of games during the day before heading to see the Queen interviews hosted by iRadios Conor Woods. This was a great opportunity for the Queens to talk a bit about themselves and why they deserved to be the 2025 Blue Jeans Country Queen. The evening finished off with music in the Darnley Lodge Hotel by Corks Own The Fogues who were brilliant.

We had a great time Sunday too, starting with the Queens parade through Athboy leading to the Fair Green Athboy for Lark in the Park, with the annual queens football match, this year's theme was superheros and Villains, while rain brought play to a stop for a little while, ultimately it was a draw between good and evil on the day. This was followed by music and a toy tractor run around the park. We then went on to the evening entertainment in the Darnley Lodge, with Simon Casey putting on a great show. But the highlight of the night was the announcement of the 2025 Blue

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The Blue Jeans Queens launching the Lark in the Park Toy Tractor Run.

Jeans Country Queen. With Mary O'Reilly from Limerick taking 3rd, Heather O'Connell From Corks Avondhu region taking 2nd and the top spot went to Amy Coffey from Waterford.

As the Macra years comes to a close, Glanmire Macra held its AGM recently too, looking back over a successful year and looking forward to a new year and electing the officers to lead us through it. These will be President Kevin Smiddy, Chairperson John Lonergan, Secretary Zara Long, Treasurer Marie Hayes, PRO Frank Stafford, Sports Officer Eimear O'Connell, Social Officer Christopher O'Neil and YFDG Patrick Healy. At the AGM we got to work planning plenty more events for the summer too. Keep an eye on our Social media channels for updates on these.

Our weekly sports night in Little Island Sports Complex also continues over the summer every Wednesday from 7.30-9pm, where we play a range of sports, from Volleyball, basketball, Soccer and Badminton. Everyone is welcome, and don't worry you don't need any skill in these sports to take part.

If you are interested in coming along to any of these events feel free to reach out to us on any of our social media accounts or by contacting us at

glanmire@macra.ie. We would love to see you there.



Glanmire and Waterfall Macra Members Supporting Mary O'Neill Seanduns Blue Jeans Queen



To advertise in the Glanmire Area News please contact the Editor Robert Kenny

email areanewsglanmire@gmail.com

> mobile 086 8355330

# McDonnell



FIANNA FÁIL

Follow me on ... (a) (f)

**UR** 



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Vicky White

## **Glanmire** Area



www.glanmireareacork.com



#### Glanmire Community Bus Officially Launched to Serve Local Needs

On 6th June 2025, the Glanmire community celebrated a major milestone with the official launch of the new Glanmire Community Bus, a vital resource aimed at supporting enhancing local groups and community connectivity. The launch was officiated by Lord Mayor of Cork, Councillor Dan Boyle, and Minister Jerry Buttimer, Minister of State at the Department of Rural and Community Development and the Department of Transport.

The initiative, funded through the Department of Rural and Community Development and The Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media, is the result of dedicated efforts by the Glanmire Area Community Association (GACA), with strong support from An Garda Síochána and the Community Team in Cork City Council.

Founded in 1982, GACA has long served as a unifying force in Glanmire, working to integrate the old and new elements of the community and support local voluntary organisations. The new community bus is already proving to be a valuable asset, widely used by groups of all ages and helping to offset the rising costs of transport.

Speaking at the launch, Lord Mayor Cllr Dan Boyle said:

"The Glanmire Community Bus provides much-needed support at a local level by offering a vital transport solution to a wide range of community groups. As a 'City of Welcomes', Cork continues to foster community-led initiatives that deliver long-term benefits across the city. This project is a shining example of how local collaboration can create meaningful, inclusive services that support both longstanding residents and those who now call Cork their home."

Minister Jerry Buttimer, speaking at the launch, said:

"The Community Recognition Fund is designed to support towns and villages that have opened their arms to new arrivals. It has made a significant impact by empowering local volunteer-led groups to apply for funding that addresses the needs they identify on the ground. The Glanmire Community Bus is a perfect example of this in action. It has already seen extensive use by youth groups, older persons' groups, and residents of the local Direct Provision centre. I want to commend the Glanmire Area Community Association, An Garda Síochána, and the Cork City Council Community Team for their collaborative efforts in delivering this valuable project for the people of Glanmire.

Cynthia Kelleher, Vice Chair of the Glanmire Area Community Association said the 16-seater bus was a wonderful amenity for the community and encouraged groups to avail of it. Bookings can be arranged through the Garda Station in Glanmire on 021-4821002. She also thanked Fr Pat Fogarty and caretaker Denis for the use of the Parish Centre and to Supervalu and the Garda Credit Union for providing refreshments.

## **Community Association**

## gacacork@gmail.com

## Meet the Team

Community Employment The Schemegivesiobseekersachanceto gain valuable experience working in the community - as groundskeepers, caretakers, in administration and in youth work. The Scheme is run by the Department of Social Protection and the Glanmire Area Project - a board of volunteers who oversee the process. Interested candidates are interviewed, assigned roles and given training and supports. Making sure that the scheme runs efficiently and that it operates to the highest standard - is the work of local woman, Angela Murphy.



Angela Murphy

to the Glanmire Area Reporting Board, Angela, as Community Supervisor, Employment is responsible for interviewing jobseekers, assigning roles that are a good fit and making sure candidates find their niche. The role also involves a fair share of managing administration, the finances, pay-roll etc. Luckilv. Angela has a Level 6 qualification in Finance and Accounting and loves that element of the job. 'I'm a very organised person and in this role, that is a key skill,' she says. She also loves helping jobseekers find something they love and watching them grow. 'I started myself in a CE scheme,' she added, 'so I know how it can be a pathway to finding something you love doing.' When she's not working, Angela loves to travel citing a recent hiking trip to Cyprus as a highlight. Later this year. she's off to Nashville, Tennessee. A well-deserved break, Angela.

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## **Glanmire** Area

www.glanmireareacork.com



## **Community Association**

gacacork@gmail.com



**Calling all Housing Estates** Are you running an event – a cleanup, a barbie, a sports or family day in your neighbourhood?

If you are, we'd love to hear about it. Please send us in a photo and a few details and we will highlight here in our community newsletter. We've a long summer ahead so plenty of opportunity to gather outside with neighbours, family and friends and enjoy the sunshine and the long evenings.

Email us at gacacork@gmail.com with Our Community Event in the Subject line and we'll be delighted to publicise what's happening in your estate or neighbourhood.

## Welcome to our Ballinglanna Neighbours

A big welcome to all the new residents in beautiful Ballinglanna. We're delighted you've joined our community and made the move to Glanmire.

Whether you're here for a short stay or planning to make Glanmire your forever home, we hope you'll feel right at home. If you have any questions, need a helping hand or just want to say hello, don't hesitate to reach out to one of the team here at the Glanmire Area Community Association. You'll find a convenient list of the clubs, societies and services in Glanmire, in this Newsletter too.

You can contact us on gacacork@gmail.com and put Ballinglanna in the subject line.







## Update on Glanmire Roadworks

• Traffic Lights at Hazelwood Junction are now operational

 Cycle lane to be resurfaced – ready by end of July

• Final 50 metres road area – along GAA pitch entrance –completed in November

• Hazelwood road – resurfacing/ new kerbs/footpaths/lighting finished by end of August

Hazelwood Centre Bridge work
 ongoing

Last month in our Clubs, Societies and Community Services page we listed Joe Kavanagh as a Worker's Party City Councillor. We are happy to point out that Joe Kavanagh is in fact a Fine Gael City Councillor.







Pitch & Put



Congratulations to Eoin Horgan and Ger Hogan on their fantastic wins in the Cork junior and Intermediate Strokeplay wins over the weekend, Gers wins completes a rare matchplay and Strokeplay double and made even better with Cian o Brien and Ed Hogan joining Ger to win the team event.

Huge thanks to everyone who helped in getting the course ready for the weekend, Special mention to Adrian and Anita Forsythe who put in trogan work, the place was a credit.



Summer league We had a good win against Corkbeg, 283 v 316 Scorers on the night were Gross Darren Temple, nett, Ed o Mahoney, Cian o Brien, Roy Scott. Dave Towler and Des Crowley, next Game Against Claycastle Tuesday 24th

Wednesday 4 ball Ed Hogan Anita Forsythe 41 nett

Ed Hogan Ann leahy 41 nett



Some Glounthaune players displaying their succes during the year

The 2024/25 seaon has finished on a high for Glounthaune as the captured the prestigious Peg Tucker Shield. The final was played at Douglas GAA clubhouse with a great crowd in attendance. Glounthaune played old rivals Crosshaven in the final and Glounthaune were hoping the avenge their loss to Crosshaven in the Martha Tracey Cup semi-final. The team consists of four players Lead, second, third and skip and the game was played over 15 ends. Glounthaune team was |Marian Canning, Liam O' Connell, Tony O' Shea And Joe Kirby.

Glounthaune were first to take the lead and continued in front up to the 9th end. Crosshatch rallied but the Glounthaune team were playing great bowls and kept their lead to the end to win a very sporting game which the attendance Hazel Payne appreciated. the League Administrator presented the Shield to the winning Glounthaune team. completes This а verv successful year for the Club



Glounthaune team, Liam O Connell, Joe Kirby, Hazel Payne League Administrator, Tony O Shea and Marian Canning winners of the Peg Tucker Shield.

winning the following, Peg Tucker Shield, Cork Over 70s Cup, Cork Ladies Singles Cup and the Division League.

At the recent Annual general Meeting the Chairman thanked all the members for their commitment and success over the last 12 months. The following Officers were elected. Chair, Lam O' Connell, Hon Sec Marian Canning, Treasurer, Terry O O'Keeffe, Club Captain Joe Kirby. Selectors Phil Crowe, Tony O' Shea and Joe Kirby.

The club completed the season with an outing to Cobh and enjoyed the fun of playing a new sport Croquet. Great fun was had and a few prospective croquet players showed some skills. This was followed by dinner in the Commodore washed down with some appropriate liquid.

A fitting end to a successful season.



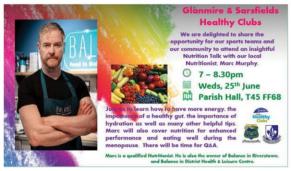
## Glanmire and Sarsfields Healthy Clubs



## **Glanmire All Stars**

The 3<sup>rd</sup> term of our Glanmire All Stars programme came to an end with a fun trip to Grenagh Farm. The week before this exciting event, the All Stars had a Fun Fair themed day on the Sars Hurling Astro. Dee Cregan from our Healthy Clubs team is very grateful to Sars, Elevate Credit Union and One Plan Financial for their support this year.





## **Nutrition Talk**

In 2023, we hosted a talk on nutrition with Marc Murphy from Balance. As this was a great success, we are delighted to provide our clubs and our community with another opportunity to gain insights on nutrition as well as the correct food for performance and the menopause.

## **Gambling Addiction Talk**

On the 12<sup>th</sup> of November, we will host Offaly footballer, Niall McNamee. Niall will tell us his own gambling story in terms of how he started gambling and the support he received throughout his journey. Gambling addictions are, unfortunately, a common issue in GAA clubs and within the wider community. Even if you don't have experience of gambling, this promises to be a very interesting discussion.



## **Glanmire Walkers & Talkers**



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A recent photo of some of our morning Walkers & Talkers group at John O'Callaghan Park. Our final walks will take place w/c 23<sup>rd</sup> of June, and then we will break for the summer holidays. The walks will return at the start of September with our usual walking schedule. 介介介



## **Summer Drinks Night**

We recently held a very successful and enjoyable Summer Drink Nights fundraiser for our Bucklearys development. Thank you to all who supported in anyway. Well done to Tadhg Og Lynch, Mary Hackett & Grainne Molan especially who organised the night so well.



Summer Drinks Night

96FM Radiothon Donation

All teams in the club contributed to a €1500.00 donation for Niamh O'Mahony of Glanmire & Sarsfields Healthy Clubs' worthy 96FM Radiothon recent fundraiser. Thank you to all our parents & players who donated.



96FM Radiothon

## Intermediate League Final

Congratulations to our Intermediate team who recently won the league title when they overcame Midleton in a very close and entertaining game. Our Minors are due to play Aghabullogue in their league final later in the month.



Sinead Hurley & Laura Dunlea Cork U23s



Intermediate League Winners



Niamh Quirke Cork U15s



Niamh Fennessy



Aisling Ryan



U13 Garda Blitz



U14 League Semi Finalists





# () arsf fields Camogie Clu

Kasey Harris O'Brien

U14 League Semi Finalists

## LGFA & Camogie



## U21 Football

ERINS

Well done to our U21 Footballers defeated Nemo in the County final! Champions for the 2nd year in a row!

## U12 Camogie & Football

The U12 camogie team have been in great form in the League this year, coming away with some fine results. Great work from all involved. The Footballers have also put in some great performances! Fantastic to see the girls improving week after week.

## Feile

The Feile Football team played Fermoy, St Catherines, Inch and Glanmire in the feile which was held in Caherlag. The girls were unlucky not to qualify but played some brilliant football on the day. Well done to all!



iona Iwomey

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## U21 Football County Champions



#### **Cork Seniors**

Aimee and the Senior Footballers will have Dublin in the All-Ireland quarter final on the weekend of the 5th July. Best of luck to all!

#### U11s & U13s

The U11s have played brilliantly games against Watergrasshill, St Nicks and Rockban, while the U13s have played great games against Dungourney and Castlelyons.



## **Munster Champions**

Massive congratulations to Saoirse, Niamh, Eabha, Orlaith, Jenny and Megan who won the Munster Minor Football Championship after defeating Kerry in the final!



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## **Erin's Own Ladies Club Page Sponsor**

## **Playing Matters**

Our junior A football ended their team league campaign with а big defeat away to Passage. A few weeks later we were out against Douglas in the quarter-final of the McCurtain Cup. The team put in their best performance of the year in this match. The game was closely fought all the way through with never more than two between the points sides. In the last ten minutes, we came into our own. Our defence was top notch with a lot of pressure put on the Douglas attackers and a number of key turnovers executed. At the other end, Edwin Buckley turned back the vears with a number of super points from play. He scored the winner in the first minute of injury time with John McElhinney getting an insurance point two minutes later to cap a fine win.

The semi-final is fixed for Thursday 26th of June against Glanmire. The result is not known at time of writing.

Our Junior D football team played Rochestown in their only league tie. Despite strong first half а performance (after а poor start), defeat was again our lot. There are two further games againstNaPiarsaighand Ballinure to be played in the coming weeks. Our Junior hurling team did not have a game in the past four weeks. The side are busy preparing for championship and will play a number of challenge games in the month of July. The first of these is against Bride Rovers on the 2nd of July.

## **Underage Activity**

Pride of place this month goes to our under 16 Division 4 team who became the first team in the club to collect silverware. They did this when they beat local rivals Glenville in the final of their football league. At the three-quarter stage they looked like they were cruising to victory when they lead 3-10 to 2-06. However, Glenville started slowly chipping away at the lead and when referee PJ Dennehy blew his whistle after five minutes of injury team, Colmcilles had hung on to win by the bare The minimum. final score read 3-11 to 3-10. Our under 14 footballers made it two wins from three when they played Eire Og in the Premier 2 Football championship. This was a cracking game played in terrible weather conditions in White's Cross. The standard of football was very high with both sides enjoying periods of dominance. In the end, Colmcille's hung on for a deserved win. This is the first Colmcille's team to go up to Premier competitions and as expected, there are no easy games at this level. However, as we

have no qualified for the knockout stages of the championship we are certainly not out of place at this level. The draw for the knockout round will take place shortly with games fixed for the end of August. There are number of league games to be scheduled also.

Our under 14 girls got back to winning ways with a big win over Kilworth. A good start here was half the battle as they scored 3-03 in opening guarter the before their opponents registered a score. This 3-03 happened to be the margin at end when referee John Mackessy called proceedings the score read 6-08 to 3-05. The under 12 and under 13 teams ended their grading leagues and they will all be back in action shortly when they start their leagues 'proper'.

The under 18s have been off for the last few weeks due to the leaving cert.

## Sean C Burke

Following on from the wedding of former treasure Katie Flynn, another person that held that post, namely Sean C Burke, also tied the knot recently. He married fiancée Anne-Marie McGrath in a ceremony in Killarney on the 19th of June. All in White's Cross wish Sean and Anne-Marie a happy and prosperous life together.



## Once Upon a Time in the West

## with Eleanor O'Kelly-Lynch

For a whole week in July, all roads lead to Bantry and I'm looking forward to visiting myself to experience The West Cork Literary Festival. Now in its twenty-seventh year and with over 110 authors across 95 events it promises to be, yet again, a cracking event and an unforgettable West Cork experience.

And so, I encourage every writer or aspiring writer reading this to head west to Bantry between the 11th and 18th of July and embrace the creative spirit everywhere. You'll meet other book lovers, authors, would be authors, poets and storytellers and you'll be spoilt for choice with the sheer breadth and scope of the writers, workshops and events scheduled across the entire week. If you're looking for inspiration, put a note in your diary now to pay a visit.

Details on westcorkmusic.ie.

There's something for everyone, and here are some of my favourites:

THE CRAFT OF WRITING FOR CHILDREN AND TEENAGERS. A 90-minute workshop on how children's books - from picture books to YA novels - are created. Would you like to know how to write and format a picture book, or how children's novels are crafted, from initial idea to final draft? Suitable for children's writers and illustrators at all stages of their book career, from beginners to more experienced writers, all are welcome. Time: Sunday 13th July / 15.00-16.30.

JOHN CREEDON. John Creedon's This Boy's Heart: Scenes from an Irish Childhood where he paints a colourful and sometimes hilarious picture of a changing Ireland and the growing pains of being a young boy. These are his stories of friendship, fun, family and folklore. John Creedon lives in Cork and is one of Ireland's best-loved broadcasters. He produces and presents The John Creedon Show on RTÉ Radio. He also presents Creedon's Wild Atlantic Way and several series of Creedon's Atlas of Ireland. Sunday 13th July/ 13.30/Maritime Hotel

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WRITER IN RESIDENCE: LIBRARY WRITING GROUPS. Leeanne O'Donnell is writer-in-residence for Cork County Council Library & Arts Services and is working with writers' groups in Castletownbere, Charleville, Fermoy, Macroom and Schull libraries over the course of this year. Join Leeanne and writers from all five groups as they share their work. Leeanne O'Donnell started her storytelling career working in radio with RTE and BBC and has made a number of awardwinning radio documentaries. She wrote her first novel Sparks of Bright Matter from her home on the foothills of a mountain in West Cork. Monday 14th / 13.00 /

## **BANTRY LIBRARY / FREE**

SEÁN RONAYNE. Ornithologist and naturalist Seán Ronayne provides a magical afternoon in the unique setting of the National Learning Network's outdoor amphitheatre. Many of us first heard about Seán when we watched Birdsong, an award-winning documentary on RTÉ about his project to sound record all the regularly occurring bird species in Ireland. His beautiful and inspiring book Nature Boy: A Journey of Birdsong and Belonging won Biography of the Year at the 2024 An Post Irish Book Awards. Thursday 17th July / 14.30 / National Learning Network

GRAHAM NORTON. One of the favourites, Graham's fifth novel Frankie is a dazzling, decadessweeping novel about love, bravery, and what it means to live a significant life. Travelling from post-war Ireland to 1960s New York – a city full of art, larger than life characters and turmoil Frankie



shares a world in which friendship and chance encounters collide. Friday 11th July 20.30 / MARITIME HOTEL

AGE: 9+ THE WORLD BETWEEN THE RAIN: SUSAN CAHILL Step into the world between the rain, where shadows hold secrets and everyday items might just be portals to another world! Join Clonakilty author Susan Cahill, author of The World Between the Rain, for an interactive storytelling portals, adventure exploring emotions, and the power of imagination-what happens when we step into the unknown, and how stories help us understand ourselves. It's the week before Halloween and Marina is about to turn thirteen. She has been sent to live with her mysterious grandmother, Ursula who tells her that that you can enter a strange world between the everfalling rain in the west of Ireland. Marina enters a haunting watery world full of strange creatures, demons and gods. This is a free event but booking recommended. Thurs 17th / 12.00-13.00 / ST BRENDAN'S SCHOOL HALL

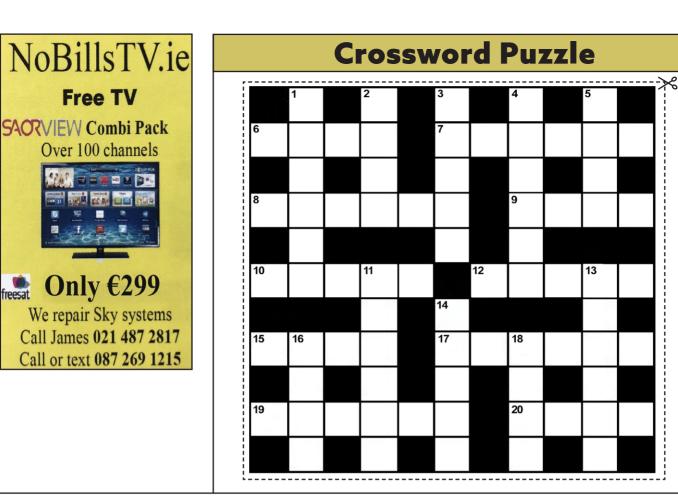
Enjoy the festival,

Until next month, happy writing

## Eleanor

## eleanorokellylynch@gmail.com

Eleanor O'Kelly-Lynch is an author, living in Glanmire. Her novels 'The Girl with Special Knees' and 'The Girl with Stars in Her Eyes' are available on Amazon, Kindle, www.buythebook.ie and local bookstores.



## Across

#### 6. Intense fiery sensation on skin (4) **1.**Quantity represented by a figure (6) 7. Decorative strip often tied in bows (6) 2. Moving to a position on top of (4) 8. In a foreign country (6) 3. Unrefined or lacking sophistication (5) 9. Outer boundary or margin (4) 4. Physical item that can be seen and 10. Seizes suddenly or roughly (5) touched (6) 12. European nation with Rome as capital (5) 5. Musical composition with vocals (4) 11. More occupied with activity (6) 15. Breakfast staples from hens (4) **17.** Distance from center to circumference (6) 13. Having greater volume or intensity (6) 19. Result or consequence (6) 14. Factual accuracy or reality (5) 20. Forest-dwelling antlered animal (4) **16.** Present given without payment (4) 18. Fathers in informal speech (4)

Down

Crossword sponsored by **BOOTHOUSE** 



SEND your entries marked **CROSSWORD** to: **112 Ros Ard, Upper Glanmire, Cork T23 YF22**, to arrive by **18th July**, address and eircode is required. The prize is **€50 cash** which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.

## June Crossword Winner: Robin Howie, Cobh



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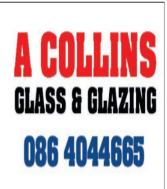
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## **Glanmire Clubs, Societies and Community Services**

## **Schools**

Glanmire Community College Brooklodge, Glanmire, Co. Cork 021 4822377 glanmirecc@corketb.ie

www.glanmirecc.ie

#### Scoil Naomh Micheál (Upper Glanmire NS)

Upper Glanmire, White's Cross, Co. Cork 021 4308885 secretary@upperglanmirens.ie principal@upperglanmirens.ie www.upperglanmirens.ie

#### **Brooklodge National School**

Brooklodge, Glanmire, Co. Cork 021 4866044 scr@brooklodgens.net www.brooklodgens.ie

## **Riverstown National School**

Riverstown, Glanmire, T45 XY22 021 4866233 office@riverstownns.com www.riverstownns.ie

#### **Glounthaune National School**

Glounthaune, Co. Cork 021 4353645 info@sncn.ie www.sncn.ie

## Gaelscoil Uí Drisceoil

Cois Chuain, Glanmire, Co. Cork, T45 DP21 021 4919411 runai@gsud.ie www.gsud.ie

## **SGMI New Inn National School**

Glanmire, Co Cork T45VX70 021 4866293 Sgmi.inn@gmail.com Newinnglanmire.scoilnet.ie

## **Support for Older People**

## **Glounthaune Meals on Wheels**

Meal Delivery Pauline Walsh 087 2870409 walshpauline@hotmail.co.uk 28 Tower Hill, Kilcoolishal, Glanmire Provides hot meals to older residents in Glanmire and surrounding areas.

## **Glyntown Care**

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Nursing Home & Self-Care Services 021- 4821500 info@gyntowncare.ie www.glyntowncare.ie Glanmire Provides chiropody, physiotherapy, hairdressing, and hand massage services to residents.

## **Support for Older People**

#### **HSE Day Care Centres**

Day Care & Allied Health Services Contact local HSE office Various locations in North Lee Offers meals, chiropody, physiotherapy, occupational therapy, and social activities for older adults.

## **Glanmire Area Community Assoc.**

Senior Social Support 086 1948584 / 021 4821333 Glanmire Provides social activities and support for seniors; appointments available.

## **Sports Groups**

#### **Glanmire GAA**

Gaelic Football Executive Committee / Miriam McAleavey 0872054459 Evenings (varies) Juveniles (6yrs) – Adults Local GAA club with boys and girls teams

## **Sarsfields Camogie Club**

Camogie Committee secretary.sarsfields.cork@camogie.ie Varies by age group Ages 6 to Adult One of Cork's most successful camogie clubs

## **Glanmire Gaelic 4 Mothers/Others**

Gaelic Football (social) Deirdre Cregan 0879183787 Sundays Women over 23 Social, fitness-focused football group

## Glanmire Ladies Basketball Club

Basketball Volunteers glanmirebasketball@gmail.com Mon-Thur Ages 5 to adult Teams from U8 to Superleague; inclusive social groups

## Mother's & Others Basketball

Basketball (social) Orla Butler 0877794909 orla67butler@gmail.com Tuesdays 6:30-7:30 Ages 18+ Fitness and fun-focused basketball

#### Riverstown FC Soccer

John O'Connor (Chairperson) Contact via social media (@riverstownfc) Sept to June Ages 8 to 35+ Glanmire-based soccer club

## **Sports Groups**

## **Old Christians RFC**

Rugby Adrian O'Connell / Liam O'Brien 087 7600990 aoconnell@oldchristiansrfc.ie 085 1722532 lobrien@oldchristiansrfc.ie Various U6 to Adults Strong local rugby tradition

## St Joseph's Tennis

Tennis Jo-Anne & Ted Williamson 087 7758873 / 087 2048180 Thursdays Senior Infants – 6th Class After-school tennis in St Joseph's

## **Glanmire Allstars**

Inclusive Activities Deirdre Cregan 0879183787 Sundays Ages 5–17 Outdoor fun for children with additional needs

## **Riverstown Boxing Club**

Boxing Brian Barry 085 1120305 Riverstownboxingclub@gmail.com Weekday evenings Amateur boxing club for fitness - competition

## East Cork Taekwon-Do

Martial Arts (Tae Kwon Do) Richard Forde 085 8267810 info@eastcorktkd.com www.eastcorktkd.com ITF Tae Kwon Do classes for all levels

## **Local Political Representatives**

Colm Burke TD Fine Gael 0214564552 colm.burke@oireachteas.ie

Thomas Gould TD Sinn Fein 0214212233 thomas.gould@oireachteas.ie

Eoghan Kenny TD Labour 016184097 eoghan.kenny@oireachteas.ie

Ken O'Flynn TD Independent Ireland 016184170 ken.oflynn@oireachteas.ie

Padraig O'Sullivan TD Fianna Fail 0214502289 padraig.osullivan@oireachteas.ie

Joe Kavanagh City Councillor Fine Gael 0862307507 joe\_kavanagh@corkcity.ie

## **Glanmire Clubs, Societies and Community Services**

#### Local Political Representatives

John Maher City Councillor Labour Party 0861942285 john\_maher@corkcity.ie

Margaret McDonnell City Councillor Fianna Fail 0858622162 margaret\_mcdonnell@corkcity.ie

Oliver Moran City Councillor Green Party 0879658549 oliver@oliver.ie

Noel O'Flynn City Councillor 0872464856 noel\_oflynn@corkcity.ie

Ted Tynan City Councillor 0861908281 ted\_tynan@corkcity.ie

John Gilroy Peace Commissioner 0857759893

Seamus Keegan Peace Commissioner 0876112793

## **Yoga and Fitness**

Koala Kids Yoga

Kids' Yoga Leanne Walsh koalakidscork@gmail.com Thursdays Ages 4–11 Yoga for kids, breathwork and mindfulness.

#### Pilates @ The Health & Fitness Boutique

Pilates Lindsey Quinn 0868773107 Mon, Tue, Thurs (+ Thurs AM) All ages Strength, posture, balance.

#### **Glanmire Walkers & Talkers**

Walking Group Niamh O'Mahony (Healthy Clubs) 0868549680 Mon 9:15-10:30, Tues 6:45-7:45, Thurs 9:15-10:30 Adults Social walking group with varied local routes

#### **Glanmire Gaelic for Mothers**

Gaelic Football Group Deirdre Cregan 0879183787 Sundays Adults (23+) Friendly football, noncompetitive and inclusive

#### Dance

CADA Performing Arts Catherine Mahon-Buckley 0214866389 info@cadaperformingarts.ie Cadaperformingarts.ie

#### **McCarthy Hegarty School of Irish Dance**

Mary McCarthy & Lynn Hegarty 0879597825 / marylucey10@gmail.com Mon, Wed, Thurs, Fri Ages 4+ Irish dance school for beginners to experienced dancers

Sinead Shepperd's School of Dance 0872602091 Sinead.shepperd@gmail.com

ELJ Academy of Dance Dance Studio

Emma Jupp 086 0843440 e.jupp@yahoo.ie Classes everyday

## Health and Support

Public Health Nurse (Glanmire) Health HSE Local Health Office 021-4923899 Mon-Fri Infant checkups, parenting support, immunizations.

Alzheimer Society – Glanmire Branch Dementia Support Local Coordinator 021-4972504 corkbranch@alzheimer.ie Support groups + home support Dementia care, advice and respite.

#### Parkinson's Association – Cork

Health Support Cork Branch Coordinator 1800 359 359 info@parkinsons.ie Events + online support Adults 40+ Support for people living with Parkinson's.

Alcoholics Anonymous – Glanmire Addiction Support Anonymous (021) 450 0481 www.corkaa.org Local meetings available Confidential support for alcohol dependency.

St. Vincent de Paul

St Stephens Conference, Glanmire 083-3469630 Confidential support for people struggling to buy food and pay energy bills.

Glanmire Community First Responders glanmirecommunityfr@gmail.com

Frazzled Mammy Art Classes Creative Mental Wellness Maeve O'Keeffe 0876684021 Thursdays (split by class levels) Primary School kids Art for kids with mindfulness and fun.

#### Community

**Glanmire Tidy Towns** Environmental Group glanmiretidytowns@gmail.com Monthly meetings + projects Beautification, clean-ups, community projects.

#### **Glanmire Heritage Society**

Heritage & Culture Mary Crowley 086 8163832 heritageglanmire@gmail.com Event-based meetings Preserving and promoting Glanmire's historical legacy.

#### **Glanmire Community Association**

Community Services gacacork@gmail.com Ongoing community activities All ages Supports local initiatives and neighbourhood projects.

## **Glanmire Senior Citizens Group**

Social / Support Weekly meetings Ages 60+ Coffee mornings, bingo, trips, social inclusion.

#### **Foroige Youth Project**

Annette O'Reilly 0862259508 annette.oreilly@foroige.ie www.foroige.ie Friday evenings Ages 12-18 Fun, safe environment for local teens.

#### **SAFE in Glanmire**

Mental Health Awareness safesupportgroup@gmail.com Events + support evenings All ages Suicide awareness and support programs.

#### St. John Ambulance - Cadets

First Aid Youth Training Ashling Doyle glanmire.cadets@stjohn.ie Wednesdays Ages 11–17 yrs Teaches first aid, discipline, and teamwork.

#### **CoderDojo Glanmire**

Coding Ćlub Natasha O'Leary / A. O'Brien 0876990892 Ages 7–17 yrs Free coding club (Scratch, Python, Web, Mobile).

#### **Glanmire Community Games**

Youth Sports & Culture Finbarr Harty 0872215307 March to September Ages 6–16 yrs Multi-discipline youth competition (art, sport, quiz, etc.).

**Glanmire Community Garden** 

Gardening & Environment glanmiregarden@gmail.com Seasonal work evenings/weekends All ages Open garden plots, educational workshops.



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