



Glanmire Area News

FREE

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City of Cork Garda Youth Award

A huge well done to 2 Glanmire young people Liam Coleman and Ciara Daly who were recipients of a City of Cork Garda youth award for their work in the community.

Liam has battled serious illness to recover and dedicate a lot of his free time to working with Foroige and Riverstown boxing club. Whilst Ciara gives freely of her time to support the Blackpool youth club. 2 fantastic examples of the brilliant young people in our Community.



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Cllr John Maher

Peace Commissioner

Working for you in our community

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/johnmahercork

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COLM BURKE TD

Cork North Central

If I can be of
assistance to you or
your family please do
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GLANMIRE
CHAMBER OF
COMMERCE



Our January members meeting was a lovely networking breakfast held at Balance Cafe. The morning was kindly sponsored by Elevate Credit Union; Managers, Gary Hanrahan and Roy McKnight were in attendance.

At February's members meeting we will be joined by Dr Niall O'Keeffe, Head of Enterprise at Cork City Council, and Eileen Doyle from Cork City Local Enterprise Office (LEO) for a Q & A session focused on real supports available to SMEs right now.

FEBRUARY MEMBERS MEETING

Q & A WITH DR. NIALL O'KEEFFE, HEAD OF
ENTERPRISE, CORK CITY COUNCIL & EILEEN
DOYLE FROM CORK CITY LEO

Tuesday 10th February

6pm

Vienna Woods Hotel



GLANMIRE
CHAMBER OF
COMMERCE



This session will cover

- Lean for Business
- Green for Business
- Energy Efficiency Grant
- Digital for Business
- Training supports and how to access them
- A look ahead to Local Enterprise Week 2026

MEMBER SPOTLIGHT

KERRIE DOWNEY

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Glanmire Macra News



Sports



Performing Arts

Community



Rural/Agri



Public Speaking



Social

Are you ...

- Aged 17 -35yrs?
- Looking to get out, make friends and fun in a wide range of social, sports, performance, rural and community activities?

Contact & Social Media :



086 454 7567
Glanmire Macra
glanmire@macra.ie

After a break over Christmas, Glanmire Macra has kicked off 2026 with a January challenge and are looking forward to several events in the coming weeks. We have also included some information about ourselves this month as we know it's new years resolution time of year, and you may be looking for something new to try and Glanmire Macra could be the thing for you!

The year started out with a challenge from the Macra President. She is planning on running the VHI Women's mini-Marathon, and is aiming to run 62km in January for Breast Cancer Ireland. So is looking for some support along the way and Macra members to join her along the journey trying to get up the kms too and completing those New Years Resolutions for a good cause!

January also saw some of our members head to Killarney for an officer training event. They all found this very beneficial and the training was followed by a night out in Killarney. This was a great opportunity to meet members from other clubs all around the country. Two of our members were up bright and early the next day then for a 5 km, run to support the Presidents challenge.

We, also several other events coming up. The first being the National finals of Capers. This is type of amateur dramatics competition with 20-minute comedy plays put on by seven different clubs and is always a very entertaining evening. This will be followed by the Seandún Titles night round in the Huntsman Belgooly on the 7th of February. Where members from across the region will compete to go forward as the regional representative for Mr Personality, Blue Jeans Country Queen, Queen of the Castle.

We also wanted to take this opportunity to let the Glanmire Community know about Glanmire Macra. If your new year's resolution is to look for something new to do or to meet some new people, then this may interest you. We are an organisation for all young people between the ages of 17 and 35 (but you can join up to age 40) not just farmers, and organise a range of social, sports, public speaking, performing arts, agriculture, and community involvement activities. This provides a great opportunity to meet new people whether you have lived in the Glanmire area for a long time or are new to the area and just looking for something new to do and to meet some new people.

We host and attend a range of events throughout the year, including ice skating, bowling, nights out, walks, and other events like Go Karting. We also have a weekly sports night in Little Island Sports Complex every Wednesday from 7.30-9pm. Where we play a range of sports. Everyone is welcome, entry is €5 with your first night free, and we take part in regular competitions across a range of sports. There is also plenty of performing arts options, including Public Speaking, Debating, Amateur Dramatics, and talent competitions. With a range of farming competitions available also including livestock judging and farm skills. But don't worry, you can take part in any of these competitions no matter your experience level. Macra also offers travel opportunities with scholarships and exchange programmes. Additionally, we raise money for local charities and organise other activities to contribute to the development of the Glanmire area.

If you're interested in coming along to any of our events, keep an eye on our social medias for the latest updates, and feel free to reach out to us on social media or by contacting us at glanmire@macra.ie. We would love to hear from you!

Gardening - February

Chris Troy

This month is when I tend to sow most of my vegetable and Herb seeds for the upcoming year. I sow all the seeds in propagators which include Tomatoes, Chillies, cut and come again lettuce, Cabbage and Broccoli.



If you have seed potatoes you can chit them now. This just means exposing them to sunlight so the shoots can start to grow. I normally put them in old egg boxes and put them in a light frost-free place.

If you have flower seeds then this is an ideal time to sow. Once again it is better to sow your seeds in a propagator. This helps to keep the seeds warm and to maximise germination. The flower seeds I am sowing are Sweet peas, Asters, Marigolds, Calendula, Echinacca and giant sunflowers.

All the above flowers are very beneficial to insects.



February is also a great month for hardwood cuttings. Some of the easiest cuttings to take are currants, Roses, Hydrangeas and even Apples. A hard wood is just cutting a 9inch terminal branch, below a bud, and inserting it into the soil at a depth of around 5inches, and leave them there until the Autumn. Just keeps the weeds away and water when needed.

If the weather allows, and your garden is not waterlogged or frozen, then you can sow your summer bulbs like Lillies and Gladioli etc. If the garden is too wet then you can start them in pots and transplant later into the garden.

You can also start off the Dahlia tubers in pots. This will help to decrease the amount of slug damage and the plants will be stronger when transplanted. Keep them under cover until all risk of frost is gone.

You still have time to finish all the pruning in the garden.



I tend to remove all Apple prunings from the garden as they can carry fungal spores. If you are unsure on how to prune plants, especially fruit, then there are local orchards that offer pruning demonstrations. These can be very informative as well as a bit of fun and you will meet like-minded people.

If you have other prunings besides Roses and apples then you can make an insect habitat out them at the bottom of the garden. Ideally you should remove Rose cuttings off site.

In the Herbaceous garden finish up removing last years growth from the plants, and mulch up the whole bed with any well rotted compost. This will give your plants a great boost when they start growing.

When you are working in the garden keep an eye open for slug eggs and dispose of them. They are small round and white and tend to be under pots or under rotting wood or branches. This will help to check their numbers and hopefully reduce damage.

There is still time to buy and plant any bare rooted hedges or trees. These work out a lot cheaper than buying potted plants. Just remember even in winter to water all plants after planting. This helps to make sure the soil is in good contact with the roots. Never plant bare rooted plants into frozen ground.

Jobs for February

1. Sow your Vegetable, Herb and flower seeds.
2. Finish all pruning jobs.
3. Finish planting all bare rooted plants.
4. Clean all planting pots for the upcoming season.
5. Check all tools and give them a good cleaning and oiling.
6. Sharpen all bladed tools.
7. Service the lawnmower.
8. Check the patio furniture for damage and if needs be replace.
9. Wash any hard surfaces like patios to remove slippery algae.
10. Remember to take time to enjoy the garden.

Chris Troy

SAUNDERS'S NEWS-LETTER, and Daily Advertiser.

FRIDAY, SEPTEMBER 28, 1787

[Price Three Halfpence]

W. 6512.1

brought the following Advice.

FOREIGN INTELLIGENCE.

Brussels, Sept. 10.

THE preliminaries demanded by the Em-

peror to draw the Hessians and

all the inhabitants of the neighbouring

provinces into conflagration. Some

secret orders cannot appear to be made

without the assent of some of the

states produced, may be easily and

fully succeeded by a storm.

The States declare that the preliminaries de-

manded by the Emperor are contrary to the fun-

ds of their constitution, and that it

would be for them to give the means directly

directly for the reduction to demands

similar to any following.

The most no-

able article of the arrangement made by the

Emperor, they announce, that if the ex-

ecution of the preliminaries demanded by his

Emperor occasion any disorder, he

cannot be held responsible,

on the above it may be seen with what pru-

nity and how firm they are

soon subisted on its appearing they had failed on a warrant, and the lady was apprehended and kept

a voyage of discovery from Trincomalee, by the two days in custody, and then discharged for

Exiles, or Pitt's Passage, merely by way of

experiment, being the first of this kind ever

attempted by the British. After passing the

proprietors of the passage they failed for Madras.

The New York letters which were delivered

out yesterday, make mention of any of the

proceedings of the convention then fitting in that

country.

The produce of the Greenland Ships, fitted

out at Hull this year, amounts to 110 whales,

and 7041 seals, producing 3585 barrels of oil and

burning 57 tons of whalebone.

On Monday last letters were received from

Terceira, which were brought over in the

Scipio, Capt. Kirkman, arrived in the River;

they contain an account of the fruit being both

good and very fair this season, and now

the arrival of 12 fall of ships from Newfoundland.

We hear that on the recent death of Lieu-

tenant Colonel Christopher Carew, Major of the

Regiment of Cork, he was buried in the

usual ground of parliamentary interest, to

succed to the vacancy over the heads of four

brevet Majors, and several Captains grown grey

by the service.

The merchant, traders, and citizens, having met the Mayor this day at

the Council Chamber, in consequence of his re-

quisition to them, to consider of renewing their

application to the Government for establishing still

Corporations in Dublin, Cork, and Waterford:

That a memorial to his Grace the Lord Lieu-

tenant, should be immediately prepared, and be

signed by the Mayor, Sirs, Aldermen, and Com-

mons, Citizens, which will be sent in the Cof-

fee box to morrow at twelve o'clock, for their

signature; after which it will be forwarded by

the Mayor.

ley, of the parish of Medillig, in the co

Waterford, who on Wednesday night

last, stole a three year old croppie

of grey mixed colour, a carved

pair of hunting horns of plated brass, a

pair of lockings, a bridle and fiddle,

horse riding coat, and other articles of

apparel, to the value of fifteen pounds

sterling, and a pair of grey gloves, the

Power of Newcastle, Gt. part of vil-

cies, to frivolously holes, were found

possession of said Michael Flan :

He is to be sent to jail by the Chief, and a

sub-commissioner of the circuit of the

third.

The Chief and Sub-commissioners, of the

iffs and Offices, and Iffs and O-

ffices, of their chancery, and

uniform of the Extrem, distred, is, a bl-

crimson half lappels and cape, edged wi-

white metal buttons, crimson should-

ered with white buttons, and

edge of white buttons, from the bottom of the

Bray, the two button holes of each of

the lappels, bound with silver cord, an

upper button, above the lappel, in 1

ner, a Light Horseman's cuff, crimson



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Upper Glanmire in the News

A talk revealing what was happening in Upper Glanmire from the 1700s to the 1900s

UPPER GLANMIRE COMMUNITY CENTRE

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20 February 2026, 8pm-9pm

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PROFESSIONAL STYLING INSPIRATION by Lynda Di Blasi

IMAGE CONSULTANT/ STYLIST/ COLOUR ANALYSIS/ PERSONAL SHOPPER

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February is often associated with love, but one of the most important forms of love is how we dress each morning. Do you choose safe, familiar pieces out of habit but wish to feel more elevated in your appearance? Your clothes are the first items you interact with daily. Let's take back control of what you reach for!

Dressing with intention is not about impressing others or following trends. It's about choosing clothes with care, respect and kindness towards yourself. When you do this, it naturally shifts your mindset. You feel confident, positive and comfortable in your own skin. "What You Wear Influences How You Feel"

This time of year I carry out many wardrobe detox and refresh sessions. Clients always tell me that once they know what they are storing, fits them well, gives them the ability to create different outfits so they are ready for that meet up, activity, occasion they feel calm, polished and more self-assured.

"Dressing for how you want to feel in your clothes has a major impact on your day ahead"

When you choose to show up as the best version of yourself daily even in small ways, your confidence grows naturally, your interactions grow, your physical posture improves. If you feel overwhelmed when you open your wardrobe book a style and wardrobe refresh. We work together to remove pieces not serving you, create outfits.



Here's a **daily affirmation** for the month ahead

"I dress for the person I am today, celebrating my growth, achievements, confidence, and the life I live now."

THE POWER OF THE COLOUR RED

For the month ahead we must mention the positivity of wearing the colour red. It's known for boosting confidence and presence, it sends a quiet message to your brain: I've got this.

And the good news? You don't need to wear head-to-toe red to feel its impact.

If red feels a little bold, start small and build from there:

• A red, coral, raspberry lipstick depending which suits you best with jeans and blazer look for instant polish

• A red scarf to brighten a neutral coat, red and grey pair wonderfully.

• Red/ burgundy trainers or boots to add personality to everyday outfits

• A red knit or blouse paired with navy, grey, camel or denim

For **men**, red works very well also in:

- A burgundy knit or polo
- A red-toned check or stripe in a shirt
- Wine burgundy footwear

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lynda.diblasi.image...

Lynda Di Blasi

Tuck, or fulling mills, have been a part of Ireland's textile history since the Anglo-Norman period, with one such enterprise located at Dunbullogue. These mills played a significant role in the woollen industry by enhancing the quality of woven fabric. However, during the first half of the nineteenth century, many small, rural tuck mills faced closure or were repurposed as the rural hand-loom weaving industry declined and technological advancements took hold. The tuck mills at Dunbullogue appear to have followed this trajectory. Richard Henchion noted that the mill was owned by the Nunan family, who resided in a small house adjacent to the mill. In the 1970s, he observed that remnants of the homestead walls were visible 'near the telegraph pole on the east side of the [Dunbullogue] Bridge.'

Henchion's information is corroborated by Griffith's Valuation from about 1850. The assessment documents indicate that Martin Noonan was leasing property at an annual cost of £25 from the representatives of the Viscount Midleton. The property incorporated a 26 acre site which included a tuck mill. Supporting documents indicate that the tuck mill previously operated for 10 hours per day for 5 months each year but was now idle. The wheel was approximately eight feet in diameter and made about 15 revolutions in a minute.

Before leaving the tuck mills, it is worthwhile looking at the meaning of Dunbullogue (Dún Bolg). The townland and ancient parish were first referenced in 1302, documented as Dunbolg in the Ecclesiastical Taxation lists. This tax served as a subsidy given by the Pope to the kings of England to help fund the Crusades.

The etymology of the area's name reveals some intriguing interpretations. Patrick Joyce suggests that 'Bolg' translated to 'sacks,' while Thomas O'Rahilly speculated that it originated from 'Dún Builg,' with 'dún' meaning fort and 'Builg' serving as a genitive form connected to the Fir Bolg, a legendary group believed to be the fourth settlers of Ireland. Goodard Orpen contested the 'sacks' interpretation, arguing that 'bolg' in the context of fort names may relate either to the stone rings that make up the fort or to the undulating terrain on which the fort is built. Additionally, historical accounts from the Schools Folklore Collection recount a story from a time when wild boar roamed Ireland. Two hunters pursued a boar, and when it was wounded near Dunbullogue, it turned on one of the hunters, attacking him. The other hunter, witnessing this, reportedly exclaimed 'Dún do bholg,' which is believed to have led to the place's current name, Dúnbolg.



Figure 1: Tuck Mill at Dunbullogue, 6 inch map c.1829-34.

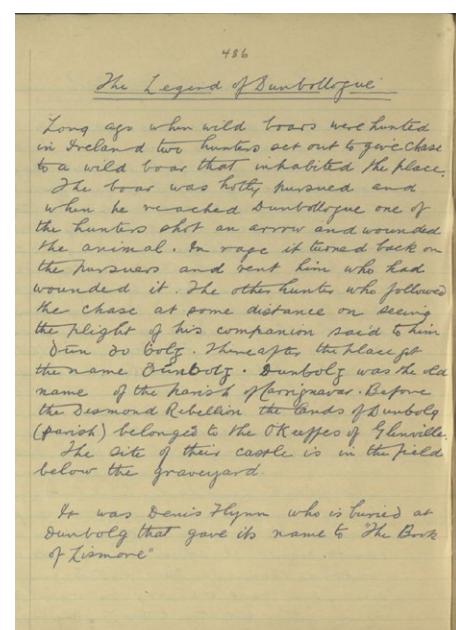


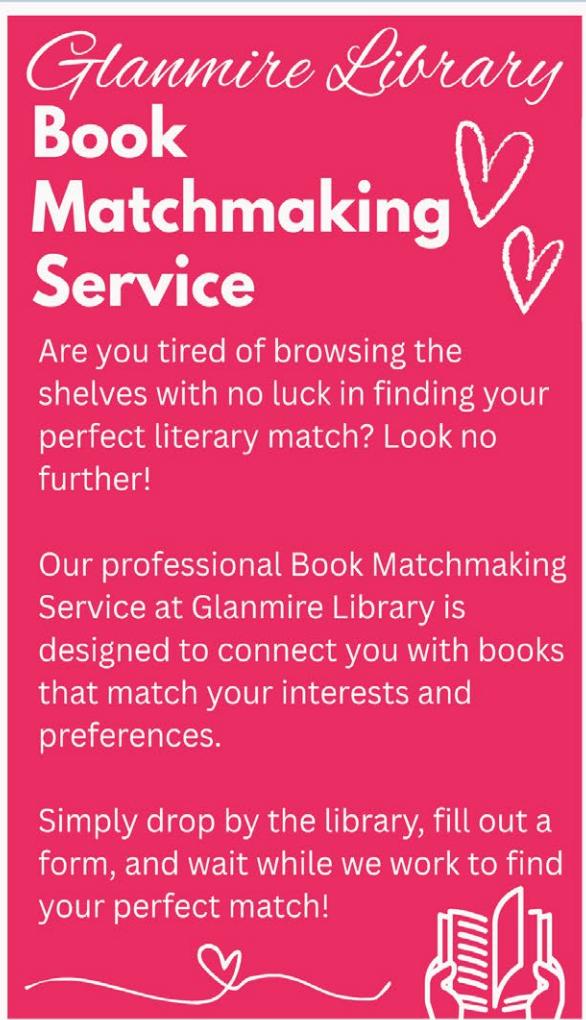
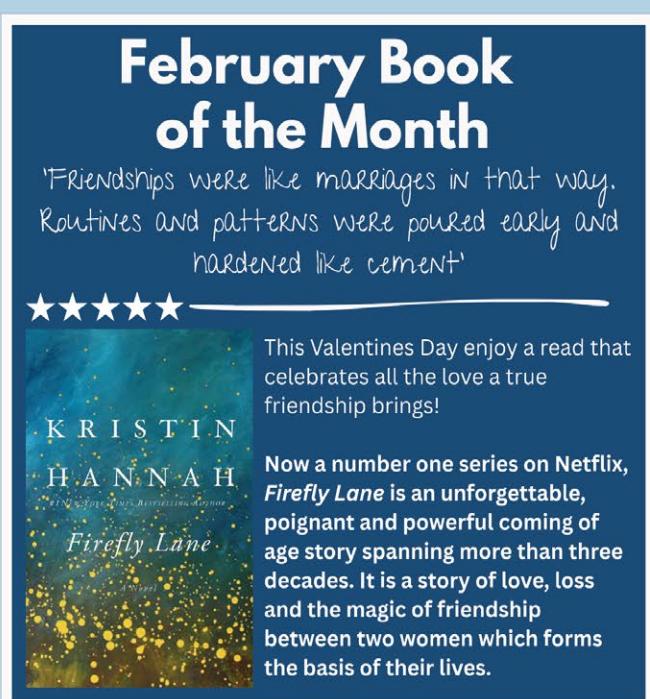
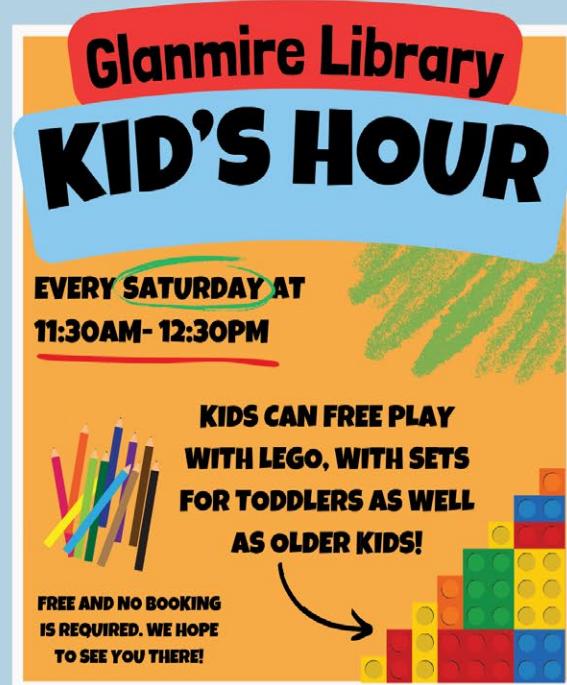
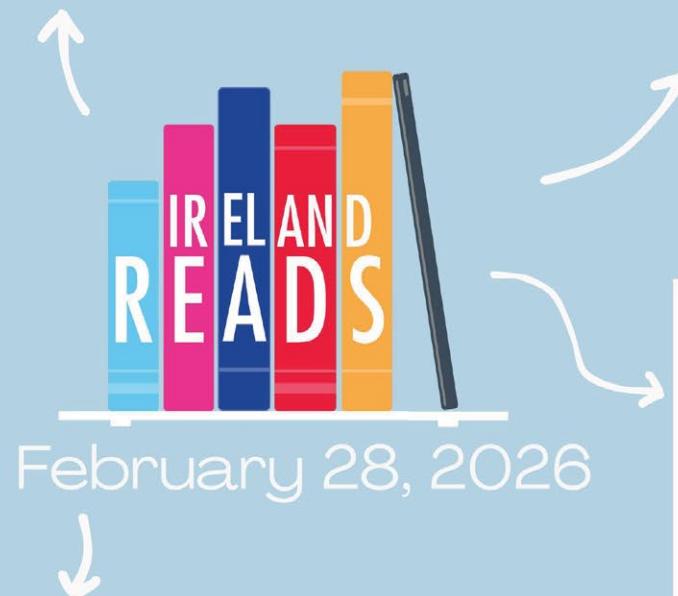
Figure 2: School Folklore Collection, <https://www.duchas.ie/en/cbes/4921860/4896903/519339>.

The tuck mill at Dunbullogue was once a vital part of the woollen industry, though it eventually fell victim to the decline of rural hand-loom weaving and the technological advancements of the nineteenth century. Richard Henchion's account sheds light on the Nunan family's ownership of the mill, bolstered by Griffith's Valuation, which presents a valuable glimpse into the region's history.

Furthermore, the etymology of Dunbullogue, with its varied interpretations, adds an intriguing layer of history to the townland and ancient parish. From references in the Ecclesiastical Taxation lists to folklore about wild boar hunting, the origins of the name remain shrouded in mystery and open to interpretation. Overall, Dunbullogue's history is a rich tapestry of industrial, social, and cultural significance, offering a fascinating glimpse into Glanmire's past.

Many thanks to Glanmire Heritage Society for their collaboration on the history of the mills in Glanmire, and if you have any further information or indeed the people in any of the images, please email irishfamilydetective@gmail.com

February at Glanmire Library



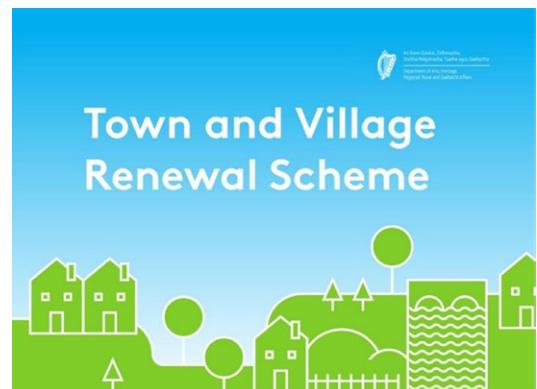


We recently received fantastic news in regard to our Grant application to the Town and Village Renewal Scheme 2025.

€81340 has been awarded which will go towards the renovation of the Community Centre toilets, upgrading of radiators and lighting, and landscaping/planting of surrounding green areas.

The Glen Theatre Drama Group, Banteer, will present

"Key For Two" in the Upper Glanmire Community Centre on Friday 20th March at 8 pm.



UPPER COMMUNITY ASSOCIATION GLANMIRE

The Glenn Theatre Drama Group presents

"Key For Two"

Upper Glanmire Community Centre
T23 EV2W

Friday 20th March 2026
at 8pm - Doors 7.30pm

Admission €15

Booking to Boothouse Bar - 087 9421649,
Bernie Kenny - 087 9645496,
Jerry Burke - 087 9816481

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Glanmire Community Games

Glanmire is urgently looking for volunteer committee members for the Glanmire Community Games. Glanmire has a proud tradition of entry in these national games. In fact, former principal of Riverstown National School, Jim Moloney was one of the first people to get involved in the games locally. Open to children age 6-16, with 60 different sports, arts and cultural events, every child finds an activity they enjoy. Every child gets the chance to shine within their community and in a safe environment. The Community Games has something for everyone from swimming to singing, chess and debating to athletics to art, from gymnastics to GAA. The only problem you will have is choosing the events you want to take part in.

With county-wide, regional, and national events or finals, children from all backgrounds get the chance to showcase their talents and represent their communities with pride making lifelong memories.

With technology dominating children's lives and often choking their well-being and sense of themselves, the Community Games inspires young people to lead active, healthy lives while fostering friendship, teamwork, and a strong community spirit. There are thousands of dedicated volunteers nationwide, creating inclusive, accessible, and fun experiences that bring families and communities together. Now is the time to give a little of your time and talent to help kids and teenagers to explore their passions, develop confidence and build lifelong friendships.

If you want to get involved in your local community – and especially if you are new to the area – you could consider becoming a volunteer. If you have an interest in running competitions and working with young people, you're exactly what's needed.

We welcome expressions of interest from all in the community. Contact Sandal at 021 4821333 at the Glanmire Community Centre or email gacacork@gmail.com with Community Games in the title and Finbar will get back to you.



Christmas night out for Glanmire Area Community Association directors in Vienna Woods Hotel



Time is of the essence as the Glanmire Community Games events activities are about to be rolled out very soon locally with Provincial and National dates also to be announced shortly. Expressions of interest to all young swimmers, artists and hand writers out there can be forwarded to our secretary Sandal, at gacacork@gmail.com or phone 021 4821333. For further information including various age categories please visit www.cairncommunitygames.ie/cork

Very importantly, the swimming event is scheduled for March, so any expressions of interest need to be sent in as soon as possible.

There are hundreds of volunteers in the Glanmire area across many clubs, sports, cultural and social activities, without these volunteers, we simply don't have a community. A final appeal: We would love to welcome new volunteers – especially parents – who want to make a difference in empowering and enabling children to find the best in themselves. Please lend your support – just a few hours a week over the next few months – get involved in your community – it's a win for all.



Last year's Cork County Final-Bronze Medallist Anna Rose Calvin, pictured with Glanmire Community Games Chairperson Finbarr Harty.



Anna Rose Calvin's bronze medal Art Entry



A New Community Centre for a Growing Community

Our community has changed dramatically in recent years. With a population now approaching 16,000, we are proud to be the fastest growing town in Cork. We also have a higher-than-average number of children and young people, making our area vibrant, diverse and full of potential. However, one thing has not kept pace with this growth: our community facilities.

The current community centre has served us well, but it has long since outgrown its purpose. With just two large rooms and two small office spaces, demand now far exceeds capacity. Space for community events, clubs, youth activities, classes and meetings is increasingly limited, and many groups struggle to find suitable venues. Quite simply, the facilities that once met our needs can no longer do so.

For this reason, we are excited to share plans to begin the journey towards building a brand-new community centre. This is a long-overdue project that will provide a modern, flexible and inclusive space to support community life for decades to come. A new centre will allow us to properly meet the needs of a growing population, support families and children, and ensure there is room for everyone to connect, learn and participate.

To move this project forward will take a lot of hard work. We are now seeking volunteers from the community to be part of a steering committee that will help envision, shape and launch these plans. In particular, we would welcome anyone with experience or expertise in

- engineering
- quantity surveying (QS)
- architecture
- project management
- legal expertise

Your skills, experience and insight could make a real and lasting difference. This is an opportunity to help build something truly meaningful for the entire Glanmire area. If you are interested in getting involved, or even if you just want to find out more, please contact us and be part of shaping our community's future. Email gacacork@gmail.com with NEW COMMUNITY CENTRE in the subject line and we will promptly respond.



Glanmire Players Drama Group

The Glanmire Players are entering 2026 on a very positive note and we are thrilled with the progress of the group so far – a group that hadn't even met before September but is now ready to start rehearsals on a brand-new play. All will be revealed in time, but we can say it's a comedy by a well-respected Irish playwright; it is a play that has some emotional depth – as well as the laughs and it has a very strong and engaging storyline. We are very excited about it and are planning three performances in Glanmire in April. The cast and crew are feeling very positive, and we're confident the production will be one that audiences truly enjoy. Lots of work to do!

More details, including dates and venues, will be revealed soon—so watch this space!

Fundraiser for the Glanmire Players

On Thursday 26th February the Glanmire Players are holding a Table Quiz in Sars Hurling Club at 8.30pm, with Micky Burns as our Quizmaster. All are welcome and the funds raised will go towards staging our first play – the name of the play will be revealed on the night. Along with a table quiz there will be a raffle for lots of great spot prizes and sandwiches will be served at half time for all participants. And because it's a drama group, we plan to add a little bit of colour on the night. So please come along – a table of 4 is €40 and a super, entertaining and colourful night is guaranteed.

You can book your table in advance by contacting Eleanor on eleanorokellylynch@gmail.com or Rose at horgan_rose@yahoo.com

Glanmire Local Heroes

We have chosen a first recipient for our new Glanmire Local Hero Award, and the winner will be announced in our March issue. Please keep your nominations coming. If you know anyone who's happy to lend a hand without being asked, someone who might check in on neighbours or volunteer their time, we're inviting you to help us recognise them.

Each month between now and December, we will be selecting a Local Hero— someone who goes above and beyond to support others, strengthen our community, and make a real difference in everyday ways. This could be a neighbour, a volunteer, a community member, or a local helper who works tirelessly behind the scenes.

How to Nominate

If you know someone who deserves this recognition, we'd love to hear from you. Simply send us a short email or letter telling us:

- Who the person is
- What they do for you/others or the community
- Why you believe they should be our monthly Local Hero

Send nominations before **February 15th** to: gacacork@gmail.com (with Local Hero in the subject line) or drop in or post to Local Hero Nomination, Glanmire Community Centre, Riverstown, Cork.

Each nomination helps shine a light on the kindness, generosity, and community spirit that so often goes unrecognised. We want to take a moment to celebrate those who give their time, their heart, their energy to others often without expecting thanks. Together, we can remind them just how valued they truly are.



Glanmire and Sarsfields Healthy Clubs



G.O.A.L. Mile Fundraiser



We are so proud that our community raised

€573.50

to support GOAL's global mission to support big and small communities who face poverty and crisis.



Ireland Lights Up and Every Step Counts

Join us to walk loops of the GCC walking track at 18:30 on Wednesdays. Join our steps challenge on the myLife app. We are in 11th place on the Munster L/B.



*Health is at the heart
of every club*



All of our Club Members and our Community are welcome to our events.

Sarsfield Camogie Club

As we ease ourselves into the New Year and new season some of our underage players have already been in action with Imokilly & Cork squads.

Imokilly U14s: Caoimhe Desmond, Rachel Forbes, Millie Allen & Fia O'Flynn

Imokilly U15s: Kacey Harris O'Brien, Rebecca Dwane, Niamh Fennessy & Aoibheann Nyhan

Cork U16A: Aisling Ryan

Cork U17: Niamh Quirke

Cork Minors: Aoife Collins

Congratulations to Sarah Kalanyos, Caoimhe Desmond & Ellen Leisk who won the Camogie Juvenile Section of the Poc Fada on Stephen's Day. Also to Ava Fitzgerald & Sinead Hurley who topped the Adult Section.



Aisling Ryan



Niamh Quirke



Caoimhe, Rachel, Millie & Fia



Kacey, Rebecca, Niamh & Aoibhean



U12s 2025



Aoife Collins



Winning Juvenile Poc Fada



Sarsfields Camogie Club

Glounthaune Indoor Bowls Club



Rose Geary, Tony O Shea winners memorial Cup.



Liam O Connell with Plate winners Rory Canning and Ted Mc Carthy.



Glounthaune team that beat Crosshaven in the Frances Cody Cup competition.

Glounthaune Indoor Bowls club news

Both league teams are halfway through their league campaign and are fighting hard to retain their division one and Four status.

The division one side latest game saw them drop a point to Mitchelstown after an extra end play off. The division four side picked up 3 points in their home game against the Rockies.

In the Cork Championships Liam O Connell, Tony O Shea and Joe Kirby bowed out at the semi-final stages in the pairs and the triples. Both games were lost in the final end with wins for Watergrasshill and Douglas.

In the Frances Cody competition Glounthaune had a great win over favourites Crosshaven. The match which consists of a Singles, Pairs, Triples and fours game saw Glounthaune dominated to win all four games. The team now plays Conna in the quarter final. In the deceased members memorial cup competition some great bowls were played before Tony O Shea and Rose Geary met Marian Mc Carthy and Joe Kirby in the final.

A great final saw both teams neck and neck to the final end. The last shot of the game saw Tony O Shea secure a win by one point. Liam O Connell Chairman presented the cup to the winning team.

The Club have two teams through to the latter stages of the Martha Tracy cup and Peg Tucker Shield competitions and hopes are high as the club is previous winners of those competitions.

Playing Matters

As the evenings begin to slowly stretch, a new season of hope dawns for all in White's Cross and St. Colmcille's teams as they prepare to embark on their various competitions in 2026. The AOS Security City Division Junior 1 Football League journey commences on March 1st. This year's competition promises to be another rigorous test for our new management team of John Paul Cotter and Edwin Buckley, with the top two teams set to contest the final, a berth that will require immense effort and consistency to secure.

The eight-team division includes local rivals and seasoned clubs such as Ballyphehane, St Nicks, St Michael's, Douglas, Glanmire, Whitechurch, and St Finbarr's. Each of these teams will present a unique challenge, making every point crucial in the hunt for a top-two finish.

Local bragging rights will be fiercely contested, particularly in the clashes with near neighbours Glanmire and Whitechurch. Glanmire reached the final of the 2025 competition, showcasing their strength at this level. Meanwhile, the derby with Whitechurch is always a keenly anticipated fixture, and last year's league encounter resulted in a hard-fought draw, with the sides level at 1-11 to 0-14.

Looking back at the 2025 season, White's Cross endured some tough results, including a heavy defeat to a strong Douglas side. However, a new year brings fresh optimism. The squad will be determined to build on the lessons learned and convert narrow margins into victories. The opening rounds will be vital in building momentum, and a strong start could lay the foundation for a successful league campaign.

The AOS Security Division 1 Hurling League campaign which kicks off a week later on March 8th, with the ultimate prize being a spot in the final for the top two teams. The eight-team league features a host of decorated clubs. Neighbours and rivals

Whitechurch enter the season as the back-to-back Seandún Junior A champions for 2024 and 2025. Their success, along with a past amalgamation between the two clubs, adds extra spice to this local derby. The division also includes hurling powerhouses like Glen Rovers and Blackrock, whose junior outfits are always competitive. In 2025, White's Cross booked a place in the championship knockout stages with a victory over Blackrock.

Adding to the test are 2023 county junior champions Nemo Rangers, who have a rich history of success, including a record five consecutive city junior titles in the 1960s. St Vincents and Ballinhassig second team round out a seriously competitive field. Last season, White's Cross experienced both highs and lows in the league. We had a good win over Bishopstown and we drew with both league finalists (Glen Rovers and St. Vincents) in games we could have won. We lost to Whitechurch and to Blackrock. The latter was a dead-rubber game with nothing at stake. The team has the ability to reach the final. Hopefully we can navigate this tough league and clinch a coveted top-two finish.

Our second Junior football team will play in the AOS Security Division 4 Football League. White's Cross's second junior team enters the league with high expectations, following a strong 2024 season that saw the club win the Junior C Championship. Their success will undoubtedly serve as a benchmark for their performance this year.

The league is expected to feature a mix of seasoned second and third-string teams from established city clubs, ensuring a competitive environment. Keep an eye on teams like Ballyphehane and Whitechurch, who we also play in the junior 1 football league. A point of interest will be the continued development of Na Laochra Aeracha, Cork's LGBTQ+ inclusive GAA club, as they build on their foundational experiences from the previous season. The 13-a-side format promises fast-paced, open football.

St. Colmcille's Under 12's 2026

There was widespread relief in White's Cross this month after confirmation that St. Colmcille's will be permitted to field an Under-12 team for the 2026 season following a successful appeal to the Cork County Board.

Earlier rulings had stated that independent teams, such as St. Colmcille's, would not be allowed to form Under-12 teams, a decision that caused significant concern among parents, players, and coaches. The ruling threatened to disrupt the development pathway of a highly promising group of young players. However, following a detailed appeal, permission has now been granted for the team to compete officially in 2026.

Ricky Forde of Carraig na bhFear GAA and Donal Looney of White's Cross GAA represented St. Colmcille's at the appeal meeting and played a key role in securing the positive outcome. In addition, huge credit has been paid to those who worked tirelessly behind the scenes, including Conor Kelleher and Ronan Aherne of White's Cross, along with Tony Dunne of Carraig na bhFear, whose efforts were instrumental throughout the process.

The St. Colmcille's Under-12 panel is widely tipped for success, boasting a very talented group of players. As an Under-11 team, they competed in Under-12 leagues during the 2025 season in a developmental capacity, gaining valuable experience against older opposition. This year, with eligibility confirmed, the team will look to push on and compete strongly for silverware. With the uncertainty now removed, players and coaches can fully focus on what matters most – enjoying their football and hurling and continuing their development in the St. Colmcille's colours.



Writer's Corner

Can you write 500 words...?

with Eleanor O'Kelly-Lynch

Spring is not far off – and many of us are very happy to bid goodbye to January for another year. We look forward to longer days approaching, waiting for the first signs of baby green shoots bursting through the earth, elbowing their way into the sunlight, thinking, *'this is my time, I must not waste it.'*

This month I'm saying something similar to you: *this is your time, do not waste it.* Get writing and exploring what you are capable of. Self-expression is a gift. See what's possible and you might surprise yourself.

Question: Can you write 500 words?

This month, I'm inviting readers to send in a piece of writing - maximum 500 words. It can be a story, a poem, memoir, a favourite subject, creative fiction, or non-fiction. It can be something from real life or from your imagination. You decide. It might be something you want to get off your chest, a personal experience or it might be a real-life story that fascinated you.

The best entry will be published on this page, celebrating not only good local writing but the courage it takes to put your work out there into the community. Whether you are a seasoned writer or someone who has never shared their writing before, this is your chance to be heard.

Tips for Story Submissions

1. Do start with a moment, not an idea.

Don't begin by explaining what the story is about. Drop the reader into a scene – a place, an action, a line of dialogue – and go from there.

2. Do keep it focused.

With a 500-word limit, less is more. Don't try to cover too much time or too many events. One strong moment or insight is enough.

3. Do show more than you tell.

Avoid explaining emotions directly. Let details, actions, and choices reveal what the story is really about.

4. Do respect clarity - keep it simple.

Whether your piece is fictional or based on fact, aim for clear writing. Don't over-embellish or force drama where it doesn't belong.

5. Do revise before sending.

Read your piece aloud, how does it



sound? Each read gives you a better idea of how to cut unnecessary words and helps you notice slips in grammar and spelling. Don't submit a first draft – leave it for a few days and come back to it with fresh eyes.

Tips for Poetry Submissions

1. Do focus on one feeling or image.

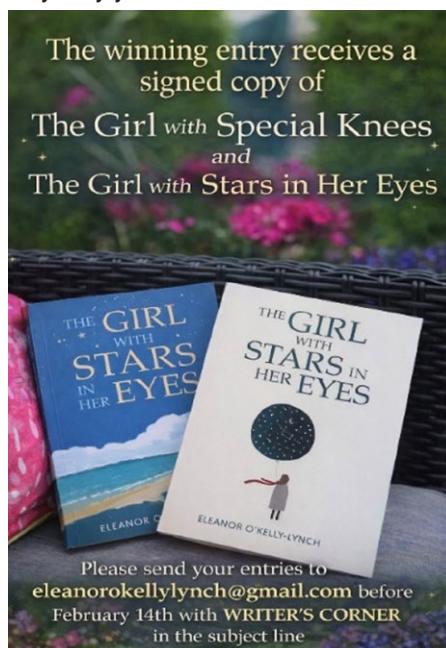
A poem doesn't need to explain everything. One clear emotion, moment, or image is often more powerful than many ideas competing for space.

2. Do pay attention to sound and rhythm.

Read your poem aloud. Line breaks, pauses, and repetition matter. If it sounds flat to the ear, revise.

3. Do choose precise words.

Every word counts in a poem. Avoid familiar phrases; say something in a way only you can.



4. Don't explain the poem.

Trust the reader to find meaning. A poem should suggest, not lecture.

5. Do keep it clean and intentional.

Formatting, spacing, and punctuation should feel deliberate. If something is there, it should be a reason it's there.

Tips for Factual / Real-Life Pieces

1. Do anchor your piece in a real moment.

Start with a scene, incident, or detail from real life rather than a general observation or opinion.

2. Do be truthful, but selective.

You don't need every fact – only the ones that serve the story. Accuracy matters, but storytelling requires choice.

3. Do show the human side.

Focus on people, emotions, and sensory details. Facts come alive when grounded in lived experience.

4. Don't moralise or over-explain.

Let readers draw their own conclusions. *Reflection is stronger than instruction.*

5. Do reflect on why it matters.

Ask yourself: *Why am I telling this story now?* That sense of purpose will shape a stronger ending.

If you've ever thought, *I have a story, but I don't know if it's good enough*, know this: every writer starts there. Actually, finishing a piece and sending it out is already a victory. So, write the piece only you can write. Keep it under **500 words**, and send it in. I look forward to reading and sharing the best of it with fellow readers.

Submit your entry by February 14th to eleanorokellylynch@gmail.com for a chance to win signed copies of *The Girl with Special Knees* and *The Girl with Stars in Her Eyes*.

Happy Writing
Eleanor

Eleanor O'Kelly-Lynch is an author, living in Glanmire. Her novels, '*The Girl with Special Knees*' and '*The Girl with Stars in Her Eyes*' are available on www.eleanorokellylynch.ie, Amazon and buythebook.ie

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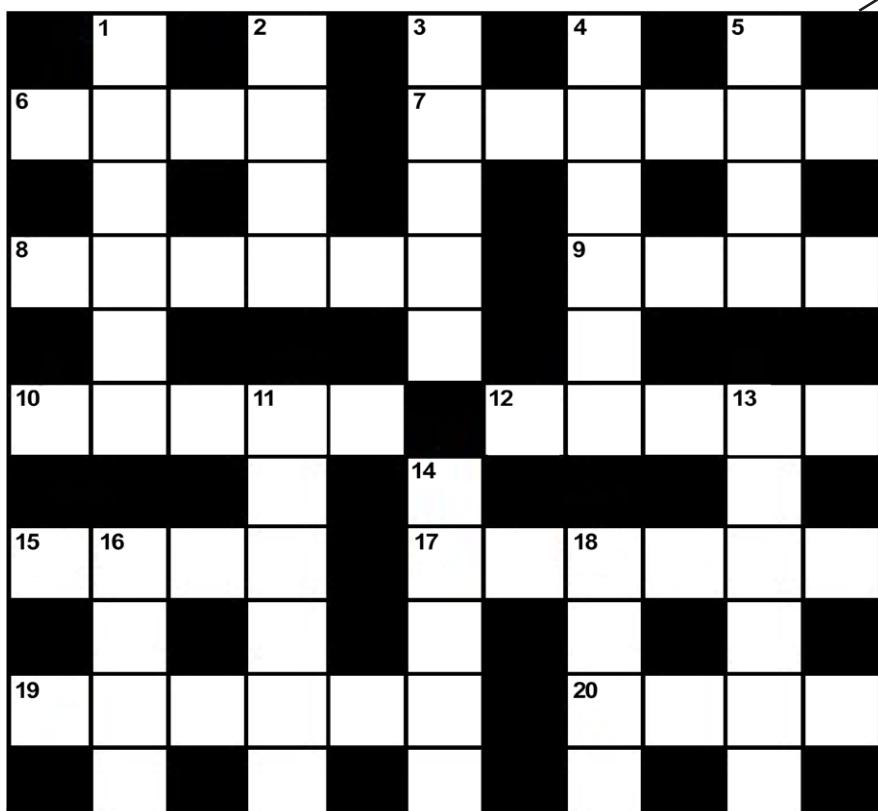


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Crossword Puzzle



Across

6. Second letter of the Greek alphabet (4)
7. Be quiet! (4, 2)
8. Green film on old copper or bronze (6)
9. Inferior or worthless (4)
10. Colourless volatile liquid once used as anaesthetic (5)
12. Investigate thoroughly (5)
15. Move quickly with a whistling sound (4)
17. Dim or blurred, as with tiredness (6)
19. Substance used in chemistry to test acidity (6)
20. Show annoyance in a petulant manner (4)

Down

1. Leave or go away (6)
2. Traditional Indian garment worn by women (4)
3. Short piece of writing on a particular subject (5)
4. Split apart (6)
5. Projecting starched collar worn in Elizabethan times (4)
11. Inflammatory skin condition causing itching (6)
13. Deprived of or lacking something (6)
14. Very overweight (5)
16. Frozen rain pellets (4)
18. Reflected sound (4)

Crossword sponsored by BOOTHOUSE



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SEND your entries marked **CROSSWORD** to: Old Farm Lane, Ballinriskig, Upper Glanmire, White's Cross, Co. Cork. T23 RR44, to arrive by **18th February**, address and eircode is required. The prize is **€50 cash** which will be awarded to the first all-correct entry opened. Please include your telephone number, home or work, your email and your address.

January Crossword Winner: Caroline O'Regan, Sarsfield Court, Glanmire



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Glanmire Clubs, Societies and Community Services

Schools	Support for Older People	Sports Groups
Glanmire Community College Brooklodge, Glanmire, Co. Cork 021 4822377 glanmirecc@corketb.ie www.glanmirecc.ie	HSE Day Care Centres Day Care & Allied Health Services Contact local HSE office Various locations in North Lee Offers meals, chiropody, physiotherapy, occupational therapy, and social activities for older adults.	Old Christians RFC Rugby Adrian O'Connell / Liam O'Brien 087 7600990 aoconnell@oldchristiansrfc.ie 085 1722532 lobrien@oldchristiansrfc.ie Various U6 to Adults Strong local rugby tradition
Scoil Naomh Micheál (Upper Glanmire NS) Upper Glanmire, White's Cross, Co. Cork 021 4308885 secretary@upperglamirens.ie principal@upperglamirens.ie www.upperglamirens.ie	Glanmire Area Community Assoc. Senior Social Support 086 1948584 / 021 4821333 Glanmire Provides social activities and support for seniors; appointments available.	St Joseph's Tennis Tennis Jo-Anne & Ted Williamson 087 7758873 / 087 2048180 Thursdays Senior Infants – 6th Class After-school tennis in St Joseph's
Brooklodge National School Brooklodge, Glanmire, Co. Cork 021 4866044 scr@brooklodgens.net www.brooklodgens.ie	Glanmire GAA Gaelic Football Executive Committee / Miriam McAleavy 0872054459 Evenings (varies) Juveniles (6yrs) – Adults Local GAA club with boys and girls teams	Glanmire Allstars Inclusive Activities Deirdre Cregan 0879183787 Sundays Ages 5-17 Outdoor fun for children with additional needs
Riverstown National School Riverstown, Glanmire, T45 XY22 021 4866233 office@riverstownns.com www.riverstownns.ie	Sarsfields Camogie Club Camogie Committee secretary.sarsfields.cork@camogie.ie Varies by age group Ages 6 to Adult One of Cork's most successful camogie clubs	Riverstown Boxing Club Boxing Brian Barry 085 1120305 Riverstownboxingclub@gmail.com Weekday evenings Amateur boxing club for fitness - competition
Gaelscoil Uí Drisceoil Cois Chuain, Glanmire, Co. Cork, T45 DP21 021 4919411 runai@gsud.ie www.gsud.ie	Glanmire Gaelic 4 Mothers/Others Gaelic Football (social) Deirdre Cregan 0879183787 Sundays Women over 23 Social, fitness-focused football group	East Cork Taekwon-Do Martial Arts (Tae Kwon Do) Richard Forde 085 8267810 info@eastcorktkd.com www.eastcorktkd.com ITF Tae Kwon Do classes for all levels
SGMI New Inn National School Glanmire, Co Cork T45VX70 021 4866293 Sgmi.inn@gmail.com Newinnglanmire.scoilnet.ie	Glanmire Ladies Basketball Club Basketball Volunteers glanmirebasketball@gmail.com Mon-Thur Ages 5 to adult Teams from U8 to Superleague; inclusive social groups	Local Political Representatives
Support for Older People	Gloonthaune Meals on Wheels Meal Delivery Pauline Walsh 087 2870409 walshpauline@hotmail.co.uk 28 Tower Hill, Kilcoolishal, Glanmire Provides hot meals to older residents in Glanmire and surrounding areas.	Colm Burke TD Fine Gael 0214564552 colm.burke@oireachteas.ie
Glyntown Care Nursing Home & Self-Care Services 021- 4821500 info@gyntowncare.ie www.glyntowncare.ie Glanmire Provides chiropody, physiotherapy, hairdressing, and hand massage services to residents.	Mother's & Others Basketball Basketball (social) Orla Butler 0877794909 orla67butler@gmail.com Tuesdays 6:30-7:30 Ages 18+ Fitness and fun-focused basketball	Thomas Gould TD Sinn Fein 0214212233 thomas.gould@oireachteas.ie
	Riverstown FC Soccer John O'Connor (Chairperson) Contact via social media (@riverstownfc) Sept to June Ages 8 to 35+ Glanmire-based soccer club	Eoghan Kenny TD Labour 016184097 eoghan.kenny@oireachteas.ie
		Ken O'Flynn TD Independent Ireland 016184170 ken.oflynn@oireachteas.ie
		Padraig O'Sullivan TD Fianna Fail 0214502289 padraig.osullivan@oireachteas.ie
		Joe Kavanagh City Councillor Fine Gael 0862307507 joe_kavanagh@corkcity.ie

Glanmire Clubs, Societies and Community Services

Local Political Representatives	Dance	Community
John Maher City Councillor Labour Party 0861942285 john_maher@corkcity.ie	CADA Performing Arts Catherine Mahon-Buckley 0214866389 info@cadaperformingarts.ie Cadaperformingarts.ie	Glanmire Tidy Towns Environmental Group glanmiretidytowns@gmail.com Monthly meetings + projects Beautification, clean-ups, community projects.
Margaret McDonnell City Councillor Fianna Fail 0858622162 margaret_mcdonnell@corkcity.ie	McCarthy Hegarty School of Irish Dance Mary McCarthy & Lynn Hegarty 0879597825 / marylucey10@gmail.com Mon, Wed, Thurs, Fri Ages 4+ Irish dance school for beginners to experienced dancers	Glanmire Heritage Society Heritage & Culture Mary Crowley 086 8163832 heritageglanmire@gmail.com Event-based meetings Preserving and promoting Glanmire's historical legacy.
Oliver Moran City Councillor Green Party 0879658549 oliver@oliver.ie	Sinead Shepperd's School of Dance 0872602091 Sinead.shepperd@gmail.com	Glanmire Community Association Community Services gacacork@gmail.com Ongoing community activities All ages Supports local initiatives and neighbourhood projects.
Noel O'Flynn City Councillor 0872464856 noel_oflynn@corkcity.ie	ELJ Academy of Dance Dance Studio Emma Jupp 086 0843440 e.jupp@yahoo.ie Classes everyday	Glanmire Senior Citizens Group Social / Support Weekly meetings Ages 60+ Coffee mornings, bingo, trips, social inclusion.
Ted Tynan City Councillor 0861908281 ted_tynan@corkcity.ie		Foroige Youth Project Annette O'Reilly 0862259508 annette.oreilly@foroige.ie www.foroige.ie Friday evenings Ages 12-18 Fun, safe environment for local teens.
John Gilroy Peace Commissioner 0857759893		
Seamus Keegan Peace Commissioner 0876112793		
Yoga and Fitness	Health and Support	
Koala Kids Yoga Kids' Yoga Leanne Walsh koalakidscork@gmail.com Thursdays Ages 4-11 Yoga for kids, breathwork and mindfulness.	Public Health Nurse (Glanmire) Health HSE Local Health Office 021-4923899 Mon-Fri Infant checkups, parenting support, immunizations.	SAFE in Glanmire Mental Health Awareness safesupportgroup@gmail.com Events + support evenings All ages Suicide awareness and support programs.
Pilates @ The Health & Fitness Boutique Pilates Lindsey Quinn 0868773107 Mon, Tue, Thurs (+ Thurs AM) All ages Strength, posture, balance.	Alzheimer Society – Glanmire Branch Dementia Support Local Coordinator 021-4972504 corkbranch@alzheimer.ie Support groups + home support Dementia care, advice and respite.	St. John Ambulance – Cadets First Aid Youth Training Ashling Doyle glanmire.cadets@stjohn.ie Wednesdays Ages 11-17 yrs Teaches first aid, discipline, and teamwork.
Glanmire Walkers & Talkers Walking Group Niamh O'Mahony (Healthy Clubs) 0868549680 Mon 9:15-10:30, Tues 6:45-7:45, Thurs 9:15-10:30 Adults Social walking group with varied local routes	Parkinson's Association – Cork Health Support Cork Branch Coordinator 1800 359 359 info@parkinsons.ie Events + online support Adults 40+ Support for people living with Parkinson's.	CoderDojo Glanmire Coding Club Natasha O'Leary / A. O'Brien 0876990892 Ages 7-17 yrs Free coding club (Scratch, Python, Web, Mobile).
Glanmire Gaelic for Mothers Gaelic Football Group Deirdre Cregan 0879183787 Sundays Adults (23+) Friendly football, non-competitive and inclusive	Alcoholics Anonymous – Glanmire Addiction Support Anonymous (021) 450 0481 www.corkaa.org Local meetings available Confidential support for alcohol dependency.	Glanmire Community Games Youth Sports & Culture Finbarr Harty 0872215307 March to September Ages 6-16 yrs Multi-discipline youth competition (art, sport, quiz, etc.).
	St. Vincent de Paul St Stephens Conference, Glanmire 083-3469630 Confidential support for people struggling to buy food and pay energy bills.	Glanmire Community Garden Gardening & Environment glanmiregarden@gmail.com Seasonal work evenings/weekends All ages Open garden plots, educational workshops.
	Glanmire Community First Responders glanmirecommunityfr@gmail.com	
	Frazzled Mammy Art Classes Creative Mental Wellness Maeve O'Keeffe 0876684021 Thursdays (split by class levels) Primary School kids Art for kids with mindfulness and fun.	



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Borrow from **€250** up to
€100,000 unsecured



Email: info@elevatecu.ie

Phone: **021 489 4555**

Website: www.elevatecu.ie #wheremembersmatter

Loans are subject to approval. Terms & Conditions apply.

WARNING: If you do not meet the repayments on your account will go into arrears. This may affect your credit rating which may limit your ability to access credit in the future. Your home is at risk if you do not keep up repayments on a mortgage or any other loan secured on it.

Elevate Credit Union Limited is regulated by the Central Bank Ireland.